ELIZABETH W. DUNN
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EDUCATION

- University of Virginia, Psychology, Ph.D., May 2004
- Summer Institute in Social Psychology, Boulder, CO, Summer 2003
- University of Virginia, Psychology, M.A., 2002
- Harvard University, Psychology, B.A., *summa cum laude*, 1999
    - Graduated in top 1% of Harvard class; junior year *Phi Beta Kappa*

EMPLOYMENT

- University of British Columbia
    - Professor, July 2015 onward
    - Associate Professor, July 2010-June 2015
    - Assistant Professor, July 2005-June 2010
- University of New South Wales, Post-doctoral Fellow, July 2004-June 2005

AWARDS & HONORS

- **Research Grants**
    - Social Sciences and Humanities Research Council of Canada, Standard Research Grant, 2024-2027
    - Robert Wood Johnson Foundation, 2020-2021
    - Social Sciences and Humanities Research Council of Canada, Standard Research Grant, 2019-2023
    - Social Sciences and Humanities Research Council of Canada, Standard Research Grant, 2018-2019
    - Social Sciences and Humanities Research Council of Canada, Standard Research Grant, 2016-2017
    - UBC Faculty of Arts, Small Research Grant, 2016-2017
    - Social Sciences and Humanities Research Council of Canada Standard Research Grant, 2015-2019
    - John Templeton Foundation New Paths to Purpose Grant, 2013-2015
    - Canadian Institutes of Health Research Operating Grant, 2010-2014
    - Social Sciences and Humanities Research Council of Canada Standard Research Grant, 2011-2014
    - Social Sciences and Humanities Research Council of Canada Standard Research Grant, 2008-2011
    - Hampton Fund Research Grant, 2007-2009
    - Social Sciences and Humanities Research Council of Canada Standard Research Grant, 2005-2008
    - American Psychological Association Dissertation Award, 2003
    - National Science Foundation Graduate Research Fellowship, 2000-2003
    - Department of Education Jacob K. Javits Fellowship, 2000

- Applied Social Issues Internship Grant, Society for the Psychological Study of Social Issues, Summer 2002

- **Research Prizes & Honors**
  - SESP 2024 Career Trajectory Awards, Society of Experimental Psychology, 2024
  - Royal Society of Canada, College of New Scholars, Artists and Scientists, 2015
  - Fellow of the Society for Personality and Social Psychology, 2014
  - Featured in book "How to Publish High Quality Research", American Psychological Association, 2014
  - The Izaak Walton Killam Memorial Fund Faculty Research Prize, 2011 ($5000)
  - BC's Year of Science – Featured Scientist 2011
  - Canadian Institutes of Health Research New Investigator Salary Prize, 2010-2017
  - Honoree, Mind Gym Academic Prize for pioneering work in positive psychology (~$4000), 2007
  - Early Career Scholar, Peter Wall Institute of Advanced Studies, University of British Columbia ($10,000). 2007-2008
  - Selected as one of the "Rising Stars" in academia by the *Chronicle of Higher Education*, 2004
  - Graduate Student Poster Award, Society for Personality and Social Psychology, 2003
  - Thomas Temple Hoopes Prize for outstanding thesis research, Harvard University, 1999
  - Gordon W. Allport Prize for outstanding psychology research, Harvard University, 1999

- **Teaching Honors**
  - Social Psychology Network Teaching Award: Honorable Mention, 2013
  - Robert E. Knox Master Teaching Award, 2010, University of British Columbia
  - Honoree, Seven Society Graduate Fellowship for Superb Teaching, 2003, University of Virginia ($1000)
  - Distinguished Teaching Fellowship, 2002, University of Virginia

- **Student Awards (Selected)**
  - Top 2 Psychology Undergraduate Research Conference (PURC) Oral Presentation, 2023 – student Charul Maheshka
  - Top 3 Psychology Undergraduate Research Conference (PURC) Oral Presentation, 2021 – student Sophie Wensel
  - CAGS/ProQuest Dissertation Award for Best PhD Thesis in Canada across the fine arts, social sciences, and humanities ($1500) – student Ashley Whillans
  - Best Master's Thesis in Psychology, CPA Certificate of Academic Excellence, 2018 – student Ryan Dwyer
  - Stan Coren Prize for Top Psychology Master's Thesis, 2015 – student Ashley Whillans
  - UBC Arts Graduate Research Award to Aaron Weidman, University of British Columbia, 2014
  - Suedfeld Scholar Award to Ashley Whillans, Psi Chi, UBC Chapter, 2014

- Graduate Student Travel Award to Kostadin Kushlev, Society of Personality and Social Psychology, 2013
- Arts Graduate Research Award to Ashley Whillans, University of British Columbia, 2013
- Morris Belkin Prize for Best Doctoral Dissertation to Lara Aknin, University of British Columbia, 2012
- Certificate of Academic Excellence to Lara Aknin, Canadian Psychological Association, 2012
- Certificate of Academic Excellence to Kostadin Kushlev, Canadian Psychological Association, 2012
- Honorable Mention, Outstanding Research Award to Lara Aknin, Society for Personality and Social Psychology, 2012
- Arts Undergraduate Research Award (AURA) to Ashley Whillans, University of British Columbia, 2011

DOCTORAL STUDENTS

- Ruoning Li, PhD Current (primary supervisor)
- Zerevan Bindal, PhD 2026 (committee member)
- Kevin Chow, PhD 2026 (committee member)
- Dunigan Folk, PhD 2025 (primary supervisor)
- Iris Lok, PhD 2023 (primary supervisor)
- Ryan Dwyer, PhD 2022 (primary supervisor)
- Ashley Whillans, PhD 2017 (primary supervisor)
  - Assistant Professor, Harvard Business School (US)
- Kosta Kushlev, PhD 2016 (primary supervisor)
  - Assistant Professor, University of Virginia (US)
- Aaron Weidman, PhD 2017 (secondary supervisor)
- Alyssa Croft, PhD 2016 (secondary supervisor)
  - Assistant Professor, University of Arizona (US)
- Gillian Sandstrom, PhD 2013 (primary supervisor)
  - Assistant Professor, University of Essex (UK)
- Lauren Human, PhD 2013 (secondary supervisor)
  - Assistant Professor, McGill University (Canada)
- Lara Aknin, PhD 2012 (primary supervisor)
  - Assistant Professor, Simon Fraser University (Canada)
- Matthew Ruby, PhD 2012 (secondary supervisor)
  - Postdoctoral fellow, University of Pennsylvania (US)
- Carl Falk, PhD 2012 (secondary supervisor)
  - Assistant Professor, McGill University (Canada)
- Jordi Quoidbach, Visiting PhD student 2008-2010
  - Associate Professor, ESADE Business School, Barcelona (Spain)

PUBLICATIONS

(*= current/former graduate student supervisee; **= undergraduate student supervisee)

- Szaszi, B., **Dunn**, E., *Folk, D., Clelland, H. T., Maier, M., Szecsi, P., Singmann, H., Kovacs, M., Takayanagi, J. F. G. B., *Maheshka, C., Lyubomirsky, S., Whillans, A., Sun, J., Aknin, L. B., Oishi, S., Pressman, S. D., Lucas, R., White, M. P., Sparacio, A., . . . Coles, N. A. (2026). *A global megastudy of the effectiveness of popular activities for promoting happiness* [Stage 1 Registered Report, unpublished manuscript]. Zenodo. https://doi.org/10.5281/zenodo.22788118
- *Maheshka, C., Folk, D. & **Dunn**, E. (in press). Harnessing artificial intelligence to facilitate difficult conversations. *Social Psychological and Personality Science.*
- *Folk, D., & **Dunn**, E. (2026). How does turning to AI for companionship predict loneliness and vice versa? *Psychological Science*, https://doi.org/10.1177/09567976261427747
- *Folk, D., Henninger, M., & **Dunn**, E. (2026). What does a good day look like?: An interpretable machine learning approach to the American Time Use Survey. *PNAS Nexus*, *5*(3), pgag014. https://doi.org/10.1093/pnasnexus/pgag014
- *Li, RN., *Folk, D., Singh, A., Ungar, L., **Dunn**, E. (2026). Is a random human peer better than a highly supportive chatbot in reducing loneliness over time? *Journal of Experimental Social Psychology*, *125*, 104911. https://doi.org/10.1016/j.jesp.2026.104911
- *Radke, J., Guan, S., **Dunn**, E., & Zhao, J. (2026). How do-more-good frames influence climate action likelihood and anticipated happiness. *Frontiers in Communication*, *11*, 1693311. https://doi.org/10.3389/fcomm.2026.1693311
- *Folk, D., Heine, S. J. & **Dunn**, E. (2025). Individual differences in anthropomorphism help explain social connection to AI companions. *Scientific Reports*.
- *Folk, D., & **Dunn**, E. (2025). Everything is better together: Analyzing the relationship between socializing and happiness in the American Time Use Survey. *Social Psychological and Personality Science*.
    - Named on Greater Good Centre's list of the top 10 meaningful life research insights of 2025
- *Li, RN., Lok, I., Stenlund, S., & **Dunn**, E. (2025). Explicit Signals Enhance Social Engagement Between Strangers. *Social Psychological and Personality Science*.
- *Radke, J., Argentopoulos, S., **Dunn**, E. W., & Zhao, J. (2024). Probabilistic refunds increase beverage container recycling behaviour. *Waste Management*, *204*(1), 1-9.
- *Folk, D., *Yu, S. & **Dunn**, E. W. (2024). Can chatbots ever provide more social connection that humans?. *Collabra: Psychology*, 10(1), 1-17.
- *Stenlund, S., Guo, Y., Rights, J., Dwyer, R., **Dunn** E. W (2024). How spending decisions shape happiness in everyday life. *Communications Psychology*, *2*(1), 124.
- *Folk, D., & **Dunn**, E. W. (2024). Strength of evidence for five happiness strategies. *Nature Human Behav*ior.
- *Folk, D., & Dunn, E. W. (2024). How can people become happier? A systematic review of preregistered experiments. *Annual Review of Psychology, 75*(1).
    - Named on Greater Good Centre's list of the top 10 meaningful life research insights of 2023
    - A top trending article across experimental psychology for the month of January via Altmetric (2024)

