

5 Module Title: Physical Activities Suitable for Different Stages in Life.

Target Audience: Conducting this training will ensure that newly minted nurses or physical therapists gain insight into activities beneficial for every age group, including infants, children, adolescents, adults, and seniors. By understanding what is beneficial for each age group, they can create personalized care plans that promote health and well-being while considering the individual's abilities and preferences.

Learning Objectives:

Terminal LOs:

- ❖ Recognize developmental milestones to specific age groups.
- ❖ Create plans for activities tailored to individuals with age-related conditions.
- ❖ Design therapeutic exercises customized to specific age groups.

Enabling LOs:

- ❖ Define developmental milestones specific to various age groups.
- ❖ Describe activities tailored to specific age groups considering age-related conditions.
- ❖ Organize therapeutic exercise routines according to different age groups.

Seat Time: 20 minute eLearning course

Outline:

- ❖ Welcome
- ❖ Navigation
- ❖ Learning Objectives
- ❖ Your Name
- ❖ Course Homepage
- ❖ Summary
- ❖ Final Assessment
- ❖ Conclusion

Font:

Bahnschrift - (Body)

Articulate Extra Bold - (Headings)

Color Palette:



Module Resources/References: (optional)

Directions:

Please review all fields. To leave feedback, please add comments within the document text.

Global Comments:

- Slide dimensions are 16:9 ratio
- Use Classic Player in Storyline
- Text in [brackets] should not appear on the slide or be recorded in voiceover (VO)
- Seekbar visible and controllable for learners on all slides and layers, Menu is free in the player properties.
- Slide numbers with letter (ex. 1.8a) indicate layers for corresponding slide number
- Next/Back button, will move to the next and prior slide.
- Any photos or other assets are mentioned, please check the Asset Library.

Slide: 1.1 / Menu Title: Welcome			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
Background image: Video of people running in a park. Course title set on the left with color palette color and white border. Custom Navigation and Starter buttons	[Slide Title] Physical Activities Suitable for Different Stages in Life. (Buttons) Navigation Start Course	Welcome!! We will begin today's training by providing insights into activities suitable for different age groups, to develop personalized care plans that are tailored to each patient's goals or needs. If you'd like a quick tutorial going over how to navigate this course, click the navigation tutorial, otherwise click the	The Start and Navigation buttons will fly in, from left at Duration 1.00 in time with the VO reference. The Start Course button will jump to slide 1.3. The Navigation button will jump to the next slide (slide 1.2)

		Start button to begin.	
Notes:			

Slide: 1.2 / Menu Title: Navigation			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background image] Image of Storyline layout centered on the slide.</p> <p>Custom Rectangle on top left that says title, and a Pentagon Shape that displays direction text right next to it.</p> <p>Caption bubbles with arrow points to player features, with palette color.</p> <p>Red circles over the Pause and Next button.</p>	<p>[Slide Title] Navigation</p> <p>[Directions} Use these options to navigate the course.</p> <p>[Captions} Next Previous Full Screen Accessibility Control Playback Speed Replay Volume Play/Pause Seek-bar Interactive Menu</p>	<p>Please take a moment to review the course player so you feel comfortable navigating through the course. If you know your way around, you may proceed to the next slide.</p> <p>If you'd like to go backward or forward in the course, click the previous or next buttons.</p> <p>View the course in full screen mode by clicking here.</p> <p>If you'd like to enable text to images and screen readers, click on Accessibility control.</p> <p>You can adjust the course playback speed to slow it down or speed it up by clicking on this control option. To adjust the volume, click the volume icon.</p> <p>Click the replay button to see the entire slide again or adjust the seekbar at any time to review a portion of the slide.</p> <p>You can also pause the player to take the time to read, interact, or review information. Click the same button</p>	<p>Arrow and caption with text label will travel along a motion path from outside of the image to the applicable Player features timed with the VO reference. As the icon reaches the Player feature, the caption shape with the applicable label text will remain in place.</p> <p>The arrow icon will glide when VO "if you know your way..." directing to Player Feature "Next" to proceed. It will glide back off the screen to the right when the VO completes.</p> <p>When VO reaches Resume play and Click the Next button, a red circle will appear with Wheel animation. It will fade off the screen, when the VO completes.</p>

		<p>again to resume play.</p> <p>You can track your progress or revisit a slide by using the menu on the left.</p> <p>Finally, click interactive buttons to allow you to begin this section of the course.</p> <p>Click the next button now to begin the course.</p>	
Notes:			

Slide: 1.3 / Menu Title: Learning Objectives			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Video of Yoga in a mountain.</p> <p>Round Single Corner Rectangle the color of palette color faded with text.</p>	<p>[Slide Title] By the end of the training, you will gain insight into beneficial activities for different age groups to create personalized care plans. Here are the three learning objectives we will cover.</p> <ul style="list-style-type: none"> Recognize developmental milestones for specific age groups. Create plans for activities tailored to individuals with age-related conditions. And Design therapeutic exercises customized to specific age groups. 	<p><i>[Insert Script Text]</i> By the end of this training you will be able to; Recognize developmental milestones for specific age groups.</p> <p>Create plans for activities tailored to individuals with age-related conditions.</p> <p>And Design therapeutic exercises customized to specific age groups.</p>	<p>The Rectangle will transition to screen on motion path-down prior to audio.</p> <p>The caption text will fade and be displayed on the slide timed with the VO audio.</p> <p>The Next and Prev will be available.</p> <p>The Next button will jump to slide 1.4 Your Name.</p>
Notes:			

--

Slide: 1.4 / Menu Title: Your Name			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image]- treadmill image of someone running.</p> <p>Rectangle in the color of the palette with text.</p> <p>The slide begins with the avatar Ruth (the guide) on the left side of the slide facing the learner.</p> <p>Caption bubbles track Ruth's conversation on screen.</p> <p>Ruth changes from introduction to pointing to a text box.</p>	<p>[Slide Title] Please type your name below, then click Submit.</p> <p>[Ruth caption] My name is Ruth, I will be your guide today!!</p> <p>What is your name?</p> <p>[Text Box] Your name here.</p>	<p>[Insert Script Text] [Ruth] Hi! Welcome!!! My name is Ruth, I will be your guide today!! What is your name?</p> <p>[Narrator] Please, type your name in the box and click Submit.</p>	<p>Caption bubble track Ruth's conversation, with slide text fading in and out on time timeline, timed with the VO.</p> <p>Ruth's entrance avatar fades out from left to Ruth's pointing avatar in the center, pointing to the text box.</p> <p>Learners will type their name to personalize this module and click the "Submit" button.</p> <p>The Submit button will jump to slide 1.5 Course Homepage.</p>
Notes:			

Slide: 1.5 / Menu Title: Course Homepage			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Adult and child displaying active activity for both ages. (Yoga) The</p>	<p>[Ruth's Caption] Hi, Ruth here.</p>	<p>[Insert Script Text] [Ruth] Hi, Ruth here.</p>	<p>This is the home slide for a branching to five slides, one for each rectangle shown on the screen. The rectangles</p>

<p>image is centered with the background a solid color from the palette. Ruth's avatar appears on the left side of the slide, with bubble caption text track conversation on screen. Ruth's avatar will transition into a circle when she says "We will begin with...".</p> <p>Direction slide text appears above the avatar on the left side of the screen.</p> <p>On the right are four rectangle shapes arranged from top to bottom that take up most of the remaining space from Ruth to the right edge of the slide. The rectangles will appear timed with the VO.</p> <p>Each rectangle displays an image to the left of the rectangle and labeled inside the rectangle.</p>	<p>I am here to give you all the information you need. My goal is for you to gain insight into beneficial activities, for different age groups, and to be able to create personalized care plans.</p> <p>[Directions] Learners Name, click Self-Evaluate to begin.</p> <p>[Rectangle Labels]</p> <ul style="list-style-type: none"> • Self-Evaluate • Milestones • Tailored Activities • Therapeutic Exercises 	<p>I am here to give you all the information you need. My goal is for you to gain insight into beneficial activities, for different age groups, and to be able to create personalized care plans. We will begin with a self-evaluate and move on to Milestones, Tailored activities and Therapeutic exercises.</p> <p>[Narrator] Click Self-Evaluate to begin.</p>	<p>will act as custom buttons. When the learner clicks each one, they will jump to the corresponding slide.</p> <p>Self-Evaluate- Jumps to slide 1.6 Milestones- Jumps to slide 1.7 Tailored Activities- Jumps to slide 1.11 Therapeutic Exercises- Jumps to slide 1.13</p> <p>The Next button in the player will be hidden from the learner until all four rectangles are selected and therefore all four branching slides are visited. The learner will be returned to this home page after visiting each slide linked to each of the four rectangles.</p> <p>The rectangles will have visited states so when the learner returns to this home page, it is clear which rectangle they've already viewed.</p> <p>The rectangles will have an emphasis to grow as the learner hovers over.</p> <p>The four rectangles are restricted to the learner until Ruth's VO ends. Once the buttons are released, the learner will be able to click on them in any order (although the directions guide the learner to click on Self-Evaluate to begin.)</p> <p>Once the learners view the four slides that branch from this one, the Next</p>
------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

