

- “28 Days To A Client” -

The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. ☒ / ☐	1 ▾	Prospect
2. ☒ / ☐	1 ▾	reaserch prospect
3. ☒ / ☐	1 ▾	start and finish fv for prospect
4. ☒ / ☐	2 ▾	run
5. ☒ / ☐	2 ▾	gym
6. ☒ / ☐	3 ▾	school
7. ☒ / ☐	1 ▾	
8. ☒ / ☐	1 ▾	
9. ☒ / ☐	2 ▾	
10. ☒ / ☐	2 ▾	
11. ☒ / ☐	2 ▾	
12. ☒ / ☐	2 ▾	
13. ☒ / ☐	2 ▾	
14. ☒ / ☐	3 ▾	
15. ☒ / ☐	3 ▾	
16. ☒ / ☐	3 ▾	
17. ☒ / ☐	3 ▾	
18. ☒ / ☐	3 ▾	
19. ☒ / ☐	3 ▾	
20. ☒ / ☐	3 ▾	

Day Number: 1

Date: march 13 2023

Start Of The Day - Time: 5:00am

	 3 Things That I Am Excited To Have In The Future? 
1.	financial freedom
2.	evidence to back up my confidence
3.	power over my life

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Though I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

**(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)**

\$ 5 am: Task \$	wake up n get ready
🔔 Intention 🔔	scary hours 🖤
✍️ Reflection ✍️	

\$ 6 am: Task \$	gym
🔔 Intention 🔔	get after it
✍️ Reflection ✍️	

\$ 7 am: Task \$	breakfast/ pray/pbd your next five moves
🔔 Intention 🔔	fuel up for the day
✍️ Reflection ✍️	

\$ 8 am: Task \$	commute to school/realtor research
🔔 Intention 🔔	study up on realtors before class
✍️ Reflection ✍️	

\$ 9 am: Task \$	class 🦴 try and prospect I'm between
🔔 Intention 🔔	get the most out of class and get a few prospects
✍️ Reflection ✍️	

\$ 10 am: Task \$	class 🦴 try and prospect I'm between
🔔 Intention 🔔	get the most out of class and get a few prospects
✍️ Reflection ✍️	

\$ 11 am: Task \$	class 🦴 make fascinations and ads in between
🔔 Intention 🔔	make some fascinations and ads for the lead magnet during class
✍️ Reflection ✍️	

\$ 12 am: Task \$	class 🦴 make fascinations and ads in between
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 Intention 	make some fascinations and ads for the lead magnet during class
 Reflection 	

\$ 1 pm: Task \$	class  make fascinations and ads in between
 Intention 	
 Reflection 	

\$ 2 pm: Task \$	class  make fascinations and ads in between
 Intention 	
 Reflection 	

\$ 3 pm: Task \$	go home / 15 min nap if needed/prospect reaserch
 Intention 	RECHARGE AND START WORKING
 Reflection 	

\$ 4 pm: Task \$	FV for prospect
 Intention 	start writing
 Reflection 	

\$ 5 pm: Task \$	run 30-40 min
🔔 Intention 🔔	train for 21k
✍️ Reflection ✍️	

\$ 6 pm: Task \$	dinner/shower/next 5 moves
🔔 Intention 🔔	clean up and listen to audiobook
✍️ Reflection ✍️	

\$ 7 pm: Task \$	touch up/finish Fv
🔔 Intention 🔔	finish fv
✍️ Reflection ✍️	

\$ 8 pm: Task \$	write outreach but send it tomorrow
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 9 pm: Task \$	stretch and sleep
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 Intention 	recovery
 Reflection 	

 10 pm: Task 	
 Intention 	
 Reflection 	

 11 pm: Task 	
 Intention 	
 Reflection 	

 12 pm: Task 	
 Intention 	
 Reflection 	



End-Of-The-Day Report:



 What Did I Learn Today? 

When I'm at school, my energy is LOW, also after dinner I kind of let go of the gas a bit.

 What Do I Plan To Do Differently Tomorrow? 

I need to get more done WHILE I'm in school, it's precious time I can't afford to waste. Before class, I'll go up and down the stairs for 10 minutes straight to get that blood pumping so that I don't crash too badly.

 What Do I Plan To Do The Same Tomorrow? 

Keep things on schedule and don't miss showing up to a task, irregardless of how I feel

 Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 

I need to see what's up with the website and see how I can help it get ready for launch.

 What Tasks Were Left Undone? 

Wans't quite able to completely finish the FV. I didn't take into account the time it would take to do the research, set up a good framework, and decide on something that the company would find valuable. It was WAY more than just writing good copy.

Brain Dump:

Good first day. I don't know If I'm getting closer to the money, but I'm definitely becoming more disciplined. I think the next step is to think more creatively about how

I can present myself to people and prospects. Instead of the same old word doc, I might need to spice it up into a more entertaining format, a more exciting one.