

Hi,

I am looking forward to seeing everyone tomorrow, **Thursday, May 18 at 1PM CDT** for our Learn & Discuss session over Dating and Relationships on the Autism Spectrum.

[Link to join](#) (same as the link in your confirmation emails)

Here is what you can expect:

First 15-20 minutes: Welcome and Guided Introductions

Remaining time: Collaborative discussion based on a slideshow with info about our topic

You may participate with both camera and mic, mic only, or text chat only, according to your preference.

If you would prefer to type your answers in the text box, feel free to let me know when the session starts. You could type something in the box like, "I'll share my answers here!"

Guided Introductions

This is an opportunity to get to know each other and learn from others' experiences. Please only share personal information if you feel comfortable doing so.

Introductions will go in the order of first names sorted alphabetically:

Abi
Aleacia
Alex
Braxton
Dana
Elizabeth
Heather
Jenn
Jessica
Jill
Josh
Karen
Kat
Sophia
Steffen

The suggested introduction questions for you to answer are:

- What's your name and where are you from?
- What's one thing that instantly makes your day better?

Please answer according to your level of comfort. If you'd like to skip any question, that is perfectly acceptable.

Collaborative Discussion

Not everyone will answer each question, and I will actively guide the discussion during the slideshow, possibly incorporating a new question if it fits the conversation. You may participate by clicking a button to raise your hand, or typing questions/responses in the text box. There is no need to prepare answers beforehand. I just like giving you the opportunity in case it is helpful to you.

Some questions I plan on covering throughout the slideshow are:

- What is one communication challenge you face? (oversharing, withdrawing, going non-verbal, etc.)
- What are you looking for in a relationship (romantic or platonic)?
- How do meltdowns affect your relationships?

I know the unknown can be unsettling, so I've tried to answer as much as I can here about what to expect. Please let me know if you require any additional accommodations or clarifications.

After our session together I will send a follow up email with information about how to join my private online community so that you can continue communicating with one another and/or seeking support.

Thank you for your time. I am looking forward to our session together.

Taylor