

# AGOGE NEW IDENTITY TEMPLATE

Ideal Version of Yourself 3-6 Months From Now

## Power Phrases (2-3)

- I am Martas Tankevicius and I do difficult things.
- I am Martas Tankevicius and I am an example to my bloodline.

## Core Values (2-3)

- Discipline.
- Bravery.
- Humbleness.

## Daily Non-Negotiables (2-3)

- Daily checklist, daily work, daily progress into building my future.
- A physical workout / exercises, moving my body.
- Putting in the work throughout the day so at the end of it i feel PROUD.
- Wake up before everyone else.

## Goals Achieved

- Is a G in copywriting, being able to achieve insane results for any company I touch.
- Being in my best body shape ever and upgrading it day after day.
- Having my own business and having a team.

## Rewards Earned

- Feeling proud and setting an example.
- I have a team that generates revenue when I'm sleeping.
- Bought my family a house.

# Appearance And How Others Perceive Him

- Confident, “crazy”, next level.
- Physically fit, good looking and strong
- Confident, good smelling.

## Day In The Life

Make it as vivid as possible. What does he FEEL like as he goes through each part of his day? Add images vision board style. Use the first person and present tense, i.e. “I walk through the streets...”

- I wake up at 07:00 after 6 hours of sleep, I feel tired and I want to stay in my bed, but I know I have to put in the work and get a headstart before everyone else so I wake up and start working on my computer, doing copywriting, looking at my business and making up a plan for the day, while working I feel amazing, I get the energy to continue the day.



- After 2 hours of work I start doing my workout, I give my best and destroy my body while working out. I feel a little tired but I still do it, since I know that's what I HAVE to do.



- After I'm finished I take a shower while my wife prepares breakfast for me.
- I eat breakfast with my Wife, we have a little chat, I kiss her and continue to go back to work on important stuff.
- I communicate with my clients, I use my brain to figure out how I can help them to earn more money, so I earn more money too. I film some videos for my socials, I interact with my own community of G's, I share valuable lessons I've learned in my way. I feel



privileged and humbled to have an opportunity to be in a place like that, to teach others and set an example of who to be.



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- Once I finish work at about 16:00 in the day, I go and spend quality time with my Wife, we change locations, go to different places, we eat, and have fun together for 2-3 hours. I love spending time with her, I feel good having a mini break after work since I gave all I've got while working, so I feel good relaxing for a bit and giving my Wife the attention she deserves.
- After that we go back home and I continue working on important stuff till 22:00.
- For the last hour of the day I spend it with my Wife.



- I go to sleep at about 23:30.
- At the end of the day I feel proud of myself, I made progress in the businesses, I earned more money, I grew as a leader and I get stronger day by day.