Pass it On

5-10 minutes

SEL FOCUS

This activity helps to develop the **Self-Awareness** skill of Self-Efficacy, **Relationship Skills** (Building Working Relationships, Social Engagement), and **Responsible DecisionMaking** (Reflection).

OVERVIEW & PURPOSE

In this activity, participants silently share their ideas with each other.

When and Why: This activity enables participants to share ideas with each other in a quiet, focused way. It is particularly useful after a round of active engagement, and is especially appreciated by more introverted people.

MATERIALS NEEDED

1. Paper
2. Pencil

ACTIVITY

1. Provide a sheet of paper to each participant and instruct them to fold it so that the creases form six boxes and put their name in the upper-left box.
2. Ask participants to think of an important idea they have learned or that has recently been reinforced during the engagement.
3. Give participants one to three minutes to write it down in Box 1 (the box they wrote their name in).
4. Instruct participants to pass their sheet to another participant (e.g., the person next to them at the table), who will silently read what was written in the first box.

5. That person will add an idea in Box 2 (upper-right box). Explain that participants should not repeat ideas that are already listed, but rather should generate new ideas.
6. Ask participants to continue passing the papers and adding ideas until all of the boxes are filled with ideas.
7. When the papers are filled in, instruct participants to return the sheets to their original owners.

DEBRIEF

Debrief by asking, “What did you learn from reading your paper when it was filled in? Did anyone have similar ideas? Or ideas that pushed your own thinking?”

MODIFICATIONS AND VARIATIONS

Fold the papers into quarters if time is short. Invite participants to share out one new idea on their completed paper that they particularly like or agree with. This can be also done as a partner activity, trading papers with one other person. You may wish to give conversation time after the writing sections to discuss areas of disagreement and to clarify for accuracy and meaning.