



RED RAIDER AQUATICS



Raider Report - Week of April 22, 2024 - Bloomington/Normal -

Practice Changes This Week

- Friday, April 26 - 9& Overs 6:00-7:30 pm
- Saturday, April 27 & Sunday, April 28 - No Practice - RAID Spring Fling meet

Practice Schedule – April 22-29, 2024

→ *The single most important factor for continued improvement is consistent practice attendance!* ←

Monday 04/22/24	Tuesday 04/23/24	Wednesday 04/24/24	Thursday 04/25/24
• 8 & Under Swimmers 6:30-7:30 pm • 9 & Over Swimmers 6:00-8:00 pm	• 8 & Under Swimmers 6:30-7:30 pm • 9 & Over Swimmers 6:00-8:00 pm	• 8 & Under Swimmers 6:30-7:30 pm • 9 & Over Swimmers 6:00-8:00 pm	• 8 & Under Swimmers 6:30-7:30 pm • 9 & Over Swimmers 6:00-8:00 pm
Friday 04/26/24	Saturday 04/27/24	Sunday 04/28/24	Monday 04/29/24
• 8 & Under Swimmers 6:30-7:30 pm • 9 & Over Swimmers 6:00-7:30 pm	No Practice RAID Spring Fling Meet At Eisenhower Pool	No Practice RAID Spring Fling Meet At Eisenhower Pool	• 8 & Under Swimmers 6:30-7:30 pm • 9 & Over Swimmers 6:00-8:00 pm

“For the strength of the pack is the wolf, and the strength of the wolf is the pack.”



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Red Raider Spring Fling Meet - April 27-28

Our annual team hosted Spring Fling meet is this weekend, April 27-28 at Eisenhower Pool. This is a great team hosted event at our home pool and is an extremely fun team building opportunity for our swimmers. The meet updates and reminders sheet will be sent out later this week with the most updated timelines etc.

Reminder that all Red Raider swimmers are automatically entered in this meet and are expected to **participate**. RAID team entries can be found [HERE](#) (updated 4/22)

Red Raider families are needed to make this meet a huge success for our swimmers. RAID depends a great deal on the support of all parents. Your role as a swim parent is very important to the success of the club and to the sport of swimming. Swim meets are an important source of fundraising for the team which allows funds to be put back into the program to aid in the development and success of the swimmers.

As such, **all RAID families are required to work a minimum of two (2) sessions throughout the weekend. To sign-up please click [HERE](#) and pick the two slots you are able to work during the meet. We appreciate everyone's help making the meet run smooth for our swimmers and the visiting team. Thank you.**

NOTE - This meet is a much smaller meet than our other 2 winter meets and our summer meets with the timelines being much shorter. We should be finished by 3:00 pm each day.

Red Raiders' Spring Fling Meet Schedule

- Saturday AM (11-12, 13-Over) Warm-up - 8:00 AM Meet Start - 9:00 AM
- Saturday PM (10-U, 8-U) Warm-up - 12 Noon Meet Start - 1:00 pm
- Sunday AM (11-12, 13-Over) Warm-up - 8:00 AM Meet Start - 9:00 AM
- Sunday PM (10-U, 8-U) Warm-up - 11:30 am Meet Start - 12:30 pm

Hospitality Drink Donations

Additionally, our wonderful hospitality team is underway with their planning for the Valentine Classic meet and are asking that all Red Raider families donate drinks for the meet to help keep all the coaches and officials hydrated. Please see the list below and dropoff drink donations at the pool during practices anytime between now and the meet. Donation suggestions based on practice groups:

Little Raiders: Gatorade
Silver Group: Dr Pepper/Root Beer

Pirates/Buccaneers: Pepsi/Coke
Black/Red/Senior Prep: Mt Dew

[Meet Information Packet](#)

[Red Raider Team Entries](#)

[Meet Web Page](#)

Thank you once again for your support of our team. If you have any questions please let Coach Jeff know.

Reminder- Spring/Summer 2024 Season Registration is Now Open



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The Spring/Summer 2024 season registration is now live on our team website. If you have not already registered please do so now.

This season's [registration packet](#) is available [HERE](#) with all the registration information needed to register your swimmer(s). Please be sure to read through it carefully before proceeding.

To register your swimmer(s) please click [HERE](#) Please remember to select the Springfield Site Registration option.

The registration is very simple with step-by-step directions. Please be sure to read through all of the Red Raider Aquatics documents/policies (available in the registration packet) before registering your swimmer(s).

Please be sure to register your swimmer(s) this week if you have not done so already.

We realize some of our families have other summer activities, etc., therefore, we are offering a spring only option this season for swimmers who swim with their summer league or participate in other sports/activities in June and July. You will swim with the Red Raiders during the months of April and May and through our team hosted Capital City Classic meet (June 7-9).

New this year - We are excited to offer a [spring only option](#) for those swimmers that have other sports or swim summer league only during the months of June-August. Swimmers will swim with the Red Raiders during the months of April, May and through our team hosted Capital City Classic meet (June 7-9) and then have the option to opt out for any of the remaining months

Click [HERE](#) for details and directions on how the spring only option works. We would rather have our swimmers join us for part of the season than not at all.

Again, thank you for your support. We are so excited for the wonderful season ahead and are so thankful you have chosen Red Raider Aquatics as your competitive swimming family. If you have any questions, please feel free to email Coach Jeff at redraideraquatics@yahoo.com.

2024 Spring/Summer Meet Schedule

We are happy to announce the 2024 Spring/Summer meet schedule is now available on our team website [HERE](#). A printable copy of the schedule is also available to download [HERE](#). We are looking to possibly add one or two dual meets during the season as well and will let everyone know if and when we do so.

We worked very hard to put together a schedule that meets the needs of all of our Red Raider swimmers that has a mix of meet that are close by and a couple that require a bit more travel to cities/meets we have not attended in the past.



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Like during this past fall/winter season one of our goals is to increase meet participation by our swimmers.

Meets are an important piece of the sport of swimming and are “where swimmers learn the value of hard work, of setting and chasing goals, and other life skills including dealing with setbacks, developing sportsmanship, to even just hanging out with your fellow swimmers.”

Please click [HERE](#) for a great article on why your swimmer should participate in swim meets.

We have two team hosted meets that all Red Raider swimmers are expected to attend...

- **Red Raider Spring Fling - April 27-28 at Eisenhower Pool, Springfield, IL**
- **Red Raider Capital City Classic - June 7-9 at Nelson Center Pool, Springfield, IL**

Swimmers will be automatically entered in these two meets unless you contact me in advance. Swimmers not attending these meets should only be due to unavoidable reasons.

As we did last summer, instead of attending the ISI Regional Championship meet we are going to an indoor meet in

Brownsburg, Indiana. Illinois Swimming is not having a downstate Regional Championship meet this summer so we would be forced to attend one of the meets in the Chicago area. The meet in Brownsburg, IN is a fantastic prelim/finals meet that will allow ALL of our Red Raider swimmers to swim in a championship type meet at an incredible indoor facility.

If you have any questions about the schedule please contact Coach Jeff or Coach Ryan and we will gladly help answer them.

Reminder - Questions/Concerns?

We want to make sure any and all of your questions and/or concerns are always addressed. We encourage you to communicate with us directly so we can answer your questions. Please always feel free to contact Coach Jeff by email at redraideraquatics@yahoo.com or Coach Ryan at rjb875@hotmail.com. Thank you for your direct communications.