# - "28 Days To A Client" -

## The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. 🔽/🗙	1	Reading my bible 4 times per day
2. <b>V</b> /X	1	Reasearch before i outreach
3. <mark>/</mark> /X	1	Send 6 outreaches per day
4. 🚺/🗙	1	Practice my copy skills
5. <mark>//</mark> /	1 •	Drink plenty of water
6. <mark>/</mark> /X	1 •	Sit down and think of ways to be unique
<b>7.</b>	1 •	200 pushups
8. <mark>/</mark> /X	1 •	Find 10-20 prospects
9. <mark>/</mark> /X	2 -	Eat
<b>10. /</b> / <b>×</b>	2 -	Take professor Arno's Lessons
11. 🔽/🗙	2 -	Take 5-minute breaks after I finish my g work session
12. 🔽/💢	2 -	Morning power-up call
13. 🔽/💢	2 -	Keeping my promises
<b>14.</b>	3 ·	Helping my mom out a bit
<b>15</b> . <b>/</b> / <b>×</b>	3 ·	Taking a lot of notes
<b>16.</b>	3 ·	Make my bed in the morning
<b>17.</b> 🔽/🗙	3 ·	Help people in HU chat's
<b>18.</b>	3 ·	Taking a cold shower
<b>19.</b>	3 ·	Going for a run
20. <b>V</b> /X	3 ·	Selling candy at school

### **Day Number:**

#### Date:

## Start Of The Day - Time:

	igstyle 3 Things That I Am Excited To Have In The Future? $igstyle$
1.	To escape the matrix
2.	To be financially free
3.	For my mom not to worry about how we are going to get money



## [Track+Measure=Improve]

\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
<u></u> Intention:	Intention = What Is My Plan Of Action To Complete This Task For This Hour?
/ Reflection:	Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

## **My War Mode Words:**

- 1. I Am Acting With No Limits To My Abilities!
- 2. I Am Being All That I Can Be, Every Hour And Every Day!
- 3. Every Word I Am Saying And Though I Am Thinking Is Positive!
  - 4. I Am Being Enthusiastic About Completing Each Task!

## 5. I Am The Best Copywriter In The World!

# (Delete Any Boxes Below That Are Before The Time That You Start Your Day In Your Own Copy

⊅ 6 am: iask ⊅	skills for one hour
🔔 Intention 🔔	To get in the habit of doing this so i dont have a issue later
/ Reflection /	Their is no excuse for not completing this task when i get home i have to do 200 more pushups so can teach myself a lesson

\$ 7 am: Task \$	Eat breakfast get ready and go to school
🔔 Intention 🔔	I have to go or my mom will kill me
/ Reflection /	I completed this task without issue

Task \$	
🔔 Intention 🔔	My plan is to always complete this task
/ Reflection /	Yes i completed it easily

Get home read the bible/ pray get undressed and eat

\$ 3:48 pm:

\$ 4 pm: Task \$	Get to work First do 100 pushups and then research my clients for one hour And no distrcations
🔔 Intention 🔔	My plan is to shutoff all distractions and get to work
/ Reflection /	Complted in 90 minute deep work session

¢ 5 nm· Tack ¢	Send out 3 quality outreaches find ways to be unique
φ 3 hiii. iaak φ	send out a quadry outreaches into ways to be unique

🔔 Intention 🔔	Alwasy have to do this
/ Reflection /	
\$ 8 pm: Task \$	Stop and read the bible and pray, then get back to sending out outreaches
🔔 Intention 🔔	Always have to give thanks to god
/ Reflection /	Completed
\$ 9 pm: Task \$	Finish up sending outreaches and start finding 10-20 quality prospects sit down and analyze what niche is the best for you to work with
🔔 Intention 🔔	To find more potential clients
/ Reflection /	Complted
\$ 10 pm: Task \$	Finsh up take out the trash take a shower brush my teeth Get ready for bed
🔔 Intention 🔔	Night time habit
/ Reflection /	I completed it fast and effective

\$ 11 pm: Task \$	Read the bible pray and go to sleep
🔔 Intention 🔔	Give thanks to god
/ Reflection /	Did it with es



🧠 What Did I Learn Today?🧠

That i can get these tasks done its just i was being to much of a p\*\*\*y to start the only way to get somewhere in life is to work hard and escape the matrix

www.What Do I Plan To Do Differently Tomorrow?

To complete every single task and be more specfic on the task

🔤 What Do I Plan To Do The Same Tomorrow? 🔤

**Complte my tasks** 

📱 Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?📧

<b> I I I I I I I I I </b>

# **Brain Dump:**