			<p>button will be displayed.</p> <p>The Next button will jump to slide 1.15 Summary</p>
Notes:			

Slide: 1.6 / Menu Title: Self-Evaluate (hidden from the menu)			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Image of a park. The image is centered with the background a solid color from the palette.</p> <p>The slide begins with Nora’s avatar appearing on the left side of the slide facing right and Mark’s avatar on the right facing left.</p> <p>Mark will have two avatars, one listening and one talking.</p> <p>Caption bubbles track conversation on screen.</p> <p>Mark changes from listening to talking once Nora’s last bubble conversation.</p>	<p>[Slide Title] Nora and Mark have been friends since college. They share many interests, including a love for hiking. Every Sunday morning, they will meet at a nearby park and enjoy a nice hike. One afternoon, while enjoying a hike together Nora turned to Mike with a curious smile.</p> <p>[Nora] You know Mark, I’ve always admired how active you are.</p> <p>Besides our hikes, how often do you find yourself exercising during the week?</p> <p>[Mark] Well, hiking with you is definitely the highlight of my week.</p> <p>but I try to stay active most days.</p>	<p>[Narrator] Nora and Mark have been friends since college. They share many interests, including a love for hiking. Every Sunday morning, they will meet at a nearby park and enjoy a nice hike. One afternoon, while enjoying a hike together Nora turned to Mike with a curious smile.</p> <p>[Nora] You know Mark, I’ve always admired how active you are. Besides our hikes, how often do you find yourself exercising during the week?</p> <p>[Mark] Well, hiking with you is definitely the highlight of my week, but I try to stay active most days. Whether it’s the gym or a long walk.</p>	<p>The narration caption text will be displayed on the slide timed with the VO audio.</p> <p>Nora and Mark appear on the screen facing each other.</p> <p>Caption bubbles track their conversation, with slide text fading in and out on time timeline, timed with the VO.</p> <p>When the timeline ends, slide auto advances to the next slide with a prior knowledge question.</p> <p>The Next button will be hidden on this slide.</p> <p>The Next button will jump to slide 1.5 Course Homepage.</p>

	Whether it's the gym or a long walk.		
Notes:			

Slide: 1.6 a / Menu Title: How often? (hidden from the menu)			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Image of a yoga mat with weights. The image is centered with the background a solid color from the palette.</p> <p>Rectangle border is the same color as the background with the title centered in rectangle.</p> <p>Ruth will appear in Circle shape with a picture border.</p> <p>The answer choices appear below the question in rectangle with solid fill behind them and are aligned left to right.</p> <p>There is no correct or incorrect answer. When the learner clicks on any answer choice, they will be directed to their appropriate feedback.</p>	<p>[Slide Title] [Question] How often are you active?</p> <p>[Answer choices] 4-5 times a week 2-3 times a week Once a week Never</p>	<p><i>[Insert Script Text]</i> What about you? How often do you find yourself exercising during the week? Click on your answer choice.</p>	<p>Ruth icon will appear on screen with line motion from the right.</p> <p>The Next button will be hidden, until they select their answer.</p>

Notes:**Slide: 1.6b / Menu Title: Never (hidden from the menu)****Visual / Display:**

[Background Image]
Solid background color from palette.

Thin rectangular strip on top of screen.

Title will be lined to the left.

Feedback lined underneath the title to the left.

On the right their score is based on percentage 0/100 = Poor.

Slide Text:

[Slide Title]
Results

[Feedback]
It's never too late to start. We all know exercising is good for your physical health, but did you know it also improves mental health and work performance? Studies show that people who exercise at least 4 days a week feel more positive about their lives.

Narration / Voiceover:

[Insert Script Text]
"It's always a good time to begin. We're aware that exercise benefits physical health, but did you know it also enhances mental well-being and job performance? Research indicates that individuals who exercise a minimum of four days weekly report higher life satisfaction."

Animation / Interaction:

Set the state of the Next button to normal when the timeline ends on this layer.

Notes:**Slide: 1.6c / Menu Title: Sometimes (hidden from the menu)****Visual / Display:**

[Background Image]
Solid background color from palette.

Thin rectangular strip on top of screen.

Slide Text:

[Slide Title]
Results

[Feedback]
You're off to a good start. We all know exercising is good for your physical

Narration / Voiceover:

[Insert Script Text]
"You're making great progress. We understand that exercising is beneficial for physical health, but did you know it also enhances mental well-being and work performance? Research indicates

Animation / Interaction:

Set the state of the Next button to normal when the timeline ends on this layer.

<p>Title will be lined to the left.</p> <p>Feedback lined underneath the title to the left.</p> <p>On the right their score is based on percentage $25/100 = \text{Poor}$.</p>	<p>health, but did you know it also improves mental health and work performance? Studies show that people who exercise at least 4 days a week feel more positive about their lives.</p>	<p>that individuals who engage in physical activity at least four days a week experience greater positivity in their lives.”</p>	
Notes:			

Slide: 1.6d / Menu Title: 2-3 Day (hidden from the menu)			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Solid background color from palette.</p> <p>Thin rectangular strip on top of screen.</p> <p>Title will be lined to the left.</p> <p>Feedback lined underneath the title to the left.</p> <p>On the right their score is based on percentage $80/100 = \text{Good}$.</p>	<p>[Slide Title] Results</p> <p>[Feedback] You’re on your way! We all know exercising is good for your physical health, but did you know it also improves mental health and work performance? Studies show that people who exercise at least 4 days a week feel more positive about their lives.</p>	<p><i>[Insert Script Text]</i> “You’re making progress! It’s common knowledge that exercise benefits physical health, but were you aware it also enhances mental well-being and work performance? Studies reveal that individuals who exercise at least four days a week report feeling more positive about their lives.”</p>	<p>Set the state of the Next button to normal when the timeline ends on this layer.</p>
Notes:			

Slide: 1.6e / Menu Title: Everyday (hidden from the menu)	
-----------------------------------------------------------	--

Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Solid background color from palette.</p> <p>Thin rectangular strip on top of screen.</p> <p>Title will be lined to the left. Feedback lined underneath the title to the left.</p> <p>On the right their score is based on percentage $100/100 = \text{Excellent}$.</p>	<p>[Slide Title] Results</p> <p>[Feedback] Nice! We all know exercising is good for your physical health, but did you know it also improves mental health and work performance? Studies show that people who exercise at least 4 days a week feel more positive about their lives.</p>	<p><i>[Insert Script Text]</i> Great! We understand that exercising is beneficial for physical health, but did you know it also enhances mental well-being and work performance? Research indicates that individuals who engage in physical activity at least four days a week experience greater positivity in their lives.</p>	<p>Set the state of the Next button to normal when the timeline ends on this layer.</p>
Notes:			

Slide: 1.7 / Menu Title: Milestones (hidden from the menu)			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>Nearly the entire slide is taken up by an accordion interaction. An accordion interaction is similar to a tab “click to reveal” interaction except the tabs are vertical like an accordion.</p> <p>Ruth’s avatar will appear on the right side of the screen in Circle shape with a picture border.</p> <p>Variety of images will be shown to demonstrate the age groups being active.</p>	<p>[Slide Title] Learners name, below are age-specific activities aligned with developmental milestones across different stages of the lifespan.</p> <p>[Subtitle] Milestones</p> <p>[Directions] Select each tab to learn more.</p>	<p><i>[Insert Script Text]</i> [Narration] Here are activities designed for specific age groups that align with developmental milestones across various life stages.</p> <p>Click on each tab to learn more and once you’ve finished,click next.</p>	<p>During the first part of the narration, the titles and subtitles will fade in from the left. A slide of photos will play inside the area that is the “cover” of the closed accordion.</p> <p>The slide should show photos related to the theme of developmental milestones and create movement on the slide during the initial VO sequence.</p> <p>The learner will be able to click on tabs, which will open the accordion</p>

<p>Five tabs displaying the titles, tabs take up $\frac{1}{4}$ of the accordion area, and are shown vertically, leaving the remainder space for content to show within the accordion frame.</p> <p>The closed accordion will show on the screen to start.</p> <p>When the learner clicks on each tab, it will pop to its open position and display the information for that tab.</p> <p>Each tab should be a different palette color. The layer associated with each tab, and therefore the open section should be the same color for all the tabs.</p>			<p>and show the corresponding slide layer. When the learner clicks on each tab, the tab will glide open to its position, using motion paths.</p> <p>Each layer will show the accordion in the open position and have content related to the tab title.</p> <p>The Next button will be restricted until all five layers have been viewed.</p> <p>When the learner clicks on the Next button, it will jump to slide 1.8.</p> <p>1.8-1.10 are Knowledge Checks for Milestones.</p>
Notes:			

