

School:

Date:.....

Class:

Period:

UNIT 1: HEALTH AND HEALTHY LIFESTYLE

Lesson 1.1 - Vocabulary and Reading (Pages 4 & 5)

I. OBJECTIVES

By the end of the lesson, Ss will be able to:

1.1. Language knowledge and skills

- learn and use vocabulary words related to diet: *avoid, carbohydrate, dairy, limit, processed, protein*.
- practice reading for main ideas and details.

1.2. Competences

- improve communication, collaboration, logical thinking, and collaborative discussion.

1.3. Attributes

- develop an understanding of a healthy diet.

II. TEACHING AIDS AND LEARNING MATERIALS

1. Teacher's aids: Student's book and Teacher's book, class CDs, Digital Book (DCR phần mềm tương tác SB, DHA (từ vựng/ cấu trúc) phần mềm trò chơi tương tác), projector/interactive whiteboard / TV (if any), PowerPoint slides.

2. Students' aids: Student's book, workbook, notebook.

III. ASSESSMENT EVIDENCE

Performance Tasks	Performance Products	Assessment Tools
- Match the sentences in Task a New Words. - Listen and repeat. - Read the article about healthy diets. - Read the questions and circle the correct answers. - Talk about foods one should limit or avoid eating and say why.	- Ss' answers. - Ss' answers. - Ss' answers/ presentation.	- T's feedback. - T's observation/ DCR. - T's observation. - T's feedback/Peers' feedback. - T's feedback

IV. PROCEDURES

4.1. Warm-up: (5')

a. Objective: Ss draw upon their prior knowledge to answer warm-up questions.

b. Content: Unit 1 – Lesson 1 – Let's Talk– p.4

c. Expected outcomes: Ss take part in pair tasks and use vocabulary related to the lesson.

d. Organization of the activity:

TEACHER'S ACTIVITIES	STUDENTS' ACTIVITIES
<p>Let's Talk! Look at the picture. Who do you think eats more healthily? Why? What do you do to stay healthy?</p> <ul style="list-style-type: none"> - Have Ss work in pairs to answer the questions. - Have Ss share their answers with the class. 	<ul style="list-style-type: none"> - Work in pairs. - Share answers.

4.2. New lesson (35')

A. Activity 1: Pre-Reading (12')

a. Objective: Ss preview and learn the layout of the lesson including vocabulary and the article.

b. Content: Unit 1 – Lesson 1 – New Words – Task a & b– p.4

c. Expected outcomes: Ss can talk about foods and diets using the new vocabulary.

d. Organization of the activity:

TEACHER'S ACTIVITIES	STUDENTS' ACTIVITIES
<p>Task a. Match the sentences. Listen and repeat.</p> <ul style="list-style-type: none"> - Demonstrate the activity. - Have Ss read the sentences, then match the sentences on the left to the ones on the right. - Have Ss work in pairs to check each other's answers. - Play audio (CD1 – Track 02). Have Ss listen and repeat. - Correct Ss' pronunciation. <p>Note: For a non-digital classroom (without DCR). T can write the words on the board for Ss to guess. Then correct the answers with the whole class.</p> <p>Task b. In pairs. Talk about which foods you limit or avoid eating and say why.</p> <ul style="list-style-type: none"> - Have Ss work in pairs. Ss take turns talking about the question with their partner. - Have Ss share their answers with the class, then have Ss invite another pair to read their answers. 	<ul style="list-style-type: none"> - Observe the teacher. - Read the sentences then match them. - Check answers with a partner. - Listen and repeat. <p style="text-align: center;">Answer keys</p> <ol style="list-style-type: none"> c e d f a b <ul style="list-style-type: none"> - Work in pairs. - Share answers then invite another pair.

- Have Ss read instructions and underline the keywords in the Reading task.	- Read the instructions and underline the keywords.
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B. Activity 2: While-Reading (17’)

a. Objective: Ss identify their purpose for reading and develop a deep understanding of the text with varied complexity.

b. Content: Unit 1 – Lesson 1 – Reading – Task a, b & c – p.5

c. Expected outcomes: Ss can read for gist and specific information.

d. Organization of the activity:

TEACHER’S ACTIVITIES	STUDENTS’ ACTIVITIES
<p>Task a. Read the article about healthy diets and choose the best title.</p> <ul style="list-style-type: none"> - Have Ss read the article and choose the best title. - Give answers to the whole class. <p>Task b. Read and circle the correct answers.</p> <ul style="list-style-type: none"> - Have Ss read the article and circle the correct answers – underline or highlight the supporting ideas. - Have some Ss give answers and provide the corresponding supporting idea. - Give feedback. <p>Task c. Listen and read.</p> <ul style="list-style-type: none"> - Play audio (CD1 – Track 03). Have Ss listen and repeat. 	<ul style="list-style-type: none"> - Choose the best title. - Check answers. <p style="text-align: center;">Answer keys</p> <p style="text-align: center;"><i>1. It’s easy to Eat Healthy</i></p> <ul style="list-style-type: none"> - Do the task and underline supporting ideas. - Read answers and give explanations. - Check answers. <p style="text-align: center;">Answer keys</p> <p style="text-align: center;"><i>1. c</i></p> <p style="text-align: center;"><i>2. c</i></p> <p style="text-align: center;"><i>3. a</i></p> <p style="text-align: center;"><i>4. b</i></p> <ul style="list-style-type: none"> - Listen and repeat.

C. Activity 3: Post-Reading (6’)

a. Objective: Ss can make the connection to the reading text and talk about themselves.

b. Content: Unit 1 – Lesson 1 – Reading – Task d – p.5

c. Expected outcomes: Ss can talk about their diet.

d. Organization of the activity:

TEACHER’S ACTIVITIES	STUDENTS’ ACTIVITIES
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Task d. In pairs: How does your diet compare to the Healthy Eating Plate? What foods do you need to eat more/less? - Have Ss work in pairs to discuss the questions. - Have some Ss share their answers with the class.	 - Discuss in pairs. - Share answers with the class.
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4.3. Consolidation and homework assignments (5')

* Consolidation

- Review key vocabulary words from the lesson with the correct pronunciation.

* Homework:

- Do the exercises in WB: Unit 1 - Lesson 1 – New words + Reading (pages 2 & 3).
- Play the consolidation games in Tiếng Anh 11 i-Learn Smart World DHA App on www.eduhome.com.vn
- Prepare: Lesson 1.2 – Grammar (pages 6 & 7 – SB).

V. REFLECTION

- a. What I liked most about this lesson today:

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- b. What I learned from this lesson today:

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- c. What I should improve for this lesson next time:

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