- Dwyer, R. J., Zhuo, A. X., **Dunn**, E. W. (2023). Why do people turn to smartphones during social interactions?. *Journal of Experimental Social Psychology, 109*.
- *Folk, D., & **Dunn**, E. W. (2023). A systematic review of the strength of evidence for the most commonly recommended happiness strategies in mainstream media. *Nature Human Behavior*.
    - A top trending article across experimental psychology for the month of July via Altmetric (2023)
    - Named on Greater Good Centre's list of the top 10 meaningful life research insights of 2023
- *Lok, I., & **Dunn**, E. W., (2023). The UBC state social connection scale: factor structure, reliability, and validity. *Social Psychological and Personality Science.*
- *Dwyer, R. J., Brady, W. J., Anderson, C., & **Dunn**, E. W. (2023). Are people generous when the financial stakes are high? *Psychological Science.*
- *Dwyer, R. J., & **Dunn**, E. W. (2022). Wealth redistribution promotes happiness. *Proceedings of the National Academy of Sciences, 119*(46), e2211123119.
- *Lok, I., & **Dunn**, E. W. (2022). Are the benefits of prosocial spending and buying time moderated by age, gender, or income?. *Plos one, 17*(6), e0269636.
- Aknin, L. B., **Dunn**, E. W., & Whillans, A. V. (2022). The emotional rewards of prosocial spending are robust and replicable in large samples. *Current Directions in Psychological Science.*
- Aknin, L. B., Andretti, B. A., Goldszmidt, R., Helliwell, J., Petherick, A., De Neve, J. E., **Dunn**, E. W., Fancourt, D. E., Goldberg, E., Jones, S. P., Karadag, O., Karam, E., Layard, R., Saxena, S., Thornton, E. M., *Whillans, A. V., & Zaki, J. (2022). Policy stringency and mental health during the COVID-19 pandemic: A longitudinal analysis of psychological distress and life evaluations in 15 countries. *Lancet Public Health, 7*(5), e417-e426.
- Aknin, L. B., De Neve, J. E., **Dunn**, E. W., Fancourt, D. E., Goldberg, E., Helliwell, J. F., Jones, S. P., Karam, E., Layard, R., Lyubomirsky, S., Rzepa, A., Saxena, S., Thornton, E. M., VanderWeele, T. J.,*Whillans, A. V., Zaki, J., Karadag, O., & Ben Amor, Y. (2022). Mental health during the first year of theCOVID-19 pandemic: A review and recommendations for moving forward. *Perspectives on Psychological Science*, *17*(4), 915-936.
- Aknin, L. B., De Neve, J. E., **Dunn**, E. W., Fancourt, D. E., Goldberg, E., Helliwell, J. F., Jones, S. P., Karam, E., Layard, R., Lyubomirsky, S., Rzepa, A., Saxena, S., Thornton, E. M., VanderWeele, T. J., Whillans, A. V., Zaki, J., Karadag Caman, O., Ben Amor, Y. (2021). The neurological consequences of contracting COVID-19. *Acta Neuropsychologica, 19*(3), 301-305.
- Okabe-Miyamoto, K., *Folk, D., Lyubomirsky, S., & **Dunn**, E. W. (2021). Changes in social connection during COVID-19 social distancing: It's not (household) size that matters, it's who you're with. *PLoS ONE*, *16*(1), e0245009.
- *Folk, D., Okabe-Miyamoto, K., **Dunn**, E. W, & Lyubomirsky, S. (2020). Did social connection decline during the first wave of COVID-19?: The role of extraversion. *Collabra: Psychology*, 6(1), 37.
- **Dunn**, E. W., Chen, L., Proulx, J. D. E., Ehrlinger, J., & Savalei, V. (2020). Can researchers' personal characteristics shape their statistical inferences? *Personality and Social Psychology Bulletin*.

- *Whillans, A. V., Lee-Yoon, A.J., **Dunn**, E. W. (2020). Service provider salience: When guilt undermines consumer willingness to buy time. Collabra: Psychology, 6(1), 28.
- **Dunn**, E. W., *Whillans, A. V., Norton, M. I., & *Aknin, L. B. (2020). Prosocial spending and buying time: Money as a tool for increasing subjective well-being. In B. Gawronski (Ed.), *Advances in Experimental Social Psychology* (Vol. 61, pp. 67-126). Cambridge, MA: Elsevier.
- Lok, I., & Dunn, E. W. (2020). Under What Conditions Does Prosocial Spending Promote Happiness?. *Collabra: Psychology*, 6, 5.
- Lok, I., Eschelmuller, E., Haukaas, T., Ventura, C., Bebamzadeh, A., Slovic, P., & Dunn, E. (2019). Can we apply the psychology of risk perception to increase earthquake preparation?. *Collabra: Psychology*, 5(1), 47.
- *Kushlev, K., *Dywer, R. & **Dunn**, E. W. (2019). The Social Price of Constant Connectivity: Smartphones Impose Subtle Costs on Well-Being. *Current Directions in Psychological Science*.
- *Aknin, L., *Whillans, A. V., Norton, M. I. & **Dunn**, E. W. (2019). Happiness and prosocial behavior: An evaluation of the evidence. In J. Helliwell, R. Layard & J. Sachs Eds. *World Happiness Report 2019*, New York: Sustainable Development Solutions Network.
- *Kushlev, K., Hunter, J. F., **Proulx, J., Pressman, S. D. & **Dunn**, E. W. (2019). Smartphones reduce smiles between strangers. *Computers in Human Behavior, 91,* 12-16.
- *Weidman, A. C., Sun, J., Vazire, S., *Quoidbach, J., Ungar, L. H. & **Dunn,** E. W. (2019). (Not) hearing happiness: Predicting fluctuations in happy mood from acoustic cues using machine learning. *Emotion.* doi: 10.1037/emo0000571
- *Kushlev, K. & **Dunn**, E. W. (2018). Smartphones distract parents from cultivating feelings of connection when spending time with their children. *Journal of Social and Personal Relationships.* doi: 10.1177/0265407518769387
- *Whillans, A. V. & **Dunn**, E. W. (2018). Valuing time over money is associated with greater social connection. *Journal of Social and Personal Relationships.* doi: 10.1177/0265407518791322
- *Whillans, A. V. & **Dunn**, E. W. (2018). Agentic appeals increase charitable giving in an affluent sample of donors. *PLoS ONE*. doi: 10.1371/journal.pone.0208392
- Dwyer, R., *Kushlev, K. & **Dunn**, E. W. (2018). Smartphone use undermines the enjoyment of face-to-face interactions. Journal of Experimental Social Psychology, 78: 233-239. doi: 10.1016/j.jesp.2017.10.007.
- *Whillans, A. V., **Dunn**, E. W. & Norton, M. I. (2018). Overcoming barriers to time-saving: Reminders of future busyness encourage consumers to buy time. *Social Influence, 13,* 117-124.
- **Dunn**, E. W. & *Dwyer, R. (2018). Technology and the Future of Happiness. In Forgas, J. P. & Baumeister, R. F. (Eds.), *The Social Psychology of Living Well* (pp.66-85).. New York: Psychology Press.
- *Dwyer, R., **Dunn**, E. W. & Hershfield, H. (2017) Cousins or conjoined twins: How different are meaning and happiness in everyday life?. *Comprehensive Results in Social Psychology,* doi: 10.1080/23743603.2017.1376580.
- Forgas, J. P. & Baumeister, R. F. (Eds.) (in press). The Social Psychology of Living Well. New York: Psychology Press

- *Kushlev, K., **Proulx, J. D. E. & **Dunn**, E. W. (2017). Digitally connected, socially disconnected: The effects of relying on technology rather than other people. *Computers in Human Behaviour, 76,* 68-74.
- *Whillans, A.V., **Dunn**, E. W., Smeets, P., Bekkers, R. & Norton, M. I. (2017). Buying time promotes happiness. *PNAS, 114,* 8523-8527. doi: 10.1073/pnas.1706541114.
    - Ranked in 100 most talked about articles across science in 2016 (Altmetric)
- *Whillans, A.V., Seider, S.C., *Dwyer, R., Chen, L., Novick, S., Graminga, K.J., Mitchell, B.A., Savalei, V., Dickerson, S.S., & **Dunn**, E.W. (2017). Does volunteering improve well-being and physical health? *Comprehensive Results in Social Psychology, 1,* 35-50.
- *Whillans, A. V., Caruso, E. M. & **Dunn**, E. W. (2017). Both selfishness and selflessness start with the self: How wealth shapes responses to charitable appeals. *Journal of Experimental Social Psychology, 70*, 242-250.
- *Kushlev, K.,**Proulx, J. & **Dunn**, E. W. (2016). "Silence your phones": Smartphone notifications increase inattention and hyperactivity symptoms. *CHI '16 Proceedings of the 2016 CHI Conference on Human Factors in Computing Systems.* 1011-1020.
- *Whillans, A. V., **Wispinski, N. J. & **Dunn**, E. W. (2016). Seeing wealth as a responsibility improves attitudes towards taxation. *Journal of Economic Behaviour and Organization, 127*, 146-154.
- *Whillans, A. V., **Dunn**, E. W., Sandstrom, G. M., Dickerson, S. S. & Madden K. M. (2016). Is spending money on others good for your heart?. *Health Psychology, 35*, 574-583.
- *Whillans, A. V., *Weidman, A. C. & **Dunn**, E. W. (2016). Valuing time over money is associated with greater happiness. *Social Psychology and Personality Science, 7*, 213-222
- *Weidman, A. C. & **Dunn**, E. W. (2015). The unsung benefits of material things: Materials purchases provide more frequent monetary happiness than experiential purchases. *Social Psychological and Personality Psychology, 7,* 390-399.
- Open Science Collaboration. (2015). Estimating the reproducibility of psychological science. *Science, 349.*
- Human, L. J., *Whillans, A. V., Hoppmann, C. A., Klumb, P. L., Dickerson, S. S & **Dunn**, E. W. (2015) Finding the middle ground: Curvilinear associations between positive affect variability and daily cortisol profiles. *Emotion, 15*, 705-720.
- *Kushlev, K., **Dunn**, E. W., & Lucas, R. E., (2015). Higher income is associated with less daily sadness but not more daily happiness. *Social Psychological and Personality Science, 6*, 483-489.
- Savalei, V., & **Dunn**, E. W. (2015). Is the call to abandon *p*-values the red herring of the replicability crisis? *Frontiers in Psychology*. *6*, 245. doi: 10.3389/fpsyg.2015.00245
- *Quoidbach, J., **Dunn**, E. W., Hansenne, M. & Bustin, G. (2015). The price of abundance: How a wealth of experiences impoverishes savoring. *Personality and Social Psychology*, *41*(3), 393-404.
- *Kushlev, K., & **Dunn**, E. W. (2015). Checking email less frequently reduces stress. *Computers in Human Behavior, 43*, 220-228.
    - One of ten most talked about articles in Social Psychology on Elsevier, June 2015
- **Dunn**, E. W. & *Weidman, A. C. (2015). Building a science of spending: Lessons from the past and directions for the future. *Journal of Consumer Psychology, 25*(1), 172-178.

