SOAR Program

Mental Health Resources for Students & Families

Coordinated and clear communication is vital to supporting a student/family in crisis. *In the case of a student behavioral or mental health emergency, school staff should always first alert the site administrator. Typically the school social worker (SSW) and site administrator would work together to determine next steps including whether a RIsk/Threat assessment is needed, whether outside agencies should be contacted for support, and when/how to communicate with caregivers.*

- *If a student is hospitalized or attends the Edgewood CSU program, usually the SSW or school psych coordinates with hospital staff, program social workers or guardians to obtain the discharge plan. The discharge plan may result in changes in the student's 504 or IEP.*
- *If the student has an ERMHS clinician, they should be alerted about any behavioral and/or mental health crises to ensure their treatment plan addresses the concerns. They also may opt to make referrals to Wraparound services.*

Crisis Resources for Schools

Child Crisis

- 415-970-3800
- Provides a 24-hour, multilingual, crisis intervention and short-term stabilization program for families and children who are experiencing emotional distress related to family violence, physical or emotional illness, school truancy, behavioral problems and other crises.
- All staff are licensed clinicians or interns and can provide evaluation for 5150/5585 for hospitalization and set up referrals to Edgewood CSU or other placements for evaluation
- Child Crisis cannot provide in-person de-escalation services for crisis behaviors to schools or families (likely will refer school to call 911)
- Schools or home-caregivers can call for 24-hour support

Seneca Mobile Response Team (MRT)

- 877-305-8989
- Seneca MRT serves a 90-mile radius and can provide intensive short-term stabilization with linkage; link to flier HERE
- MRT's trained counselors can provide phone in-person de-escalation services for crisis behaviors, but they cannot evaluate a child for 5150/5585 or refer for evaluation; sites would need to contact Child Crisis or direct call to Edgewood CSU
- All SFUSD students!

Edgewood Crisis Stabilization Unit (CSU)

- 415-682-3278
- Provides 23-hour crisis stabilization for youth 6-18 in an effort to avoid hospitalization
- Find more information about Edgewood CSU HERE

- Edgewood Acute Intensive Services (Crisis Stabilization, Hospital Diversion, Short-Term Residential Therapeutic Program): 415-682-3172
- Private insurance only; if Medi-Cal refer through Child Crisis

Crisis Resources for Students

- **Huckleberry House:** 24-Hour Teen Crisis Hotline, 415-621-2929
- **24/7 Crisis Text Line:** Text MYLIFE to 741-741
- **Trevor Project Hotline**: 866-488-7386

Crisis Resources for Caregivers

- **CPS Hotline**: 800-856-5553
- **Child Crisis**: (see above for info) 415-970-3800
- **Safe & Sound 24 Hour Parent Talk Line**: 415-441-5437
  - The TALK Line offers compassionate support over the phone to parents / caregivers of children under the age of 18 in the Bay Area. The TALK Line operates round-the-clock, 24/7, 365 days a year and is staffed by trained volunteers who provide support through the numerous challenges found in life and parenting
- **Huckleberry House**: 415-621-2929
  - Offers short-term residence for youth (12-18) who are unable or unwilling to reside at home (1292 Page St). LINK
  - Provides a free 6 week workshop called Parent's Turn, providing support and skill-building groups in order to teach effective tools for caregivers.
- **San Francisco Family Resource Centers**: LINK

Wraparound Services

- Wraparound services can support students and families needing behavioral, mental health, and social services. Wraparound services are provided through the Department of Public Health (DPH). Agencies that provide wrap services are **OTTP, Seneca, Edgewood, and Family Mosaic Project**.
- How to refer? Referrals are made through Child Protective Services (CPS), Foster Youth Services (FYS), Probation, or through outpatient clinics. If a student has ERMHS, the provider can make a referral and presentation to the Risk Level 2 Panel. *In some cases*, a school social worker can make the referral.
- What are other short-term supports for families? In lieu or in addition to wraparound services, teams/providers (i.e., ERMHS provider and/or SSW) could make a referral to access mental health services, including:
  - **Edgewood Therapeutic Behavioral Services (TBS)** - not a standalone service, so student needs ERMHS or outpatient services through DPH to refer; MediCal only (LINK)
  - **Seneca Mobile Response Team (MRT)** - school social workers can refer directly (see above)