

Sacred Malas

by David Romanoff

“Dark Side of the Moon”

Shadow Alchemy Mala: Obsidian's Deep Cleansing & Cosmic Protection

This powerful mala centers around *Rainbow Obsidian*—nature's ultimate spiritual mirror that reveals hidden shadows and transforms darkness into radiant light. The obsidian's iridescent sheen represents the beauty that emerges when we courageously face our inner depths, making it the perfect tool for profound shadow work and energetic rebirth. This transformative energy is supported by a formidable protective quartet: *Black Tourmaline* deflects external negativity, *Black Spinel* releases past resentments, *Pyrite* attracts golden opportunities, and *Hematite* provides unshakable grounding. *Blue Moonstone* adds celestial balance, ensuring your spiritual journey remains illuminated with intuitive grace.

Crafted in mystical *silver*, this mala becomes:

- 🌈 Obsidian's shadow-alchemy portal
- Quad-layered energetic protection (Tourmaline/Spinel/Pyrite/Hematite)
- 🌙 Moonstone's intuitive guidance
- 🌌 Silver's cosmic attunement

Ideal for:

- Shadow workers and spiritual alchemists
- Empaths and energy healers
- Those releasing past trauma
- Spiritual seekers navigating dark nights of the soul
- Anyone needing powerful energetic boundaries





What are Sacred Energy Malas?

Mala beads are a string of beads traditionally used in prayer and meditation. Each custom **sacred energy** mala designed by David Romanoff has been deeply thought out and meditated on. All the stones have been carefully selected so that each mala exudes a desired energy. When crystals are placed directly on your body, they have a powerful vibratory effect that surges from the crystal to you. According to the law of physics, thoughts direct energy and energy follows thought. Each energy mala serves as a tool to help the thoughts of our consciousness connect with our body. Most of our malas are traditional 108 bead japa malas. However, some have 90 beads or less to achieve a desired length.

These malas have been smudged and cleansed with sage and palo santo prior to making them, to purify the stones. They have sat through a full sun and moon cycle, as well as received a sound bath which allows them to vibrate at their highest frequency.

It is our hope that your mala will bring you great joy and fill your life with positive energy.



About the stones & metals

RAINBOW OBSIDIAN

Obsidian is linked with the concept of darkness, and just like our ever-spinning planet and its phases of night and day, the human soul also contains elements of light and dark. A powerful protection stone, the Obsidian crystal meaning helps identify your dark side so that its healing properties can clear it away from your psyche. The Obsidian crystal stone meaning reminds us that everyone has a good and bad side. Instead of hiding from our inner truth, Obsidian shines a light on the negativity and clears it away, helping us to choose the path leading towards light and love. Incorporate the Obsidian crystal stone into your daily meditation practice and use its spiritual medicine to tell that devil on your shoulder to take a seat because it's time for your angelic side to come out and play. Like a spiritual disinfectant, it's ready to deep clean the counter tops of your inner spirit, leaving you feeling light, refreshed, and in control of your destiny.

BLUE MOONSTONE

Blue Moonstone promotes clarity of the mind and inner vision, keeping one focused while in a meditative or altered state of awareness. It is particularly helpful in seeing emotional patterns and life lessons, and in balancing yin and yang energies. The white crystal energies present in all Moonstones have an association with the Crown Chakra and our spiritual center. They represent personal identification with the Infinite, and oneness with God, peace and wisdom. Associated with the feminine, it enhances the intuitive side of the mind. To women, Moonstone reveals their feminine power and abilities of clairvoyance, and gives rise to the kundalini energy. Always sacred in India, Moonstone was the stone of the gods and goddesses, of hope and spiritual purity through denial of the ego. Meditating with Moonstone takes one deep into the self. Often it reveals the missing piece or pieces of the puzzle of one's life, parts of the soul that have been left behind or forgotten.

BLACK TOURMALINE

Black Tourmaline promotes a sense of power and self-confidence, allowing for a clearer, more objective view of the world. It is empowering to those who must live or work in challenging environments or when facing difficult circumstances. Today this stone is still revered as a premier talisman of protection, a psychic shield deflecting and dispelling negative energies, entities, or destructive forces. It guards against radiation and environmental pollutants, and is highly useful in purifying and neutralizing one's own negative thoughts and internal conflicts, and turning them into positive, usable energy.

Black Tourmaline is also a powerful grounding stone, electrical in nature, providing a connection between Earth and the human spirit. Its supportive energy aligns the energy centers of the body and channels healing light throughout the system. Black Tourmaline soothes panic attacks; especially those caused by dark or confined spaces, or in places where the atmosphere is frightening. Wear this crystal for protection against moaners, whiners, complaining neighbors, or emotional vampires who burden you with their problems but do nothing to improve their situations. Black Tourmaline is devoted to grounding spiritual energies, bringing a clearer expression of Light into the world and into the lives of those drawn to its powers.

