

# New York Zen Center - Online Contemplative Care Symposium

Building A Community of Care in Palliative and End-of-Life Care

**The COVID crisis has brought unprecedented stress to an already challenged healthcare environment. How can we support a shift in the culture of care toward relationship and resilience and away from the debilitating, transactional orientation that pervades healthcare facilities.**

Over two hundred physicians, nurses, social workers, counselors, and caregivers of all backgrounds gathered at the fourth national **Contemplative Care Symposium**, co-sponsored by **New York Zen Center for Contemplative Care** and **The Garrison Institute**.

This groundbreaking event gave voice to leading researchers, physicians, spiritual care providers and patient advocates who are transforming caregiving, and shared their insights on how to provide the most effective and compassionate palliative and end-of-life care possible.

**We are now offering a select number of keynote speeches during that sold-out event and past Symposiums and making them available online with unlimited lifetime access to view anytime and at your own pace.**

Watch talks by end-of-life care advocates and luminaries such as **Dr. BJ Miller** (TED speaker and Asst. Professor of Clinical Medicine UCSF), **Dr. Ira Byock** (physician, author, and advocate for palliative care), **Frank Ostaseski** (Zen Hospice pioneer and Founder and Director of the Metta Institute), **Dr. Diane Meier** (MacArthur “Genius Award” winner and Director of the Center to Advance Palliative Care), **Sebene Selassie** (author, meditation teacher and cancer survivor), **Dr. Rita Charon** (Founder and Executive Director of the Program in Narrative Medicine at Columbia University), **Anyen Rinpoche** (Tibetan master, Author of *Living and Dying With Confidence*), **Judy Lief** (former Dean of Naropa University, author and senior teacher in the lineage of Chogyam Trungpa Rinpoche), and **Dr. Mitchell Levy** (specialist in Intensive Care Medicine and a Professor of Medicine at Brown University School of Medicine).

As a bonus, you’ll have access to “**Extraordinary Measures**”, a moving and powerful one-man play written by **Eve Ensler** (*The Vagina Monologues*) and performed by the Academy-award winning screenwriter and actor **James Lecesne**.

If you are a professional working in palliative and hospice care, or providing care on a personal or volunteer basis, don’t miss this chance to learn from the pioneers

revolutionizing caregiving and join the growing movement to transform end-of-life care.

Each purchase goes to support the important non-profit direct care and educational work of **New York Zen Center for Contemplative Care** and **The Garrison Institute**.

## Course Curriculum

### Keynote Presentations

- Sensei Koshin Paley Ellison and Sensei Robert Chodo Campbell – “What Contemplative Care is Not” (33:41)
- Dr Ira Byock – “Death and the Meaning of Life” (63:45)
- Frank Ostaseski – “Don’t Wait” (45:23)
- Sebene Selassie – “Conscious Values vs Unconscious Conditioning-Getting Real About Implicit Bias in Ourselves and in Healthcare” (44:42)
- Jasmine Hill – “Re-envisioning a Community of Care” (27:07)

### Symposium Workshops

- Sensei Koshin Paley Ellison and Sensi Robert Chodo Campbell – “Resilience Training Workshop” (54:24)
- Dr Ira Byock – “Contemplating Community as a Verb” Workshop (52:39)
- Frank Ostaseski – “Compassion and Appropriate Response Workshop” (23:56)
- Jasmine Hill – “Bridging the Gap Between Health Delivery Systems, Community Organizations, and Faith Based Communities in Managing Advanced Illnesses Workshop” (44:41)

### Special Performances
















- “Extraordinary Measures”, A one-man play written by Eve Ensler and performed by James Lecesne (103:11)
- Special Performance by Eve Ensler (43:34)
- An Evening with New York State Poet Laureate Marie Howe (35:05)

### Past Symposium Featured Keynotes

- Dr. BJ Miller, MD, “The Civics of Dying Well” (32:36)
- Frank Ostaseski, “Compassion and the Appropriate Response- The Attunement to Suffering” (53:38)
- Anyen Rinpoche, “Dying With Confidence” (24:51)
- Dr. Mitchell Levy, MD, “Contemplative End-Of-Life Care Practice” (32:28)
- Dr. Rita Charon, MD, “The Shock of Attention” (41:25)
- Dr. Diane Meier, MD, “Palliative Care- The Gift of Human Presence” (62:31)
- Dr. Diane Meier, MD, “Caring for Pain- How to Approach Chronic Illness” (65:49)

- Sensei Robert Chodo Campbell and Sensei Koshin Paley Ellison, “The Great Matter of Life and Death” (27:40)

# Proof Content

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	3. Special Performances			2.4 GB
	4. Past Symposium Featured Keynotes			4.1 GB
	Screenshot.png			398 KB