

ODYSSEY OF ONSLAUGHT

✓/✗	 Today's Missions & Strategic Steps To Success  (Tackle each mission, step by step, and track your progress.)
1. ✓/✗	 MISSION: 2 researches  Strategic Steps: open up top player doc and prospects insta. Go through testimonials and comments. Anywhere else they might be predominant? (1.25 hours - 2 hours) Walk before write fv.
2. ✓/✗	 MISSION: 2 FVs  Strategic Steps: do after you identify what they might need Could be anything TIME 6.5 MINUTES PERPROSPECT Make fv. If possible 2 fvs in 1 session. If not go for a walk its ok (1.5 - 2.5 hours)
3. ✓/✗	 MISSION: go through and understand 5 cta vids.  Strategic Steps: sit up right. Engage your brain Come up with 5 examples of how you could use it in your copy for each cta vod (30 mins)
4. ✓/✗	 MISSION: find 5 prospects again.  Strategic Steps: use AI, search methods on YT. keep scrolling. You might find. Following list, try even on pinterest. FB following list?
5. ✓/✗	 MISSION: read crypto stuff and watch an old MPUC/new one  Strategic Steps:
6. ✓/✗	 MISSION: make 2 outreaches + send  Strategic Steps: refer to past outreaches Apply: better CTA/new one. (you decide)

 / 	 Today's Missions & Strategic Steps To Success  (Tackle each mission, step by step, and track your progress.)
	Use negative advice to make it better. Run it through. Thens end after a walk/tate shorts
7.  / 	 MISSION: review 4 copies + 1 swipe imagery  Strategic Steps: 1 swipe imagery everytime Review copies before making adjustments to outreach/fv
8.  / 	 MISSION:  Strategic Steps:
9.  / 	 MISSION:  Strategic Steps:
10.  / 	 MISSION:  Strategic Steps:
11.  / 	 MISSION:  Strategic Steps:
12.  / 	 MISSION:  Strategic Steps:
13.  / 	 MISSION:  Strategic Steps:
14.  / 	 MISSION:  Strategic Steps:
15.  / 	 MISSION:  Strategic Steps:
16.  / 	 MISSION:

✓/✗	 Today's Missions & Strategic Steps To Success  (Tackle each mission, step by step, and track your progress.)
	 Strategic Steps:
17. ✓/✗	 MISSION:  Strategic Steps:
18. ✓/✗	 MISSION:  Strategic Steps:
19. ✓/✗	 MISSION:  Strategic Steps:
20. ✓/✗	 MISSION:  Strategic Steps:

	 Date of Determination 
Date:	8/13

 Igniting Your Flame - Outshine Yesterday's Blaze 
Yesterday's Overall Benchmark Score to Surpass Today = 60% SURPASS IT

	 3 Blessings I Cherish This Morning 
1.	I thank god im not an african child slave who works in the mines...

2.	Im glad i got sufficient protein on my table
3.	Im glad I have enough water by my side and just need to tap a button for it.

	 Magic Trio: 3 Priority Missions  (These are non-negotiable tasks and must be conquered today!)
1.	2 fvs
2.	2 outreaches
3.	Apply fixes



Hourly Commitments & Reflections



(Design each hour with intention and reflect upon its journey)

Mission 🏆	Mission: What will I do?
Strategy 🔍	Strategy: How will I do it, step-by-step action?
Reflection ✍️	Reflection: Was the mission accomplished? If not, what stopped me?
Score 🏆	Hourly Score: How did this hour measure up to my standards? Good or bad...

(Continue for each hour, and remember to only include relevant hours for your active day.)

9 AM: Mission 🏆	
Strategy 🔍	
Reflection ✍️	
Score 🏆	

10 AM: Mission 🏆	100 light push ups then cook and eat
Strategy 🔍	coffee.
Reflection ✍️	Work with speed.
Score 🏆	1

11 AM: Mission 🏆	Research 1 - DONE
Strategy 🔍	open up top player doc and prospects insta. Go through testimonials and comments. Anywhere else they might be predominant? (1.25 hours - 2 hours)
Reflection ✍️	Still neded time to go through testimonials doc
Score 🏆	. 1

