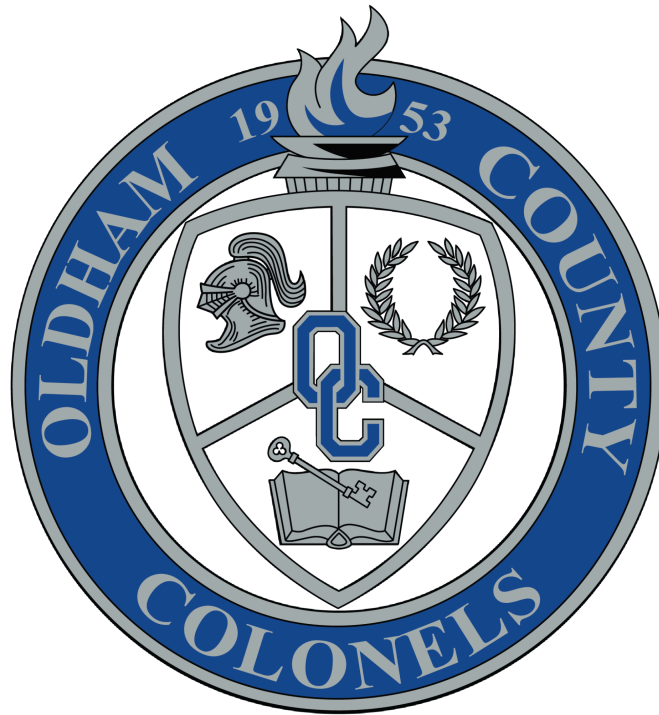


Tab 1

Emergency Action Plan Oldham County High School Athletic Program



In case of an emergency, personnel responsibilities, locations of emergency equipment, and other emergency information such as 911 call instructions, addresses/directions to the venue, and a chain of command with important phone numbers have been listed here.

Emergency Action Plan - Oldham County High School

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Emergency Action Plan - Oldham County High School

Personnel Involved in Development

The following individuals were involved with the creation of this Emergency Action Plan:

Shannen Brown, MS, LAT, ATC

Certified Athletic Trainer (ATC) for Baptist Health Lagrange

Paul Holien

Athletic Director for Oldham County High School

Emergency Action Plan - Oldham County High School

Documentation of Recent Changes

As changes to the EAP are made, please list the change, page affected and date that the change was made.

Specific Changes Made	Changes Made By	Page(s) Affected	Date
Updated Certified Athletic Trainer Name	Shannen Brown	3	07/01/2025
Staff Education items updated	Shannen Brown	9	03/19/2026
Updated Fixed AED locations	Shannen Brown	13	03/19/2026
Campus Map Location Numbers updated	Shannen Brown	15	03/19/2026
Updated Venue Specific graphics	Shanen Brown	16-26	03/19/2026
Added addresses for commonly used off campus practice sites	Shannen Brown	27	03/23/2026
Updated AED campus locations	Shannen Brown	31	03/23/2026
Removed: Management of Suspected Head/Brain Injuries (Concussions) page	Shannen Brown	N/A	03/25/2026
Removed: Management of Head, Neck, or Back Injuries page	Shannen Brown	N/A	03/25/2026
Removed: Sickle Cell Trait pages	Shannen Brown	N/A	03/25/2026
Removed: Management of Cardiac Emergencies page	Shannen Brown	N/A	03/25/2026
Removed: Management of Asthma Emergencies page	Shannen Brown	N/A	03/25/2026
Removed: Management of Diabetic Emergencies page	Shannen Brown	N/A	03/25/2026
Removed: Management of Anaphylaxis page	Shannen Brown	N/A	03/25/2026
Removed: Management of Epilepsy/ Seizures page	Shannen Brown	N/A	03/25/2026
Removed: Management of Fractures and Dislocations pages	Shannen Brown	N/A	03/25/2026
Removed: Traumatic Shock page	Shannen Brown	N/A	03/25/2026
Table of Contents Updated	Shannen Brown	2	03/25/2026

Revised 04/02/2026

Emergency Action Plan - Oldham County High School

EMERGENCY ACTION PLAN FOR ATHLETICS

OVERVIEW

Introduction

Emergency situations may arise at any time during athletic events. Expedient action must be taken in order to provide the best possible care to the student athlete. The development and implementation of an emergency action plan will help ensure that the best care will be provided.

As emergencies may occur at any time and during any activity, all school activities personnel must be prepared. Athletic organizations have a duty to develop an emergency action plan that may be implemented immediately when necessary and provide appropriate standards of emergency care to all sports participants. This preparation involves formulation of an emergency action plan, proper coverage of events, maintenance of appropriate emergency equipment and supplies, utilization of appropriate emergency medical personnel, and continuing education in the area of emergency medicine and planning. Through careful pre-participation physical screenings, adequate medical coverage, safe practice and training techniques and other safety avenues, some potential emergencies may be averted. However, accidents and injuries are inherent with sports participation, and proper preparation on the part of the sports medicine team and athletic department should enable each emergency situation to be managed appropriately and efficiently.

Components of an Emergency Action Plan

1. Emergency Personnel
2. Emergency Communication
3. Emergency Equipment
4. Roles of First Responder
5. Venue Directions with a Map
6. Emergency Action Plan Checklist for Non-Medical Emergencies

Emergency Action Plan - Oldham County High School

Emergency Personnel

The first responder in an emergency situation during an athletic practice or competition is typically a member of the sports medicine staff, such as a certified athletic trainer. However, the first responder may also be a coach or another member of the school personnel.

Certification in cardiopulmonary resuscitation (CPR), first aid, automated external defibrillator (AED), emergency action plan review, and prevention of disease transmission, and emergency plan review is required for all athletics personnel associated with practices, competitions, skills instructions, and strength and conditioning [including: athletic director, certified athletic trainer, all coaches, etc.]. Copies of training certificates and/or cards should be maintained with the athletic director. **All coaches are required to have CPR, First Aid, AED, and concussion management training certifications.**

The emergency team may consist of physicians, emergency medical technicians, certified athletic trainers, athletic training students, coaches, managers, and possibly even bystanders. Roles of these individuals will vary depending on different factors such as team size, athletic venue, personnel present, etc.