Slide: 1.7a / Menu Title: Infant			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Images related to tab content shown on the bottom within open accordion. Text is above the images.</p> <p>Subtitles and information prominent within the open section of accordion.</p>	<p>[Slide Title] Infants</p> <p>(0-3 months) Newborns should hold their head up when on tummy, move both arms and legs, and open hands briefly.</p> <p>(3-11 months) Babies should be rolling</p>	<p><i>[Insert Script Text]</i> [Narrator] Newborns to 3 months old typically lift their head during tummy time, move their arms and legs, and briefly open their hands. Babies 3 to 11 months are expected to roll over, sit up, crawl, pull themselves up to stand, and begin walking while</p>	<p>Learners must click on the “X” icon to be brought back to the base layer to select a new tab.</p>

	over, sitting up, crawling, pulling up to stand, and walking while holding furniture and eventually walking. Milestones can help identify a child who needs a more detailed check-up.	holding onto furniture, eventually progressing to independent walking. These milestones can indicate when a child may need a more thorough check-up	
Notes:			

Slide: 1.7b / Menu Title: Child			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Images related to tab content shown on the bottom within open accordion. Text is above the images.</p> <p>Subtitles and information prominent within the open section of accordion.</p>	<p>[Slide Title] Children</p> <p>(1-5 years) Milestones include; learn to master walking, walking up and down stairs, run, pivot, walk backwards, begin pedaling a tricycle.</p> <p>(6-12 years) Master fine motor skills like writing, drawing, and using tools, as well as refining gross motor skills through sports and physical activities. They should be able to hop on one foot, run, skip, ride bikes, swim, or hike.</p>	<p><i>[Insert Script Text]</i> Developmental milestones during ages 1 to 5 include mastering walking, climbing stairs, running, pivoting, walking backward, and beginning to pedal a tricycle. Children in the age range of 6 to 12 typically master fine motor skills through sports and physical activities, including hopping on one foot, running, skipping, riding bikes, swimming, or hiking.</p>	<p>Learners must click on the “X” icon to be brought back to the base layer to select a new tab.</p>
Notes:			

Slide: 1.7c / Menu Title: Adolescent			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Images related to tab content shown on the bottom within open accordion. Text is above the images.</p> <p>Subtitles and information prominent within the open section of accordion.</p>	<p>[Slide Title] Adolescents:</p> <p>(13-18 years) Motor skills at this age are achieved through physical maturity and refining coordination. During adolescence, individuals often experience significant growth spurts and changes in muscle strength, flexibility, and coordination. Activities such as sports, dance, martial arts, and recreational activities can help adolescents develop and enhance their motor skills.</p>	<p><i>[Insert Script Text]</i> From ages 13 to 18, motor skills are refined through physical maturity and improved coordination. Adolescents typically undergo significant growth spurts and changes in muscle strength, flexibility, and coordination during this period. Engaging in sports, dance, martial arts, and recreational activities can aid in the development and enhancement of these motor skills.</p>	<p>Learners must click on the “X” icon to be brought back to the base layer to select a new tab.</p>
Notes:			

Slide: 1.7d / Menu Title: Adult			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Images related to tab content shown on the bottom within open accordion. Text is above the images.</p> <p>Subtitles and information prominent within the open section of accordion.</p>	<p>[Slide Title] Adults:</p> <p>(18-65 years) Motor skills are important to keep by regular exercise, healthy eating habits, stress management techniques, and preventive healthcare practices to support overall health and well-being.</p>	<p><i>[Insert Script Text]</i> Maintaining motor skills is crucial through regular exercise, adopting healthy eating habits, practicing stress management techniques, and prioritizing preventive healthcare practices to uphold overall health and well-being.</p>	<p>Learners must click on the “X” icon to be brought back to the base layer to select a new tab.</p>

Notes:			

Slide: 1.7e / Menu Title: Senior			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Images related to tab content shown on the bottom within open accordion. Text is above the images.</p> <p>Subtitles and information prominent within the open section of accordion.</p>	<p>[Slide Title] Seniors:</p> <p>(65+ years) To maintain mobility, strength, and balance, we recommend regular exercise tailored to individual abilities and preferences, such as walking, yoga, or chair exercises. We will discuss more as we continue this training.</p>	<p><i>[Insert Script Text]</i> For individuals aged 65 and older, it's important to maintain mobility, strength, and balance through regular exercise that suits individual abilities and preferences, such as walking, yoga, or chair exercises. We will delve deeper into these recommendations as our training progresses.</p>	<p>Learners must click on the “X” icon to be brought back to the base layer to select a new tab.</p>
Notes:			

Slide: 1.8 / Menu Title: Scenario 1 (Knowledge Check) (hidden from the menu)			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] -Casual office setting</p>	<p>[Slide Title] Scenario 1</p>	<p><i>[Insert Script Text]</i> [Ruth] "On Emily's first day at work, she</p>	<p>Ruth and Emily will fly in from the left of the slide to Ruth centered on the right and Emily on the left side of</p>

<p>This slide begins with just Ruth avatar on the left side of the slide facing the learner and Emily on the right side with hands on hip.</p> <p>Emily will have two avatars, one listening and one thinking.</p> <p>The Left rectangle will appear as Emily's thinking icon appears.</p> <p>The learner will be able to select an answer choice and click submit.</p>	<p>[Subtitle] Milestones</p> <p>[Question] Emily completes seated exercises; like seated marches and seated leg lifts to help with mobility. From the following options, to which age group does this correspond?</p> <p>[Answer Choice]</p> <p>Adolescent Adult Senior</p> <p>[Correct Answer] Senior</p>	<p>needs to practice identifying developmental milestones for different age groups."</p> <p>"You will assist Emily in matching the following developmental milestones with their respective age groups."</p> <p>" Emily performs seated exercises such as seated marches and seated leg lifts to improve mobility. Help Emily select which age group these exercises correspond.'</p>	<p>the slide.</p> <p>Emily changes from listening to thinking when Ruth says "Emily performs..." and Ruth's avatar fades away with line motion going down.</p> <p>Emily's thinking will fly in from left with A background faded to show the background and to see text in white. The answer choices will be aligned diagonally across.</p> <p>Learners will be allowed two attempts.</p> <p>When the learner clicks Submit, it will show either the correct or try again feedback layer on the first attempt.</p> <p>After the second attempt, the learner will see either the correct or incorrect layer.</p> <p>The Next and Prev button will be hidden.</p>
Notes:			

Slide: 1.8a / Menu Title: Correct (Knowledge Check) (hidden from the menu)			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
[Background Image]	[Slide Title]	<i>[Insert Script Text]</i>	The Continue button jumps to Slide

<p>Emily's avatar is arranged on the right side of the layer as excited.</p> <p>The rectangle shape is shown center on the page with palette color.</p> <p>On the left side is a check mark with title "Correct" and "continue" button underneath. On the right next to Emily is a sample photo with the correct answer.</p>	<p>Correct</p> <p>[Button] "Continue"</p>	<p>Excellent work! Please proceed to the next scenario.</p>	<p>1.9 -Scenario 2.</p> <p>The Next and Prev button will be hidden.</p>
<p>Notes:</p>			

Slide: 1.8b / Menu Title: Incorrect (Knowledge Check) (hidden from the menu)			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Emily's avatar is arranged on the right side of the layer as disappointed.</p> <p>The rectangle shape is shown center on the page with palette color.</p> <p>On the left side is a "X" mark with title "Incorrect" and "continue" button underneath. On the right next to Emily is a sample photo with the correct answer shown.</p>	<p>[Slide Title] Incorrect</p> <p>[Ruth Caption] Be sure to review all the milestones that correspond to each age group.</p> <p>[Button] "Continue"</p>	<p><i>[Insert Script Text]</i> Incorrect. Please ensure to review all the milestones that align with each age group.</p>	<p>The Continue button jumps to Slide 1.9 -Scenario 2.</p> <p>The Next and Prev button will be hidden.</p>
<p>Notes:</p>			

Slide: 1.8c / Menu Title: Try Again (Knowledge Check) (hidden from the menu)			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Emily's avatar is arranged on the left side of the layer as disappointed. The rectangle shape is shown center on the page with palette color.</p> <p>On the center is an "X" mark with title "Incorrect" and "Try Again" button underneath. On the right next to Emily's expression.</p>	<p>[Slide Title] Incorrect</p> <p>That is incorrect. Please try again. Remember this corresponding age group exercises to maintain balance.</p> <p>[Button] Try Again</p>	<p><i>[Insert Script Text]</i> That's incorrect. Please try again. Remember, this corresponding age group exercise to maintain balance.</p>	<p>The Try Again button uses the same trigger that was originally on the built-in button on this layer. The Try Again button jumps to this question again.</p>
Notes:			

Slide: 1.9 / Menu Title: Scenario 2 (Knowledge Check) (hidden from the menu)			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] -Casual office setting</p> <p>Same setting as Scenario with Emily thinking and question on the left.</p> <p>The Left rectangle will appear as Emily's thinking icon appears.</p> <p>The learner will be able to select an answer choice and click submit.</p>	<p>[Slide Title] Scenario 2</p> <p>[Subtitle] Milestones</p> <p>[Question] Miranda engages in outdoor activities to mature motor skills like; climbing, skipping, jumping and running. From the following options, to which age group does this correspond?</p> <p>[Answer Choice]</p>	<p><i>[Insert Script Text]</i> [Ruth] Miranda participates in outdoor activities to develop motor skills such as climbing, skipping, jumping, and running. Help Emily select which age group these exercises correspond.</p>	<p>Emily's thinking will fly in from left with</p> <p>A background faded to show the background and to see text in white. The answer choices will be aligned diagonally across.</p> <p>Learners will be allowed two attempts.</p> <p>When the learner clicks Submit, it will show either the correct or try again feedback layer on the first attempt.</p> <p>After the second attempt, the learner</p>

