

Wellness and Recreation

Current National Federation of State High School Association rules will apply with modifications or exceptions as indicated in this document.

Equipment

Racquets may be checked out from the Carmichael Gym equipment room with a valid Wolfpack One Card. Tennis balls will be provided.

Check In

Players should check in with the Supervisor latest by 10 minutes prior to the start.

The Game

A match is won by the first player or team to win 6 games. A player must win by 2 games to win the match. If the set becomes tied at 5, a tie breaker will determine the match. A tie break is won by the first person to reach 3 points.

Scoring

No add tennis will be played throughout the tournament. In no add tennis, the first player to score four points wins the game. If any game reaches 3 points a piece (deuce), the receiver indicates which court the serve will be played. The serve will alternate between sides after each game.

Games –

Games consist of **4 points each (15, 30, 45, 60)**, and are won when a player reaches **4 points** i.e. 60.