

Name: _____ Date: _____ Per: _____

Building My Focus

20 min										
19 min										
18 min										
17 min										
16 min										
15 min										
14 min										
13 min										
12 min										
11 min										
10 min										
9 min										
8 min										
7 min										
6 min										
5 min										
4 min										
3 min										
2 min										
1 min										
Date:										

Tracking my time on task...minute by minute...I keep growing and learning!