	Infant Child Adolescent [Correct Answer] Child		will see either the correct or incorrect layer. The Next and Prev button will be hidden.
Notes:			

Slide: 1.9a / Menu Title: Correct (hidden from the menu)			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Emily's avatar is arranged on the right side of the layer as excited.</p> <p>The rectangle shape is shown center on the page with palette color.</p> <p>On the left side is a check mark with title "Correct" and "continue" button underneath. On the right next to Emily is a sample photo with the correct answer.</p>	<p>[Slide Title] Correct</p> <p>[Button] "Continue"</p>	<p><i>[Insert Script Text]</i> Excellent work! Please proceed to the next scenario.</p>	<p>The Continue button jumps to Slide 1.9 -Scenario 3.</p> <p>The Next and Prev button will be hidden.</p>
Notes:			

Slide: 1.9b / Menu Title: Incorrect (Knowledge Check) (hidden from the menu)	
------------------------------------------------------------------------------	--

Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Emily's avatar is arranged on the right side of the layer as disappointed.</p> <p>The rectangle shape is shown center on the page with palette color.</p> <p>On the left side is a "X" mark with title "Incorrect" and "continue" button underneath. On the right next to Emily is a sample photo with the correct answer shown.</p>	<p>[Slide Title] Incorrect</p> <p>[Ruth Caption] Be sure to review all the milestones that correspond to each age group.</p> <p>[Button] "Continue"</p>	<p><i>[Insert Script Text]</i> Incorrect. Please ensure to review all the milestones that align with each age group.</p>	<p>The Continue button jumps to Slide 1.9 -Scenario 3.</p> <p>The Next and Prev button will be hidden.</p>
Notes:			

Slide: 1.9c / Menu Title: Try Again (Knowledge Check) (hidden from the menu)			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Emily's avatar is arranged on the left side of the layer as disappointed.</p> <p>The rectangle shape is shown center on the page with palette color.</p> <p>On the center is an "X" mark with title "Incorrect" and "Try Again" button underneath. On the right next to Emily's expression.</p>	<p>[Slide Title] Incorrect</p> <p>That is incorrect. Please try again. Remember this corresponding age group exercises to maintain balance.</p> <p>[Button] Try Again</p>	<p><i>[Insert Script Text]</i> <i>[Ruth]</i> That's incorrect. Please try again. Remember, this corresponding age group exercise to maintain balance.</p>	<p>The Try Again button uses the same trigger that was originally on the built-in button on this layer.</p> <p>The Try Again button jumps to this question again.</p>
Notes:			

Slide: 1.10 / Menu Title: Scenario 3 (Knowledge Check) (hidden from the menu)			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] -Casual office setting</p> <p>Same setting as Scenario with Emily thinking and question on the left.</p> <p>The Left rectangle will appear as Emily's thinking icon appears.</p> <p>The learner will be able to select an answer choice and click submit.</p>	<p>[Slide Title] Scenario 3</p> <p>[Subtitle] Milestones</p> <p>[Question] Christian is able to hold his head up while on his tummy. From the following options, to which age group does this correspond?</p> <p>[Answer Choice] Infant Child Adolescent</p> <p>[Correct Answer] Infant</p>	<p><i>[Insert Script Text]</i> [Ruth] “Christian can lift his head while on his stomach. Help Emily select which age group these exercises correspond.”</p>	<p>Emily's thinking will fly in from left with</p> <p>A background faded to show the background and to see text in white. The answer choices will be aligned diagonally across.</p> <p>Learners will be allowed two attempts.</p> <p>When the learner clicks Submit, it will show either the correct or try again feedback layer on the first attempt.</p> <p>After the second attempt, the learner will see either the correct or incorrect layer.</p> <p>The Next and Prev button will be hidden.</p>
Notes:			

Slide: 1.10a / Menu Title: Correct (Knowledge Check) (hidden from the menu)			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Emily's avatar is arranged on the right side of the layer as excited.</p> <p>The rectangle shape is shown center on the page with palette color.</p>	<p>[Slide Title] Correct</p> <p>[Button] “Continue”</p>	<p><i>[Insert Script Text]</i> Excellent work! Please proceed to the next scenario.</p>	<p>The Continue button jumps to Slide 1.5 Course Homepage.</p> <p>The Next and Prev button will be hidden.</p>

On the left side is a check mark with title “Correct” and “continue” button underneath. On the right next to Emily is a sample photo with the correct answer.			
Notes:			

Slide: 1.10b / Menu Title: Incorrect (Knowledge Check) (hidden from the menu)			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Emily’s avatar is arranged on the right side of the layer as disappointed.</p> <p>The rectangle shape is shown center on the page with palette color.</p> <p>On the left side is a “X” mark with title “Incorrect” and “continue” button underneath. On the right next to Emily is a sample photo with the correct answer shown.</p>	<p>[Slide Title] Incorrect</p> <p>[Ruth Caption] Be sure to review all the milestones that correspond to each age group.</p> <p>[Button] “Continue”</p>	<p><i>[Insert Script Text]</i> Incorrect. Please ensure to review all the milestones that align with each age group.</p>	<p>The Continue button jumps to Slide 1.5 Course Homepage.</p> <p>The Next and Prev button will be hidden.</p>
Notes:			

Slide: 1.10c / Menu Title: Try Again (Knowledge Check) (hidden from the menu)			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:

<p>[Background Image] Emily's avatar is arranged on the left side of the layer as disappointed. The rectangle shape is shown center on the page with palette color.</p> <p>On the center is an "X" mark with title "Incorrect" and "Try Again" button underneath. On the right next to Emily's expression.</p>	<p>[Slide Title] Incorrect</p> <p>That is incorrect. Please try again. Remember this corresponding age group exercises to maintain balance.</p> <p>[Button] Try Again</p>	<p><i>[Insert Script Text]</i> That's incorrect. Please try again. Remember, this corresponding age group exercise to maintain balance.</p>	<p>The Try Again button uses the same trigger that was originally on the built-in button on this layer. The Try Again button jumps to this question again.</p>
<p>Notes:</p>			

Slide: 1.11 / Menu Title: Tailored Activities (hidden from the menu)			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Solid color background from palette, with border on the bottom and image of a collage centered underneath the five tabs.</p> <p>Ruth's avatar will appear as prior slides, she will be on the left corner of this slide.</p>	<p>[Slide Title] Tailored Activities</p> <p>[Tabs}</p> <ul style="list-style-type: none"> • Infant • Child • Adolescent • Adult • Senior 	<p><i>[Insert Script Text]</i> "Customized activities are crucial for individuals undergoing rehabilitation or recovering from illness or injury, aiding in recovery, restoring function, and enhancing overall health outcomes. Below are examples of age-appropriate activities for various age groups, aligned with corresponding age-related conditions. "Please click on each tab, and once you've finished, click next."</p>	<p>Background, tabs, image and Ruth Avatar will fly in from the left.</p> <p>When learners click a tab it will have visited states so when the learner listens to the end of that layer, it is clear which Tab they've already viewed.</p> <p>The Tabs will have a slight elevation when hovered over.</p> <p>The five tabs are restricted to the learner until Ruth's VO ends. Once the buttons are released, the learner will be able to click on them in any order.</p> <p>Once the learners view the five tabs, the Next button will be displayed.</p>

			<p>The Next button will jump to slide 1.12 Drag and Drop- Knowledge Check.</p> <p>Each tab will show related content to that Tab topic.</p>
Notes:			

Slide: 1.11a / Menu Title: Infant			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Solid background color from palette.</p> <p>The text will fade in time with the VO reference and the image that relates to that topic.</p> <p>The rectangle is centered on the page, with text on the left and image with title on the right.</p> <p>There will be three texts and three different images,</p> <p>Ruth's avatar will stay on the same spot as Base layer.</p>	<p>For infants with developmental delays: Incorporate activities that encourage reaching, grasping, and rolling to promote motor skills development.</p> <p>For infants with torticollis (neck muscle tightness): Gentle stretching exercises and activities that encourage head turning and neck rotation can help improve range of motion.</p> <p>For infants with low muscle tone (hypotonia): Engage in activities such as tummy time, supported sitting, and gentle rocking to promote muscle strength and development.</p>	<p><i>[Insert Script Text]</i></p> <p>For infants experiencing developmental delays: Include activities that promote reaching, grasping, and rolling to enhance motor skills development.</p> <p>For infants with torticollis (neck muscle tightness): Integrate gentle stretching exercises and activities that encourage head turning and neck rotation to improve range of motion.</p> <p>For infants with low muscle tone (hypotonia): Participate in activities like tummy time, supported sitting, and gentle rocking to stimulate muscle strength and development.</p>	<p>The tabs are still visible from the base layer.</p> <p>There will be three titles and three images.</p> <p>The text and image will be set as Normal when the timeline reaches the VO reference time.</p> <p>The text will stay until the end.</p> <p>The learner can click tabs in either order, but when they select each one, the other ones are disabled until the audio completes on the one they selected.</p> <p>When learners click on this tab it will have a visited state so when the learner listens to the end of that layer, it is clear which Tab they've already viewed.</p>
Notes:			

