

Marni Battista BIO

Marni Battista helps women in midlife figure out how to reinvent the next chapter of their lives without sacrificing what they've already built. As an entrepreneur, author, transformational coach, podcast host, wife, and mother, she knows firsthand the pressure of trying to "have it all."

With her trademark straight talk and humor, she helps women say "screw *the should life*," to overcome burnout and overwhelm and start living a life beyond their wildest dreams. She provides the tools and honest stories of her own journey to living a more aligned life in her book, *Your Radical Living Challenge: 7 Questions for A Meaningful Life* (Hay House, Jan. 2025).

She and her work have also appeared in The LA Times, The New York Times, The New Yorker, the Dr. Phil Show, On Air With Ryan Seacrest, and others. Find out more at marnibattista.com