



Humboldt County Children and Families Commission

<http://first5humboldt.org/>

Parent and Family Support (PFS) Community Advisory Committee

**Thursday September 11, 2025
10:30 am to 12:00 pm**

The Parent and Family Support Committee advises the Commission on matters related to the 2020-2025 Strategic Plan's Focus Areas 2 and 3: Family and Child Well-Being and Professional Capacity. These community representatives help us look deeper at our funded programs and partnerships, with a focus on building a developmentally, culturally and trauma-responsive workforce, and helping our work prioritize prevention and family-strengthening principles.

Meeting Location: First 5 Humboldt Office – 325 Second St., Ste. 201, Eureka CA

Attend virtually via this link: [Join the meeting now](#)

Please let us know if you are attending virtually.

We acknowledge that the First 5 Humboldt office is located on land within unceded Wiyot territory. We honor the Wiyot people who came before us, the community that is with us now, and the future Wiyot people. First 5 Humboldt serves the areas that are the traditional, ancestral, and present homelands of several indigenous nations, including the Hupa, Karuk, Mattole, Wailaki, and Yurok that make up Humboldt County. We encourage direct giving to Tribes and Native-led efforts, including the Wiyot Tribe honor tax.

Agenda:

El orden del día en español está disponible pulsando aquí

[W Septiembre de 2025. Orden del día de la reunión del Comité PFS.docx](#)

Chair: Megan Blanchard

- I. **Welcome and Introductions** (10 minutes)
Any member of the Committee who has a conflict of interest with any agenda item is asked at this time to notify the Committee of his or her conflict and affirm that he or she has not discussed the item with any First 5 staff, fellow committee members or commissioners. Announcing conflicts at this time will help the Chair announce Committee member recusal for specific agenda items so that it can be noted in the minutes.
- II. **Public Comments and Member Updates** (10 minutes)
- III. **Approval of the Minutes** (5 minutes)
Reference: The committee will review for approval draft minutes for the previous meeting [Draft May.2025 PFS Committee Meeting Notes](#)

- IV. Information Item: Help Me Grow Humboldt Presentation (Ana, 15 minutes)
Reference: First 5 Humboldt staff member, Ana Guerrero-Gonzalez will provide program information about Help Me Grow Humboldt
[Help Me Grow Flyer](#)
[Help Me Grow Postcard](#)
[Help Me Grow Rackcard](#)
- V. Information Item: Playgroup Updates (Heidi, Mary Ann, 20 minutes)
Reference: Committee members will be updated on First 5 Humboldt Playgroups, funding transitions, and partnership with Redwood Coast Regional Center
[Playgroup Registration and Sign-in Instructions](#)
[25.26 Playgroup Grant Cycle Breakdown](#)
[Playgroup Schedule](#)
- VI. Discussion Item: Legislative Changes and Responses (Mary Ann, 15 minutes)
Reference: Overview of HR1 and discussion about local response
[Overview of HR1](#)
- VII. Discussion Item: Agenda Items for the Upcoming Year (Heidi, Mary Ann, 15 minutes)
Reference: Committee members will provide input on priority topics for First 5 Humboldt presentations and updates in the year ahead
- VIII. Information Item: Other First 5 Humboldt Updates (10 minutes)
CYBHI & Triple P
[Sept. Triple P Series Flyer](#)
[Paso a Paso/First 5 Humboldt Triple P Flyer](#)
Summer Updates
[Family Water Safety Pamphlet](#)
[First 5 Humboldt Baby Shower](#)

Volunteer Stipend Request Form [Request Form](#)

Next Regular Meeting: Thursday, November 13, 2025, 10:30 am-12:00 pm

Members of the public are encouraged to attend and offer public comment.

Any person who wishes to request the agenda or other meeting materials be mailed to them or who requests this agenda in an alternative format, requires translation services, or needs any disability-related modification or accommodation, including auxiliary aids or services which would enable that person to participate in the meeting should make that request to first5humboldt@co.humboldt.ca.us at least seven (7) days prior to the meeting date. The in-person meeting is typically held in a conference room that is wheel-chair accessible and disabled parking is available in the parking lot immediately adjacent to our location.