--

Slide: 1.11b / Menu Title: Child			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Solid background color from palette.</p> <p>The text will fade in time with the VO reference and the image that relates to that topic.</p> <p>The rectangle is centered on the page, with text on the left and image with title on the right.</p> <p>There will be three texts and three different images,</p> <p>Ruth's avatar will stay on the same spot as Base layer.</p>	<p>For children with autism spectrum disorder (ASD): Structured activities with predictable routines, sensory integration activities, and social skill-building games can be beneficial.</p> <p>For children with cerebral palsy: Adaptive sports, aquatic therapy, and activities focused on improving coordination and balance can enhance physical function and mobility.</p> <p>For children with attention deficit hyperactivity disorder (ADHD): Incorporate activities that involve movement, such as sports, dance, or martial arts, to help channel excess energy and improve focus</p>	<p><i>[Insert Script Text]</i></p> <p>For children diagnosed with autism spectrum disorder (ASD): Structured activities with consistent routines, sensory integration exercises, and games that promote social skill development can be advantageous.</p> <p>For children diagnosed with cerebral palsy: Participate in adaptive sports, aquatic therapy, and activities aimed at improving coordination and balance to boost physical function and mobility.</p> <p>For children diagnosed with attention deficit hyperactivity disorder (ADHD): Include activities that encourage movement, such as sports, dance, or martial arts, to help channel surplus energy and enhance focus.</p>	<p>The tabs are still visible from the base layer.</p> <p>There will be three titles and three images.</p> <p>The text and image will be set as Normal when the timeline reaches the VO reference time.</p> <p>The text will stay until the end.</p> <p>The learner can click tabs in either order, but when they select each one, the other ones are disabled until the audio completes on the one they selected.</p> <p>When learners click on this tab it will have a visited state so when the learner listens to the end of that layer, it is clear which Tab they've already viewed.</p>
Notes:			

Slide: 1.11c / Menu Title: Adolescent			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Solid background color from palette.</p>	<p>For adolescents with scoliosis: Incorporate exercises to improve</p>	<p><i>[Insert Script Text]</i></p> <p>For adolescents diagnosed with</p>	<p>The tabs are still visible from the base layer.</p>

<p>The text will fade in time with the VO reference and the image that relates to that topic.</p> <p>The rectangle is centered on the page, with text on the left and image with title on the right.</p> <p>There will be three texts and three different images,</p> <p>Ruth's avatar will stay on the same spot as Base layer.</p>	<p>posture, core strength, and flexibility, such as yoga, Pilates, or planks. Exercises to avoid would be push ups, pull ups and sit ups, because they unnaturally arch and strain the back.</p> <p>For adolescents with juvenile idiopathic arthritis (JIA): Low-impact exercises like swimming, cycling, or Tai Chi can help reduce pain and stiffness while improving joint mobility and function.</p> <p>For adolescents with obesity: Encourage enjoyable physical activities that promote cardiovascular fitness, such as team sports, dance classes, or outdoor recreational activities, to support weight management and overall health.</p>	<p>scoliosis: Integrate exercises that enhance posture, core strength, and flexibility, such as yoga, Pilates, or planks. It's advisable to avoid exercises like push-ups, pull-ups, and sit-ups, which can strain and unnaturally arch the back.</p> <p>For adolescents with juvenile idiopathic arthritis (JIA): Engage in low-impact exercises such as swimming, cycling, or Tai Chi to alleviate pain and stiffness while enhancing joint mobility and function.</p> <p>For adolescents dealing with obesity: Promote enjoyable physical activities that boost cardiovascular fitness, such as team sports, dance classes, or outdoor recreational activities, to support weight management and overall well-being.</p>	<p>There will be three titles and three images.</p> <p>The text and image will be set as Normal when the timeline reaches the VO reference time.</p> <p>The text will stay until the end.</p> <p>The learner can click tabs in either order, but when they select each one, the other ones are disabled until the audio completes on the one they selected.</p> <p>When learners click on this tab it will have a visited state so when the learner listens to the end of that layer, it is clear which Tab they've already viewed.</p>
Notes:			

Slide: 1.11d / Menu Title: Adult			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Solid background color from palette.</p> <p>The text will fade in time with the VO reference and the image that relates to that topic.</p> <p>The rectangle is centered on the page,</p>	<p>[Slide Title] For adults with osteoarthritis: Activities like walking, cycling, or water aerobics provide low-impact cardiovascular exercise while reducing stress on joints.</p> <p>For adults with diabetes:</p>	<p><i>[Insert Script Text]</i> For adults diagnosed with osteoarthritis: Engage in activities such as walking, cycling, or water aerobics, which offer low-impact cardiovascular exercise while minimizing stress on joints.</p> <p>For adults managing diabetes:</p>	<p>The tabs are still visible from the base layer.</p> <p>There will be three titles and three images.</p> <p>The text and image will be set as Normal when the timeline reaches the VO reference time.</p>

<p>with text on the left and image with title on the right.</p> <p>There will be three texts and three different images,</p> <p>Ruth's avatar will stay on the same spot as Base layer.</p>	<p>Regular aerobic exercise, resistance training, and flexibility exercises can help manage blood sugar levels, improve insulin sensitivity, and prevent complications.</p> <p>For adults with osteoporosis: Weight-bearing exercises, resistance training, and balance exercises help maintain bone density, reduce fracture risk, and improve overall strength and balance.</p>	<p>Incorporate regular aerobic exercise, resistance training, and flexibility exercises to assist in managing blood sugar levels, enhancing insulin sensitivity, and preventing complications.</p> <p>For adults with osteoporosis: Participate in weight-bearing exercises, resistance training, and balance exercises to help preserve bone density, decrease fracture risk, and enhance overall strength and balance.</p>	<p>The text will stay until the end.</p> <p>The learner can click tabs in either order, but when they select each one, the other ones are disabled until the audio completes on the one they selected.</p> <p>When learners click on this tab it will have a visited state so when the learner listens to the end of that layer, it is clear which Tab they've already viewed.</p>
Notes:			

Slide: 1.11e / Menu Title: Senior			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Solid background color from palette.</p> <p>The text will fade in time with the VO reference and the image that relates to that topic.</p> <p>The rectangle is centered on the page, with text on the left and image with title on the right.</p> <p>There will be three texts and three different images,</p> <p>Ruth's avatar will stay on the same spot as Base layer.</p>	<p>For seniors with dementia: Engage in reminiscence activities, music therapy, gentle exercise classes, and sensory stimulation activities to promote cognitive function, emotional well-being, and social interaction.</p> <p>For seniors with Parkinson's disease: Activities such as dancing, tai chi, boxing-inspired workouts, and balance training can help improve mobility, coordination, and quality of life.</p> <p>For seniors with frailty: Strength training exercises using light weights or resistance bands, along with</p>	<p><i>[Insert Script Text]</i></p> <p>For seniors experiencing dementia: Participate in reminiscence activities, music therapy, gentle exercise classes, and sensory stimulation exercises to support cognitive function, emotional well-being, and social interaction.</p> <p>For seniors living with Parkinson's disease: Engage in activities like dancing, tai chi, boxing-inspired workouts, and balance training to enhance mobility, coordination, and quality of life.</p> <p>For seniors dealing with frailty: Perform strength training exercises using light weights or resistance bands,</p>	<p>The tabs are still visible from the base layer.</p> <p>There will be three titles and three images.</p> <p>The text and image will be set as Normal when the timeline reaches the VO reference time.</p> <p>The text will stay until the end.</p> <p>The learner can click tabs in either order, but when they select each one, the other ones are disabled until the audio completes on the one they selected.</p>

	balance and flexibility exercises, can help improve muscle strength, mobility, and independence.	in addition to balance and flexibility exercises, to improve muscle strength, mobility, and independence.	When learners click on this tab it will have a visited state so when the learner listens to the end of that layer, it is clear which Tab they've already viewed.
Notes:			

Slide: 1.12 / Menu Title: Drag and Drop (hidden from the menu)			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] White background, with instructions in a rectangle solid color centered on the right next to Ruth's avatar.</p> <p>The design resembles planets arranged in a circle, with images representing stages of life accompanied by titles and an adjacent empty square shape.</p> <p>Activity titles [answer choices] are displayed vertically on the right side of the layout.</p>	<p>[Directions] Drag recommended activities with specific age-related conditions.</p> <p>[Conditions] Infant image Torticollis Child image ADHD Adolescent Image Scoliosis Adult Image Diabetes Senior Image Parkinson's</p> <p>[Recommended Activities] <ul style="list-style-type: none"> Gentle stretching exercises. Sports, dance, or martial arts. Yoga, Pilates, and Planks. </p>	<p><i>[Insert Script Text]</i> Now, let's assess your understanding by arranging and matching the suggested activities with their corresponding age-related conditions, then click submit.</p>	<p>This slide is a freeform drag-and-drop KC interaction.</p> <p>There will be five activities of specific age-related conditions. The learner will need to sort the activities to the correct condition targets. They will be set in squares of one of the palette colors.</p> <p>The drag items will be in scrambled order. They will be revealed at one time.</p> <p>The learners will have two attempts in the form settings.</p> <p>When the learner clicks submit, it will show either the correct or try again feedback layer on the first attempt.</p> <p>After the second attempt, the learner will see either the correct or incorrect layer.</p>

