

## Title of manuscript (Arial Black, 16)

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**Abstract.** Abstract consists of 250 words maximum and follows the structure of review articles including; background (one sentences), objective, materials and methods, results, conclusion, and recommendation. The abstract should be written as a single paragraph without these headers. For this reason, references should be avoided. Also, non-standard or uncommon abbreviations should be avoided, but if essential they must be defined at their first mention in the abstract itself. Abstract Written Times New Roman font size 11.

**Keyword:** Keywords should not more than 5 words. Keywords are written from the most common and important ones.

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## INTRODUCTION (Times New Roman, 12)

This part you have to explain the reason why you this study (GAP) should be conducted. Explain to others why your work is important by being able to recount the bigger picture. Reference (literature or research) need to be included in this section, related to justification of urgent research, the emergence of research problem, alternative solutions and solutions chosen. Please describe in narrative format and not using sub-chapter.

## OBJECTIVE (Times New Roman, 12)

State the purpose of the study clearly

## MATERIALS AND METHODS (Times New Roman, 12)

Explain in detail about the research design, settings, time frame, variables, population, samples, sampling, instruments, data analysis, and information of ethical clearance fit test.

## RESULTS (Times New Roman, 12)

Result should be presented continuously start from main result until supporting results. The results should be presented in the detail follow the objectives. It also allowed to present diagram, table, picture, and graphic followed by narration of them.

Figures, tables, and diagram should be editable ones.

Figures's remarks placed in bottom .

The title of figures placed after the remarks with single space.

The title of tables should be written first with Times New Roman 12, single space  
Content of the tables should be written using Times New Roman 11 single space and the

remarks of tables placed in the bottom with Times New Roman 12, single space.

**Example tables for results (systematic review and tables if more variables)**

**Tabel 1. Analysis Journal table**

No	Title, Author, Years	Research Design	Sample	Variable	Result
1	Behaviour model for diabetic ulcer prevention, Sukartini T, et al, 2020	Explanative observational design, with a cross-sectional approach	133 respondents consisted of DM patients who had underwent treatment at the internal medicine clinic of Sidoarjo District Hospital	Behaviour model for diabetic ulcer prevention	Predisposing factors (knowledge), supporting factors (availability of health facilities and accessibility of health re- sources) and driving factors (the role of health workers and family support) significantly influence the main factors (attitudes toward behaviour, subjective norms and perceptions of self-control) with a statistical T value>1.96.
2	Illness beliefs predict self-care behaviours in patients with diabetic foot ulcers: A prospective study, Vedhara K, , et al., 2014	A prospective study	Patients (n = 169) were recruited from outpatient podiatry clinics	Independent: self-care behaviours, dependent: diabetic foot ulcers	Even after controlling for past foot-care behaviours, age and ulcer size; patients' beliefs regarding the symptoms associated with ulceration, their understanding of ulceration and their perceived personal control over ulceration emerged as independent determinants of foot self-care.
3	Development and validation of a diabetes foot self-care behavior scale, Chin YF, Huang TT., 2013		Patients (n = 169) were recruited from outpatient podiatry clinics		Even after controlling for past foot-care behaviours, age and ulcer size; patients' beliefs regarding the symptoms associated with ulceration, their understanding of ulceration and their perceived personal control over ulceration emerged as independent determinants of foot self-care.
4	Nursing clinical practice changes to improve self-management in chronic obstructive pulmonary disease, Padilha JM., 2018		The sample comprised 52 nurses and 99 patients		The main elements of nursing clinical practice that were identified as a focus for improvement measures were the healthcare model, the organization of healthcare and the documentation of a support decision-making process.

## Example tables for results

### The Effect of Family Support to Mothers Attitude In Providing Basic Immunization In Baby

Table 3.1 Family Support To Mothers Attitude in Providing Basic Immunization

Variable	Attitude				Total		$\beta$	p value	Exp ( $\beta$ )	
	Supported		None Supported							
Family support	n	%	n	%	n	%				
Supported	98	79.9	25	20.3	123	100	1.536	0.0001	4.644	Significant
None Supported	17	42.5	23	57.5	40	100				

Table 3.1 showed that the mothers which had attitude to support giving basic immunization to the children had family support as much as (79.9%), meanwhile the mothers which hadn't attitude to support giving basic immunization to the children hadn't family support as much as (57.5%).

The statistical analysis result showed that mothers attitude in providing basic immunization was significantly influenced by family support ( $p < 0.05$ ). Exp. ( $\beta$ ) value is a prevalence ratio. Prevalence Ratio = 4.644 it means that mothers who did not have family support were at risk for the mothers which hadn't attitude to support giving basic immunization 4.644 times greater than mothers who had family support.

## DISCUSSION (Times New Roman, 12)

State how your results **extend the findings** of previous studies. **Compare** your results with those from other studies and theory. Are they consistent? If not, discuss possible reasons for the difference. And the implications for the development of concepts or science.

## CONCLUSION (Times New Roman, 12)

State your main conclusions clearly and provide recommendation for further researcher related to your study

## Acknowledgement (Times New Roman, 12)

## Funding support (if any)

## REFERENCES (Times New Roman, 12)

The references should follow the Vancouver style. The references should be listed by number:

- (1) West F, Sanders MR, Cleghorn GJ, Davies PS. Randomised clinical trial of a family-based lifestyle intervention for childhood obesity involving parents as the exclusive agents of change. *Behaviour research and therapy*. 2010;48(12):1170-9
- (2) Ignatavicius, Workman, & Mcleod ME. (2010). *Medical Surgical Nursing; Patient-Centered Collaborative Care (6<sup>th</sup> ed)*. Saunders, (2010), chapter 67, pp. 1465-1521

## Examples:

### Journal

West F, Sanders MR, Cleghorn GJ, Davies PS. Randomised clinical trial of a family-based lifestyle intervention for childhood obesity involving parents as the exclusive agents of change. *Behaviour research and therapy*. 2010;48(12):1170-9.

### Book

Ignatavicius, Workman, & Mcleod ME. (2010). *Medical Surgical Nursing; Patient-Centered Collaborative Care (6<sup>th</sup> ed)*. Saunders, (2010), chapter 67, pp. 1465-1521.

### Unpublished thesis

Pamungkas RA. *Effect of family-based dietary self management support program on dietary behaviors in patients with type 2 diabetes mellitus in Indonesia*. (2015). Unpublished master's thesis of Faculty of Nursing, Prince of Songkla University, Thailand

### Website

World Health Organization. Global Health Observatory (GHO) Data. 2017. <http://www.who.int/gho/en/>.