The four basic roles within the emergency team are:

1. **Establish scene safety and immediate care of the athlete:**
 - This should be provided by the most qualified individual on the medical team (the first individual in the chain of command).
2. **Activation of Emergency Medical Services:**
 - This may be necessary in situations where emergency transportation is not already present at the sporting event. Time is the most critical factor and this may be done by anyone on the team.
3. **Equipment Retrieval:**
 - May be done by anyone on the emergency team who is familiar with the types and locations of the specific equipment needed.
4. **Direction of EMS to the scene:**

Emergency Action Plan - Oldham County High School

Activating Emergency Medical Services

Call 9-1-1

Be prepared to provide the dispatcher with the following information:

- the name, address and telephone number of caller
- the nature of the emergency (medical or non-medical)*
- the number of athletes involved
- the condition of the athlete(s)
- any first aid treatment being initiated
- specific directions as needed to locate the emergency scene (i.e. "use the north entrance to the school off Highway 393")
- other information requested by the dispatcher

Do NOT hang up the phone until instructed to do so by the dispatcher!

Emergency Communication

Communication is key to a quick, efficient emergency response. There is a pre-established phone tree to ensure all relevant parties are notified. Access to a working telephone line or other device, either fixed or mobile, should be assured. There should also be back-up communication in effect in case there is a failure of the primary communication. At every athletic venue, home and away, it is important to know the location of a workable telephone. Please see page 10 for emergency communication guidelines for Oldham County High School.

Medical Emergency Transportation

Any emergency situation where there is loss of consciousness (LOC), or impairment of airway, breathing, or circulation (ABCs) or there is a neurovascular compromise should be considered a "load and go" situation and emphasis is placed on rapid evaluation, treatment, and proper transportation. Any emergency personnel who experiences doubt in their mind regarding the severity of the situation should consider a "load and go" situation and transport the individual.

Emergency Action Plan - Oldham County High School

Non-Medical Emergencies

For the non-medical emergencies (fire, bomb threats, violent or criminal behavior, etc.) refer to the school emergency action plan and follow instructions.

Post EAP Activation Procedures:

Documentation

Documentation must be done by AT (or other provider) and coach immediately following activation of the EAP. Both an injury report and accident report form must be filled out.

Debriefing

A team composed of the AT, AD, coaches, and one or two other school district employees not involved with the situation must discuss the event within 48 hours. This team must evaluate the effectiveness of the EAP and conduct a staff debriefing and maintain proper documentation of the same. A specific timeline for changes to EAP should be made for promptness.

Conclusion

The first priority is providing proper medical care to the injured athlete(s). The importance of being properly prepared when athletic emergencies arise cannot be stressed enough. An athlete's survival may hinge on the training and preparation of healthcare providers. It is prudent to invest athletic department "ownership" in the emergency action plan by involving the athletic administration and sport coaches as well as sports medicine personnel. The emergency action plan should **be reviewed at least once a year** with all athletic personnel and local emergency response teams. Through development and implementation of the emergency plan Oldham County High School helps ensure that the athlete will have the best care provided when an emergency situation does arise.

Emergency Action Plan - Oldham County High School

Staff Education

1. A QR code has been created to access the entire EAP document on the school website and will be provided to every coach at the start of their respective season. A paper copy will be provided, if requested.
2. A tag containing the QR code will be attached to each medical kit which is to be kept with the coach at every practice/event.
3. Venue Specific EAPs will be posted at each athletic venue.

Chain of Command

The athletic trainer should always act as primary care-giver at the site of the injury or accident (when on-site) and would manage the situation according to the following rank:

[Oldham County High School] CHAIN OF COMMAND

Most medically qualified

1. [Athletic Trainer]
2. [Athletic Director]
3. [Principal]
4. [Assistant Principal]
5. [Any director or coach]

** this chain of command would be completed per team in the event that the chain is different per team*

In the event that a certified athletic trainer is not on-site at the time of injury the following chain of command would be used:

[Oldham County High School] CHAIN OF COMMAND

Most medically qualified

1. [Athletic Director]
2. [Principal]
3. [Assistant Principal]
4. [Any director of coach]

** this chain of command would be completed per team in the event that the chain is different per team*

Emergency Action Plan - Oldham County High School

Emergency Telephone Numbers

This list is only to be used in case of an emergency.