- *Whillans, A.V. & **Dunn**, E. W. (2015). Thinking about time as money decreases environmental behavior. *Organizational Behavior and Human Decision Processes, 127*, 44-52.
- *Sandstrom, G.M., & **Dunn**, E. W. (2014). Social interactions and well-being: The surprising power of weak ties. *Personality and Social Psychology Bulletin, 40*(7), 910-922.
- *Croft, A., **Dunn**, E. W., & *Quoidbach, J. (2014). From tribulations to appreciation: Experiencing adversity in the past predicts greater savoring in the present. *Social Psychological and Personality Science, 5*(5), 511-516.
- Nelson, K. S., *Kushlev, K., **Dunn**, E. W., & Lyubomirsky, S. (2014). Parents are slightly happier than nonparents, but causality still cannot be inferred: A reply to Bhargava, Kassam, and Loewenstein. *Psychological Science,* 25(1), 303-304.
- **Dunn**, E. W., *Aknin, L. B., & Norton, M. I. (2014). Prosocial spending and happiness: Using money to benefit others pays off. *Current Directions in Psychological Science*, *13*(2), 347-355.
- *Sandstrom, G. M., & **Dunn**, E. W. (2014). Is efficiency overrated? Minimal social interactions lead to belonging and positive affect. *Social Psychological and Personality Science*, 5(4), 437-442.
- Anik, L., *Aknin, L. B., Norton, M. I., **Dunn**, E. W., & *Quoidbach, J. (2013). Prosocial bonuses increase employee satisfaction and team performance. *PLoS ONE,* 8(9), e75509
- *Aknin, L. B., **Dunn**, E. W., *Whillans, A. V., Grant, A. M., & Norton, M. I. (2013). Making a difference matters: Impact unlocks the emotional benefits of prosocial spending. *Journal of Economic Behavior & Organization*, *88,* 90-95.
- Ashton-James, C. E., *Kushlev, K., & **Dunn**, E. W. (2013). Parents reap what they sow: Child-centrism and parental well-being. *Social Psychological and Personality Science, 4*(6), 635-642.
- *Aknin, L. B., **Dunn**, E. W., *Sandstrom, G. M., & Norton, M. I. (2013). Does social connection turn good deeds into good feelings? On the value of putting the "social" into prosocial spending. *International Journal of Happiness and Development*, 1(2), 155-171.
- *Quoidbach, J., & **Dunn**, E. W. (2013). Give it up: A strategy for combatting hedonic adaptation. *Social Psychological and Personality Science, 4*(5), 563-568.
- *Aknin, L. B., Barrington-Leigh, C. P., **Dunn**, E. W., Helliwell, J. F., Burns, J., Biswas-Diener, R., Kemeza, I., Nyende, P., Ashton-James, C. E., & Norton, M. I. (2013). Prosocial spending and well-being: Cross-cultural evidence for a psychological universal. *Journal of Personality and Social Psychology*, *104*(4), 635-652.
- *Human, L. J., *Sandstrom, G. M., Biesanz, J. C., & **Dunn**, E. W. (2013). Accurate first impressions leave a lasting impression: The long-term effects of distinctive self-other agreement on relationship development. *Social Psychological and Personality Science, 4*(4), 395-402.
- **Dunn**, E. W., & Norton, M. (2013). *Happy Money: The science of happier spending*. New York: Simon & Schuster.
    - Selected by CNBC in 2017 as one of 10 Books that Improve Your Financial Literacy
    - Selected by *ValueWalk* as one of the Summer Reading List of "Best Books" for Financial Advisors
    - Favorably reviewed in *The New York Times*, *The Economist*, & *The New Republic*

    - Selected by the *Washington Post* as one of the "Top 20 Books Every Leader Should Read."
    - In addition to North America, rights have been sold to publishers in the UK & affiliated territories (e.g., Australia, South Africa), China, Japan, Korea, Thailand, Taiwan, Estonia, Brazil, Romania, as well as worldwide Audiobook rights (Audible).
    - Selected by MoneySense as one of the "Top 25 timeless personal finance books"
- **Dunn**, E. W. (2013). Why we feel pressed for time. In J. Brockman (Eds.), *This explains everything: Deep, beautiful, and elegant theories of how the world works* (pp. 193-196). New York, NY: HarperCollins.
- Nelson, S. K., *Kushlev, K., English, T., Carstensen, L. L., **Dunn**, E. W., & Lyubomirsky, S. (2013). In defense of parenthood: Children are associated with more joy than misery. *Psychological Science*, *24*(1), 3-10.
    - #1 Most Read Psychological Science Article via Sage Publications, December 2012; #1 Most Popular TWiPS Article via APS, December 2012.
- *Quoidbach, J., & **Dunn**, E. W. (2013). Affective forecasting. In H. Pashler (Eds.), *Encyclopedia of the mind* (Vol. 1, pp. 12-14). Thousand Oaks; CA: SAGE Publications, Inc.
- *Aknin, L. B., **Dunn**, E. W. (2013). Wealth and subjective well-being: Spending money on others leads to higher happiness than spending on yourself. In J. Froh & A. Parks (Eds.), *Activities for teaching positive psychology: A guide for instructors* (pp. xiv, 173). Washington, DC: American Psychological Association.
- *Kushlev, K., & **Dunn**, E. W. (2012). Affective forecasting: Knowing how we will feel in the future. In S. Vazire & T. Wilson (Eds.), *Handbook of self-knowledge* (pp. xiii, 462). New York, NY: Guilford Press.
- *Aknin, L. B., Hamlin, J.K. & **Dunn**, E. W. (2012). Giving leads to happiness in young children. *PLoS ONE, 7*(6), e39211.
- *Kushlev, K., **Dunn**, E. W, & Ashton-James, C. (2012). Does affluence impoverish the experience of parenting? *Journal of Experimental Social Psychology*, *48*(6), 1381-1384.
- Norton, M. I., **Dunn**, E. W., Carney, D. R., & Ariely, D. (2012). The persuasive "power" of stigma? *Organizational Behavior and Human Decision Processes*, *117*(2), 261-268.
- *Aknin, L. B., **Dunn**, E. W., Norton, M. I. (2012). Happiness runs in a circular motion: Evidence for a positive feedback loop between prosocial spending and happiness. *Journal of Happiness Studies*, *13*(2), 347-355.
- *Human, L. J., Biesanz,, J. C., Parisotto,, K. L., & **Dunn**, E. W. (2012). Your best self helps reveal your true self: Positive self-presentation leads to more accurate personality impressions. *Social Psychological and Personality Science, 3*(1), 23-30.
- McConnell, A. R., **Dunn**, E. W., Austin, S. N., & *Rawn, C. D. (2011). Blind spots in the search for happiness: Implicit attitudes and nonverbal leakage predict affective forecasting errors. *Journal of Experimental Social Psychology, 47*(3), 628-634.
- *Ruby, M. B., **Dunn**, E. W., Perrino, A. L., **Gillis, R., & **Viel, S. (2011). The invisible benefits of exercise. *Health Psychology*, *30*(1), 67-74.
- **Dunn**, E. W., Gilbert, D. T., & Wilson, T. D. (2011). If money doesn't make you happy, then you probably aren't spending it right. *Journal of Consumer Psychology*, *21*(2), 115-125.

- *Aknin, L. B., *Sandstrom, G. M., **Dunn**, E. W., & Norton, M. I. (2011). Investing in others: Prosocial spending for (pro)social change. In R. Biswas-Diener (Eds.), *Positive psychology as social change* (pp. 219-234). Springer Science + Business Media.
- *Aknin, L. B., *Sandstrom, G. M., **Dunn**, E. W., & Norton, M. I. (2011). It's the recipient that counts: Spending money on strong social ties leads to greater happiness than spending on weak social ties. *PLoS ONE*, 6, e17018. doi:10.1371/journal.pone.0017018.
- Anik, L., *Aknin, L. B., Norton, M. I. & **Dunn**, E. W. (2011). Is life nasty, brutish, and short? Philosophies of life and well-being. *Social Psychological and Personality Science, 2,* 1-6.
- Sandstrom, G. M. & **Dunn**, E. W. (2011) The virtue blind spot: Do affective forecasting errors undermine virtuous behavior? *Social and Personality Psychology Compass. 5*(10), 720-733.
- **Dunn**, E. W., *Buchtel, E. & *Aknin, L. B. (2011). Consensus at the heart of division: Comment on Norton & Ariely. *Perspectives in Psychological Science, 6*, 13-14.
- **Dunn**, E. W. (2010). How money aids—and—impedes the pursuit of happiness. *Official Newsletter of the International Society for Research on Emotion*, *26*, 4-5.
- *Quoidbach, J., & **Dunn**, E. W. (2010). Personality neglect: The unforeseen impact of personal dispositions on emotional life. *Psychological Science, 21*, 1783-1786.
- *Quoidbach, J., **Dunn**, E. W., Petrides, K. V., & Mikolajczak, M. (2010). Money giveth, money taketh away: The dual effect of wealth on happiness. *Psychological Science*, *21*, 759-763.
- *Falk, C. F., **Dunn**, E. W., & Norenzayan, A. (2010). Cultural variation in the importance of expected enjoyment for decision making. *Social Cognition*, *28*, 604-629.
- **Dunn**, E. W., Ashton-James, C., *Hanson, M. D., & *Aknin, L. B. (2010). On the costs of self-interested economic behavior: How does stinginess get under the skin? *Journal of Health Psychology*, *15*, 627-633.
- Huntsinger, J., Sinclair, S., **Dunn**, E. W., & Clore, G. (2010). Affective regulation of automatic stereotype activation: It's the (accessible) thought that counts. *Personality and Social Psychology Bulletin, 36*, 564-577.
- Anik, L., *Aknin, L. B., Norton, M. I. & **Dunn**, E. W. (2010). Feeling good about giving: The benefits (and costs) of self-interested charitable behavior. In D.M. Oppenheimer & C.Y. Olivola (Eds.), *The Science of Giving: Experimental Approaches to the Study of Charity* (pp. 3-13). New York, NY: Taylor and Francis Group.
    - Listed on SSRN's Top Ten download list for: Behavioral & Experimental Finance (Editor's Choice) eJournal
- *Aknin, L. B., Norton, M. I., & **Dunn**, E. W. (2009). From wealth to well-being? Money matters, but less than people think. *Journal of Positive Psychology*, *4,* 523-527.
- Kawakami, K., **Dunn**, E. W., Karmali, F., & Dovidio, J. F. (2009). Mispredicting affective and behavioral responses to racism. *Science*, *323*, 276-278.
- **Dunn**, E. W., *Aknin, L. B., & Norton, M. I. (2008). Spending money on others promotes happiness. *Science*, *319*, 1687-1688.
    - Featured in over 300 media outlets worldwide.
- Norton, M. I., & **Dunn**, E. W. (2008). Help employees give away some of that bonus. *Harvard Business Review*, *86*, 27.
- **Dunn**, E. W., *Forrin, N. D., & Ashton-James, C. E. (2008). On the excessive rationality of the emotional imagination: A two systems account of affective forecasts and

experiences. In K. D. Markman, W. M. P. Klein, & J. A. Suhr (Eds.) *The handbook of imagination and mental simulation* (pp. xix, 476). New York: Psychology Press.

