BS”D

Have in mind the following mitzvos when reciting Maoz Tzur

A For all zemiros that praise Hashem [including Hallel and Shabbos zemiros ***the following Mitzvos D’oiraisa*:**

1 Ahavas Hashem [Rambam by reflecting on Hashem wondrous deeds Sefer Charedim]
2 וְיָדַעְתָּ הַיּוֹם וַהֲשֵׁבֹתָ אֶל לְבָבֶךָ כִּי יְיָ הוּא הָאֱלֹהִים בַּשָּׁמַיִם מִמַּעַל וְעַל הָאָרֶץ מִתָּחַת אֵין עוֹד:
[R Yonah by reflecting on Hashem’s Gadlus Sefer Charedim]
3 And especially the following:
וְזָכַרְתָּ אֶת כָּל הַדֶּרֶךְ אֲשֶׁר הוֹלִיכְךָ יְהוָה אֱלֹהֶיךָ זֶה אַרְבָּעִים שָׁנָה בַּמִּדְבָּר
By reflecting on the chesed Hashem does to them and us.

B For Maos Tzur in particular

1st paragraph**: Yearning for the geulah**: this fulfills the Mitzvah of Anochi Hashem Elokecha… the first of the 10 commandments (The Smak)!
2nd paragraph**: Zecher L’Yetzias Mitzrayim [**any time we think about the exodus we fulfill this mitzvah
3rd paragraph: Ahavas Hashem
4th paragraph**: Positive commandment of remembering what Amalek did to us and negative commandment to not forget what Amalek did to us.**
5th paragraph**: Mitzvah mdivrei Sofrim to praise and thank Hashem on Chanukah**
6th paragraph**:** same as first paragraph **yearning for geulah**

Translation[9]		
מָעוֹז צוּר יְשׁוּעָתִי, לְךָ נָאֶה לְשַׁבֵּחַ תִּכּוֹן בֵּית תְּפִלָּתִי, וְשָׁם תּוֹדָה נְזַבֵּחַ. לְעֵת תָּכִין מַטְבֵּחַ מִצָּר הַמְנַבֵּחַ. אָז אֶגְמוֹר בְּשִׁיר מִזְמוֹר חֲנֻכַּת הַמִּזְבֵּחַ.	**M**a'oz Tzur Yeshu'ati, lekha na'eh leshabe'ah. Tikon beit tefilati, vesham toda nezabe'ah. Le'et takhin matbe'ah mitzar hamnabe'ah. Az egmor beshir mizmor hanukat hamizbe'ah.	My Refuge, my Rock of Salvation! 'Tis pleasant to sing Your praises. Let our house of prayer be restored. And there we will offer You our thanks. When You will have slaughtered the barking foe. Then we will celebrate with song and psalm the altar's dedication.
רָעוֹת שָׂבְעָה נַפְשִׁי, בְּיָגוֹן כֹּחִי כָּלָה חַיַּי מֵרְרוּ בְקוֹשִׁי, בְּשִׁעְבּוּד מַלְכוּת עֶגְלָה וּבְיָדוֹ הַגְּדוֹלָה הוֹצִיא אֶת הַסְּגֻלָּה חֵיל פַּרְעֹה וְכָל זַרְעוֹ יָרְדוּ כְאֶבֶן בִּמְצוּלָה.	**R**a'ot save'ah nafshi, beyagon kohi kala. Hayyai mareru vekoshi, beshi'abud malkhut egla. Uvyado hagdola hotzi et hasgula. Heil par'o vekhol zar'o yaredu ke'even bimtzula..	My soul was sated with misery, My strength was spent with grief. They embittered my life with hardship, When enslaved under the rule of Egypt. But God with his mighty power Brought out His treasured people; While Pharaoh's host and followers Sank like a stone into the deep.
דְּבִיר קָדְשׁוֹ הֱבִיאַנִי, וְגַם שָׁם לֹא שָׁקַטְתִּי וּבָא נוֹגֵשׂ וְהִגְלַנִי, כִּי זָרִים עָבַדְתִּי וְיֵין רַעַל מָסַכְתִּי, כִּמְעַט שֶׁעָבַרְתִּי קֵץ בָּבֶל זְרֻבָּבֶל, לְקֵץ שִׁבְעִים נוֹשַׁעְתִּי.	**D**vir kodsho hevi'ani, vegam sham lo shakateti. Uva noges vehiglani, ki zarim avadti. Vyein ra'al masakhti, kim'at she'avarti. Ketz Bavel Zerubavel, leketz shiv'im nosha'ati.	He brought me to His holy abode; Even there, I found no rest. The oppressor came and exiled me, Because I served strange gods, and drank poisonous wine.[a] Yet scarcely had I gone into exile, When Babylon fell and Zerubbabel took charge; Within seventy years I was saved.

