

Sandkind events' Code of conduct

We have created this list of guidelines to ensure that we all have the best day possible. Please read through these and raise any concerns or questions.

Respect the Land

- Stick to the paths and avoid walking on crops or wandering into cattle fields.
- Please don't stray into fields without permission, and always close gates behind you.
- Be mindful of the environment by picking up your rubbish.
- Use a grease trap (grass-lined colander) to strain cooking water.
- We will move the tent every two weeks to minimize grass damage.
- Only pick wood, fungi, or plants if you have permission.
- When using fires, keep a water bucket nearby, ensure the fire is fully out before leaving, and dispose of the ash responsibly.

Respect Each Other

- Treat others with kindness and understanding.
- We welcome everyone and understand the different identities and experiences that people arrive with. We are particularly mindful of people with minority and oppressed identities/experiences and will check our conversations and actions to ensure they have equitable space to speak and are involved in activities.
- One of the activities of the day may be listening to each other talk of their experiences. We all agree to listen and remain non-judgmental.
- If you feel uncomfortable in any way, the facilitator will try to pick up on this but if she hasn't please try to get her attention and give her a direct look.
- We adhere to [Chatham House rules](#): if you speak of anything that was said, you don't reveal anything about the originator.

Respect Yourself

- Focus on your mental wellbeing and do what feels comfortable for you.
- If you have allergies, dietary needs, or accessibility requirements, please let the facilitator know. The more we know about your needs, the better we can make adjustments to ensure everyone is comfortable.
- Feel free to share an [Access Rider](#) or similar.

Respect the Facilitator

- Becky is autistic and ADHD, so she may take things literally and may find criticism difficult. Let's be understanding and supportive. Also dyslexic, she might make spelling mistakes or get her words muddled but she's great at numbers.
- As host, Becky takes the safety of everyone seriously. She is a trained Outdoor First Aider and long time user of camp fires. Please listen to safety instructions and use your initiative. If an accident occurs, Becky may assign you a task eg get the first aid kit in the tent.

Take Care of Your Health

- If you're feeling unwell, let someone know. Becky is trained in first aid.
- Stay under shade when needed, drink plenty of water, and dress appropriately to stay warm or cool.
- Don't forget your hat and sunscreen!
- Keep in mind that weather conditions might make things tougher for some, but it's a risk which can pay off; outdoor spaces can be less harsh than indoor ones for people with sensory sensitivities.

We're all here to enjoy a peaceful time together—let's keep it safe, supportive, and respectful for everyone. 😊