- **Dunn**, E. W., & Ashton-James, C. E. (2008). On emotional innumeracy: Predicted and actual affective responses to grand-scale tragedies. *Journal of Experimental Social Psychology*, *44,* 692-698.
- Forgas, J. P., **Dunn**, E. W., & Granland, S. (2008). Are you being served…? An unobtrusive experiment of affective influences on helping in a department store. *European Journal of Social Psychology, 38*, 333-342.
- **Dunn**, E. W., Huntsinger, J., Lun, J., Sinclair, S. (2008). The gift of similarity: How good and bad gifts influence relationships. *Social Cognition, 26*, 469-481.
- **Dunn**, E. W., Biesanz, J. C., **Human, L. J., & **Finn, S. (2007). Misunderstanding the affective consequences of everyday social interactions: The hidden benefits of putting one's best face forward. *Journal of Personality and Social Psychology, 92*, 990-1005.
    - Honoree for the international Mind Gym Academic Prize for pioneering work in positive psychology.
- **Dunn**, E. W., Brackett, M. A., Ashton-James, C. E., Schneiderman, E., & Salovey, P. (2007). On emotionally intelligent time travel: Individual differences in affective forecasting ability. *Personality and Social Psychology Bulletin, 33*, 85-93.
- **Dunn**, E. W., & *Forrin, N. (2007). Impression management. In R. Baumeister & K. Vohs (Eds.), *Encyclopedia of social psychology* (pp. 468-469). New York, NY: Sage.
- **Dunn**, E. W., & Laham, S. A. (2006). Affective forecasting: A user's guide to emotional time travel. In J. Forgas (Eds.), *Affect in social thinking and behavior* (pp. 177- 193). New York, NY: Psychology Press.
- **Dunn**, E. W., **Moore, M., & Nosek, B. A. (2005). The war of the words: How linguistic differences in reporting shape perceptions of terrorism. *Analyses of Social Issues and Public Policy*, *5*, 67-86.
- Sinclair, S., **Dunn**, E. W., & Lowery, B. (2005). The relationship between parental racial attitudes and children's implicit prejudice. *Journal of Experimental Social Psychology*, *41*, 283-289.
    - Received SPSP Student Poster Award.
    - #1 Most Frequently Downloaded Article from *JESP* (via ScienceDirect), April-June, 2005.
- Wilson, T. D., & **Dunn**, E. W. (2004). Self-knowledge: Its limits, value, and potential for improvement. *Annual Review of Psychology*, *54*, 493-518.
- Wilson, T. D., Wheatley, T. Kurtz, J., **Dunn**, E. W., & Gilbert, D. T. (2004). When to fire: Anticipatory versus post-event reconstrual of uncontrollable events. *Personality and Social Psychology Bulletin*. *30*, 340-351.
- **Dunn**, E. W., Wilson, T. D., & Gilbert, D. T. (2003). Location, location, location: The misprediction of satisfaction in housing lotteries. *Personality and Social Psychology Bulletin, 29*, 1421-1432.
- **Dunn**, E. W., & Spellman, B. A. (2003). Forgetting by remembering: Stereotype inhibition through rehearsal of alternative aspects of identity. *Journal of Experimental Social Psychology*, *39*(5), 420-433.
- Willingham, D. T., & **Dunn**, E. W. (2003). What neuroimaging and brain localization can do, cannot do, and should not do for social psychology. *Journal of Personality and Social Psychology, 85*, 662-671.

BOOKS (*= current/former graduate student supervisee; **= undergraduate student supervisee)

- **Authored**
  - **Dunn**, E. W., & Norton, M. (2013). *Happy Money: The science of happier spending*. New York: Simon & Schuster.
    - Selected by *ValueWalk* as one of the Summer Reading List "Best Books" for Financial Advisors
    - Favorably reviewed in *The New York Times*, *The Economist*, & *The New Republic*
    - Selected by the *Washington Post* as one of the "Top 20 Books Every Leader Should Read."
    - In addition to North America, rights have been sold to publishers in the UK & affiliated territories (e.g., Australia, South Africa), China, Japan, Korea, Thailand, Taiwan, Estonia, Brazil, Romania, as well as worldwide Audiobook rights (Audible).
- **Chapters**
  - *Lok, I., & **Dunn**, E. W. (2022). Can sociability be increased? In J. P. Forgas, W. Crano, & K. Fiedler (Eds.) *The Psychology of Sociability* (1st ed.). London, UK: Routledge.
  - **Dunn**, E. W., *Whillans, A. V., Norton, M. I., & *Aknin, L. B. (2020). Prosocial spending and buying time: Money as a tool for increasing subjective well-being. In B. Gawronski (Ed.), *Advances in Experimental Social Psychology* (Vol. 61, pp. 67-126). Cambridge, MA: Elsevier.
    - Impact factor: 6.6
  - *Aknin, L., *Whillans, A. V., Norton, M. I. & **Dunn**, E. W. (2019). Happiness and prosocial behavior: An evaluation of the evidence. In J. Helliwell, R. Layard & J. Sachs Eds. *World Happiness Report 2019*, New York, NY: Sustainable Development Solutions Network.
  - **Dunn**, E. W. & *Dwyer, R. (2018). Technology and the Future of Happiness. In Forgas, J. P. & Baumeister, R. F. (Eds.), *The Social Psychology of Living Well* (pp.66-85). New York: Psychology Press.
  - *Aknin, L. B., **Dunn**, E. W. (2013). Wealth and subjective well-being: Spending money on others leads to higher happiness than spending on yourself. In J. Froh & A. Parks (Eds.), *Activities*
  - *for teaching positive psychology: A guide for instructors* (pp. xiv, 173). Washington, DC: American Psychological Association.
  - **Dunn**, E. W. (2013). Why we feel pressed for time. In J. Brockman (Eds.), *This explains everything: Deep, beautiful, and elegant theories of how the world works* (pp. 193-196). New York, NY: Harper Collins.
  - *Kushlev, K., & **Dunn**, E. W. (2012). Affective forecasting: Knowing how we will feel in the future. In S. Vazire & T. Wilson (Eds.), *Handbook of self-knowledge* (pp. xiii, 462). New York, NY: Guilford Press.
  - *Aknin, L. B., *Sandstrom, G. M., **Dunn**, E. W., & Norton, M. I. (2011). Investing in others: Prosocial spending for (pro)social change.

In R. Biswas-Diener (Eds.), *Positive psychology as social change* (pp. 219-234). Springer Science + Business Media.

- Anik, L., *Aknin, L. B., Norton, M. I. & **Dunn**, E. W. (2010). Feeling good about giving: The benefits (and costs) of self-interested charitable behavior. In D.M. Oppenheimer & C.Y. Olivola (Eds.), *The Science of Giving: Experimental Approaches to the Study of Charity* (pp. 3-13). New York, NY: Taylor and Francis Group.
    - Listed on SSRN's Top Ten download list for: Behavioral & Experimental Finance (Editor's Choice) eJournal
- **Dunn**, E. W., *Forrin, N. D., & Ashton-James, C. E. (2008). On the excessive rationality of the emotional imagination: A two systems account of affective forecasts and experiences. In K. D. Markman, W. M. P. Klein, & J. A. Suhr (Eds.) *The handbook of imagination and mental simulation* (pp. xix, 476). New York: Psychology Press.
- **Dunn**, E. W., & Laham, S. A. (2006). Affective forecasting: A user's guide to emotional time travel. In J. Forgas (Eds.), *Affect in social thinking and behavior* (pp. 177- 193). New York, NY: Psychology Press.

WRITING AND SPEAKING: POPULAR MEDIA

- Kawasaki, G. (Host). (2026, October 21). How to Make Climate Action More Enjoyable with Elizabeth & Jiaying Zhao [Audio podcast episode]. In *Remarkable People.* Guy Kawasaki.
- Bailey, G. (Host). (2026, September 23). Can being happier help us save the planet? [Audio podcast episode]. In *Happy Enough*. The Globe And Mail.
- Zomorodi, M. (Host). (2026, September 4). Less guilt, more joy: A new chapter for climate action [Audio podcast episode]. In *TED Radio Hour.* NPR.
- Leonard, K. (Host). (2026, September 1). Elizabeth Dunn and Jiaying Zhao: Happiness and climate change [Audio podcast episode]. In *Getting to Yes, And.* The Second City.
- Leonard, K. (Host). (2026, August 31). Stop doing this immediately, it's ruining the planet and your happiness [Video podcast episode]. In *Getting to Yes, And.* YouTube.
- LaBlanc, G. (Host). (2026, August 27). Happy spending and joyful climate action with Elizabeth Dunn (No. 679) [Video podcast episode]. In *unSILOed Podcast with Greg LaBlanc.* YouTube.
- Duffy, C. (Host). (2026, August 16). How increasing your happiness can help solve climate change (w/ Jiaying Zhao and Elizabeth Dunn) [Video podcast episode]. In *TED Podcasts.* YouTube.
- Korngut, A., & Korngut, M. (Hosts). (2026, August 12). Happiness researcher: Do these 5 things to feel happier every day! Dr. Elizabeth Dunn [Video podcast episode]. In *Hack Your Happiness.* YouTube.
- Agnew, P. (Host). (2026, August 3). Why fear won't always persuade [Audio podcast episode]. In *Nudge Behavioural Science Simplified.* Podlink.
- Maheshka, C., Folk, D., & **Dunn**, E. W. (2026, July 20) Chatbots can help people have real-life difficult conversations. *Character & Context* (Blog of the Society for Personality and Social Psychology).