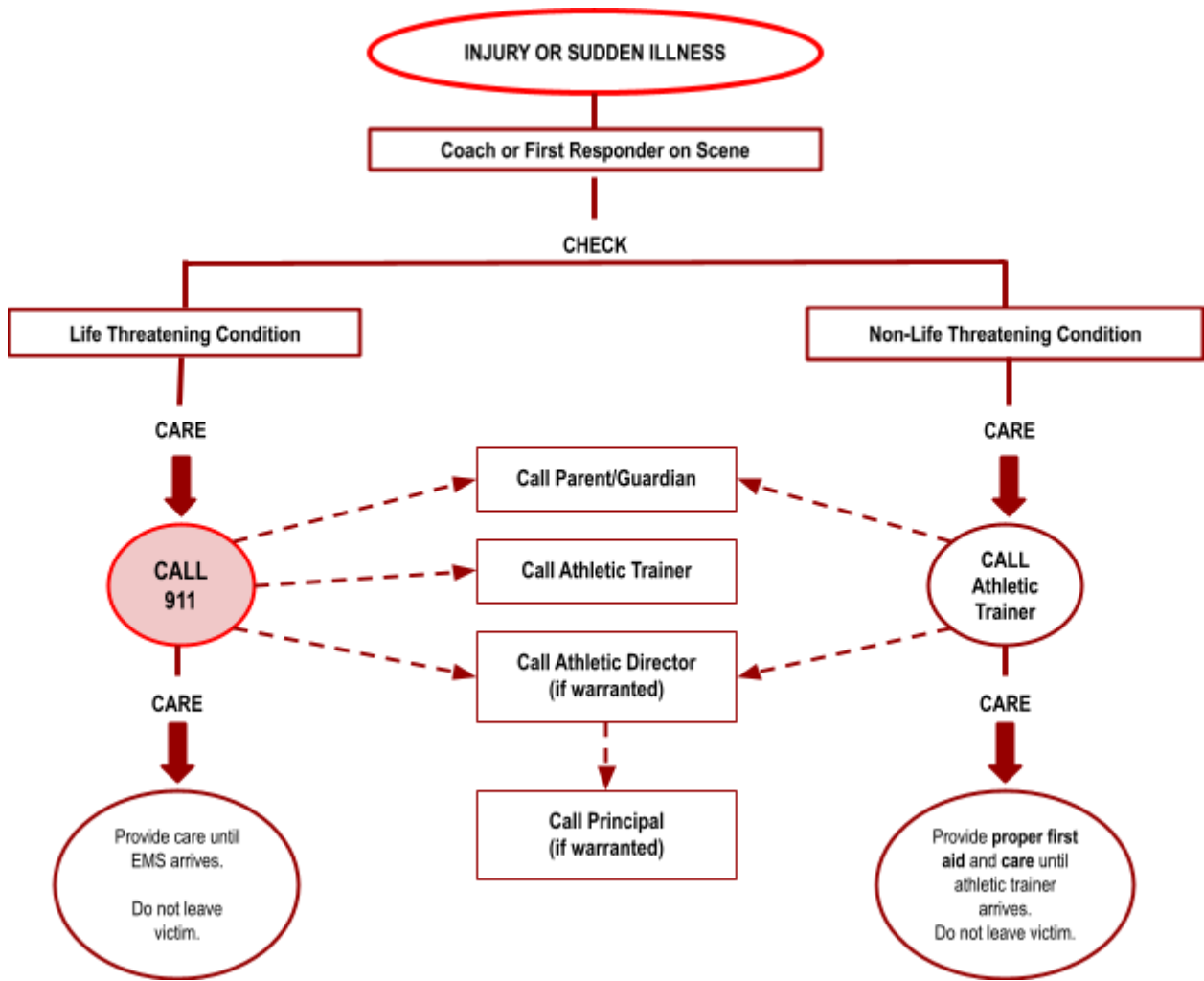
Off Campus Contacts	Phone Number
Emergency	911
La Grange Police Department	(502) 225-0444
La Grange Fire Department	(502) 222-1143
Baptist Health La Grange Hospital	(502) 222-5388
Hazardous Materials	(260) 463-3306
Poison Control Center	(800) 222-1222

On Campus Offices	Phone Number
High School Main Office	(502) 222-9461

Title	Name	Office	Cell
Athletic Trainer	Shannen Brown	N/A	(815)289-7990
Athletic Director	Paul Holien	(502) 222-9461	(502) 876-9724

Emergency Action Plan - Oldham County High School

Emergency Situation Contact Tree



After the situation is controlled: Contact (phone or email).

Athletic Trainer may, at their discretion, contact sports medicine physician for guidance.

Emergency Action Plan - Oldham County High School

Emergency Equipment Locations

Emergency Equipment:

- **Athletic Training Kit, Splint Bag, portable AED on site for events covered by ATC**
- **First Aid Kit located with coach**

1. AED

- a. Portable AED: located with ATC for all covered events
- b. Fixed AEDs: entire list on next page (page 13)

2. Nearest Phone

- a. Athletic Trainer's personal cell phone when covering events
- b. Coaches' personal cell phones (with emergency numbers attached)

3. Rescue Inhaler

- a. Coaches are responsible for each student who has an inhaler and is responsible for bringing the inhaler with them to all practices/games.
- b. Inhaler must be left with coach (labeled with athlete's name) during practices and games (not left in personal bag).
- c. Athletic trainer may be given a backup inhaler by the parent or child to keep as a backup in the med kit.

4. Epi-Pen

- a. Coaches are responsible for each student who has an epi-pen and is responsible for bringing the epi-pen with them to all practices/games.
- b. Epi-pen must be left with coach (labeled with athlete's name) during practices and games (not left in personal bag).
- c. Athletic trainer may be given a backup epi-pen by the parent or child to keep as a backup in the med kit.

Emergency Action Plan - Oldham County High School

Oldham County High School AED Locations

- Main School Hallway near Concession Stand
- Main School Lobby at the Front of the School
- Football Field in Concession Stand
- Football Field Fieldhouse (West side, exterior wall)
- Baseball Field Third Base Dugout
- Softball Field Third Base Dugout
- Soccer/Lacrosse/Field Hockey/Softball Complex (South side of Concessions, exterior wall)

Emergency Action Plan - Oldham County High School

General Plan of Action

1. Most medically qualified person will lead.
2. Check the scene - is it safe to help?
3. Is the athlete breathing? Conscious? Pulse?
 - a. Check ABCs (Airway, Breathing, Circulation)
 - b. If NO → instruct person to call 911 - LOOK PERSON DIRECTLY IN THE EYES and make sure they call!
 - c. Check venue specific EAP for 911 call instructions for your location.
4. Perform emergency CPR/First Aid.
 - a. If severe bleeding - instruct individual to assist with bleeding control.
 - b. If not breathing or no pulse begin CPR immediately and retrieve AED.
5. Instruct coach or bystander to get AED.
6. Instruct coach or bystander to control crowd.
7. Contact the Athletic Trainer of Oldham County High School if they are present at the school, but not on the scene.
8. Contact parents.
9. Contact your Athletic Director, Principal or league representative.
10. Contact Principal/Assistant Principal or organization representative
11. Instruct individual to meet EMS to direct to appropriate site.
12. Assist with care as necessary.
13. Assistant coach or parent must accompany athlete to hospital - either in ambulance or follow by car.
14. Document the event.

