

Physical Education Information

What is Physical Education?

Physical Education (PE) class is where the *whole child* is educated in one setting; while being exposed to a variety of activities, students will work on their cognitive, emotional, physical, and social development. It is my goal to provide your child with opportunities to succeed in many different activities, to introduce them to multiple means of movement through activities and games, and to allow them to work through new concepts and skills that they can use throughout their lives. Throughout our time in PE class, we will be focusing on life skills such as cooperation, effort, fair play, good sportsmanship, honesty, and teamwork.

Class Expectations

“Play Strong, Play Fair, Play Safe”

- Behavior: Students are expected to respect each other, the equipment, the activity space, and the staff (Mr. Hennessey, substitutes, teaching assistants, and volunteers) at all times.
- Effort: Students are expected to try their best, no matter what the activity is.
- Participation: Students are expected to participate in all class activities as long as they are healthy to do so
 - Students without proper footwear will **not** be excused
 - Medical excuse given from parents, the nurse, or the classroom teacher will be allowed

Mr. Hennessey's Schedule

Greenwood PE	Greenwood Health
Kindergarten DiVasta - Day 3 & Day 4	Kindergarten - Day 2
Kindergarten Frazier - Day 2 & Day 5	Grade 1- Day 4
Grade 1 Harper - Day 2 & Day 5	Grade 2 - Day 2
Grade 1 Morse - Day 4 & Day 6	Grade 3 - Day 2
Grade 2 Ricupero - Day 3 & Day 6	Wakefield Public Schools employs the Michigan Model Curriculum for its Health Education program. Over the course of the semester (15 classes), elementary students focus on Social Emotional Learning (SEL), which deals with recognizing & managing feelings, maintaining positive relationships, and being responsible individuals.
Grade 2 Swift - Day 2 & Day 6	
Grade 3 Braham - Day 3 & Day 5	
Grade 3 Wallace - Day 4 & Day 6	
Grade 4 Campbell - Day 3 & Day 5	
Grade 4 Koplik - Day 2 & Day 4	

Curriculum – Unit Topics

Ball Skills, Community Building, Cooperative Activities, Educational Gymnastics, Fitness Concepts, Kicking, Leisure Activities, Manipulatives, Movement Concepts, Rhythmic Activities, Striking & Volleying, Throwing & Catching

Follow me on Twitter ([@MrHennesseyPE](#)) for snapshots & updates on our learning throughout the year