

SAU#9's COVID-19

Testing, Quarantine and Isolation Procedures

Updated January 7th, 2022

The new CDC and NH Department of Health & Human Services recommended guidelines are in effect for SAU#9 schools, bringing shorter quarantines and isolation periods, as well as a decreased demand on testing centers.

What has changed?

If a student or staff member tests positive for COVID-19 (either by home antigen test or by clinic administered PCR test), they are required to isolate for **5 days** and will be eligible to end isolation on day 6, as long as their symptoms are improving and they are fever free for 24 hours without fever reducing medication.

In addition we strongly recommend the use of a home antigen test on day 6 prior to returning to school. Positive results of this test will indicate if the student/staff member is still contagious.

As reported on January 5, 2022, by Dr. Chan, NH DHHS, CDC reports that 31% of COVID positive individuals continue to be contagious between days 6-10. Please continue to be vigilant and keep yourself and/or child home if they are still sick or testing positive via a home antigen test. This will assist us in keeping our schools open. Thank you for continuing to support our in person learning environments!

If you are in need of a home antigen test, please reach out to your school. Instructions for submitting a home antigen test are on page 2.

NH DHHS updated guidance documents:

[Bureau of Infectious Disease Control Isolation & Quarantine Recommendations for the General Public](#)

[Household Contact Exposure Flowchart for Deciding Quarantine](#)

How to report home test results to your school:

Please provide the following to your school nurse:

1. A photo of the at home test packaging including the name of the test, lot # and expiration date & a photo of your results
2. A photo of your test results
3. Complete and return the form below:

COVID-19 Home Test Form *Please complete all of the sections:*

Student/Staff Name

Date of Birth

1st Test Date

Start & End Time of Test

Test result (please check one):

☐ **Positive**

☐ **Negative**

Staff Member or Parent/Guardian Signature

By signing above I attest that the information recorded above is accurate and the FDA/EAU approved home test was conducted following the instructions provided in the test kit.

2nd Test Date

Start & End Time of Test

Test result (please check one):

☐ **Positive**

☐ **Negative**

Staff Member or Parent/Guardian Signature

By signing above I attest that the information recorded above is accurate and the FDA/EAU approved home test was conducted following the instructions provided in the test kit.

NOTE: Positive test results should be reported to DHHS by calling 603-271-4496 AND to your PCP and school nurse who can assist with determining isolation timeframes, quarantines, and reporting.