- Houlihan, T., & Nelson, K. (Hosts). (2026, July 19). Climate advice you've never heard | Liz Dunn & Jiaying Zhao [Video podcast episode]. In *Behavioral Grooves.* YouTube.
- Sorensen, D. (Host). (2026, July 15). Joyful and impactful climate choices with Elizabeth Dunn and Jiaying Zhao (No. 468) [Audio podcast episode]. In *Psychologists Off The Clock.* Psychologists Off The Clock.
- Bissinger, C. (Host). (2026, July 9). The joyful way to make climate action stick [Video podcast episode]. In *The Next Big Idea Podcast.* YouTube.
- Kalantari, S., & Keltner, D. (Hosts). (2026, July 2). How joy helps save the planet [Audio podcast episode]. In *Climate, Hope & Science: The Science of Happiness Podcast.* Greater Good.
- Spehar, V. (Host). (2026, June 4). Hot! and bothered: A show designed to make climate feel human, conversational, & worth tuning into [Video podcast episode]. In *Under The Desk News.* YouTube.
- Mathar, T. (Host). (2026, June 2). How to live well and sustainably (featuring Liz Dunn and Justine Palefsky) [Audio podcast episode]. In *The Money: Mindshift Podcast.* The Money: Mindshift Podcast.
- Luttrell, A. (Host). (2026, May). Happiness as a tool for behavior change with Liz Dunn and Jiaying Zhao (No. 117) [Audio podcast episode]. In *Open Science.* Open Science.
- Nunan, T. (2025, August 21). *Tom Nunan with Early Breakfast* [Audio Podcast]. *Times Radio*. The Times
- Li, RN., Lok, I., & **Dunn**, E. W. (2025, July 30) A simple signal makes it easier to talk to strangers. *Character & Context* (Blog of the Society for Personality and Social Psychology).
- Sample, I. (Host), Cox, J. (Sound Designer), Bury E. (Producer), & **Dunn**, E. W. (Guest Speaker). (2024, November 14). *Secrets of happiness: The happiness hacks backed up by science* [Audio Podcast]. *Science Weekly*. The Guardian
- Gupta, S. (Host and Producer) & **Dunn**, E. W. (Guest Speaker). (2024, July 23). *Does Money Buy Happiness?* [Audio Podcast]. *Chasing Life*. CNN
- Santos, L. (Host) & **Dunn**, E. W. (Guest Speaker). (2024 - present). *Being green doesn't mean sacrificing fun... or cutting out meat* [Audio Podcast]. The Happiness Lab with Dr. Laurie Santos.
- Luttrell, A. (Host and Producer) & **Dunn,** E. W. (Guest Speaker). (2023 - present). *Studying happiness with Liz Dunn* [Audio Podcast]. Opinion Science.
- Harris, D. (Host) & **Dunn,** E. W. (Guest Speaker). (2023 - present). *What science says about money and happiness | Dr. Elizabeth Dunn* [Audio Podcast]. Ten Percent Happier.
- McKay, B. (Host), McKay, K. (Producer and Editor), & **Dunn,** E. W. (Guest Speaker). (2023 - present). *Can you trust happiness studies?* [Audio Podcast]. Art of Manliness.
- **Dunn**, W. E., (organizer) & Leong, C. (Producer). (2023). *DUCKCAST: The duck conference on social cognition podcast* [Audio podcast]. Spotify. https://open.spotify.com/show/4TwUCGFqCpMcKleSUs041x
- Aknin, L., Zaki, J., & **Dunn,** E. W. (2021, July 4). The pandemic did not affect mental health the way you think. *The Atlantic.*
- **Dunn**, E. W. (2021, April 30). Celebrate your 'V Day' by helping vaccinate people in poorer countries. *The Globe and Mail.*
- **Dunn,** E. W. & Courtney, C. (2020, September 14). Does more money really make us more happy? *Harvard Business Review.*

- **Dunn,** E. W. & Lyubomirsky, S. (2020, May 5). Extroverts are faring surprisingly well in lockdown. *The Washington Post.*
- **Dunn**, E. W. & Zhao, J. (2019, December 26). How to cut carbon — and get happier. *The Boston Globe.*
- Whillans, A. V. & Norton, M. I. (2017, September 10). If you want to feel better, spend money on saving time. *The Wall Street Journal*.
- Whillans, A. V. & **Dunn**, E. W. (2017, July 26). Want to be happier? Buy yourself free time. *The LA Times*.
- Whillans, A. V., **Dunn**, E. W. & Caruso, E. M. (2017, May 12). How to Get the Wealthy to Donate. *The New York Times*.
- **Dunn**, E. W. (2015). Columnist for summer series "Pursuit of Happiness". *CBC.*
- **Dunn**, E. W., Whillans, A. V. (2015, December 24). Give, if you know what's good for you. *The New York Times*.
- **Dunn,** E. W. (2015, February). The gentle art of turning money into happiness. *Good Housekeeping.*
- Kushlev, K., & **Dunn,** E. W. (2015, January 9). Stop checking email so often. *New York Times.*
- **Dunn**, E. W., Norton, M. I. (2014, April 25). Hello, Stranger. *New York Times.*
- **Dunn**, E. W., Norton, M. I. (2014, February 9). Can money buy happiness. *The Boston Globe.*
- **Dunn**, E. W., & Norton, M. I. (2013, December 15). Three myths about gift giving. *CNN.*
- **Dunn**, E. W., & Norton, M. I. (2013, August 8). Parents, you don't need to buy more stuff. *CNN Opinion.*
- **Dunn**, E. W., & Norton, M. I. (2013, June 22). Happier spending. *The New York Times.*
- **Dunn**, E. W., & Norton, M. I. (2013, May 22). What's one way money *can* make you happier? *Parade Magazine.*
- **Dunn**, E. W., & Norton, M. I. (2013, May 20). Use your money to buy happier time. C*NN Opinion.*
- **Dunn**, E. W., & Norton, M. I. (2013, May 19). Buying happiness. *The Los Angeles Times*.
- **Dunn**, E. W., & Norton, M. I. (2013, May 15). When paying more stops paying off. *The Washington Post.*
- **Dunn**, E. W., & Norton, M. I. (2013, April 13). Heavens, not havens. *The New York Times*.
- **Dunn**, E. W., & Norton, M. I. (2012, July 7). Don't indulge. Be happy. *The New York Times*.

SELECTED PRESENTATIONS

(*= graduate student supervisee; **= undergraduate student supervisee)

- **Invited Colloquia**
    - Princeton University, December 2023
    - University of Texas at Austin, October, 2022
    - Cornell University, March 2022
    - University of Toronto, Rotman School, March 2022
    - University of Michigan, April 2018

- Thompson Rivers University, March 2017
- University of Toronto, April 2016
- University of Chicago, April 2016
- Kwantlen Polytechnic University, April 2015
- UBC-Okanagan, April 2015
- University of California, San Diego, January 2015
- New York University, April 2014
- University of Virginia, October 2011
- University of Oregon, May 2011
- Sauder School of Business, UBC, May 2010
- Wharton School, University of Pennsylvania, March 2010
- Cornell University, Johnson School of Management, September 2008
- Harvard Business School, September 2007
- Simon Fraser University, 2006
- University of Otago, New Zealand, October 2004
- University of New South Wales, Australia, August 2004
- University of British Columbia, January 2004
- University of California-Davis, January 2004
- Ohio State University, December 2003
- University of Arizona, November 2003

- **Invited/Public Talks**
  - **Dunn,** E. W. (2026, September). *Leave the Lights On.* Invited speaker at PlanetHAUS x NYC Climate Week. New York, NY (international)
  - **Dunn,** E. W., & Zhao, J. (2026, September). *Finding joy in fighting climate change.* Invited speaker at UBC Dialogues. Moderated by S. Kirby-Yung. Vancouver, BC (local)
  - **Dunn,** E. W., & Zhao, J. (2026, August). *Virtual event: Elizabeth Dunn & Jiaying Zhao on 'Leave the Lights On'.* Invited speaker at Rotman. Online (national)
  - **Dunn,** E. W. (2026, July). *Evening general assembly at Shedd Aquarium.* Invited speaker at Aspen Ideas: Climate. Chicago, Illinois (international)
  - **Dunn**, E. W. (2026, June). *Artificial intimacy: What happens when machines become companions?* Invited speaker at Aspen Ideas Festival. Aspen, Colorado (international)
  - **Dunn**, E. W. (2026, June). *The serious case for fun.* Invited speaker at Aspen Ideas Festival. Aspen, Colorado (international)
  - **Dunn**, E. W. (2026, March). *Igniting happiness and connection in the workplace and beyond*. Invited speaker at PepsiCo Mexico (WSB). Xochitepec, Mexico (international)
  - **Dunn**, E. W. (2026, January). *Leave the Lights On: How Joyful Decisions Can Save Our Species.* Invited speaker at SAGE Center for the Study of the Mind. Santa Barbara, CA (international)
  - **Dunn**, E. W. (2025, November). *AI companion safety controls & user wellbeing.* Invited speaker at Microsoft Corporate, External, and Legal Affairs (CELA) Panel. Online (international)

- **Dunn,** E. W. (2025, November). *Unlocking happiness and connection in the workplace*. Invited keynote talk at World Business Forum. Mexico City, Mexico (international)
- **Dunn,** E. W. (2025, October). *Unlocking happiness and connection in the workplace*. Invited keynote talk at World Business Forum. Bogota, Colombia (international)
- **Dunn**, E. W. (2025, September). *Unlocking well-being: The scientific pursuit of happiness*. EY Elevate talks. Online (international)
- **Dunn,** E. W. (2025, May). *Happy money.* First West Credit Union, Whistler, BC (national)
- **Dunn**, E. W., Meyer, P., & Wright, J. (2025, April). *Spotlight Conversation: The essence of human connection*. Invited speaker at TED Conference Panel. Moderated by E. Chhabra. Vancouver, BC (local)
- **Dunn**, E. W. (2024, November). *Unlocking happiness and connection in the workplace*. Invited Keynote talk at World Business Forum. Milan, Italy (international)
- **Dunn,** E. W. (2024, October). *Unlocking consumer well-being: The scientific pursuit of happiness.* Deloitte New Partners Summit. Vancouver, BC (local)
- **Dunn**, E. W. (2024, October). *Fireside chat on happiness*. Invited disucssion at Frontier Summit. Vancouver, BC (local)
- **Dunn**, E. W. (2024, October). *Unlocking happiness and connection in the workplace*. Invited Keynote talk at World Business Forum. Madrid, Spain (international)
- **Dunn**, E. W. (2024, October). *Supersizing the Science of Happiness*. The Society of Experimental Social Psychology 2024. Santa Fe, NM (international)
- **Dunn**, E. W. (2024, September). *Building social connections to create an enduring resource*. Invited Keynote talk at Alberta Municipalities Convention. Red Deer, AB (national)
- **Dunn**, E. W., & Jay, J. (2024, June). *Climate Policy Today*. Invited talk at Harvard Class of 1999 25th Reunion. Cambridge, MA (international).
- **Dunn**, E. W. (2024, March). *Build social connections at work to create an enduring resource.* Invited Keynote talk at Business Execution Summit. Kananskis, AB (national).
- **Dunn**, E. W. (2024, March). *Unlocking well-being: The scientific pursuit of happiness*. EY Partner talks. Online (international).
- **Dunn**, E. W., & Folk, D. (2023, November). *When and Why do Chatbots Satisfy the Human Need for Social Connection?*. Invited talk at Psychology of Technology Conference. Los Angeles, CA (international).
- **Dunn**, E. W. (2023, September). *Happy Money.* Invited talk at Ibex Investors. Aspen, CO (international)
- **Dunn,** E. W. (2023, July). *Supersizing the science of happiness.* Invited talk at the International Positive Psychology Association World Congress. Vancouver, BC (national)
- **Dunn,** E. W., & Zhao, J. (2023, May) *The joy of climate change*. Invited talk at the Annual Duck Conference in Social Cognition, North Carolina, United States.

