

Bereavement Resource Books and DVDs Books

▪ **I Am My Grandpa's Enkelin.** *Wangerin Jr., Walter.* ISBN 9781557254689. The original tale is told by a granddaughter (Enkelin, in German), looking back in loving memory at all that her German-American grandpa taught her. A useful book to talk with children in preparation for, or after, they have experienced grief from the death of a grandparent. (\$21.95)

▪ **If Nathan Were Here.** *Bahr, Mary.* ISBN 0802852351. Named a "Best Children's Book 2000" by the Association of Theological Booksellers, this gentle picture book explores the grief of a young boy whose best friend has died. (\$10.95)

▪ **The Next Place.** *Hanson, Warren.* ISBN 0931674328. A classic, "The Next Place" brings gentle verse revealing a safe and welcome destination free from earthly hurts and filled with wonder and peace. A comforting message of hope and a gift of compassion for the bereaved. (\$20.00)

▪ **Badger's Parting Gifts.** *Varley, Susan.* ISBN 0688115187. All the woodland creatures love old Badger and when he dies, they are overwhelmed by their loss. They then begin to remember and through their memories, the animals find the strength to face the future with hope. (\$9.50)

▪ **Tear Soup: A Recipe for Healing After Loss.** *Schwiebert, Pat; DeKlyen, Chuck.* ISBN 0961519762. In this modern-day fable, a woman who has suffered a terrible loss cooks up a special batch of "tear soup", blending the unique ingredients of her life into the grief process. Along the way she dispenses a recipe of sound advice for people who are in mourning. (\$23.95)

▪ **The Gift of a Memory: A Keepsake to Commemorate the Loss of a Loved One.** *Richmond, Marianne.* ISBN 097414651X. A one-of-a-kind keepsake, The Gift of a Memory commemorates the loss of a special life. Through a heartfelt poem and beautiful illustrations, the book recounts the emotional journey of loss and offers a wish for comfort and for hope in life again. (\$18.95)

▪ **The Fall of Freddie the Leaf: A Story of Life for All Ages.** *Buscaglia, Leo.* ISBN 9780943432892. This story is a warm, wonderfully wise and strikingly simple tale about a leaf named Freddie. How Freddie and his companion leaves change with the passing seasons, finally falling to the ground with winter's snow, is an inspiring allegory illustrating the delicate balance between life and death. (\$18.95)

- **Nana Upstairs and Nana Downstairs.** *DePaola, Tomie*. ISBN 0698118367. Four-year-old Tommy loves visiting the home of his grandmother, Nana Downstairs, and his great-grandmother, Nana Upstairs. But one day Tommy's mother tells him Nana Upstairs won't be there anymore, and Tommy must struggle with saying goodbye to someone he loves. (\$7.95)

- **Talking about Death: A Dialogue Between Parent and Child.** *Grollman, Earl*. ISBN 0807023612. This is a classic guide for parents helping their children through the death of a loved one. With a helpful list of do's and don'ts, an illustrated read-along dialogue, and a guide to explaining death. This redesigned and updated edition explains what children at different developmental stages can and can't understand about death; reveals why it's crucial to be honest about death; helps you understand the way children express emotions like denial, grief, crying, anger, and guilt; and discusses children's reactions to different kinds of death, from the death of a parent to the death of a pet. (\$23.95)

- **The Tenth Good Thing about Barney.** *Viorst, Judith*. ISBN 0689712030. In simple phrases narrated by a child whose cat, Barney, has just died, the author succinctly and honestly handles both the emotions stemming from the loss of a beloved pet and the questions about the finality of death which naturally arise in such a situation. (\$7.99)

- **A Grieving Teen: A Guide for Teenagers and Their Friends.** *Fitzgerald, Helen*. ISBN 0684868040. In this wise, compassionate, pragmatic book, the author turns her attention to the special needs and concerns of adolescents face during the grieving process. (\$17.95)

- **Lifetimes.** *Mellonie, Bryan*. ISBN 0553344021. A pet, a friend, or a relative dies and it must be explained to a child. This sensitive book is a useful tool in explaining to children that death is a part of life and that, eventually, all living things reach the end of their own special story. (\$16.95)

- **When a Friend Dies: A Book for Teens about Grieving & Healing (Revised and Updated).** *Gootman, Marilyn*. ISBN 1575421704. This revised edition of Gootman's helpful guide includes new resources and a new section on losing a friend through violence. Recommended for parents and teachers of teens who have experienced a painful loss. (\$11.50)

- **I Wish I Could Hold Your Hand....:A Child's Guide to Grief and Loss.** *Palmer, Pat; Burke, Dianne O'Quinn*. ISBN 0915166828. A best friend has moved away, Dad no longer lives with the family, or a favourite pet has died. This warm, comforting book gently helps grieving children identify their feelings and learn to accept and deal with them. (\$10.95)

- **When Dinosaurs Die: A Guide to Understanding Death (Dinos Die #1).** *Brown, Marc Talon; Little Brown & Company; Krasney, Laurene; Kelly, Chuck*. ISBN 061371802X. For use in schools and libraries only. Explains in simple language the feelings people may have regarding death of a

loved one and the ways to honour the memory of someone who has died. (\$21.00)

- **Someone I Love Died.** *Tangvald, Christine Harder.* ISBN 143470291X. Once a child grasps the concept of death, it becomes one of their greatest fears in life. "Someone I Love Died" provides a positive approach for children to deal with the death of a friend or loved one in a comforting, non-threatening way and points them to Jesus Christ, the ultimate source of comfort and security. (\$14.95)

