## Leon ISD Student Health Advisory Council Meeting Minutes Meeting Date: 3/26/2024

Meeting called to order at 3:51pm by Julie Noey

Members present: 8 members present so a quorum was established. Julie Neyland, Rachael Robinson, Stacy Brent, Katherine Cunningham, Amanda Hardy, Catie McCune, Elise Watson, and Julie Noey.

- 1. Counseling, psychological and social services. SRO, Randy Baines scheduled to speak on vaping to JH on April 30, 2024. Elise Watson to speak with him about talking about suicide awareness as well.
- Family and Community Involvement. Walk for Heart Health was hosted on February 22nd and 23rd and was successful. All students participated and some family members also participated.
- 3. Substance Abuse. No updates.
- 4. Health Education. Fitness gram to be completed by end of school year.
- 5. Health promotion for staff. Both campuses just started a nine week biggest loser challenge with 15 participants.
- 6. Nutrition Services Wellness policy development worksheet from TASB provided by Julie Noey. Members reviewed the worksheet and approved and edited sections accordingly. Julie Noey to meet with Katherine Cunningham to prepare a final policy to send out to SHAC members for voting.

Old Business - None

Open Discussion - None

Recommendations to be brought before the board: None at this time

Closing Remarks/Adjournment: Meeting adjourned at 4:38pm