BLACK SPINEL

Black Spinel is a protective stone that repels negativity and grounds the user while evoking inspiration and empowerment, without overwhelming others. It is also thought to help one find calmness and let go of resentments to re-establish relationships and dispel sadness. Black Spinel crystals are known for their action to stimulate inspiring thought. They may also help you to release any built up anger, fear or resentment triggered by situations occurring in your life. These black stones embody a strong grounding action and powerful metaphysical properties. Their action will aid the release of excess high vibration energy to the earth. This makes them beneficial to use after working with high vibration crystals. They can help to reinvigorate you if you are feeling exhausted, and their vibration may boost your physical energy, aiding you to more easily recover from fatigue. They are powerful psychic protection stones and their energy may help your recovery if you have been experiencing grief. Because they have metaphysical properties that will aid you to release issues from the past. It is an advantageous crystal to help you to improve relationships that have difficulties.

PYRITE

Pyrite is a popular crystal for many reasons. It's a powerful protective stone that creates a shield against negative energy. Pyrite has a connection to the solar plexus chakra (chakras are strong energy centers within the body) and is used to increase strength, energy, willpower, and confidence. It's also a wonderful abundance stone, encouraging wealth, prosperity, and success. It's connected to the sun which has a bright, yang fire energy. Not only does pyrite protect against negative energy and attract positive energy (wealth, abundance, opportunity), it also serves to release and neutralize any negative energy that has accumulated. Fearful energy that may be blocking success can be discharged by the presence of pyrite.

HEMATITE

If you're drawn to the Hematite crystal, it could be a sign that you're in need of grounding and balancing in your life. As soon as the Hematite crystal stone touches the skin, you'll feel more centered and calm with its intense but subtle vibrations. While all crystals have powerful grounding effects, the Hematite crystal properties are a gem when it comes to clearing and activating the root chakra, the energy center that anchors us to the earth and provides a feeling of stability. The Hematite crystal meaning is linked with its ability to absorb any toxic emotions

holding you back from your natural state of joy and vitality. Use Hematite in your crystal healing first aid kit to clear away negative feelings from stress, anxiety, and worry.

SILVER is the metal of the moon. Like the moon and water, silver is reflective and used to mirror the soul bringing people calm and balance. Silver is used to 'draw down the moon' during lunar ceremonies, giving the wearer use of the moons energy and protecting them from negativity. Silver's connection to the spiritual life is mostly seen in traditional cultures where people live in union and deep respect for the earth. For example, the Tibetans spiritual silver jewelry is often combined with gemstones and crystals which then resonate their healing vibrations more strongly. Another aspect of the silver natural healing belief is that wearing this jewelry brings the wearer more in tune with the vibrations and flow of the universe. It is the metal of emotions, love and healing.



Care Instructions for Your Sacred Mala Jewelry

To preserve the beauty and energy of your mala, please follow these guidelines:

- **Storage** : Keep your mala in its custom box when not in use to protect it from damage.
- **Avoid Water** : Do not shower, swim, or submerge your mala in water.
- **Handle with Care** : Be mindful when leaning forward, as the mala can snag on objects and risk breaking.
- **Tassel Care** : Avoid bunching up tassels to prevent fraying. If needed, gently steam tassels to restore their shape.
- **Energetic Cleansing** :
 - Charge the crystals in sunlight to enhance their vibration.
 - Smudge with sage periodically to clear stagnant energy.
 - Supercharge your mala with a sound bath (using instruments or a meditative soundtrack).
- **If Your Mala Breaks** :
 - Collect **ALL** pieces and ship them back for free restringing.
 - Missing pieces may incur an additional replacement fee.

By caring for your mala with intention, it will continue to support your practice for years to come.

About the Artist

David Romanoff has been inspired his entire life through art and music. From a young age he was creating art pieces using different mediums as his canvas.

Creating these energy malas is a culmination of a true love for art and jewelry, as well as a desire to learn about the many facets of these powerful energy stones. The creation process is done with absolute intent and is a form of meditation for David. Each mala requires and deserves complete focus, so that all the elements will blend together harmoniously.

David has been a student and teacher of Aikido, Budo, and the philosophies therein, for more than 25 years. Aiki meaning the harmony of nature. A practitioner of Zazen meditation is a large part of his daily routine. "The art of focused breathing is paramount to channeling creative life giving energies."

They are a true labor of love....

Custom Orders:

Artist: David Romanoff - SACRED MALAS

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