# Fatal Femme Agency:

A Musical Live Show Reclaiming Appalachian Murder Ballads



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Host: I hope you showed up today expecting to hear about murder, because that's what's about to happen.

First let's talk about what murder ballads are and why I'm talking to you about them right now.

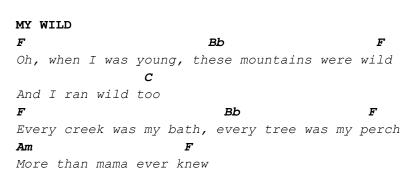
When I say murder ballads, I'm specifically talking about Appalachian murder ballads. They're a form of oral pop culture that draws influences from different immigrant groups that came into and replaced much of the original indigenous populations in the mountains tucked in the Mid Atlantic region during the colonial period.

There's a really basic format that you find in many of the more popular ones, where women's stories are framed as a sort of cautionary tale that reinforced traditional gender roles and punished women for transgressive relationships — especially sexual relationships outside marriage. A lot of them involve stabbing or drowning and tell things from the perspective of the typically male killer.

They're often gut wrenchingly violent morality plays that tell us a lot about how much our culture values women and I want to talk about them. So we're going to be part of the oral remix culture, and talk about these murder ballads from a feminist perspective in an effort to reclaim those narratives.

But sometimes you'll see historical examples that feature female murderers or more nuanced timelines — the old world ballad Lord Randall tells the story of the titular lord who slowly realizes he was just poisoned by the lover he came home from visiting.

And we're going to start with something a little deliciously subtle too: My Wild.



But my mama she knew a lotta other things

About birds n bees n flowers She showed me plants that can do a lotta help All those herbal super powers

#### [Instrumental break]

First the axes came, and they chopped down my wild Cut down all the trees in sight Every bird silenced, every deer shot dead Left the forest butchered by their blight

Then the mines came next, and they dug up my wild Blasted every mountain top around Every profit was pinched, every worker's life at risk And many bodies never found

# [Instrumental break]

Now I'm not young, but I still miss my wild And I miss my mama too Memories of every tender word, every tinkle of her laugh Remind me what I have to do

Tonight the coal baron and the timber boss will feast But I'll be the cooking all the food Every bite that they take, every drink that they down Will brighten up my dark mood

Because my mama she taught me a lotta special things About birds n bees n flowers She showed me the plants that could bring a lotta hurt All those herbal super powers

All those herbal super powers

Getting back to our history lesson, in some cases, ballads are the direct descendents of printed broadsheet murder ballads popular in Anglo-Saxon europe, like the Tennessee tune Knoxville Girl, which is a new world corollary of the Irish song the The Wexford Girl, which is actually derived from an even older English one.

[Knoxville Girl instrumental interval if desired]

The Appalachian tradition of murder ballads also incorporated diverse musical influences from enslaved and free African Americans, like the inclusion of the banjo.

There are some traditional offerings of this genre that get their stories directly ripped from the headlines. You have to think back and recognize that this is a mass migration with varying levels of literacy — so stories really mattered.

And instead of keeping up with what once was Twitter, or TikTok, people got their gossip around campfires — often with a lot of alcohol and vocal lubrication. In that context it was both news and entertainment, a lot like, well, the same social media circles we rely on today.

Maybe a singer forgets a few verses so the story changes one night, or claims to remember more details the next - It's one big game of musical telephone.

That's certainly the case with Tom Dooley, a song based on a real killing of a woman named Laura Foster in the mountains of North Carolina in 1866.

Nearly a century later, a version that entirely erased Laura's name from the tune by the Kingston Trio became a smash pop hit in 1958 near the beginning of the folk revival.

But we're going to do our own little spin on it now.

# SING 'BOUT LAURA FOSTER (to the chords of "Tom Dooley")

[Chorus:]

Still singing about Tom Dooley Hanging his to head to cry?
Let's sing 'bout Laura foster, Who at his hands did die

She met him on the hillside To become his wife She met the hillside and there, there he took her life

She went to the roadside where he begged to be excused She went to the roadside, then he hid her clothes and shoes.

[Chorus]

She found him on the mountain

There he took her life

She found him on the mountain

Then he stabbed her with his knife

She laid in a grave four feet long and dug just three feet deep A blanket of cold clay over her And trampled with his feet

[Chorus]

Trouble, oh, it's trouble a-rollin' through her breast
As long as he's a-livin',
her soul ain't gonna get no rest

But tomorrow they're gonna hang him, tomorrow, He's be dead Despite the plea he never hurt hair on poor little Laurie's head

# - BRIDGE SOLO -

In this world and one more, then reckon where she'll be
If it wasn't for Sheriff Grayson, Dooley's be in Tennessee
You can take down his old violin and play it all you please
For at this time tomorrow, it won't be of use to Dooley

Now at this time tomorrow, folks, where do you reckon she'll be? Haunting yonder in the holler, as he hangs from a white oak tree

[Chorus]

Stop singing about Tom Dooley Hanging his to head to cry.
Time to sing bout Laura foster, Who at his hand did die

A big focus of these type of songs were major crimes that happened, obviously. And there's a lot more I could say about Tom Dooley.

It's a drama with everything, much more than the love triangle - there are mountains of court records about the alleged group syphilis infection that spurred the murder, and a cottage tourism industry that is now part of the local social fabric.

But we also have more originals on deck.

And next we have a spin on a train heist song next, called Prisoner's Plea.

