

Mapping informal learning for future work

Aim: Discover your informal competences. These are the skills you learn outside the classroom. It can help you embrace your uniqueness, learn from your successes and failures, and enable you to share your strongest skills and competences to future employers.

For the teachers:

Show the students what they can learn from daily experiences, family, work or leisure.

Share together informal learning examples. Relevant experience can be any experience that can help you step into a new job and function well at work.

A student in Oslo shared his experience of learning the informal way: *“Working in Norway, I learned why it is important to be on time for work. It shows that I am a responsible person.”*

We found inspiration creating this task while working together with collaboration partners from the mentoring program *“Sammen om en jobb”*, who participated in the seminar in Oslo. This is their homepage:

<https://www.sammenomenjobb.no/>

Time: 2 hours

Language use: speaking, listening, reading, writing.

Language skill: Low-intermediate/intermediate English level

Material required:

With this task, check out our other tasks as well named [*“Soft Skills and Qualities when looking for a job”*](#), where students learn about the personal qualities that are good to have for different jobs and professions.

Things you learn in life

Daily life in the Nordic countries What have you learned about yourself by moving to a Nordic country and learning a new language?	Family and upbringing What skills from your upbringing might be relevant for a job?
Cultural understanding In what way can knowledge of other cultures make it easier to adapt to a new one?	Your greatest accomplishment What is the greatest accomplishment of your life?
Work and studies What social skills have you acquired through work experience and study?	Challenges What are the biggest challenges you have faced in your life and what have you learned?

Volunteer work What have you learned through voluntary work such as babysitting or being a gym buddy?	Leisure What have you done in your spare time that could be relevant in a job?
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