12 PM: Mission 🏆	Walk into research 2 - DONE FINALLY
------------------	-------------------------------------

Strategy 🔍	open up top player doc and prospects insta. Go through testimonials and comments. Anywhere else they might be predominant? (1.25 hours - 2 hours)
Reflection ✎	Still doing research 1 + dad said he needed me to drive him and he cancelled... wastign 20 mins of my time ffs
Score 🏆	1

1 PM: Mission 🏆	Lunch + 1 fv
Strategy 🔍	Eat fast after you identify what they might need Could be anything TIME 6.5 MINUTES PER PROSPECT Make fv. If possible 2 fvs in 1 session. If not go for a walk its ok (1.5 - 2.5 hours)
Reflection ✎	Honestly i felt Like i couldve been faster. THough I did complete it in the time range for now
Score 🏆	1

2 PM: Mission 🏆	Walk into fv 2
Strategy 🔍	after you identify what they might need Could be anything TIME 6.5 MINUTES PERPROSPECT Make fv. If possible 2 fvs in 1 session. If not go for a walk its ok (1.5 - 2.5 hours)
Reflection ✎	Identified both. Then had to dorp off my dad.
Score 🏆	1

3 PM: Mission 🏆	Create 2 outreaches + 5 cta vids
Strategy 🔍	sit up right. Engage your brain Come up with 5 examples of how you could use it in your copy for each cta vod (30 mins)
Reflection ✍️	Im not on track at all bruh im a little slow
Score 🏆	0

4 PM: Mission 🏆	Make adjustments for outreach then walk
Strategy 🔍	Breath air. Watch some tate
Reflection ✍️	Nice walk. Though I scroleld on twitter for liek 30 minutes...
Score 🏆	0

5 PM: Mission 🏆	find 5 prospects again. Review 4 copies and read through FV and outreaches
Strategy 🔍	🗺️ Strategic Steps: use AI, search methods on YT. keep scrolling. You might find. Following list, try even on pinterest. FB following list?
Reflection ✍️	done.
Score 🏆	1

6 PM: Mission 🏆	Continue review process and swipe and reading and adjusting flow
Strategy 🔍	Use AI to identify weaknesses and what not. Use ai for flow.

Reflection 	Good. I made FV here lmao Im behind on tasks. It seems like a slow start in the morning. Gotta add + 15 mins ish to my research
Score 	1

7 PM: Mission 	Dinner time + extra time to work on things
Strategy 	Extra base time to reflect. Go back to bootcamp and watch 30 mins in setp 2. Chat in off topic
Reflection 	Ate dinner at 8 cuz i just made 2nd fv
Score 	1

8 PM: Mission 	Find more prospects maybe hehe
Strategy 	 Strategic Steps: use AI, search methods on YT. keep scrolling. You might find. Following list, try even on pinterest. FB following list?
Reflection 	Found all. Did them all between
Score 	1

9 PM: Mission 	Send it out toward the end of the day
Strategy 	Time to watch vids here
Reflection 	
Score 	

10 PM: Mission 🏆	Gym time
Strategy 🔍	
Reflection ✍️	
Score 🏆	

11 PM: Mission 🏆	Gym time
Strategy 🔍	
Reflection ✍️	
Score 🏆	

12 AM: Mission 🏆	Come back home and sleep
Strategy 🔍	
Reflection ✍️	
Score 🏆	



Twilight's Review



Today's Learnings: Wisdom or lessons learned from the day

--

Victories Celebrated: Accomplishments and successes of the day

11/13. Lesser today. Lets keep it that way.

Stumbles Along the Way: Points of difficulty or mistakes made.
--

Found some brian fog form sleep deprivation to destroy my focus. Will still powerthrough fornnow.

Tomorrow's Illuminations: Plan how to improve and progress the next day.

If a timer is not on. I must always always always set it. No matter the cost.
Also should let loose with my copy and just do it. Then rely on the after math of adjusting to make it godod.

Consistencies to Keep: Recognize what worked well and should be repeated.
--

--

Communications: Identifying individuals to connect with.

--



Pending Missions: Tasks that remain uncompleted

Maybe pnescript only but that wasnt in my list today



Day's Overall Score: A final assessment of the day's productivity

11/13

Freestyle Thoughts Chamber:

(Let your thoughts flow here. No judgment, no boundaries.)

Pretty good. Did decent but not good enuf. Wil send these 2,
sleep, and repeat.