Local Peace - Community Resource List COVID-19

This list is in no specific order beyond the categories listed. Use the Table of Contents or the search function (Windows: Ctrl+F, Mac: Command+F) to find what you need. If you wish to add to this resource list or remove content, please suggest an edit via comment and it will be added to what is here. If you are unfamiliar with suggesting an edit, please email the suggestion and/or removal to sipic@sanjosepeace.org.

Support chats, resource shares, and more are being created among community members. Please stay safe and don't be afraid to reach out if you have a need.

Can't get tested?

Popular Democracy is collecting names of people who cannot get tested via their medical system. Fill out this form:

https://docs.google.com/forms/d/e/1FAIpQLScA9g1QGtzMuzBasIMhvA3ylUUN8EXeVZZmV mwxoCmD7ksfw/viewform

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South Bay Specific Resources

If you live in Santa Clara County or San Mateo County and have symptoms, please go to this link to schedule testing: https://www.projectbaseline.com/study/covid-19/

San Jose COVID-19 Resources (Relief) https://bit.ly/sjcovid19resources

Santa Clara County Financial Solidarity:

https://archive408.com/2020/03/15/santa-clara-county-covid-19-financial-solidarity/

South Bay Mutual Aid Intake (If you are in need of assistance): https://docs.google.com/forms/d/e/1FAIpQLSce8fn2o3E1ypc2qWsyGjT4tR <a href="https://docs.google.com/forms/d/e/1FAIpQLSce8fn2o

South Bay Mutual Aid Volunteer Intake (if you can offer assistance): https://docs.google.com/forms/d/1VDRra0HatJM8jjQ6GpmO4dHgQCkPG6 M7I-zg27xhVYg/viewform?edit requested=true

COVID-19 Guidance for Employers, Workers, and Businesses. San Jose.

https://www.sjeconomy.com/newsroom/covid-19-guidance

Mental Health Support in the South Bay:

https://namisantaclara.org/wp-content/uploads/2020/03/COVID-support-resources-for-public 20200313.pdf

Bay Area Specific

Asian Americans for Civil Rights and Equity Bay Area, CA focused, Retrieved 3/14/2020,

https://docs.google.com/document/d/1odtdcAX91nuxrJGtaBFA0qQ_ULnEurSPDjgaqKXfv30/edit

Bay Area Senior/Disability/Worker Mutual Aid Form:

https://docs.google.com/forms/d/1hqLnUN22aMoRnKnJJF2CzNP7u-RG5-rhZAz509z9wxE/viewform

Local News and Information

California Coronavirus COVID-19 Response: https://covid19.ca.gov/

Coronavirus: Live Updates; San Jose Inside:

http://www.sanjoseinside.com/2020/03/13/coronavirus-live-updates/

http://www.sanjoseinside.com/tag/covid-19/

http://www.sanjoseinside.com/2020/03/20/coronavirus-live-updates-march-20-2020-lockdown-goes-statewide-with-no-end-in-sight/

Up to date counts for Santa Clara County:

https://www.sccgov.org/sites/phd/DiseaseInformation/novel-coronavirus/Pages/dashboard.aspx

Also a comprehensive information website from Johns Hopkins medical

School:

https://www.arcgis.com/apps/opsdashboard/index.html#/bda7594740fd402 99423467b48e9ecf6?mod=article_inline

This provides a global perspective view on individual countries.

- 1. On the right corner, it shows a chart of accumulated confirmed cases or daily increase. If you move the cursor, you can expand the chart.
- 2. On the left lower corner, after electing USA, you may select Admin2, it will show the confirmed case in each State. After electing State in Admin 2, elect Admin 3, it goes to cases in each county.

US Projections by State: https://covid19.healthdata.org/

Healthcare Coverage Questions?