	<ul style="list-style-type: none"> • Aerobic exercise, and resistance training. • Dancing, tai-chi, and balance training exercises. 		
Notes:			

Slide: 1.12a / Menu Title: Correct			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Solid background color from palette.</p> <p>A green check mark with the “Correct” underneath.</p> <p>Image of correct answers, in the correct spot.</p> <p>The button “Continue” below.</p>	<p>[Slide Title] Correct</p> <p>[Button] “Continue”</p>	<p><i>[Insert Script Text]</i> Excellent work! Please proceed to the next scenario.</p>	<p>The Continue button jumps to Slide 1.5 Course Homepage.</p> <p>The Next and Prev button will be hidden.</p>
Notes:			

Slide: 1.12b / Menu Title: Incorrect			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Solid background color from palette.</p> <p>A red “X” icon with the “Incorrect” text underneath.</p>	<p>[Slide Title] Incorrect</p> <p>[Ruth Caption] Be sure to review all the recommended</p>	<p><i>[Insert Script Text]</i> Incorrect. Please ensure to review all recommended activities that correspond to each age-related condition.</p>	<p>The Continue button jumps to Slide 1.5 Course Homepage.</p> <p>The Next and Prev button will be hidden.</p>

<p>Image of correct answers, in the correct spot.</p> <p>The button “Continue” below.</p>	<p>activities that correspond to each age-related condition.</p> <p>[Button] “Continue”</p>		
Notes:			

Slide: 1.12c / Menu Title: Try Again			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Solid background color from palette.</p> <p>A red “X” icon with the “Incorrect” text underneath.</p> <p>The text box below</p> <p>The button “Try Again” below.</p>	<p>[Slide Title] Incorrect</p> <p>That is incorrect. Please try again. Infants with Torticollis need exercises that encourage head turning and neck rotation. Children with ADHD need activities that involve movement. Teenagers with scoliosis need exercises to improve posture. Adults with diabetes need regular exercises and Seniors with Parkinson’s disease will benefit from dancing and balance training activities.</p> <p>[Button] Try Again</p>	<p><i>[Insert Script Text]</i> That is incorrect. Please try again. Infants with torticollis require exercises that promote head turning and neck rotation. Children with ADHD need activities involving movement. Teenagers with scoliosis need exercises to improve posture. Adults with diabetes need regular exercise, while seniors with Parkinson’s disease benefit from dancing and balance training activities.</p>	<p>The Try Again button uses the same trigger that was originally on the built-in button on this layer.</p> <p>The Try Again button jumps to this question again.</p>
Notes:			

Slide: 1.13 / Menu Title: Therapeutic Exercises (hidden from the menu)			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image]-in a clinic with a patient zoomed in.</p> <p>There are two rectangles shown, each with a different color from the palette. They are centered to the left of the slide, next to each other.</p> <p>One has the title and the other the directions.</p> <p>Image enclosed within a circular border, at the bottom of the screen to identify each stage of life in order. Five to be exact.</p> <p>Ruth's avatar will be on the top right side of the screen.</p>	<p>[Slide Title] Therapeutic</p> <p>[Directions] Learners name, these are therapeutic exercises tailored to specific age groups. Click each photo.</p>	<p><i>[Insert Script Text]</i> "By addressing the specific needs of different age groups through therapeutic exercises, healthcare professionals can help individuals maintain or improve their physical health and functional abilities."</p> <p>"Please click on each photo, and once you've finished, click next."</p>	<p>Ruth's avatar will fly in from the left. The five circles are restricted to the learner until Ruth's VO ends. Once the buttons are released, the learner will be able to click on them in any order.</p> <p>The Next button in the player will be hidden from the learner until all five circles are selected and therefore all five slides are visited.</p> <p>The circles will have visited states so when the learner completes the audio in each, it is clear which circles they've already viewed.</p> <p>The circles will have an emphasis to grow as the learner hovers over.</p> <p>Once the learners view the five slides that branch from this one, the Next button will be displayed.</p> <p>The Next button will jump to Slide 1.14 Drag and Drop-KC</p>
Notes:			

Slide: 1.13a / Menu Title: Infant			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:

<p>[Background Image] A caption bubble will appear taking up the rest of the screen.</p> <p>Avatar Ruth will be on the left corner. Next to Title. A summary will be underneath the Title.</p> <p>On the right side of the slide, the exercises will be listed.</p>	<p>[Slide Title] Infants</p> <p>Active play can help infants develop healthy bones and muscles, improve balance, and promote mental, emotional, physical endurance, posture, flexibility, sense of individuality, and immune system.</p> <p>Tummy Time: Encourages neck, shoulder, and core muscle strength. Reach and Grasp: Promotes fine motor skills and hand-eye coordination. Rolling Over: Supports gross motor development and spatial awareness. Gentle Leg Cycling: Stimulates circulation and aids in motor coordination.</p>	<p><i>[Insert Script Text]</i> “Engaging in active play supports infants in developing strong bones and muscles, enhancing balance, and fostering mental, emotional, and physical endurance. It also contributes to better posture, flexibility, a sense of individuality, and a strengthened immune system. “ Here are some examples listed below:</p>	<p>The other circles are restricted to the learner until Ruth's VO ends. Once the buttons are released, the learner will be able to click on another.</p>
<p>Notes:</p>			

Slide: 1.13b / Menu Title: Child			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] A caption bubble will appear taking up the rest of the screen.</p> <p>Avatar Ruth will be on the left corner. Next to Title. A summary will be underneath the Title.</p>	<p>[Slide Title] Children</p> <p>Take nature walks, visit parks, participate in organized sports, biking, swimming, or hiking to promote physical fitness, coordination, and</p>	<p><i>[Insert Script Text]</i> Children participate in activities such as nature walks, visiting parks, engaging in organized sports, biking, swimming, or hiking to enhance physical fitness, coordination, teamwork, and enjoy outdoor pursuits.</p>	<p>The other circles are restricted to the learner until Ruth's VO ends. Once the buttons are released, the learner will be able to click on another.</p>

On the right side of the slide, the exercises will be listed.	<p>teamwork and engage in outdoor activities.</p> <p>[Exercises]</p> <p>Consistent physical activity can assist adolescents in enhancing cardiorespiratory fitness, strengthening bones and muscles, managing weight, alleviating symptoms of anxiety and depression, and lowering the risk of developing health issues like heart disease.</p> <p>Here are some examples listed below:</p>	Here are some examples listed below:	
Notes:			

Slide: 1.13c / Menu Title: Adolescent			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image]</p> <p>A caption bubble will appear taking up the rest of the screen.</p> <p>Avatar Ruth will be on the left corner. Next to Title. A summary will be underneath the Title.</p> <p>On the right side of the slide, the exercises will be listed.</p>	<p>[Slide Title]</p> <p>Adolescents</p> <p>Regular physical activity can help adolescents improve cardiorespiratory fitness, build strong bones and muscles, control weight, reduce symptoms of anxiety and depression, and reduce the risk of developing health conditions such as: Heart disease.</p> <p>[Exercises]</p> <p>Strength Training: Bodyweight exercises, resistance bands, or light</p>	<p><i>[Insert Script Text]</i></p> <p>Consistent physical activity can assist adolescents in enhancing cardiorespiratory fitness, strengthening bones and muscles, managing weight, alleviating symptoms of anxiety and depression, and lowering the risk of developing health issues like heart disease.</p> <p>Here are some examples listed below:</p>	<p>The other circles are restricted to the learner until Ruth's VO ends. Once the buttons are released, the learner will be able to click on another.</p>

	<p>weights help build muscle strength and endurance.</p> <p>Plyometric Exercises: Jumping exercises like box jumps and jump squats enhance power and agility.</p> <p>Yoga and Pilates: Improve flexibility, balance, and core strength through structured yoga or Pilate's routines.</p> <p>Sports-Specific Drills: Tailor exercises to the adolescent's chosen sport to enhance performance and prevent injuries.</p>		
Notes:			

Slide: 1.13d / Menu Title: Adult			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image]</p> <p>A caption bubble will appear taking up the rest of the screen.</p> <p>Avatar Ruth will be on the left corner. Next to Title. A summary will be underneath the Title.</p> <p>On the right side of the slide, the exercises will be listed.</p>	<p>[Slide Title]</p> <p>Adults</p> <p>This will help adults reduce the risk of, or help manage, type 2 diabetes and cardiovascular disease. maintain or improve blood pressure, cholesterol and blood sugar levels.</p> <p>[Exercises]</p> <p>Cardiovascular Exercises: Walking, jogging, cycling, swimming, or aerobic dance improve heart health and stamina.</p> <p>Resistance Training: Using free</p>	<p><i>[Insert Script Text]</i></p> <p>Engaging in this can... aid adults in reducing the risk of or managing type 2 diabetes and cardiovascular disease, as well as maintaining or improving blood pressure, cholesterol, and blood sugar levels.</p> <p>Here are some examples listed below:</p>	<p>The other circles are restricted to the learner until Ruth's VO ends. Once the buttons are released, the learner will be able to click on another.</p>

