The Character Trait of the Month for December is COURAGE.

Courage is the quality of mind or spirit that enables a person to face difficulty, danger, pain, etc., without fear; bravery.

Please wear YELLOW on Wednesdays in December to represent courage!

## December is National Impaired Driving Prevention Month

- This campaign raises awareness about the importance of being sober behind the wheel.
- The time between Thanksgiving and New Year's Day is described as one of the deadliest and most dangerous times on the roadways in this country.
- Never get in a car with someone who is under the influence of any kind and do not make the mistake of getting behind the wheel yourself. It could cost you or someone else their life. Be safe and smart, PJHS!
- The National Highway Traffic Safety Administration (NHTSA) is determined to put an end to impaired driving to save lives. Remember: Impairment is impairment, no matter the substance.
- Every day, about 34 people in the US die in drunk-driving crashes. That's one person every 42 minutes.

## December is also <u>Universal Human Rights Month</u>

- A reminder that the United Nations General Assembly codified the basic human rights of every person.
- A time to reflect on the way we treat others, and to do what we can in the fight for equality, justice, and the dignity of all humans!

**Resoureces: Suicide & Crisis Lifeline 988** 

Text4Teens 845-391-1000