- **Dunn**, E. W. (2023, May). Promoting Well-being. Panel Discussion at the Behavioral Science & Policy Association. Online. (international)
- **Dunn,** E. W., Kubzansky, L. D. & De Neve, J-E. (2023, May). *Promoting Well-being.* Invited Panelist for the Behavioral Science & Policy Association online conference
- **Dunn,** E.W. (2022, September). *FLUID sociability*. Brand Battle for Good. Vancouver, BC.
- **Dunn,** E. W. (2022, August). *The science of love and trust*. Happy Money IRL. Los Angeles, CA.
- **Dunn,** E. W. (2022, July). *Happy money*. Renaissance Weekend. Banff, AL.
- **Dunn,** E. W. (2022, July). *What really makes kids happy*. Renaissance Weekend. Banff, AB.
- **Dunn,** E.W. (2022, June). *Happiness 101*. Fairfield Residential. Las Vegas, NV.
- **Dunn,** E. W. (2022, June). *Happy money*. National Bank Financial. Calgary, AB & Toronto, ON.
- **Dunn,** E. W. (2022, February). *Supersizing the science of happiness.* Invited keynote at the Society for Personality and Social Psychology Annual Convention (Happiness preconference), San Francisco, United States. (international)
- **Dunn,** E. W. (2021, June). *Happiness 101: A whirlwind tour of the science of happiness.* National Association of College Auxiliary Services. Vancouver, BC. (national)
- **Dunn,** E. W. (2021, October). *Happy money.* Canvas Credit Union. Denver, CO. (international)
- **Dunn,** E. W. (2021, March). *Happiness 101: A whirlwind tour of the science of happiness.* BCNET. Vancouver, BC (local).
- **Dunn**, E. W. (2021, March). *How can the United Nations promote world happiness?* Invited panelist for The UN International Day of Happiness.
- **Dunn,** E. W., & Zhao, J. (2020, December). *Decrease carbon and increase happiness.* Invited speaker at TED Staff Retreat. (international)
- **Dunn**, E. W., & Zhao, J. (2020, October). *Happy climate.* Invited speaker at The Great Wave Business Festival. (international)
- **Dunn**, E. W. (2020, July). *Happiness 101.* Invited speaker at Givsly webinar. (international)
- **Dunn,** E. W., & Zhao, J. (2020, May). *Decrease carbon and increase happiness.* Invited speaker at TED2020 Community Day. (international)
- **Dunn,** E. W. (2019, October). *Happy money.* Commonwealth national conference. Denver, CO.
- **Dunn**, E. W. & Brian, C. J. (2019, July). *Catalyzing charitable giving through teachable moments*. TEDSummit, Edinburgh, Scotland.
- **Dunn**, E. W. (2019, June). *Happy money: The science of happier spending*. Advanced Personal Financial Planning Conference, Las Vegas, NA.
- **Dunn**, E. W. (2019, June). *Can we spend our way to happiness?* Aspen Ideas Festival, Aspen, CO.
- **Dunn,** E. W. (2019, June). *Emotions & tech: What happens when we code our inner lives?* Aspen Ideas Festival, Aspen, CO.

- **Dunn**, E. W. (2019, May). *Harnessing technology to increase social connection & well- being*. Uber Behavioral Science Symposium, San Francisco, CA.
- **Dunn**, E. W. (2019, April). *Helping others makes us happier - but it matters how we do it.* TED, Invited speaker, Vancouver, BC.
- **Dunn**, E. W. (2018, September). *Technology & happiness: The consequences of being constantly connected*. Agora Conference, Invited speaker, Tucson, AZ.
- **Dunn**, E. W., *Dwyer, R., *Lok, I & *Kushlev, K. (2018, August). *How smartphone use spreads and undermines enjoyment in face-to-face social interactions.* APA Annual Conference, San Francisco, CA.
- **Dunn**, E. W. (2018, June). *Happy Money*. How To Conference by CU Water Cooler, Madison, WI.
- **Dunn**, E. W. (2018, May). *My d is bigger than your d*. Duck Conference on Social Cognition, Duck, NC.
- **Dunn**, E. W. (2018, March). *Psychological scientist? Yes! Author for the general public? Huh … maybe?* Invited panelist at the Society for Personality and Social Psychology Conference. Atlanta, GA.
- **Dunn**, E. W. (2017). *Happy Money*. Talk to Utah Young Presidents Organization, Gold. Salt Lake City, UT.
- **Dunn**, E. W. (2017). *Happy Money: The science of happier spending.* Invited keynote for the Impact 100 Giving Circle. New Orleans, LA.
- **Dunn**, E. W. (2017). *Reward: What is it good for?* Invited panelist for the 2017 Neuroleadership Summer Session. New York, NY.
- **Dunn**, E. W. (2017). *The future of happiness*. Talk at the 18th Sydney Symposium of Social Psychology. Sydney, AU.
- **Dunn**, E. W. (2017). *What is pre-registration really like? The perspective of a sceptical convert.* Talk at the Society for Personality and Social Psychology Conference. San Antonio, TX.
- **Dunn**, E. W. (2016). *Forget happiness, let's talk disaster.* Talk at the Duck Conference on Social Cognition. Duck, NC.
- **Dunn**, E. W. (2016). *Happy Money*. Invited keynote at the Wealth Wisdom: The Essence of Wealth Conference. Jakarta, ID.
- **Dunn**, E. W. (2016). *Happy* Money. Invited keynote at the CARA Annual Conference. Vancouver, BC.
- **Dunn**, E. W. (2016). *Happy* Money. Invited keynote at the Apartment Internet Marketing Conference. Los Angeles, CA.
- **Dunn**, E. W. (2016). *From technology to time use: how daily decisions shape well being*. Invited talk at the Invitational Choice Symposium. Lake Louise, AB.
- *Whillans, A. V., Sandstrom, G., Dickerson, S., Ken Madden, **Dunn**, E. W. (2016). *Is spending money on others good for your heart?* Talk at the Society for Personality and Social Psychology Conference. San Diego, CA.
- **Dunn,** E. W. (2015). *Happy Money*. Invited keynote at the National Association of Personal Financial Advisors. Indianapolis, IN.
- **Dunn,** E. W. (2015). *Happy Money*. Invited keynote at the Financial Management Institute of Canada. Ottawa, ON.
- **Dunn**, E. W. (2015). *In search of happiness: Is there a secret to feeling content?* Talk at the UBC Alumni Dialogues 2015. Vancouver, BC.

- **Dunn**, E. W. (2015). *Happy Money*. Invited keynote at the Nebraska Wealth Management Conference. Nebraska, USA.
- **Dunn**, E. W. (2015). *Spending money on others promotes happiness and a healthier heart.* Invited talk at the International Behavioural Insights Conference. London, UK.
- **Dunn**, E. W. (2015) *The problem with valuing your time*. Invited talk at the TEDx Colorado Springs Conference, Colorado.
- *Whillans, A.V., & **Dunn**, E. W. (2014). *Thinking about time as money decreases environmental behavior*. Invited talk presented at Sustainability Speaker Series at the University of British Columbia.
- **Dunn**, E. W. (2014). *Flipping the philanthropy switch: can situational attributions for financial success increase prosocial spending?* Invited talk at the New Paths to Purpose Meeting, University of Chicago.
- **Dunn**, E. W. (2014). *Happy money*. Uniquely UBC alumni event.
- **Dunn**, E. W. (2014). *Happy money*. Invited talk to the Wood River Women's Charitable Foundation, Sun Valley, Idaho.
- **Dunn**, E. W. (2014). *Work/life balance*. UBC Dialogues alumni event.
- **Dunn**, E. W., & *Quoidbach, J. (2014). *The price of awesomeness: How a wealth of experiences impoverishes savoring.* Talk presented at the Happiness Preconference at the meeting of the Society for Personality and Social Psychology, Austin, TX.
- *Whillans, A.V., *Aknin L. B., **Dunn**, E. W., Norton, M I., & Grant, A. M. (2013). *Making a difference matters: Impact unlocks the emotional benefits of charitable giving.* Invited talk at the CAGE Generosity & Well-being Conference, Warwick University, UK.
- **Dunn**, E. W. (2013). *Happy money, happy customers.* Invited talk at INBOUND Marketing Conference, Boston, MA.
- **Dunn**, E. W. McConnell, A. R., Austin, S. N., *Rawn, C. D. (2011). *Blind spots in the pursuit of happiness*. Talk presented at the Judgment and Decision Making Preconference at the meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- **Dunn**, E. W. (2010). *How money aids and impedes the pursuit of happiness.* Pop!Tech, Camden, ME.
- **Dunn**, E. W. (2010). *Money, generosity, and happiness*. Invited public talk at the Dalai Lama Centre. Vancouver, BC.
- *Aknin, L. B., & **Dunn**, E. W. (2009). *Does spending money on others promote sustainable well-being?* Invited talk at the Symposium on Well-Being and Sustainability, Vancouver, BC.
- **Dunn**, E. W. (2009). *The invisible power of prejudice.* Invited talk for UBC's Access and Diversity Office, Vancouver, BC.
- Norton, M. I., **Dunn**, E. W., & *Aknin, L. B. (2009). *From wealth to well-being: Spending money on others promotes happiness.* Invited talk at the Society for Personality and Social Psychology, Tampa, FL.
- **Dunn**, E. W. (2008). *What makes people happy?* Invited talk for UBC's Learning Exchange, Vancouver, BC.

- **Dunn**, E. W., *Aknin, L., & Norton, M. I. (2008). *Turning wealth into well-being: Can money buy happiness if you spend it right?* Invited talk at Duck Conference on Social Cognition, Duck, NC.
- **Dunn**, E. W., Biesanz, J. C., **Human, L., & **Finn, S. (2007). *The hidden benefits of putting one's best face forward*. Invited talk at the Mind Gym Academic Prize gala dinner, London, England.
- **Dunn**, E. W., *Aknin, L., & Norton, M. I. (2007). *Translating wealth into well-being: Can money buy happiness if you spend it right?* Invited talk at the Harvard Conference on Hedonic Adaptation and Prediction, Cambridge, MA.
- **Dunn**, E. W., *Falk, C., & Norenzayan, A. (2007). *Cultural differences in decision-making: Do affective forecasts matter less (universally) than we thought?* Invited talk at the Duck Conference on Social Cognition, Duck, NC.
- **Dunn**, E. W., *Forrin, N. A., Biesanz, J. C. (2006). *My rainy weather, your sunny disposition: The role of situational vs. dispositional information in affective forecasts for self and other.* Invited talk at the Duck Conference on Social Cognition, Duck, NC.
- **Dunn**, E. W. (2005). *A user's guide to emotional time travel: Progress on key issues in affective forecasting*. Talk presented at the Sydney Symposium, Sydney, Australia.
- Spellman, B. A., & **Dunn**, E. W. (August 2001). *Inhibitory mechanisms in the use of stereotypes*. Presented in a symposium entitled *Inhibitory Processes in Memory* at the International Conference on Memory, Valencia, Spain.
- Spellman, B. A., & **Dunn**, E. W. (April 2001). *From word lists to stereotypes: Inhibition in higher-order cognition*. Presented in a symposium entitled *Inhibitory Processes in Human Memory* at the (British) Experimental Psychology Society, Bristol, UK.

