SGA Health, Safety and Sustainability Committee Meeting
04/01/2018

Attendance: Clarissa Chen, Alex Walinskas, Dean Chien, Lauren Paulet, Ash Panakam; Excused Absences: Sam Mollin; Aspen Williams.

I. Stomp the Stigma Campaign Updates

1) **Mental Health Roundtable:** Last thursday, March 29th, 2018 we held a mental health roundtable in the Levering Lounge which about 30 students attended. We had four panelists share their experiences with mental health, answering the following questions that moderator and Class President Dean Chien presented:
    a) Is there a stigma around speaking about mental health on campus? If so, how can we change this culture?
    b) What has your experience been with your mental health while at JHU?
    c) Do you believe professors have sufficient concern/training for student mental health? Staff? Friends and peers?
    d) How accessible do you feel mental health resources are on campus? Have you used these resources?
    e) What are the best things you have done on campus for your own wellbeing?
    f) What do you believe are some campus sources of stress, anxiety, etc. that we should work to improve?
    g) What advice would you share with your classmates who are dealing with their own mental health issues?

2) Feedback on Mental Health Roundtable
    a) One student who attended the event reached out to the Facebook event page expressing concerns on how the conversation shifted from the stigmatization of mental health to the issues with the Counseling Center.

3) **Communication with the Counseling Center:** Dr.Torres emailed Senator Alex wanting to met with her next week to receive the student feedback from the event. Once a time is settled, Alex will be opening the invitation to the remainder of committee members. Points to address:
    a) Creating an online system for making Counseling Center appointments
    b)

4) What Now?
    a) Perhaps we can host another roundtable toward the end of the semester
    b) Reserving the Terrace for the veggie straw and Mental Health Awareness information distribution on Sunday, April 8th from 1-4 p.m.
    c) What has happened to the Semicolon Banner order? Check to see if it has arrived, if so display it the week before finals.
    d) What has happened to the Fortune Cookies? Senator Aspen can

e) Senator Lauren will be approaching her Freshman Class Council on using their leftover button materials to make semi-colon buttons.

II. Menstruation Products

1. Senator Clarissa Chen met with CHEW and with SLI's Kirsten Fricke to inquire on the appropriate locations for the menstruation product distribution.
2. Caitlin Turney, who is in charge of the student monitors, has rejected Clarissa's idea of placing student monitors in charge of refilling the products.
3. We need to find a system to disseminate these products in a regular way.

III. Food Insecurity on Campus

1. Senator Lauren Paulet will be meeting with the Residential Life Advisory Board to address food security and share her experiences with food insecurity at Hopkins. See her Newsletter Submission here: https://docs.google.com/document/d/128pNJTH60DJBGeswJUMt7DPCx45EJHAgovk7s1SJmWY/edit?usp=sharing
2. Clarissa Chen spoke with the Swipe it Forward organization to see which ways students can utilize their swipes and dining dollars to students with food insecurity. The goal is to implement this system at Hopkins.
3. Real Food Hopkins will be working to get donations at the end of semesters
4. Emma Zeng, ezeng1@jhu.edu, is our point person for the food bank. The Junior Class Council had done a Food drive with their "Save a Slice" event and will be donating them to the new food bank.

Agents Working on Food Insecurity at JHU

1. SGA Freshman and Junior Class Councils
2. Real Food Hopkins/ OMA Food Bank: ezeng1@jhu.edu
3. CSC Gia Grier Mcginnis
4. CSS: Dr. Irene Ferguson
5. Academic and Student Services Office (Under Dean Wilson): Special Advisor Emily Calderon: emily.calderone@jhu.edu