Calling all the young ladies who don't know what to do about their acne problems, and want to have their clear skin back.

As a young girl, dealing with face acne can be a daily battle. It usually comes with a heavy burden.

This burden is often disguised as a lack of direction when it comes to dealing with the issue. The variety of your surrounding suggestions, in addition to what's circulating on the internet, can cause a real misguidance that makes things worse: "It's just puberty", "don't eat this, stop drinking that", using some treatments over the counter, etc..."

We're talking about a non-ending list that makes you feel like you're in the middle of a maze with no compass. On the other hand, a very important detail is being ignored: most people tend to forget that there are many types of skins, resulting in some solutions working for some and not working for others.

While covering this topic, Dr. Fady Tawk the former president of the American Academy of Dermatology, wrote a book after a career that lasted for 30 years, in which he talks about the different types of skins and how to deal with each one. To make things even better, you can get access to this book right now for free.

Enter your name and your email address to Get a **FREE** digital copy of Dr. Fady's book:

Name.
Email address.