- **Someday Heaven (Revised).** *Libby, Larry.* ISBN 0310701058. Explaining the mysteries of Heaven to a child can be a difficult task. But "Someday Heaven" gives simple, comforting answers to difficult questions that children age 4 to 8 often have concerning heaven. 'Excellent for Homeschool Use' (\$14.95)

- **What Does Dead Mean?: A Book For Young Children to Help Explain Death and Dying.** *Jay, Caroline. Thomas, Jenni.* ISBN 1849053553. This is a beautifully illustrated book that guides children gently through 17 of the 'big' questions they often ask about death and dying. (\$18.50)

- **When Mom or Dad Dies: A Book for Comfort for Kids (Elf-Help Books for Kids).** *Grippe, Daniel.* ISBN 9780870294150. When Mom or Dad dies, children grieve deeply, but we can show our care and love for them by encouraging them to share their feelings of sorrow and loss. (\$8.95)

- **When Your Grandparent Dies: A Child's Guide to Good Grief (Elf-Help Books for Kids).** *Ryan, Victoria.* ISBN 0870293648. Explaining what happens from a child's-eye view, the elves depict the difficult days before, after, and beyond a grandparent's death. They explore the meaning of death and heaven, as well as how to stay close in spirit with a grandparent who has died. Includes questions for discussion.(\$9.50)

- **When Someone You Love Has Cancer: A Guide to Help Kids Cope (Elf-Help Books for Kids).** *Lewis, Alaric.* ISBN 9780870293955. This book touches on topics such as cancer, bereavement, religious aspects, Christianity, grief in children, adjustment (psychology), communication in families and more. (\$8.95)

- **Will I See My Pet in Heaven?** *Wintz, Friar Jack.* ISBN 1612610986. Popular writer and friar Wintz offers many reasons why he believes the whole family of creation is included in God's plan of salvation, answering questions about the future, after death, of beloved animals. (\$17.95)

- **Daily Prayer for Times of Grief.** *Hamilton, Lisa B.* ISBN 1612611281. Drawing on her own experience of losing her young husband to cancer, in this poignant offering, Lisa B. Hamilton accommodates the practice of fixed-hour prayer for those who mourn. (\$17.25)

- **I Feel Sad.** *Gross, Cathy; McKeever, Sharron; Debly, Mary Ann Takacs.* ISBN 9782895078300. This compassionate, user-friendly resource offers information and helpful suggestions for guiding primary and junior students through a range of losses, from death of someone important to changing schools, from bullying to parents' divorce, from the loss of a pet to not being chosen for a team. (\$9.95)

- **Praying Our Goodbyes: A Spiritual Companion Through Life's Losses and Sorrows (Revised).** *Rupp, Joyce.* A compassionate, spiritual work about soothing the sting of any kind of loss--a job change, the end of a friendship or of youth, or the death of a loved one. This thoughtful work focuses on the "spirituality of change". Sister Joyce Rupp offers topics for reflection and discussion, as well as specific prayers, to heal the hurts of everyday life and death. (\$18.75)

DVDs

- **Journey Through the Shadows: Hope for healing after someone you love has died by suicide.** [50 mins.] Suicide deeply affects the lives of those who are left behind by the one who has died. (\$68.00)

- **Helping Children Grieve.** [55 mins.] This profound new resource offers helpful information to adults (parents, caregivers, professionals) on how to help children of all ages grieve with hope and heart. You will meet two experts: Khris Ford and Paula D'Arcy, whose personal experiences with death give them intimate knowledge and compassion. (\$68.00)

- **Helping Parents Grieve: Finding New Life After the Death of a Child.** [60 mins.] Khris Ford and Paula D'Arcy have built this new resource creating tremendous support for helping parents and family members grieving the death of a child. (\$68.00)

- **When A Loved One Dies: Walking Through Grief As A Teenager.** Grief is always difficult, but never more than when you are a teenager. This is a compassionate and practical primer for teens and adults who live and/or work with youth. (\$45.95)

- **A Cry for Help: How to Help A Friend Who Is Depressed or Suicidal.** [20 mins.] In the wake of a suicide, family members and friends wonder what they could have done to help, how they could have prevented this tragedy. Made for a teen audience, A Cry for Help educates young people to recognize the signs of depression and suicide in their peers. Featuring Sue Eastgard, President of The American Association of Suicidology, and groups of teens, this video talks about how to intervene and get help when a friend is contemplating suicide. A Cry for Help prepares young people to listen and care in one of the most challenging situations they might ever face:

stopping a friend from taking his or her own life. (\$52.00)

- **We Will Miss You: Support for Grieving the Death of a Pet.** For the first time, a video of support for those who grieve the loss of a beloved animal companion. (\$45.00)

- **A Place Prepared: Helping Children Understand Death and Heaven.** This resource helps adults answer children's questions about death, funerals, and heaven as it lovingly prepares them for the inevitable losses they will experience. The viewer hears from professionals and children, ages 3-14. (\$35.00)

- **Caring for a Loved One with Alzheimer's: *An Emotional Journey*.** This dynamic video offers insight, hope, and understanding for anyone who cares for a loved one. (\$68.00)

- **Bullying: What Every Adult Needs to Know** [30 mins.] As long as there have been schools, there have been bullies teasing, threatening, punching, and kicking their peers. But we know today that bullying has serious consequences for both the victims and the bullies, ranging from low self-esteem to suicide. Young people need guidance from the adults in their lives to deal with bullying in a healthy way. **Bullying: What Every Adult Needs to Know** gives adults the tools they need to prevent and stop bullying among young people. (\$45.00)

“Blessed are those who mourn, for they will be comforted.”

Matthew 5.4

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