	<p>weights, machines, or resistance bands strengthens muscles and bones, reducing the risk of osteoporosis and improving functional capacity.</p> <p>Flexibility Training: Incorporate stretching exercises to maintain or improve range of motion and joint flexibility.</p> <p>Functional Movements: Focus on activities that mimic daily tasks, such as squatting, lifting, pushing, and pulling, to enhance overall functionality and reduce the risk of injury.</p>		
Notes:			

Slide: 1.13e / Menu Title: Senior			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] A caption bubble will appear taking up the rest of the screen.</p> <p>Avatar Ruth will be on the left corner. Next to Title. A summary will be underneath the Title.</p> <p>On the right side of the slide, the exercises will be listed.</p>	<p>[Slide Title] Seniors</p> <p>These are great fall prevention exercises for lower body strengthening that helps prevent falls and maintain independence.</p> <p>[Exercises] Chair Exercises: Seated exercises targeting the upper and lower body provide gentle resistance and improve mobility.</p>	<p><i>[Insert Script Text]</i> Here are excellent exercises for strengthening the lower body, which can prevent falls and support independence. Here are some examples listed below:</p>	<p>The other circles are restricted to the learner until Ruth's VO ends. Once the buttons are released, the learner will be able to click on another.</p>

	<p>Water Aerobics: Low-impact exercises performed in a pool reduce stress on joints while improving cardiovascular fitness and muscle strength.</p> <p>Leg strength exercises: Squats, Lunges, Leg lifts. Core Strengthening Exercises: planks, Bridge exercise, Balance Exercises: single-leg stance, Hell-to-toe walk. Flexibility Exercises: Calf stretches, Hamstring stretches and Functional exercises: sit-to-stand, step-ups.</p>		
Notes:			

Slide: 1.14 / Menu Title: Drag and Drop- Knowledge Check (hidden from the menu)			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] A solid background featuring a top border labeled with the directions, using two distinct colors from the color palette.</p> <p>Ruth's avatar on the right side of the screen..</p>	<p>Learner name, match the specific age group to its corresponding therapeutic exercise.</p> <p>[Directions] Click and drag to complete the correct action. Click submit when finished.</p> <p>[Therapeutic Exercise] 1. Chair exercises, Tai chi, Qigong, water aerobics, and fall prevention exercises.</p> <p>2. Strength training, Plyometric exercises, yoga, Pilates, and</p>	<p><i>[Insert Script Text]</i> Match each specific age group to its corresponding therapeutic exercise. Drag and drop to complete the correct pairing. Click "submit" when you're done.</p>	<p>This slide is a freeform drag-and-drop KC interaction.</p> <p>There will be five age groups. The learner will need to sort the age groups to the correct therapeutic exercise. They will be set in squares of one of the palette colors.</p> <p>The drag items will be in scrambled order. They will be in the target area.</p> <p>The learners will have two attempts in the form settings.</p>

	<p>sports-specific drills.</p> <p>3. Animal walks, balance activities, obstacle courses, and ball activities.</p> <p>4. Tummy Time, rolling over, reach and grasp, and gentle cycling.</p> <p>5. Cardiovascular exercises, resistance training, flexibility training and functional movements.</p> <p>{Age Groups] Infant Child Adolescent Adult Senior</p>		<p>When the learner clicks submit, it will show either the correct or try again feedback layer on the first attempt.</p> <p>After the second attempt, the learner will see either the correct or incorrect layer.</p> <p>The Next and Prev button will be hidden.</p>
Notes:			

Slide: 1.14a / Menu Title: Correct			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Solid background color from palette.</p> <p>A green check mark with the “Correct” underneath.</p> <p>Text box in center</p> <p>The button “Continue” below.</p>	<p>[Slide Title] Correct</p> <p>[Button] “Continue”</p>	<p><i>[Insert Script Text]</i> Excellent work! Please proceed to the next scenario.</p>	<p>The Continue button jumps to Slide 1.5 Course Homepage.</p> <p>The Next and Prev button will be hidden.</p>
Notes:			

--

Slide: 1.14b / Menu Title: Incorrect			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Solid background color from palette.</p> <p>A red “X” icon with the “Incorrect” text underneath.</p> <p>Image of correct answers, in the correct spot.</p> <p>The button “Continue” below.</p>	<p>[Slide Title] Incorrect</p> <p>[Ruth Caption] You did not select the correct response. Each specific age group has customized therapeutic exercises.</p> <p>[Button] “Continue”</p>	<p><i>[Insert Script Text]</i> Incorrect! You did not select the correct response. Each specific age group has customized therapeutic exercises.</p>	<p>The Continue button jumps to Slide 1.5 Course Homepage.</p> <p>The Next and Prev button will be hidden.</p>
Notes:			

Slide: 1.14c / Menu Title: Try Again			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Solid background color from palette.</p> <p>A red “X” icon with the “Incorrect” text underneath.</p> <p>The text box below</p> <p>The button “Try Again” below.</p>	<p>[Slide Title] Incorrect</p> <p>That is incorrect. Please try again. Each specific age group has customized therapeutic exercises.</p> <p>[Button] Try Again</p>	<p><i>[Insert Script Text]</i> That is incorrect. Please try again. Each specific age group has customized therapeutic exercises.</p>	<p>The Try Again button uses the same trigger that was originally on the built-in button on this layer.</p> <p>The Try Again button jumps to this question again.</p>

Notes:**Slide: 1.15 / Menu Title: Summary****Visual / Display:**

[Background Image]
Image of a PT with a patient in a clinic.

The Summary Title is placed at the very top of the slide and the rest of the slide is framed with a rectangle with all assets set within the frame.

The Summary points will appear on the slide with Ruth on the left gesturing to the right.

Slide Text:

[Slide Title]
Summary

[Bullets]

- ❖ Recognizing developmental milestones specific to age groups is crucial for several reasons.
- ❖ How to create plans for activities tailored to individuals with age-related conditions.
- ❖ Scheduling therapeutic exercises to specific age groups is important for tailoring treatment plans to address the unique physical capabilities, developmental stages, and health considerations of each age group.

Narration / Voiceover:

[Insert Script Text]

In this module we learned;
Recognizing developmental milestones to specific age groups is crucial for several reasons.
How to create plans for activities tailored to individuals with age-related conditions.
Scheduling therapeutic exercises to specific age groups is important for tailoring treatment plans to address the unique physical capabilities, developmental stages, and health considerations of each age group.
Click next to continue.

Animation / Interaction:

The Rectangle will transition to screen on motion path-down prior to audio.

The caption text will fade and be displayed on the slide timed with the VO audio.

The Next button is disabled until the timeline ends on this layer.

The Next button will jump to 1.16 Final Assessment.

Notes:**Slide: 1.16 / Menu Title: Final Assessment****Visual / Display:****Slide Text:****Narration / Voiceover:****Animation / Interaction:**

<p>[Background Image]</p> <p>The Title is placed at the very top of the slide with “Final Graded Quiz” text.</p> <p>Another centered rectangle beneath the same color, with assessment directions in bullets.</p> <p>A custom quiz button will appear on the right corner.</p>	<p>[Slide Title]</p> <p>Final GradedQuiz</p> <p>[Directions]</p> <ul style="list-style-type: none"> • Must earn 80% to pass • Question format: Multiple Choice • Use menu to review course • Begin when you are ready <p>[Button]</p> <p>Take Quiz</p>	<p><i>[Insert Script Text]</i></p> <p>It’s time for your assessment. You’ll answer five questions. You must earn 80% to pass.</p> <p>The questions are in multiple-choice format.</p> <p>You can review the course content using the menu.</p> <p>Begin whenever you’re ready.</p>	<p>The Take Quiz button is disabled until the timeline ends on this layer.</p> <p>The Take Quiz button will jump to 1.17 multiple Choice.</p>
<p>Notes:</p>			

Slide: 1.17 / Menu Title: Question 1			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>All five assessment question slides have the same layout and formatting.</p> <p>The assessment title is placed at the very top left of the slide. The rest of the slide is white with a rectangle across that shows the Question and a picture. The solid color of the rectangle uses a color from the palette.</p> <p>The multiple choice answer options are displayed below the question and to the left of the slide.</p>	<p>[Slide Title]</p> <p>Multiple Choice</p> <p>[Question]</p> <p>Adeline has a seven month old baby. She is asking for active play activities she can do at home with her baby. Which of these choices is recommended for an infant?</p> <p>[Answer Choices]</p> <ul style="list-style-type: none"> <input type="checkbox"/> Tummy Time <input type="checkbox"/> Bear Crawls <input type="checkbox"/> Climbing 		<p>Score by question one attempt for each quiz question as the learner progresses through the quiz. They will be able to Retake the entire quiz at the end if they do not pass.</p> <p>Results slide 1.22; graded quiz slide-multiple choice.</p> <p>When the learner clicks Submit, submit multiple choices and advance to the next slide.</p> <p>The learner will not get immediate feedback with Correct or Incorrect</p>

	<input type="checkbox"/> Frog Jumps [Correct Answer] Tummy Time		feedback layers. They will answer all of the questions sequentially First in the graded assessment, then receive their score on the Results page. If they don't pass, they can come back and review the Quiz.
Notes:			

Slide: 1.17a / Menu Title:			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
[Background Image] Custom Review layers 1.17a, 1.18a, 1.19a, 1.20a, 1.21a. Bar (rectangle) using color from palette shows to the right of the title within feedback text in it. Base Layer showing assessment question is visible with the correct answer indicated.	[Feedback] Recommended exercises for infants include Tummy Time, Reach and Grasp, Rolling Over, and Gentle Leg Cycling. Animal walks such as Bear Crawls, Crab Walks, and Frog Jumps are recommended for children.		Learners can click Next to advance through the review feedback.
Notes:			

Slide: 1.18 / Menu Title:			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
Same visual layout for slides 1.17, 1.18, 1.19, 1.20, 1.21.	[Slide Title] Multiple Choice	<i>[Insert Script Text]</i>	Same Settings for Slides 1.17, 1.18, 1.19, 1.20, 1.21.