Contact Covered California and see website for updated info about Medi-Cal: https://www.coveredca.com/ (800) 300-1506

COVID-19 Mutual Aid List (Many Resources)

COVID-19 MUTUAL AID & ADVOCACY RESOURCES:

bit.ly/covid19collectivecare

Make Me PPE Bay Area Facebook Group

National Mask Makers Facebook Group

If you are sewing masks to give to healthcare workers, JOANN stores is donating fabric

Mutual Aid Networks (click for link to top of page, more below)

Help A Neighbor 2020

- Help people without internet access tap into online support networks for help with errands,health care, using tech, and more
 - o Join Facebook group: https://www.facebook.com/groups/1306542072854295
 - o Print flyer here
 - Shortened link for sharing flyer: <u>bit.ly/helpaneighbor2020</u>

POOR Magazine (Bay Area)

- Collecting supplies for people without housing
- o Contact: via FB
- Event and donation request on FB https://www.facebook.com/events/1526601204157672/

GoFundMe: Connecting People with Chronic Illness in Pandemic

- webinar, creating resource list, creating mutual aid support network
- "We're planning and initiating a rapidly-scalable plan for this network based on emergent strategies and mutual aid. We need your support to move forward as quickly and effectively as possible"
- Donate: GoFundMe

Covid-19 Financial Solidarity

- If your livelihood is being impacted by the Coronavirus crisis and you need support, post requests here. If you are a white-collar employee working from home and still being paid your full salary, please fulfill the requests below where possible.
- Become a crisis text line volunteer! Many people need someone to talk to right now.
- Donate to the Meals on Wheels team
 - San Francisco: https://www.mowsf.org/
 - Alameda County: https://www.feedingseniors.org/
 - Santa Clara County:

https://paydirect.link2gov.com/SantaClaraCountySocialServices/ItemSelection/SelectItems

National: https://www.mealsonwheelsamerica.org/

Donate to The Safety Net, a grant that is going to artists whose livelihoods are impacted by social distancing: <a href="https://www.flipcause.com/secure/cause_pdetails/NzY4NjU="https://www.flipcause.com/secure/cause_pdetails/NzY4NjU="https://www.flipcause.com/secure/cause_pdetails/NzY4NjU="https://www.flipcause.com/secure/cause_pdetails/NzY4NjU="https://www.flipcause.com/secure/cause_pdetails/NzY4NjU="https://www.flipcause.com/secure/cause_pdetails/NzY4NjU="https://www.flipcause.com/secure/cause_pdetails/NzY4NjU="https://www.flipcause.com/secure/cause_pdetails/NzY4NjU="https://www.flipcause.com/secure/cause_pdetails/NzY4NjU="https://www.flipcause.com/secure/cause_pdetails/NzY4NjU="https://www.flipcause.com/secure/cause_pdetails/NzY4NjU="https://www.flipcause.com/secure/cause_pdetails/NzY4NjU="https://www.flipcause.com/secure/cause_pdetails/NzY4NjU="https://www.flipcause.com/secure/cause_pdetails/NzY4NjU="https://www.flipcause.com/secure/cause_pdetails/NzY4NjU="https://www.flipcause.com/secure/cause_pdetails/NzY4NjU="https://www.flipcause.com/secure/cause_pdetails/NzY4NjU="https://www.flipcause.com/secure/cause_pdetails/NzY4NjU="https://www.flipcause.com/secure/cause_pdetails/NzY4NjU="https://www.flipcause.com/secure/cause_pdetails/nzy4NjU="https://www.flipcause.com/secure/cause_pdetails/nzy4NjU="https://www.flipcause.com/secure/cause_pdetails/nzy4NjU="https://www.flipcause.com/secure/cause_pdetails/nzy4NjU="https://www.flipcause.com/secure/cause_pdetails/nzy4NjU="https://www.flipcause.com/secure/cause_pdetails/nzy4NjU="https://www.flipcause.com/secure/cause_pdetails/nzy4NjU="https://www.flipcause.com/secure/cause_pdetails/nzy4NjU="https://www.flipcause.com/secure/cause_pdetails/nzy4NjU="https://www.flipcause.com/secure/cause_pdetails/nzy4NjU="https://www.flipcause_pdetails/nzy4NjU="https://www.flipcause_pdetails/nzy4NjU="https://www.flipcause_pdetails/nzy4NjU="https://www.flipcause_pdetails/nzy4NjU="https://www.flipcause_pdetails/nzy4NjU="https://www.flipcause_pdetails/nzy4NjU="https://www.flipcause_pdetails/n