כָּרוֹת קוֹמַת בְּרוֹשׁ, בִּקֵּשׁ אֲגָגִי בֶּן הַמְּדָתָא וְנִהְיָתָה לוֹ לְפַח וּלְמוֹקֵשׁ, וְגַאֲוָתוֹ נִשְׁבָּתָה רֹאשׁ יְמִינִי נִשֵּׂאתָ, וְאוֹיֵב שְׁמוֹ מָחִיתָ רֹב בָּנָיו וְקִנְיָנָיו עַל הָעֵץ תָּלִיתָ.	**K**erot komat berosh bikesh, Agagi ben Hamdatah. veniheyata lo lefah ulemokesh, vega'avato nishbata. Rosh yemini niseta, ve'oyev shmo mahita. Rov banav vekinyanav al ha'etz talita.	The Agagite,[b] son of Hammedatha, plotted to cut down the lofty fir;[c] But it proved a snare to him, and his insolence was silenced. You raised the head of the Benjamite,[d] but the enemy's name You blotted out. His numerous sons and his household You hanged upon the gallows.
יְוָנִים נִקְבְּצוּ עָלַי, אֲזַי בִּימֵי חַשְׁמַנִּים וּפָרְצוּ חוֹמוֹת מִגְדָּלַי, וְטִמְּאוּ כָּל הַשְּׁמָנִים וּמִנּוֹתַר קַנְקַנִּים נַעֲשָׂה נֵס לַשּׁוֹשַׁנִּים בְּנֵי בִינָה יְמֵי שְׁמוֹנָה קָבְעוּ שִׁיר וּרְנָנִים	**Y**evanim nikbetzu alai, azai bimei Hashmanim. Ufartzu homot migdalai, vetim'u kol hashemanim. Uminotar kankanim na'asa nes lashoshanim. Bnei vina yemei shmona kav'u shir urenanim.	The Greeks gathered against me, in days of the Hasmoneans. They broke down the walls of my towers, and defiled all the oils. But from the last remaining flask a miracle was wrought for the Jews.[d] Therefore the sages of the day ordained these eight for songs of praise.
חֲשׂוֹף זְרוֹעַ קָדְשֶׁךָ וְקָרֵב קֵץ הַיְשׁוּעָה נְקֹם נִקְמַת עֲבָדֶיךָ מֵאֱמָה הָרְשָׁעָה כִּי אָרְכָה הַשָּׁעָה וְאֵין קֵץ לִימֵי הָרָעָה דְּחֵה אַדְמוֹן בְּצֵל צַלְמוֹן הָקֵם לָנוּ רוֹעִים שִׁבְעָה	**H**asof **z**roa **k**odshekha, vekarev ketz hayeshu'a. Nkom nikmat dam avadeikha me'uma haresha'a. Ki arkha hasha'a, ve'ein ketz limei hara'a. Dkheh admon betzel tzalmon, hakem lanu ro'im shiv'a.	O bare Your holy arm and hasten the time of salvation. Wreak vengeance upon the wicked nation, On behalf of your faithful servants. For deliverance has too long been delayed; And the evil days are endless. O thrust the enemy[e] into the shadows of death, and set up for us the seven shepherds.[f]

a. ^ Follower of heretical teaching i.e. heretical doctrines

b. ^ Haman

c. ^ Mordecai

d. ^ Literally "the rose," an affectionate name for Israel

f. ^ Who will deliver Israel from oppression (Micah 5:4)