Emergency Action Plan - Oldham County High School

CAMPUS MAP



1) OCHS Football Field	7) OCHS Main Gym/Athletic Training room
2) Football Fieldhouse & Weight Room	8) OCHS Wrestling Room
3) Football practice field/XC course	9) OCHS Weight Room
4) OCHS Baseball Hitting Barn	10) Soccer/Lacrosse/Field Hockey Stadium
5) OCHS Baseball Field	11) OCHS Softball Field
6) OCHS Tennis Courts	Entry 1: Colonels Drive off La Grange Rd (146) Entry 2: Colonels Drive off 393 Entry 3: OCHS Entrance C

Emergency Action Plan - Oldham County High School

OCHS FOOTBALL FIELD

Emergency Action Plan

OCHS Football Field

Activating Emergency Protocol

1. Remain Calm
2. Assess the situation
3. Contact the Athletic Trainer and/or nearest coach, or if necessary, call 911
4. Do NOT move the injured person
5. Direct EMS to enter campus and proceed to location
6. Have designee meet medical personnel
7. Contact parent/guardian
8. Contact your Athletic Director, Principal, or league representative
9. If the athlete is transported by ambulance, the athlete's parent, a coach, or other designated individual should accompany them
10. Complete an incident report with Athletic Director

School Address


Oldham County High School
1150 N HWY KY-393
La Grange, KY 40031

Venue Specific Directions

- Enter on Colonels Drive
- Field access through double gate near the concession stand on far right, close to the Arvin Center

Severe Weather

Coaches/Athletes/Officials should seek shelter in Bell Field Fieldhouse. Spectators should seek shelter in their personal vehicles. Do not return to the field until the "ALL CLEAR" is given.



Scan for full EAP

Activating EMS System

Call 911

Provide the following information:

1. Name and telephone number of caller
2. Number of student athlete(s)
3. Condition of student athlete(s)
4. First aid treatment provided
5. Specific directions to facility and location within facility of injured person(s)
6. Other information as requested by dispatcher
7. Direct EMS to scene
8. Do not hang up until told to do so

Important Numbers

High School Office: (502) 222-9461
La Grange Police: (502) 225-0444
La Grange Fire Dept: (502) 222-1143

Nearest AED

Inside concession stand AND West, exterior wall of football fieldhouse

Nearest Cold Tub

On concrete pad under overhang of fieldhouse facing the football field

Oldham County High School

<p>Emergency Response Personnel:</p> <ol style="list-style-type: none"> 1. Certified Athletic Trainer when on campus 2. Physician on site for designated Varsity football games 3. All coaches are certified in CPR and AED use 4. On-site law enforcement, when available 	<p>Emergency Response Equipment:</p> <ol style="list-style-type: none"> 1. Supplies (med kit, splint bag, crutches) on home sideline for games or inside fieldhouse. Team med kit. 2. AED is located inside football field concession stand. Additional AED located on West, exterior wall of the football fieldhouse. 3. Cold Water Immersion tub-on concrete pad under overhang of fieldhouse, facing football field.
<p>Basic Emergency Response Team:</p> <p>The most qualified individual on the scene should provide and/or direct acute care. Individuals with lower credentials should yield to those with training that is more appropriate.</p>	

Emergency Action Plan - Oldham County High School

OCHS FOOTBALL FIELDHOUSE & WEIGHT ROOM

Emergency Action Plan

OCHS Football Fieldhouse & Weight Room

Activating Emergency Protocol

1. Remain Calm
2. Assess the situation
3. Contact the Athletic Trainer and/or nearest coach, or if necessary, call 911
4. Do NOT move the injured person
5. Direct EMS to enter campus and proceed to location
6. Have designee meet medical personnel
7. Contact parent/guardian
8. Contact your Athletic Director, Principal or league representative
9. If the athlete is transported by ambulance, the athlete's parent, a coach, or other designated individual should accompany them
10. Complete an incident report with Athletic Director

School Address

Oldham County High School
1150 N HWY KY-393
La Grange, KY 40031

Venue Specific Directions


- Enter on Colonels Drive
- Turn at the tennis courts
- Designee will meet at tennis courts entrance to direct from there

Nearest AED

West, exterior wall of fieldhouse

Important Numbers

High School Office: (502) 222-9461
La Grange Police: (502) 225-0444
La Grange Fire Dept: (502) 222-1143



Scan for full EAP

Activating EMS System

Call 911

Provide the following information:

1. Name and telephone number of caller
2. Number of student athlete(s)
3. Condition of student athlete(s)
4. First aid treatment provided
5. Specific directions to facility and location within facility of injured person(s)
6. Other information as requested by dispatcher
7. Direct EMS to scene
8. Do not hang up until told to do so

Oldham County High School

<p>Emergency Response Personnel:</p> <ol style="list-style-type: none"> 1. Certified Athletic Trainer when on campus 2. All coaches certified in CPR and AED use 	<p>Emergency Response Equipment:</p> <ol style="list-style-type: none"> 1. Supplies (med kit, splint bag, crutches on athletic trainer UTV or inside fieldhouse training room. Team med kit. 2. AED is located on West, exterior wall of Football Fieldhouse. 3. Cold Water Immersion tub-on concrete pad under overhang of fieldhouse, facing football field.
<p>Basic Emergency Response Team: The most qualified individual on the scene should provide and/or direct acute care. Individuals with lower credentials should yield to those with training that is more appropriate.</p>	

Emergency Action Plan - Oldham County High School

OCHS FOOTBALL PRACTICE FIELD/CROSS COUNTRY COURSE

Emergency Action Plan

OCHS Football Practice Field/Cross Country Course

Activating Emergency Protocol

1. Remain Calm
2. Assess the situation
3. Contact the Athletic Trainer and/or nearest coach, or if necessary, call 911
4. Do NOT move the injured person
5. Direct EMS to enter campus and proceed to location
6. Have designee meet medical personnel
7. Contact parent/guardian
8. Contact your Athletic Director, Principal or league representative
9. If the athlete is transported by ambulance, the athlete's parent, a coach, or other designated individual should accompany them
10. Complete an incident report with Athletic Director

School Address


Oldham County High School
1150 N HWY KY-393
La Grange, KY 40031

Venue Specific Directions

- Enter on Colonels Drive
- Turn at the tennis courts
- Designee will meet at tennis courts entrance to direct from there

Severe Weather

Coaches/Athletes/Officials should seek shelter in Bell Field Fieldhouse. Spectators should seek shelter in their personal vehicles. Do not return to the field until the "ALL CLEAR" is given.



