

<b>Course Title (English)</b>	Public Health in Mexico
<b>Academic Institution</b>	University of Oaxaca (UABJO)
<b>City</b>	Oaxaca
<b>Country</b>	Mexico
<b>Course Title (Spanish)</b>	Salud Pública en México
<b>Course Number</b>	SP - MED 400
<b>Sessions (Terms)</b>	Summer, Semester (Spring)
<b>Instructional Language</b>	Spanish
<b>Contact Hours</b>	45 (+ 15 hours medical shadowing)
<b>Credits (semester credits)</b>	3
<b>Credits (quarter units)</b>	4.5
<b>Prerequisites</b>	Advanced Spanish I
<b>Track</b>	Electives
<b>Notes</b>	

You must have passed Advanced Spanish I, or the equivalent, prior to taking the course. For those students who do not have the required level prior to starting the program, we suggest you enroll in the Summer III session and add on SUM I and/or SUM II in order to take Spanish classes to be at the Advanced II level by the time you start the Healthcare program during Summer III.

It is recommended that prospective participants have an interest or degree of study in medicine, nursing, or public health. Prospective participants who wish to expand their knowledge in the field of public health, who are capable of evaluating, analyzing and critically understanding the experience within a different context will be able to have a broader view of the context of health services in Mexico.

Prospective participants should have completed Advanced Spanish I or the equivalent (SP-265 at the University of Oaxaca). Participants should have the capacity to understand dialog, and conversation about themes with patient services along with the capacity to continue instructions and indications in Spanish.

## Course Description

The course is structured into two parts:

Part I: Lectures about the healthcare system in Mexico and visits to both private and public actors in the healthcare system, with the goal of understanding the reality of the Mexican healthcare system.

- Students will learn about the Mexican health system - both private and

public

- Students will learn the different types of medical services in Mexico
- Students will learn the different types of medical insurance in Mexico
- Students will understand the difference of the Mexican health system achievable for all citizens

Part II: Voluntary (practical) work in the Red Cross - Mexico or locations that fit the context related to public or private health. An approach to the area of nursing and the medical area.

- Students can help support translators in case there are foreign patients who do not speak Spanish.
- The participants in Oaxaca can assist and support the nurses at the Red Cross. Students will learn directly and students will have the opportunity to enter the operating room in case there is surgery during the volunteer hours.
- Students will learn how to use medical instruments and have an understanding of the medical area.

## Course Objectives

### General Objectives

- Students can identify, analyze and understand the Mexican healthcare system through lectures with experts in the white areas (areas of medicine, nursing, dentistry, clinical analysis, radiology, etc), and observe through volunteering in the nursing area of the Red Cross - Mexico or a similar public or private hospital or clinic.

### Specific Objectives

- Participants will observe, participate, and learn directly the dynamic and the work of the doctors in the Mexican healthcare system.

## Course Content

### Schedule

- The volunteer schedule of the participants can be in the morning or in the afternoons. It will depend on the needs of the Red Cross during the time of the program. Possible timeframes:
  - a. 11:00 - 2:00
  - b. 4:00 - 8:00

### Location of the Red Cross - Mexico

- Calle Armenta and López at the corner of Burgoa (across from the

Language School, Burgoa)

## Requirements

### Materials Required

- Participants are required to provide appropriate clothing (scrubs). All clothing must be white, including shoes. It is recommended to bring two changes of clothes.
- Facemasks
- Surgical gloves
- Protective eyewear (suggested)

It is a reality that in Mexico items such as facemasks and surgical gloves are often in short supply in medical centers, in particular the Cruz Roja (Red Cross). Please consider leaving any extra supplies as a donation.

## Assessment

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|---------------------------------|-----|
| • Participation and attendance: | 40% |
| • Volunteering:                 | 40% |
| • Project:                      | 20% |