- **Refereed Conference Talks**
  - **Dunn**, E. W. (2024, February). *How strong is the evidence for the happiness strategies most commonly recommended to the public?*. Society for Personality and Social Psychology 2024. , San Diego, United States (international).
  - **Dunn**, E. W. & Zhao. J. (2023, October). *Can we harness happiness research to fight climate change?*. Society of Experimental Social Psychology 2023. Madison, WI (international)
  - **Li, RN., *Lok, I., & **Dunn,** E. W. (2023, July). *A scalable approach to designing sociable spaces.* International Positive Psychology Association World Congress. Vancouver, Canada (national)
  - **Maheshka, C., & **Dunn,** E. W. (2023, July). *Does gratitude lead to more prosocial spending in the real world*. International Positive Psychology Association World Congress, Vancouver, Canada. (national)
  - **Dunn**, E. W. (2023). *Tips for starting and sustaining fruitful collaborations.* Professional development symposium at the Society for Personality and Social Psychology Annual Convention. Atlanta, GA.
  - *Folk, D., **Yu, S., & **Dunn**, E. W. (2022). *Is a good bot better than a mediocre human?: Chatbots as alternative sources of social connection*. Society for

Personality and Social Psychology Annual Convention, San Francisco, United States

- *Lok, I., & **Dunn**, E. W. (2020) *Using explicit social signals to increase social interactions between strangers.* Talk at the annual meeting of the Society for Personality and Social Psychology Conference, New Orleans, LA.
- **Dunn,** E. W. & *Kushlev, K. (2019). *Smartphones distract parents from cultivating feelings of connection when spending time with their children.* Talk presented at the Social for Personality and Social Psychology Conference, Portland, OR.
- *Dwyer, R., **Dunn,** E. W. & *Kushlev, K. (2018). *Smartphone use undermines enjoyment of face-to-face social interactions.* Talk presented at the Social for Experimental Social Psychology Conference, Seattle, WA.
- **Dunn**, E. W. (2018). *Smartphone use undermines enjoyment of face-to-face social interactions.* Institute of Psychology and Technology Conference, Stanford, CA.
- **Dunn**, E. W., *Dwyer, R. & *Kushlev, K. (2018). *Phones at the dinner table: Does smartphone use undermine enjoyment of face-to-face social interactions?* Talk Presented at the Society for Personality and Social Psychology Conference. Atlanta, GA.
- *Weidman, A. & **Dunn**, E. W. (2018). *Hearing happiness: Predicting momentary happiness from acoustic analysis of the voice*. Talk Presented at the Society for Personality and Social Psychology Conference. Atlanta, GA.
- *Kushlev, K. & **Dunn**, E. (2016). *Do smartphones complement or compromise the benefits of face-to-face interactions?* Presented at the Annual Convention at the Society for Personality and Social Psychology Conference. San Antonio, TX.
- *Dwyer, R., Hershfield, H. E., & **Dunn**, E.W. (2017). *Cousins or conjoined twins: How different are meaning and happiness in everyday life?* Happiness and Well-being Preconference, Society for Personality and Social Psychology Conference. San Antonio, TX.
- *Whillans, A.V., **Dunn**, E.W. & Norton, M.I. (2017). *Using money to buy time promotes happiness.* Paper presented at the Society for Personality and Social Psychology Conference. San Antonio, TX.
- **Dunn**, E. W., *Whillans, A. V., Sandstrom, G., Dickerson, S. & Madden, K. (2016). *Is spending money on others good for your heart?* Talk at the Society for Personality and Social Psychology Conference. San Diego, CA.
- **Dunn**, E.W. & *Whillans, A.V. (2015). *Thinking about time as money decreases environmental behavior*. Talk presented at the Annual Meeting of the Society for Personality and Social Psychology in Los Angeles, CA.
- *Whillans, A.V. & **Dunn**, E.W. (2014). *Thinking about time as money decreases environmental behavior*. Talk presented at the annual meeting of the Association for Psychological Science (APS) in San Francisco, CA.
- *Whillans, A.V. & **Dunn**, E.W. (2014). *Thinking about time as money decreases environmental behavior*. Talk presented at the Canadian Psychological Association in Vancouver, BC.
- Norton, M. I., Anik, L., *Aknin, L. B., **Dunn**, E. W., & *Quoidbach, J. D. (September, 2013). *Prosocial bonuses increase employee satisfaction and team*

performance. Talk presented at the Society of Experimental Social Psychology, Berkeley, CA.

- Norton, M.I., *Aknin, L.B., Barrington-Leigh, C.P., **Dunn**, E.W., Helliwell, J.F., Biswas-Diener, R., Kemeza, I., Nyende, P., & Ashton-James, C. (July, 2013). *Prosocial spending and well-being: Cross-cultural evidence for a psychological universal*. Paper presented at the European Association for Consumer Research, Barcelona, Spain.
- Aknin, L.B., Barrington-Leigh, C.P., **Dunn**, E.W., Helliwell, J.F.,Burns, J., & Norton, M.I. (May, 2013). *Prosocial spending and well-being: Cross-cultural evidence for a psychological universal*. Paper presented at the Association for Psychological Science, Washington, DC.
- Aknin, L.B., Barrington-Leigh, C.P., **Dunn**, E.W., Helliwell, J.F., Biswas-Diener, R., Kemeza, I., Nyende, P., Ashton-James, C., & Norton, M.I. (April, 2013). *Prosocial spending and well-being: Cross-cultural evidence for a psychological universal*. Paper presented at the Generosity and Well-Being Conference, Warwick, United Kingdom.
- *Kushlev, K, & **Dunn,** E. W. (January, 2013). *Checking email less often reduces stress leading to increased well-being*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Norton, M.I., *Aknin, L.B., Barrington-Leigh, C.P., **Dunn**, E.W., Helliwell, J.F., Biswas-Diener, R., Kemeza, I., Nyende, P., & Ashton-James, C. (October, 2012). *Prosocial spending and well-being: Cross-cultural evidence for a psychological universal*. Paper presented at the Association for Consumer Research, Vancouver, Canada.
- **Dunn**, E. W., *Aknin, L. B., Norton, M. I. (2012). *Around the world and under the skin: How financial decision making shapes well-being*. Talk presented at the Society for Personality and Social Psychology, San Diego, CA.
- *Aknin, L. B., Norton, M. I., Anik, L, **Dunn**, E. W., Quoidbach, J. (2012). *Prosocial spending pays: The benefits of prosocial incentives on team performance.* Talk presented at the Society for Personality and Social Psychology, San Diego, CA.
- Norton, M. I., **Dunn**, E. W., *Aknin, L. B., Anik, L., & *Quoidbach, J. (2012). *How prosocial spending improves your own happiness – at the office and at home.* Talk presented at the Association for Psychological Science, Chicago, IL.
- **Dunn**, E. W., *Quoidbach, J., Petrides, K. V., & Mikolajczak, M. (2010). *Money giveth, money taketh away: Wealth undermines savoring ability*. Talk presented at the meeting of the Society for Personality and Social Psychology, Las Vegas, NV.
- *Aknin, L.B., Norton, M. I., Ashton-James, C. E., Nyende, P., Kemeza, I., **Dunn**, E. W., & Biswas-Diener, R. (2010). *Is there a feedback loop between prosocial spending and happiness? Evidence from Canada and Uganda*. Talk presented at the meeting of the Society for Personality and Social Psychology, Las Vegas, NV.
- McConnell, A. R., **Dunn**, E. W., Austin, S. N., & *Rawn, C. D. (2010). *It's written all over your face (and IAT): Affective forecasting errors*. Paper presented at the Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

- **Dunn**, E. W., *Falk, C.F., & Norenzayan, A. (2008). *Culture and the importance of expected emotions for decision making.* Talk presented at the meeting of the Society for Personality and Social Psychology, Albuquerque, NM.
- **Dunn**, E. W., *Aknin, L. B., & Norton, M. I. (2007). *Then again, if you spend it right, money can buy happiness*. Talk presented at the meeting of the Society of Experimental Social Psychology, Chicago, IL.
- **Dunn**, E. W., & Ashton-James, C. E. (2007). *On emotional innumeracy: Predicted and actual affective responses to grand scale tragedies.* Talk presented at the meeting of the Society for Judgment and Decision-Making, Long Beach, CA.
- **Dunn**, E. W., & Ashton-James, C. E. (2007). *On emotional innumeracy: Predicted and actual affective responses to grand scale tragedies.* Talk presented at the meeting of the Society for Personality and Social Psychology, Memphis, TN.
- **Dunn**, E. W. (2006). *Individual differences in emotional time travel*. Talk presented at the meeting of the Society for Personality and Social Psychology, Palm Springs, CA.
- **Dunn**, E. W. (2005). *Emotional innumeracy: Forecasted and experienced responses to small versus large scale disasters*. Talk presented at the annual meeting of the Person Memory Interest Group at the Society of Experimental Social Psychology conference, San Diego, CA.
- **Dunn**, E. W., & Clore, J. (2004). *New light on mood and stereotyping*. Talk presented at the annual meeting of the Society of Experimental Social Psychology, Fort Worth, TX.
- **Dunn**, E. W., & Wilson, T. D. (2004). *Are strangers as good as lovers? Misunderstanding the emotional consequences of everyday social interactions.* Talk presented at the 5th annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- **Dunn**, E. W., Sinclair, S., & Lowery, B. (2003). *The relationship between parental racial attitudes and children's implicit prejudice.* Talk presented at the 15th annual meeting of the American Psychological Society, Atlanta, GA.

- **Other Refereed Conference Presentations**
  - *Li, RN., *Folk, D. P., Singh, A. P., Ungar, L. H., & **Dunn**, E. W. (February, 2026). *A random human peer is better than a highly supportive chatbot in reducing loneliness over time.* [Main Conference Early Career Data Blitz]. Society for Personality and Social Psychology Annual Convention 2026, Chicago, IL, United States.
  - *Folk, D., & **Dunn**, E. W. (2026, February). *Everything is Better Together.* [Happiness Pre-Conference Data Blitz]. Society for Personality and Social Psychology Annual Convention 2026, Chicago, IL, United States.
  - *Folk, D. & **Dunn**, E. W. (February, 2025). *Turning to AI for companionship predicts decreased social connection 4 months later.* Psychology of Media and Technology Preconference, Society for Personality and Social Psychology, Denver, CO, United States.