Scan for full EAP

Activating EMS System

Call 911

Provide the following information:

1. Name and telephone number of caller
2. Number of student athlete(s)
3. Condition of student athlete(s)
4. First aid treatment provided
5. Specific directions to facility and location within facility of injured person(s)
6. Other information as requested by dispatcher
7. Direct EMS to scene
8. Do not hang up until told to do so

Important Numbers

High School Office: (502) 222-9461
La Grange Police: (502) 225-0444
La Grange Fire Dept: (502) 222-1143

Nearest AED
inside concession stand AND West, exterior wall of football fieldhouse

Nearest Cold Tub
On concrete pad under overhang of fieldhouse facing the football field

Oldham County High School

<p>Emergency Response Personnel:</p> <ol style="list-style-type: none"> 1. Certified Athletic Trainer when on campus 2. All coaches are certified in CPR and AED use 3. On-site law enforcement, when available 	<p>Emergency Response Equipment:</p> <ol style="list-style-type: none"> 1. Supplies (med kit, splint bag, crutches on athletic trainer UTV or inside fieldhouse training room. Team med kit. 2. AED is located on West, exterior wall of Football Fieldhouse 3. Cold Water Immersion tub-on concrete pad under overhang of fieldhouse, facing football field.
<p>Basic Emergency Response Team: The most qualified individual on the scene should provide and/or direct acute care. Individuals with lower credentials should yield to those with training that is more appropriate.</p>	

Emergency Action Plan - Oldham County High School

OCHS BASEBALL FIELD

Emergency Action Plan

OCHS Baseball Field

Activating Emergency Protocol

1. Remain Calm
2. Assess the situation
3. Contact the Athletic Trainer and/or nearest coach, or if necessary, call 911
4. Do NOT move the injured person
5. Direct EMS to enter campus and proceed to location
6. Have designee meet medical personnel
7. Contact parent/guardian
8. Contact your Athletic Director, Principal or league representative
9. If the athlete is transported by ambulance, the athlete's parent, a coach, or other designated individual should accompany them
10. Complete an incident report with Athletic Director

School Address


Oldham County High School
1150 N HWY KY-393
La Grange, KY 40031

Venue Specific Directions

- Enter on Colonels Drive
- Enter through double gates by bleachers, across from New Gym

Severe Weather

Coaches/Athletes/Officials should seek shelter in Bell Field Fieldhouse. The dugout is NOT a safe space. Spectators should seek shelter in their personal vehicles. Do not return to the field until the "ALL CLEAR" is given.



Scan for full EAP

Activating EMS System

Call 911

Provide the following information:

1. Name and telephone number of caller
2. Number of student athlete(s)
3. Condition of student athlete(s)
4. First aid treatment provided
5. Specific directions to facility and location within facility of injured person(s)
6. Other information as requested by dispatcher
7. Direct EMS to scene
8. Do not hang up until told to do so

Important Numbers

High School Office: (502) 222-9461
La Grange Police: (502) 225-0444
La Grange Fire Dept: (502) 222-1143

Nearest AED

Third base dugout wall

Nearest Cold Tub

Under overhang of fieldhouse facing the football field

Oldham County High School

<p>Emergency Response Personnel:</p> <ol style="list-style-type: none"> 1. Certified Athletic Trainer when on campus 2. All coaches are certified in CPR and AED use 3. On-site law enforcement, when available 	<p>Emergency Response Equipment:</p> <ol style="list-style-type: none"> 1. Supplies (med kit, splint bag, crutches on athletic trainer UTV or inside fieldhouse training room. Team med kit. 2. AED located on wall of home, third base dugout. 3. Cold Water Immersion tub-on concrete pad under overhang of fieldhouse, facing football field.
<p>Basic Emergency Response Team:</p> <p>The most qualified individual on the scene should provide and/or direct acute care. Individuals with lower credentials should yield to those with training that is more appropriate.</p>	

Emergency Action Plan - Oldham County High School

OCHS BASEBALL HITTING BARN

Emergency Action Plan

OCHS Baseball Hitting Barn

Activating Emergency Protocol

1. Remain Calm
2. Assess the situation
3. Contact the Athletic Trainer and/or nearest coach, or if necessary, call 911
4. Do NOT move the injured person
5. Direct EMS to enter campus and proceed to location
6. Have designee meet medical personnel
7. Contact parent/guardian
8. Contact your Athletic Director, Principal or league representative
9. If the athlete is transported by ambulance, the athlete's parent, a coach, or other designated individual should accompany them
10. Complete an incident report with Athletic Director

School Address


Oldham County High School
1150 N HWY KY-393
La Grange, KY 40031

Venue Specific Directions

- Enter on Colonels Drive
- Turn at the tennis courts
- Turn right at corner of tennis courts
- Continue straight until dead end in parking lot
- Hitting barn is just West of the Fieldhouse

Severe Weather

Coaches/Athletes/Officials should seek shelter in Bell Field Fieldhouse. The barn is not an acceptable shelter, even with the door closed. Do not return to the barn until the "ALL CLEAR" is given.