Santa Clara County COVID-19 Financial Solidarity: https://bit.ly/2w8M80x

• Organized by <u>Archive408</u>

South Bay Area

REQUEST aid:

https://docs.google.com/forms/d/13DoFUR2WMEWy810nripBAEAI2mFec07nqbUGW85 SKRA/viewform?edit requested=true

- San Jose Mutual Aid Network:
 https://docs.google.com/spreadsheets/d/13ODbKuFiGzFRPduKiz8EUgLIS1EuP7
 s4mRXTt ER wY/edit?fbclid=lwAR2KgF-m18AhQUZ9A8W WmDUBgNwwiJsfh
 HdqUan29HffYfjkXWsYMRcSdA#gid=0
- Financial Solidarity:
 https://docs.google.com/spreadsheets/d/1qHTKAU55y10zXsxUG2CZ6x8rOWv4c
 6JQun9Z1i iyGc/edit?fbclid=lwAR3N DMQj3OA05uuPcRnyN1G504jPcOQNJ fs
 HVI ishSGi3unscZoewycY#gid=1149136249

Cal COLA Mutual Aid

- "for anyone associated with the extended community within and surrounding UC Berkeley (undergraduates, students, workers, faculty, staff, non-affiliates in the East Bay or wider SF area) who is requesting financial assistance or other forms of aid during the COVID-19 pandemic."
- Request help: bit.ly/cal-mutualaid-requests
- Offer help: bit.ly/cal-mutualaid-volunteers

United Way has a COVID-19 Community Economic Relief Fund to help with bills, rent and food. Call 1-866-211-9966 to be provided with additional local agencies that can provide assistance.

- VOLUNTEER:
 https://docs.google.com/forms/d/e/1FAIpQLSeIE_VdJNsuMdO1Z8OE-y5ItQZCZSeFG1p
 kknvKNmv11HAssw/viewform
- Donate to Second Harvest of Silicon Valley: https://www.shfb.org/give-help/donate-funds/
 Volunteer with Second Harvest of Silicon Valley: https://www.shfb.org/give-help/volunteer/

How to Stay Well

"List of Personal Things you can do to stay well.." Retrieved 3/14/2020, https://medium.com/@radiorupa/list-of-personal-things-you-can-do-to-stay-well-in-a-time-of-covid19-cd10ff0df106

Reduce Stigma:

https://www.who.int/docs/default-source/coronaviruse/covid19-stigma-guide_pdf

Mental Health Guide (Vancouver but good information for all)
https://peak-resilience.com/blog/2020/3/15/covid-19-amp-your-mental-health-a-comprehensive-resource-guide

American Foundation for Suicide Prevention, "Taking Care of Your Mental Health in the Face of Uncertainty":

https://afsp.org/taking-care-of-your-mental-health-in-the-face-of-uncertainty/

Mental Health Resources

Behavioral and Mental Health Services:

Asian Americans for Community Involvement (AACI)

Website: https://aaci.org/

Phone Number: (408) 975-2730

Gardner Health Services

Website: https://gardnerhealthservices.org/

Phone Number: (408) 287-6200

• Mental Health Hotline: (800) 704-0900

Connecting with Neighbors and "Pods"

Bay Area Transformative Justice Collective, "Pods and Pod Mapping Worksheet," Retrieved 3/14/2020,

https://batjc.wordpress.com/pods-and-pod-mapping-worksheet/

Neighborhood Pods How-To, Retrieved 3/14/2020, https://docs.google.com/document/d/1j8ADhLEuKNDZ1a_opmzudywJPKM <a href="ht

Food/Nutrition Resources

Second Harvest of Silicon Valley is operating business as usual.

