

Flower Mound 2 MILE Invitational
Saturday, August 22nd, 2026

Location

Shadow Ridge Middle School
2050 Aberdeen Drive, Flower Mound, Texas

Schedule will be as follows:

7:00 AM Varsity Girls (15 Runners)

7:20 AM Varsity Boys (15 Runners)

7:40 AM JV Girls (Unlimited)

8:05 AM JV Boys (Unlimited)

Team Camps

Will be located at Shadow Ridge Middle School Stadium

Course

Flat and fast course by Shadow Ridge Middle School
HS Race 3200

Entry Fees

\$500 per HS team (girls/boys)

\$20 per individual- must represent your school.

No unattached athletes

Make check to Flower Mound Cross Country Booster Club

Mail to 3411 Peters Colony Drive, Flower Mound TX 75022
Attention: Andrew Cook

Entries

Please enter on tx.milesplit.com by 8/20/26 @ 12:00 PM

**Please send all event related questions to: Andrew Cook through email
cooka@lisd.net or by phone 972-762-9198**

Shadow Ridge MS
2050 Aberdeen Rd.
Flower Mound

2 Mile Course
1st Lap- 5,165'
2nd Lap – 5,395'

Shadow Ridge Trl

Shadow Ridge Trl

Shadow Ridge Trl

S

1M

F

Shadow Ridge MS

2 Mile Course
1st Lap- 5,165'
2nd Lap – 5,395'

1M

F