	<p>[Question] Martha is 14 years old. She is currently seeking help in improving posture and core strength. She was recently diagnosed with scoliosis; Which one of these exercises would you recommend to Martha?</p> <p>[Answer Choices]</p> <p><input type="checkbox"/> Push Ups</p> <p><input type="checkbox"/> Pull Ups</p> <p><input type="checkbox"/> Sit Ups</p> <p><input type="checkbox"/> Pilates</p> <p>[Correct Answer] Pilates</p>		
Notes:			

Slide: 1.18a / Menu Title:			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>Custom Review layers 1.17a, 1.18a, 1.19a, 1.20a, 1.21a.</p> <p>Bar (rectangle) using color from palette shows to the right of the title within feedback text in it. Base Layer showing assessment question is visible with the correct answer indicated.</p>	<p>[Feedback] While these exercises are common, it's advisable to refrain from push-ups, pull-ups, and sit-ups as they can cause unnatural arching and strain on the back. For adolescents managing scoliosis, beneficial exercises to enhance posture and core strength include yoga, Pilates, or planks.</p>		<p>Learners can click Next to advance through the review feedback.</p>
Notes:			

Slide: 1.19 / Menu Title:			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
Same visual layout for slides 1.17, 1.18, 1.19, 1.20, 1.21.	<p>[Slide Title] Multiple Choice</p> <p>[Question] Melanie just started her new job as a nurse. She has a patient that is currently working on gross motor skills to eventually gain a master by kicking, climbing, and balancing. Can you recall what life stage her patient is currently on?</p> <p>[Answer Choices] Infants Children Adolescents Adults Seniors</p> <p>[Correct Answer] Children</p>		Same Settings for Slides 1.17, 1.18, 1.19, 1.20, 1.21.
Notes:			

Slide: 1.19a / Menu Title: Quiz Results			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:

<p>[Background Image]</p> <p>Custom Review layers 1.17a, 1.18a, 1.19a, 1.20a, 1.21a.</p> <p>Bar (rectangle) using color from palette shows to the right of the title within feedback text in it. Base Layer showing assessment question is visible with the correct answer indicated.</p>	<p>[Feedback]</p> <p>Infants develop physical endurance and posture, children focus on refining motor skills, adolescents aim to strengthen bones and muscles, adults engage in activities resembling daily tasks, and seniors prioritize low-impact exercises to minimize joint stress.</p>		<p>Learners can click Next to advance through the review feedback.</p>
<p>Notes:</p>			

Slide: 1.20 / Menu Title:			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>Same visual layout for slides 1.17, 1.18, 1.19, 1.20, 1.21.</p>	<p>[Slide Title]</p> <p>Multiple Choice</p> <p>[Question]</p> <p>Maggie is 72 years old. She wants to exercise to help prevent falls and maintain independence. Maggie has started functional exercises like; sit-to-stand and step-ups. What other exercises would you recommend Maggie?</p> <p>[Answer Choices]</p> <ul style="list-style-type: none"> <input type="checkbox"/> Aerobics <input type="checkbox"/> Leg Strength Exercises <input type="checkbox"/> Hot Yoga <input type="checkbox"/> Swimming 		<p>Same Settings for Slides 1.17, 1.18, 1.19, 1.20, 1.21.</p>

	[Correct Answer] Leg Strength Exercise		
Notes:			

Slide: 1.20a / Menu Title: Quiz Results			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Custom Review layers 1.17a, 1.18a, 1.19a, 1.20a, 1.21a.</p> <p>Bar (rectangle) using color from palette shows to the right of the title within feedback text in it. Base Layer showing assessment question is visible with the correct answer indicated.</p>	<p>[Feedback] High-energy exercises or intense aerobics can pose a risk of strain or injury for seniors. Fall prevention exercises that strengthen the lower body, aiding in preventing falls and maintaining independence, include leg strength exercises.</p>		Learners can click Next to advance through the review feedback.
Notes:			

Slide: 1.21 / Menu Title:			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
Same visual layout for slides 1.17, 1.18, 1.19, 1.20, 1.21.	<p>[Slide Title] Multiple Choice</p> <p>[Question] Miguel is a 25 year old diabetic. He needs to work on managing his blood sugar levels. You informed him that exercise could help. What exercise is</p>		Same Settings for Slides 1.17, 1.18, 1.19, 1.20, 1.21.

	<p>beneficial for Miguel?</p> <p>[Answer Choices] Low-Impact Aerobics Heavy Lifting Hot Yoga Jump Roping</p> <p>[Correct Answer] Low-Impact Aerobics</p>		
Notes:			

Slide: 1.21a / Menu Title:			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Custom Review layers 1.17a, 1.18a, 1.19a, 1.20a, 1.21a.</p> <p>Bar (rectangle) using color from palette shows to the right of the title within feedback text in it. Base Layer showing assessment question is visible with the correct answer indicated.</p>	<p>[Feedback] For adults managing diabetes: Consistent aerobic exercise, resistance training, and flexibility exercises can assist in controlling blood sugar levels, enhancing insulin sensitivity, and averting complications.</p>		<p>Learners can click Next to advance through the review feedback.</p>
Notes:			

Slide: 1.22 / Menu Title: Quiz Results (hidden from Menu)			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:

<p>[Background Image] Color from palette it shows as background on slide.</p>	<p>[Slide Title] Quiz Results Assessment</p> <p>Your Score: XX% Passing Score: XX%</p> <p>[Buttons] Retry Quiz Review Quiz</p>		<p>Use the Results slide to show Success layer 1.22a, when timeline starts if results are equal to or greater than the passing score.</p> <p>Show the Failure layer 1.22b, when timeline starts if results are less than passing score.</p> <p>Base Layer will be visible (show through) from Success or Failure slide layers.</p> <p>Results variable reference shows the percent score only. Do not show the points variable reference.</p> <p>Built in graded quiz variable reference displays learner score where XX appears on slide.</p>
<p>Notes:</p>			

Slide: 1.22a / Menu Title: Success			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Emily's avatar appears excited. Green checkmark next to slide text.</p>	<p>You Passed!</p> <p>[Button] Conclusion</p>	<p><i>[Insert Script Text]</i> Congratulations! You did it!</p>	<p>Review Button: shows correct/incorrect response when reviewing.</p> <p>Conclusion button jumps to slide 1.23</p>
<p>Notes:</p>			

Slide: 1.22b / Menu Title: Failure			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] Emily appears surprised and concerned.</p> <p>Red “X” next to slide text.</p>	<p>You Didn’t Pass</p> <p>[Buttons] Retake Quiz Review Quiz</p>	<p><i>[Insert Script Text]</i> OH NO! Remember we must earn an 80 to pass, Retry Quiz.</p>	<p>Retake button: resets results slide and jumps to slide 1.17.</p> <p>Review Button: shows correct/incorrect response when reviewing.</p>
Notes:			

Slide: 1.23 / Menu Title: Conclusion			
Visual / Display:	Slide Text:	Narration / Voiceover:	Animation / Interaction:
<p>[Background Image] This slide has a similar design as the Welcome slide.</p> <p>Top border color from palette</p> <p>Background solid white</p> <p>Ruth’s avatar is shown on the right side of the layer</p>	<p>[Slide Title] Congratulations!</p> <p>You have successfully completed the Physical Activities Suitable for Different Stages in Life. This training ensures that you have gained insight into activities beneficial for every age group, including infants, children, adolescents, adults, and seniors.</p> <p>Now you can return to work with more confidence than before. You can now apply and create personalized care plans that promote health and well-being while considering the individual's abilities and preferences.</p> <p>[Buttons]</p>	<p><i>[Insert Script Text]</i> Congratulations!!</p> <p>You have successfully completed the Physical Activities Suitable for Different Stages in Life.</p> <p>Click the restart button, if you'd like to view the course again or click the Exit button if you are finished.</p>	<p>Buttons have hovered over to shrink.</p> <p>Exit button: will close the course.</p> <p>Restart button: will restart the course and jump to slide 1.1.</p>

	Exit Restart		
Notes:			