https://www.shfb.org/health-and-safety/

Food connection hotline: 1-800-984-3663

Connects people with CalFresh, food banks, hot meals, meals on wheels

Sacred Heart - food bank

Website: https://sacredheartcs.org/

Phone Number: (408) 278-2160

The Health Trust - Meals on Wheels

Website: https://healthtrust.org/provider/food/

Phone: (408) 513-8700

Free grocery delivery for the elderly, immunocompromised, and disabled in South San Francisco to Redwood City - They currently are not

looking for more volunteers to buy/deliver groceries, but if you would like to donate please venmo @swang011

Emergency Community Pantry by Sikh Food Pantry - Santa Clara County

San Jose - Free Breakfast and Lunch for Children Under 18

When: Monday through Friday, 9:00AM to 11:00AM

Starts Tuesday, March 17th

Where:

- San Jose High
- Ohlone Middle
- Washington Elementary
- Canoas Elementary
- Learning Options
- Grant Elementary
- Hoover Middle
- Galarza Elementary
- Almaden Elementary
- Allen Elementary

Financial Assistance

Sacred Heart

Website: sacredheartcs.org/covid19

Phone: (408)-780-9134

- Rental assistance for low income Santa Clara County residents who
 have lost income due to COVID related impacts. Documentation of
 lost income required. Best to email covid19help@sacredheartcs.org.
- Financial assistance for qualifying households affected by COVID-19
 \$4,000/month max assistance

One Fair Wage Fund

https://ofwemergencyfund.org/help

Free cash assistance to restaurant workers, delivery drivers, other tipped workers, and service workers

SCVF Fund via Destination: Home

Website: https://destinationhomesv.org/www.siliconvalleycf.org/coronavirus-response

Phone: (408) 961-9895

Flexible financial assistance for housing, food, clothing, direct cash aid

Union Community Resources (WPUSA)

Phone Number: (408) 809-2122

Limited financial assistance for union members in Santa Clara County, and

deeper information and referral

Domestic Violence Resources

YWCA Hotline

Website: https://ywca-sv.org/crisis-intervention/

Phone Number: (800) 572-2782

24/7 Crisis support & sexual assault response team

Housing & Homelessness Resources

Destination: Home

Website: https://destinationhomesv.org/

Phone: (408) 961-9895

Homeless & homelessness prevention services

If you are a homeowner - call your lender!

Legal Resources

Project Legal Link

Website: https://legallink.org/

A directory of free/low-bono (lower cost) legal resources in the Bay Area. Referrals may be outdated due to scaling down of resources.

Employment, Labor, Workers' Rights

SCC Office of Labor Standards Enforcement

Website: Sccfairworkplace.org

Phone: (866) 870-7725

For those seeking help receiving a portion of their wages lost due to Covid-19.

State Disability Insurance

Website:

https://www.edd.ca.gov/Disability/Options_to_File_for_DI_Benefits.htm

Apply for State Disability Insurance (online only)

State Paid Family Leave

Website:

https://www.edd.ca.gov/Disability/Options_to_File_for_PFL_Benefits.htm

Apply for State Paid Family Leave (online only)

State Unemployment Insurance

Website: https://www.edd.ca.gov/Unemployment/Filing_a_Claim.htm

Phone: (800)300-5616

Apply for Unemployment/partial unemployment (documented workers only)

Out of Area Resource Guides with Basic Resources

Immune-compromised Financial Solidarity:

https://docs.google.com/document/d/1xdmHQVS8wxAiApUM53MYMq1Atiq m5UsLGQlTp61oNcM/mobilebasic

Boston + MA COVID19 Resources -

https://docs.google.com/document/d/1-x6vOZKVsla5H363mtdgcyivvLmcx7 -f2s6l-O ba8A/mobilebasic

Worker Resources

Tipped and service worker support fund: https://ofwemergencyfund.org/

SJ Economy website:

https://www.sjeconomy.com/why-san-jose/covid-19-guidance

Open For Business Hub: https://openforbusiness.org/

Resources for domestic workers: (English)

https://membership.domesticworkers.org/coronavirus/ (Spanish)
https://membership.domesticworkers.org/recursos-sobre-el-coronavirus-co
vid-19/?lang=es

Resource for Small Business Owners

Kiva has expanded its 0% interest US loan program to support small businesses impacted by the Coronavirus crisis. Learn more at: https://pages.kiva.org/blog/support-local-businesses-during-the-coronavirus-pandemic