Scan for full EAP

Activating EMS System

Call 911

Provide the following information:

1. Name and telephone number of caller
2. Number of student athlete(s)
3. Condition of student athlete(s)
4. First aid treatment provided
5. Specific directions to facility and location within facility of injured person(s)
6. Other information as requested by dispatcher
7. Direct EMS to scene
8. Do not hang up until told to do so

Important Numbers

High School Office: (502) 222-9461
La Grange Police: (502) 225-0444
La Grange Fire Dept: (502) 222-1143

Nearest AED
West, exterior wall of football fieldhouse

Nearest Cold Tub
Under overhang of fieldhouse facing the football field

Oldham County High School

<p>Emergency Response Personnel:</p> <ol style="list-style-type: none"> 1. Certified Athletic Trainer when on campus 2. All coaches certified in CPR and AED use 	<p>Emergency Response Equipment:</p> <ol style="list-style-type: none"> 1. Supplies (med kit, splint bag, crutches on athletic trainer UTV or inside fieldhouse training room. Team med kit. 2. AED located on West, exterior wall of football fieldhouse and wall of home, third base dugout. 3. Cold Water Immersion tub-on concrete pad under overhang of fieldhouse, facing football field.
<p>Basic Emergency Response Team: The most qualified individual on the scene should provide and/or direct acute care. Individuals with lower credentials should yield to those with training that is more appropriate.</p>	

Emergency Action Plan - Oldham County High School

OCHS TENNIS COURTS

Emergency Action Plan

OCHS Tennis Courts

Activating Emergency Protocol

1. Remain Calm
2. Assess the situation
3. Contact the Athletic Trainer and/or nearest coach, or if necessary, call 911
4. Do NOT move the injured person
5. Direct EMS to enter campus and proceed to location
6. Have designee meet medical personnel
7. Contact parent/guardian
8. Contact your Athletic Director, Principal or league representative
9. If the athlete is transported by ambulance, the athlete's parent, a coach, or other designated individual should accompany them
10. Complete an incident report with Athletic Director

School Address


Oldham County High School
1150 N HWY KY-393
La Grange, KY 40031

Venue Specific Directions

- Enter on Colonels Drive
- Tennis Courts located across from New Gym and next to baseball field

Severe Weather

Coaches/Athletes/Officials should seek shelter in Bell Field Fieldhouse. Spectators should seek shelter in their personal vehicles. Do not return to the field until the "ALL CLEAR" is given.



Scan for full EAP

Activating EMS System

Call 911

Provide the following information:

1. Name and telephone number of caller
2. Number of student athlete(s)
3. Condition of student athlete(s)
4. First aid treatment provided
5. Specific directions to facility and location within facility of injured person(s)
6. Other information as requested by dispatcher
7. Direct EMS to scene
8. Do not hang up until told to do so

Important Numbers

High School Office: (502) 222-9461
La Grange Police: (502) 225-0444
La Grange Fire Dept: (502) 222-1143

Nearest AED

3rd base dugout wall AND West, exterior wall of football fieldhouse

Nearest Cold Tub

Under overhang of fieldhouse facing the football field

Oldham County High School

<p>Emergency Response Personnel:</p> <ol style="list-style-type: none"> 1. Certified Athletic Trainer when on campus 2. All coaches are certified in CPR and AED use 3. On-site law enforcement, when available 	<p>Emergency Response Equipment:</p> <ol style="list-style-type: none"> 1. Supplies (med kit, splint bag, crutches on athletic trainer UTV or inside fieldhouse training room. Team med kit. 2. AED located on West, exterior wall of Football Fieldhouse and third base dugout at baseball field. 3. Cold Water Immersion tub-on concrete pad under overhang of fieldhouse, facing football field.
<p>Basic Emergency Response Team:</p> <p>The most qualified individual on the scene should provide and/or direct acute care. Individuals with lower credentials should yield to those with training that is more appropriate.</p>	

Emergency Action Plan - Oldham County High School

OCHS MAIN GYM & ATHLETIC TRAINING ROOM

Emergency Action Plan

OCHS Main Gym & Athletic Training Room

Activating Emergency Protocol

1. Remain Calm
2. Assess the situation
3. Contact the Athletic Trainer and/or nearest coach, or if necessary, call 911
4. Do NOT move the injured person
5. Direct EMS to enter campus and proceed to location
6. Have designee meet medical personnel
7. Contact parent/guardian
8. Contact your Athletic Director, Principal or league representative
9. If the athlete is transported by ambulance, the athlete's parent, a coach, or other designated individual should accompany them
10. Complete an incident report with Athletic Director

School Address


Oldham County High School
1150 N HWY KY-393
La Grange, KY 40031

Venue Specific Directions

- Enter on Buckner Center at OCHS Entrance C
- Continue past soccer/lacrosse field
- Enter at back corner of gym at Door #14, designee will meet there

Nearest AED

Main hallway next to concession stand in wall cabinet



Scan for full EAP

Activating EMS System

Call 911

Provide the following information:

1. Name and telephone number of caller
2. Number of student athlete(s)
3. Condition of student athlete(s)
4. First aid treatment provided
5. Specific directions to facility and location within facility of injured person(s)
6. Other information as requested by dispatcher
7. Direct EMS to scene
8. Do not hang up until told to do so

Important Numbers

High School Office: (502) 222-9461
La Grange Police: (502) 225-0444
La Grange Fire Dept: (502) 222-1143

Oldham County High School

<p>Emergency Response Team:</p> <ol style="list-style-type: none"> 1. Certified Athletic Trainer when on campus 2. All coaches certified in CPR and AED use 3. On-site law enforcement, when available 	<p>Emergency Response Equipment:</p> <ol style="list-style-type: none"> 1. Supplies (med kit, splint bag, crutches with athletic trainer or inside gym training room. Team med kit. 2. AED located in main hallway on wall next to concession stand.
<p>Basic Emergency Response Team: The most qualified individual on the scene should provide and/or direct acute care. Individuals with lower credentials should yield to those with training that is more appropriate.</p>	

