

Sept 29-Oct 3, 2025 This Institution is an Equal Opportunity Provider.

Mon 9/29	Tues 9/30	Wed 10/01	Thurs 10/02	Fri 10/03
BREAKFAST				
Cereal w/ Fruit Smoothie	Breakfast Taco	Egg & Cheddar Sandwich	Berry Yogurt w/ Granola	Cinnamon Roll
LUNCH				
Loaded Potato Soup w/ Bacon Or Broccoli Cheddar Soup (V) Or PB&J <hr/> Garden Salad	Chicken Pasta Alfredo Or Pasta Alfredo (V) Or PB&J <hr/> Broccoli	Meatloaf Or Vega-Loaf (V) Or PB&J <hr/> Corn	BBQ Pork Sandwich Or BBQ Tempeh (V) Or PB&J <hr/> Baked Beans	Turkey Sante Fe Wrap Or Hummus Veg Wrap (V) Or PB&J <hr/> Carrots

\*All Meals are served with fruit and/or vegetables, whole grains, and a choice of 1% or skim milk.

Menu Abbreviations: V - Vegetarian (may contain dairy & eggs) DF - Dairy Free PB - Plant Based GF- Gluten Free