Facebook Small Business Grants Program:

https://www.facebook.com/1224088323/posts/10222047802483811/?sfnsn

=mo

Opportunity Fund

Website: https://www.opportunityfund.org/assistance-for-small-business-owners-affected-by-covid-19/

Phone Number: (888) 720-3215

Loan Relief, Grants, Small Business Loans, Technical Assistance

U.S. Small Business Administration

Website: https://disasterloan.sba.gov/ela/Declarations/Index

Information on federal loans to small businesses

Resources for Undocumented Californians:

California Immigrant Youth Justice Alliance - https://ciyja.org/covid19/

Resources on Disability

ROOTED In Rights: Disability Accommodations and Supports Can Help Everyone -

https://rootedinrights.org/disability-accommodations-and-supports-can-help -everyone-prevent-covid-19/

When You Say Coronavirus will only kill the vulnerable, You're Talking About Me -

https://www.fastcompany.com/90476259/when-you-say-coronavirus-will-only-kill-the-vulnerable-voure-talking-about-me

LGBTQ+

COVID-19 Trans/Queer Relief Form:

https://docs.google.com/forms/d/e/1FAlpQLSfO1Ws5YgKFMXKu9CSh_W UVCznssExW6bnJpom5JsP24XwCLQ/viewform

Fat Rose and other Fat Liberation Resources

Fat-Assed Prepper Survival Tips for Preparing for a Coronavirus Quarantine -

https://docs.google.com/document/d/1Zz7Echlvq05wFDZ1EysJkGiMJTpzXxi998M2lj2hYhg/edit?usp=sharing

Articles and Resources:

Electronic Frontier Foundation, Protecting Civil Liberties During a Public Health Crisis, Retrieved 3/14/2020,

https://www.eff.org/deeplinks/2020/03/protecting-civil-liberties-during-public-health-crisis

Detroit Activist, Philosopher Grace Lee Boggs: "The Only Way to Survive is by Taking Care of One Another" retrieved 3/14/2020 https://www.democracynow.org/2010/4/2/grace_lee_boggs?

New Economy Roundup: Community Responses to COVID-19, Just Transition Stories, & Community Controlled Affordable Housing, Date retrieved 3/14/2020

https://neweconomy.net/blog/new-economy-roundup-community-responses -covid-19-just-transition-stories-community-controlled

Resources for Artists and Performers

National Coalition for Arts' Preparedness & Emergency Response "Coronovirus – COVID 19 – Preparedness for Arts Section" Retrieved 3/14/2020 https://www.ncaper.org/social-media

Creative Capital, "List of Arts Resources During the COVID-19 Outbreak" Retrieved 3/14/2020

https://creative-capital.org/2020/03/13/list-of-arts-resources-during-the-covid-19-outbreak/?

Educational Resources

Educational Resources, Retrieved 3/14/2020 - this doc link doesn't work anymore; the updated spreadsheet can be found at http://www.amazingeducationalresources.com/

College Students: U-Haul Offer, Retrieved 3/14/2020: https://www.uhaul.com/Articles/About/20625/College-Students-U-Haul-Offers-30-Days-Free-Self-Storage-amid-Coronavirus-Outbreak/

Free Audiobook Streaming from Audible: https://stories.audible.com/start-listen

Fund Sharing to Offer Assistance

Coronavirus Care Fund (Supporting domestic workers): https://secure.actblue.com/donate/coronavirus-care-fund?refcode=covidfundpress

Coronavirus Regional Response Fund: https://www.siliconvalleycf.org/coronavirus-fund

A Just East Bay Response Fund (resources to orgs addressing the economic impact of COVID-19 outbreak): https://www.ebcf.org/covid-19-fund/

This list was compiled with community assistance by volunteers, interns, and staff at San Jose Peace & Justice Center, a Project of Collins Foundation (sanjosepeace.org). Many thanks go to the community groups and individuals who have assisted: Together We Will, San Jose; Santa Clara County Wage Theft Coalition; South Bay Mutual Aid; Archive408; and many more.