#### PRISONER'S PLEA

Gm Fm

My mother sang me gospel

Gm Fm

And it never did quite sink in

Gm Fm

But heart to god I swear I tried

Gm Fm

to stay out of this life of sin

But the flu came took my children
The flood came took my house
And wouldn't you know the company store
Took damn near everything else

## [Instrumental break]

That was when he found me
Told me sweet little lies
Said we could run off, I knew he was wrong
But I closed tight both my eyes

He said: I know where they keep it
The silver in that vault
The bank will pay, we won't get caught
And it won't be your fault

## [Instrumental break]

We hit the train after sunset Ran into that dark night But as we went on, the barking got strong Got lost while gaining light

The hounds caught us as the sun came up

Gave him a nasty bite

But 'fore the cops came, I pulled out my gun

# And decided to end his fight

#### [Instrumental break]

After the gun went off, the sheriff rode in Threw me into this here jail
But until I'm let out, I'll scream and shout So listen to my tale

He said: I know where they keep it The silver in that vault He made me go, I fought him off This mess was all his fault

The original songs in this production are all vaguely set in the timber and mining boom around the turn of the century – albeit an imagined version  $\ \ \,$ 

And that's sort of how oral tradition works, with each new generation updating to share the different perspectives of the people who sing them. And it's continuing today — I remember, new feminist songs in the murder ballad vein like Goodbye to Earl by the band now called The Chicks when I was growing up, and this a musical project you're witnessing now.

Music is facing a #metoo movement reckoning right now and as a culture we're having to grapple with how or when to separate music from its creators.

Think about how you feel when the remix to Ignition comes on the radio now. Or maybe how you've felt about certain people on the Supreme Court for a few years.

Speaking of which, we're moving on to the song Injustice.

## INJUSTICE

 $\mathbf{E}m$ 

Before he was the judge, he was the bossman's son

Em

And when he had his whiskey

Am D7 Em

Every girl here knew to run

Sometimes he caught up, no matter how fast they ran But even screams were risky

Cause the law worked for The Man

G

So we kept it to ourselves, but thought almost every night  $\mathbf{Fm}$ 

"damn this place,

m D7

this injustice just aint right"

#### [Instrumental break]

His pa sent him to school, and he came back as the law Pretended to be fair and just Left our wounds open raw

But the girls he preyed on, we're grown women now We've learned who to trust
And what we can't allow

For weeks we came together, whispering almost every night "damn this place,
this injustice just aint right"

#### [Instrumental break]

We finally took the court, torches blazing in our hands Marched into face the judge Said justice we demand

When the coward tried to run, we blocked the courthouse door Took revenge for our grudge Now he can't hurt us anymore

As we watched the flames roar, we sang into the bright night "damn this place,"
We made that injustice right"

## [Instrumental break]

But even with him dead, the law took his side Threw us in this jail Just to protect their pride

The trial was a joke, it's punchline the gallows Our appeals will all fail we'll be buried somewhere shallow

But until they string us up, we'll chant together every night "damn this place,

That justice was our right"

But there's also just all of these really violent messages about women in America's music history, lyrically right out there in the open, in the oral history represented by Appalachia's murder ballads.

And I want to talk about - obviously, heck I must want to sing about it - because I do think there's something meaningful and powerful about sound, about coming together to join voices because that is part of joining forces.

Even when the world feels like it's trying to quash out your light, a song can make you feel like you can burn it all down.

## BURN IT ALL DOWN

Gm Cm

First there was the miner

Gm Cm

Said he would treat me nice

Gm Cm

But that all changed, with his drink

Gm Cm

His heart was cold as ice

But I knew how to melt it
I lit his cabin with a flame
His screams rose up with that black smoke
And I never felt the same

Cm G Gm

I watched them burn, burn, burn,

Em

I burned it all down

Cm

I only regret

Em G Gm

I Didn't light up that whole town

## [Instrumental break]

Then there was the banker Promised me a loan But then said I needed a man Wouldn't give me one alone

But even brick will crumble When the fire gets real hot So I poured the gas and struck the match And that's when I got caught

I watched them burn, burn, burn,

I burned it all down

I only regret

I Didn't light up that whole town

#### [Instrumental break]

Last there was the sheriff
Said he'd let me go free
But first he wanted was some personal time
With fiery little old me

So I gave him up my body
But once he closed his eyes
I left the bed for the hills
As my flames began to rise

So I watched them burn, burn, burn, I burned it all down
I'm so glad
I lit up that damn town

[Optional group howl meditation]

Alright, thank you so much for doing our little musical history lesson tonight.

We're going to say good bye with one more original haunting tune. And if you want to join for some audience participation, you can howl when you hear the words wolf or howl...

### TIMBER WIDOW'S LAMENT

 $\begin{array}{cccc} \mathbf{D}\mathbf{m} & & & \mathbf{A}\mathbf{m} \\ \mathbf{I} & \mathbf{Iost} & \mathbf{my} & \mathbf{Iove} \\ \mathbf{D}\mathbf{m} & & & \mathbf{A}\mathbf{m} \\ \mathbf{I} & \mathbf{Iost} & \mathbf{my} & \mathbf{Iove} \end{array}$ 

I lost him to the trees

Gm Dm Gm Dm

He went out on one cold dark night

And never came back to me

## [Instrumental break]

I saw the wolf
Out in the woods
I told my love to go
But there was no shot, just a howl
Never thought I'd feel so low

When we were young
My love was sweet
Never a harsh word to me
Now he's gone — how will I go on?
Just me and these dark trees

# [Instrumental break]

But the dark years
They made him mean
He lost his love for me
Left his marks where they couldn't be seen
And made me want to flee

The coal man came
To talk last month
Here's what he said to me
There's something black that'll make you rich
Underneath those old dark trees

# [Instrumental break]

I saw the wolf
Out in the woods
I told my love to go
Gave him his gun, but kept his shot
And no one has to know

I lost my love
I lost my love
I lost him to the trees
He went out on one cold dark night
And never came back to me