Emergency Action Plan - Oldham County High School

OCHS SOCCER/LACROSSE/FIELD HOCKEY STADIUM

Emergency Action Plan

OCHS Soccer/Lacrosse/Field Hockey Stadium

Activating Emergency Protocol

1. Remain Calm
2. Assess the situation
3. Contact the Athletic Trainer and/or nearest coach, or if necessary, call 911
4. Do NOT move the injured person
5. Direct EMS to enter campus and proceed to location
6. Have designee meet medical personnel
7. Contact parent/guardian
8. Contact your Athletic Director, Principal or league representative
9. If the athlete is transported by ambulance, the athlete's parent, a coach, or other designated individual should accompany them
10. Complete an incident report with Athletic Director

School Address


Oldham County High School
1150 N HWY KY-393
La Grange, KY 40031

Venue Specific Directions

- Enter on Buckner Center at OCHS Entrance C
- Field located behind shopping center
- Field access through double gate at the west end of the field, facing the school, follow concrete ramp

Severe Weather

Coaches/Athletes/Officials should seek shelter in Fieldhouse. Spectators should seek shelter in their personal vehicles. Do not return to the field until the "ALL CLEAR" is given.



Scan for full EAP

Activating EMS System

Call 911

Provide the following information:

1. Name and telephone number of caller
2. Number of student athlete(s)
3. Condition of student athlete(s)
4. First aid treatment provided
5. Specific directions to facility and location within facility of injured person(s)
6. Other information as requested by dispatcher
7. Direct EMS to scene
8. Do not hang up until told to do so

Important Numbers

High School Office: (502) 222-9461
La Grange Police: (502) 225-0444
La Grange Fire Dept: (502) 222-1143

Nearest AED
On exterior Concession Stand wall facing the field

Nearest Cold Tub
Under overhang of fieldhouse at corner closest to field

Oldham County High School

<p>Emergency Response Personnel:</p> <ol style="list-style-type: none"> 1. Certified Athletic Trainer when on campus 2. All coaches certified in CPR and AED use 3. On-site law enforcement, when available 	<p>Emergency Response Equipment:</p> <ol style="list-style-type: none"> 1. Supplies (med kit, splint bag, crutches on athletic trainer UTV or inside gym training room. Team med kit. 2. AED on exterior Concession Stand wall facing the field 3. Cold Water Immersion Tub-on concrete pad under overhang of fieldhouse at corner closest to field
<p>Basic Emergency Response Team: The most qualified individual on the scene should provide and/or direct acute care. Individuals with lower credentials should yield to those with training that is more appropriate.</p>	

Emergency Action Plan - Oldham County High School

OCHS SOFTBALL FIELD

Emergency Action Plan

OCHS Softball Field

Activating Emergency Protocol

1. Remain Calm
2. Assess the situation
3. Contact the Athletic Trainer and/or nearest coach, or if necessary, call 911
4. Do NOT move the injured person
5. Direct EMS to enter campus and proceed to location
6. Have designee meet medical personnel
7. Contact parent/guardian
8. Contact your Athletic Director, Principal or league representative
9. If the athlete is transported by ambulance, the athlete's parent, a coach, or other designated individual should accompany them
10. Complete an incident report with Athletic Director

School Address


Oldham County High School
1150 N HWY KY-393
La Grange, KY 40031

Venue Specific Directions

- Enter on Buckner Center at OCHS Entrance C
- Field located next to Buckner Center shopping center
- Field access through gate on the third base line next to home dugout

Severe Weather

Coaches/Athletes/Officials should seek shelter in Fieldhouse. The dugout is NOT safe. Spectators should seek shelter in their personal vehicles. Do not return to the field until the "ALL CLEAR" is given.



Scan for full EAP

Activating EMS System

Call 911

Provide the following information:

1. Name and telephone number of caller
2. Number of student athlete(s)
3. Condition of student athlete(s)
4. First aid treatment provided
5. Specific directions to facility and location within facility of injured person(s)
6. Other information as requested by dispatcher
7. Direct EMS to scene
8. Do not hang up until told to do so

Important Numbers

High School Office: (502) 222-9461
La Grange Police: (502) 225-0444
La Grange Fire Dept: (502) 222-1143

Nearest AED

Third base dugout wall

Nearest Cold Tub

Under overhang of fieldhouse at corner closest to soccer field

Oldham County High School

<p>Emergency Response Personnel:</p> <ol style="list-style-type: none"> 1. Certified Athletic Trainer when on campus 2. All coaches certified in CPR and AED use 3. On-site law enforcement, when available 	<p>Emergency Response Equipment:</p> <ol style="list-style-type: none"> 1. Supplies (med kit, splint bag, crutches on athletic trainer UTV or inside gym training room. Team med kit. 2. AED located on wall of home, third base dugout. 3. Cold Water Immersion Tub-on concrete pad under overhang of fieldhouse at corner closest to field.
<p>Basic Emergency Response Team: The most qualified individual on the scene should provide and/or direct acute care. Individuals with lower credentials should yield to those with training that is more appropriate.</p>	

Emergency Action Plan - Oldham County High School

OCHS SCHOOL WEIGHT ROOM & SOFTBALL INDOOR

Emergency Action Plan

OCHS School Weight Room & Softball Indoor

Activating Emergency Protocol

1. Remain Calm
2. Assess the situation
3. Contact the Athletic Trainer and/or nearest coach, or if necessary, call 911
4. Do NOT move the injured person
5. Direct EMS to enter campus and proceed to location
6. Have designee meet medical personnel
7. Contact parent/guardian
8. Contact your Athletic Director, Principal or league representative
9. If the athlete is transported by ambulance, the athlete's parent, a coach, or other designated individual should accompany them
10. Complete an incident report with Athletic Director

School Address


Oldham County High School
1150 N HWY KY-393
La Grange, KY 40031

Venue Specific Directions

- Enter on Colonels Drive
- Enter parking lot behind the school
- Enter at back Door #22, designee will meet there

Nearest AED

Upstairs in the main lobby at the front of the school



Scan for full EAP

Activating EMS System

Call 911

Provide the following information:

1. Name and telephone number of caller
2. Number of student athlete(s)
3. Condition of student athlete(s)
4. First aid treatment provided
5. Specific directions to facility and location within facility of injured person(s)
6. Other information as requested by dispatcher
7. Direct EMS to scene
8. Do not hang up until told to do so

Oldham County High School

<p>Emergency Response Personnel:</p> <ol style="list-style-type: none"> 1. Certified Athletic Trainer when on campus 2. All coaches certified in CPR and AED use 	<p>Emergency Response Equipment:</p> <ol style="list-style-type: none"> 1. Supplies (med kit, splint bag, crutches with athletic trainer or inside gym training room. Team med kit. 2. AED located in upstairs in the main lobby at the front of the school
<p>Basic Emergency Response Team: The most qualified individual on the scene should provide and/or direct acute care. Individuals with lower credentials should yield to those with training that is more appropriate.</p>	

Emergency Action Plan - Oldham County High School

OCHS WRESTLING ROOM

Emergency Action Plan

OCHS Wrestling Room

Activating Emergency Protocol

1. Remain Calm
2. Assess the situation
3. Contact the Athletic Trainer and/or nearest coach, or if necessary, call 911
4. Do NOT move the injured person
5. Direct EMS to enter campus and proceed to location
6. Have designee meet medical personnel
7. Contact parent/guardian
8. Contact your Athletic Director, Principal or league representative
9. If the athlete is transported by ambulance, the athlete's parent, a coach, or other designated individual should accompany them
10. Complete an incident report with Athletic Director

School Address


Oldham County High School
1150 N HWY KY-393
La Grange, KY 40031

Venue Specific Directions

- Enter on Colonels Drive
- Enter parking lot behind the school
- Enter at back Door #19, designee will meet there

Nearest AED

Upstairs in the main lobby at the front of the school



Scan for full EAP

Activating EMS System

Call 911

Provide the following information:

1. Name and telephone number of caller
2. Number of student athlete(s)
3. Condition of student athlete(s)
4. First aid treatment provided
5. Specific directions to facility and location within facility of injured person(s)
6. Other information as requested by dispatcher
7. Direct EMS to scene
8. Do not hang up until told to do so

Important Numbers

High School Office: (502) 222-9461
La Grange Police: (502) 225-0444
La Grange Fire Dept: (502) 222-1143

Oldham County High School

<p>Emergency Response Personnel:</p> <ol style="list-style-type: none"> 1. Certified Athletic Trainer when on campus 2. All coaches certified in CPR and AED use 	<p>Emergency Response Equipment:</p> <ol style="list-style-type: none"> 1. Supplies (med kit, splint bag, crutches with athletic trainer or inside gym training room. Team med kit. 2. AED located in upstairs in the main lobby at the front of the school
<p>Basic Emergency Response Team:</p> <p>The most qualified individual on the scene should provide and/or direct acute care. Individuals with lower credentials should yield to those with training that is more appropriate.</p>	

Emergency Action Plan - Oldham County High School

Off-Campus Athletics

1. When arriving at (or when planning to use) an off-campus facility, check with a site administrator to learn about their EAP.
 - Do they have an **EAP**?
 - Do they have an **AED**?
 - Do they have an **Athletic Trainer or First Aid/CPR Certified Staff**?
 - (outdoor sports) Do they have a location for ice immersion/ showering an overheated individual in the event of heat illness?
 - What is the **address** of your location?
 - important in calling for emergency services (911)
2. Check for the location of **land-line telephone(s)**.
 - Cell phones may be used for emergency contact if needed but often cell phone batteries or signal may not be good enough to make an emergency call.
3. Know the location of a **safe shelter** in case you need to evacuate due to inclement weather.
4. Check that all emergency vehicle access is clear so that in the event you call 911 they can reach you/ your team in a quick and timely manner.

Addresses for Commonly Used Off-Campus Locations:

John W. Black Aquatic Center & Wendell Moore Park

1551 N Hwy 393, La Grange, KY 40031

Norton Healthcare Sports & Learning Center

3029 W Muhammad Ali Blvd, Louisville, KY 40212

Oldham County (Buckner) YMCA

20 Quality Pl, Buckner, KY 40010

Oldham County Country Club

1870 Country Club Ln, La Grange, KY 40031

Emergency Action Plan - Oldham County High School

Rehearsal Strategy

The athletic trainer will be responsible for reviewing the EAP annually and rehearsing it prior to each sport season.

Head Coaches at Oldham County High School will need to coordinate with the school's Certified Athletic Trainer to plan a time for EAP rehearsal when all staff, at all levels, will be present. Ideally, this will be completed during the first week of their respective season.

The meeting will be directed by the athletic trainer and will include discussion for recent updates along with a hands-on portion. The hands-on portion will run through different scenarios to ensure the coaches understand the EAP. All coaches will be provided the opportunity to ask any and all questions and the athletic trainer will be responsible for ensuring a proper and adequate answer to all questions.

All coaches must sign in to prove their attendance on google sheet (<https://docs.google.com/forms/d/e/1FAIpQLScBI398XQAUDTyKgg382-fGtN2SAd2XuptxkbSxDo6qKXZQsg/viewform?usp=sharing&oid=113695925311309882654>).

The documentation of attendance will be stored with the Athletic Director.

Documentation of Emergency Equipment Maintenance

All AEDs designated for use at any outdoor site within this document will be inspected and maintained by the Certified Athletic Trainer (ATC) two times per month. AEDs located within the school building are checked and maintained by OCHS office staff. Dates of inspection, self-tests, and expiration dates will be recorded on a paper log. The ATC will keep the paper copies in the Athletic Training Room. Digital copies will be emailed to the Athletic Director at the end of June each year.

Cold Water Immersion tubs will be inspected regularly, while seasonally in use.