- *Folk, D. & **Dunn**, E. W. (February, 2025). *Anthropomorphism promotes social connection with conversational AI.* Society for Personality and Social Psychology, Denver, CO, United States.
- *Folk, D., & **Dunn**, E. W. (February, 2025) *What makes a good day?: A random forest analysis of the American Time Use Survey.* Happiness Preconference, Society for Personality and Social Psychology, Denver, CO, United States.
- *Li, RN., *Lok, I., Stenlund, S., **Dunn**, E. W. (February, 2025). *Explicit signals enhance social engagement between strangers.* Society for Personality and Social Psychology, Denver, CO, United States.
- *Folk, D., **Yu, S., & **Dunn**, E. W. (2023). *Why do people turn to chatbots as a source of social connection?* Poster presented at the Society for Personality and Social Psychology Annual Convention.
- ** Li, RN., *Lok, I., & **Dunn**, E. W. (2023). *A scalable solution to designing physical spaces that promote social interactions.* Poster presented at Happiness and Well-being Preconference of Society for Personality and Social Psychology Annual Convention.
- ** Maheshka, C., & **Dunn**, E. W. (2023). *Does gratitude lead to more prosocial spending in the real world?* Poster presented at Happiness and Well-being Preconference of Society for Personality and Social Psychology Annual Convention.
- ** Zettelmeyer, E., *Folk, D., & **Dunn**, E. W. (2022). *Chatbots as alternative sources for social benefits: Effect of conversation type.* UBC Psychology Undergraduate Research Conference, Poster Presentation.**Maheshka, C., *Lok, I., & **Dunn**, E. W. (2022). *Connecting with strangers.* UBC Undergraduate 3MT, University of British Columbia, Virtual Competition.
    - Selected as a competition finalist.
- **Yu, S., *Folk, D., & **Dunn**, E. W. (2022). *Conversing with chatbots: The surprising power of positive chatbots over negative humans*. Society for Personality and Social Psychology Annual Convention, Virtual Presentation.
- **O'Kane, , K. M. K., *Lok, I., & **Dunn**, E. W. (2022, February). *To Zoom or not to Zoom: When is video communication better than voice communication?* Society for Personality and Social Psychology Annual Convention, Virtual Presentation.
- **Zhuo, A. X., *Dwyer, R. J., & **Dunn**, E. W. (2020). *Virtual interconnection, social disconnection: The impact of phones on enjoyment over time (pilot study).* Poster Presented at the National Collegiate Research Conference. Cambridge, MA.
- **Zhuo, A. X., *Dwyer, R. J., & **Dunn**, E. W. (2020). *Virtual interconnection, social disconnection: The impact of phones on enjoyment over time (pilot study).* Poster Presented at the Society for Personality and Social Psychology Conference. New Orleans, LA.
    - Finalist for undergraduate student poster award.
- *Kushlev, K., **Proulx, J., **Dunn**, E. W., Hunter, J. & Pressman, S. (2018). T*he effect of smartphones on face-to-face interaction.* Poster Presented at the Society for Personality and Social Psychology Conference. Atlanta, GA.

- *Lok, I., *Dwyer, R. J.., & **Dunn**, E. W. (2018). *The smartphone contagion: Collective phone use in groups.* Poster Presented at the Society for Personality and Social Psychology Conference. Atlanta, GA.
- **Camporeale, T., *Whillans, A. V., **Dunn**, E. W. & Bryan, C. J. (2017). *Can turning charitable giving into a "teachable moment" increase prosocial spending among parents?* Poster Presented at the Society for Personality and Social Psychology Conference. San Antonio, TX.
- *Weidman, A. C. & **Dunn**, E. W. (2016). The unsung benefits of material things: Material purchases provide more frequent monetary happiness than experiential purchases. Paper presented at the Society for Psychology Happiness and Well-Being Preconference. San Diego, CA.
- Proulx, J., *Kostadin, K. & **Dunn**, E. W. (2016). The smartphone paradox: Relyng on our digitally connected devices for information compromises social connectedness. Poster session presented at the 17th Annual Convention for the Society for the Personality and Social Psychology. San Diego, CA.
- *Dwyer, R., *Whillans, A. V., Seider, S. C., Chen, B., Savalei, V., Novik, S., Graminga, K. J., Mitchell, B. A., Dickerson, S. S. & **Dunn**, E. W. (2016). Volunteering, health and happiness. Poster presented at the Happiness and Well-Being Preconference at the Society for Personality and Social Psychology. San Diego, CA.
- *Whillans, A. V., *Weidman, A. C. & **Dunn**, E. W. (2016). Valuing time over money is associated with greater happiness. Data blitz talk presented at the Happiness Preconference at the Society for Personality and Social Psychology. San Diego, CA.
- *Whillans, A. V., **Dunn**, E. W. & Norton, M. I. (2016). The benefits and barriers of buying happier time. Data blitz talk presented at the Judgement and Decision Makind Preconference at the Society for Personality and Social Psychology. San Diego, CA.
- *Whillans, A. V., *Weidman, A. C. & **Dunn**, E. W. (2016). Valuing time over money is associated with greater happiness. Research talk presented at the Society for Consumer Psychology Division of the American Psychological Association. Denver, CO.
- Human, L.J., *Whillans, A.V., Hoppmann, C., Klumb, P., Dickerson, S. S & **Dunn**, E.W. (2014). *Finding the middle ground: Positive affect variability and daily cortisol profiles*. Poster presented at the Society for Affective Science in Washington, DC.
- *Whillans, A.V., & **Dunn**, E.W. (2014). *Thinking about time as money decreases environmental behavior*. Poster presented at the Judgment & Decision Making Pre- Conference at the Annual Meeting of the Society for Personality and Social Psychology in Austin, Texas.
    - Winner of $200 Poster Award.
- Caruso, E.M., *Whillans, A.V., **Dunn**, E.W. (2014). *Situational attributions increase charitable giving*. Invited talk presented at the Russell Sage Conference on The Meaning of Money in New York, US.
- *Whillans**,** A.V., *Kushlev, K. & **Dunn**, E.W. (2013). *Harnessing situational attributions to increase social responsibility*. Poster presented at the Judgment &

Decision Making Pre-Conference at the Annual Meeting of the Society for Personality and Social Psychology in New Orleans.

- *Whillans, A., *Kushlev, K., & **Dunn**, E. W. (2012). *Harnessing situational attributions to increase feelings of social responsibility*. Poster presented at the Judgment & Decision Making Pre-Conference at the Annual Meeting of the Society for Personality and Social Psychology in San Diego, CA.
- *Kushlev, K., **Dunn**, E. W., & Ashton-James, C. E. (2012). *Does affluence impoverish the experience of parenting?* Poster presented at the Emotion Preconference at the Society for Personality and Social Psychology, San Diego, CA.
- *Whillans, A. V., Aknin, L. B., **Dunn**, E. W., Norton, M. I & Grant, A. M. (2012). *When does spending on others increase happiness?* Poster presented at the Judgment and Decision Making Preconference at the Society for Personality and Social Psychology, San Diego, CA.
- *Sandstrom, G. M. & **Dunn**, E. W. (2011). *Social interactions and well-being: The surprising power of weak ties*. Poster presented at the Emotion Preconference at the Society for Personality and Social Psychology, San Antonio, TX.
- Norton, M., Anik, L., *Aknin, L. B., & **Dunn**, E. W. (2010). *The prosocial workplace: Prosocial spending increases employee satisfaction and job performance.* Poster presented at the Behavioral Decision Research in Management Conference, Pittsburgh, PA.
- *Aknin, L. B., Norton, M.I., & **Dunn**, E. W. (2010). *From wealth to well-being? Money matters, but less than people think.* Poster presented at the Society for Consumer Psychology, St. Pete Beach, FL.
- Norton, M. I., **Dunn**, E. W., Carney, D. R., & Ariely, D. (2010). *The persuasive appeal of stigma.* Poster presented at the Academy of Management, Montreal, Canada.
- Norton, M. I., Anik, L., **Dunn**, E. W., & *Aknin, L. B. (2010). *The benefits of prosocial spending for individuals and organizations.* Poster presented at the Society for Consumer Psychology, St. Pete Beach, FL.
- *Quoidbach, J., & **Dunn**, E. W. (2010). *The price of awesomeness: Evidence for an experience stretching process.* Poster presented at the Society for Personality and Social Psychology, Las Vegas, NV.
- *Kushlev, K., **Dunn**, E. W., Ashton-James, C. E, & *Trudeau, R. (2010). *Can parenting make people happy…or at least give them meaning?* Poster presented at the Judgment and Decision Making Preconference at the Society for Personality and Social Psychology, Las Vegas, NV.
- *Sandstrom, G. M., *Aknin, L. B., **Dunn**, E. W., Norton, M. I. (2010). *Spending money, spending time: Social interaction during interpersonal giving boosts happiness*. Poster presented at the Judgment and Decision Making Preconference at the Society for Personality and Social Psychology, Las Vegas, NV.
- Norton, M. I., *Aknin, L. B., & **Dunn**, E. W. (2009). *Putting the "social" in prosocial spending: Interpersonal giving promotes happiness*. Paper presented at the Association for Consumer Research, Pittsburgh, PA.

- *Aknin, L. B., **Dunn**, E. W., & Norton, M. I. (2009). *From wealth to well-being: Spending money on others promotes happiness.* Paper presented at the Interdisciplinary Nineteenth Century Studies Conference, Saratoga Springs, NY.
- Norton, M. I., **Dunn**, E.W., & *Aknin, L. B. (2009). *From wealth to well-being: Spending money on others promotes happiness*. Paper presented at the Society for Consumer Psychology, San Diego, CA.
- Norton, M. I., **Dunn**, E. W., Carney, D. R., & Ariely, D. (2009). *The persuasive appeal of stigma*. Paper presented at the Society for Consumer Psychology, San Diego, CA.
- Norton, M. I., *Aknin, L. B., & **Dunn**, E. W. (2009). *Putting the "social" in prosocial spending: Interpersonal giving promotes happiness*. Poster presented at the Association for Consumer Research, Pittsburgh, PA.
- *Aknin, L. B., **Dunn**, E. W., & Norton, M. I. (2009). *Happiness runs in a circular motion: Evidence for an upward spiral between happiness and prosocial spending.* Poster presented at the Society for Personality and Social Psychology, Tampa, FL.
- Kawakami, K., Karmali, F., Dovidio, J. F., & **Dunn**, E. W. (2009). *Faulty forecasts: Mispredicting affective and behavioral responses to racism.* Poster presented at the meeting of the Society for Personality and Social Psychology, Tampa, FL.
- Norton, M. I., **Dunn**, E. W., & *Aknin, L. B. (2009). *From wealth to well-being: Spending money on others promotes happiness*. Poster presented at the Society for Consumer Psychology, San Diego, CA.
- Norton, M. I., **Dunn**, E. W., Carney, D. R., & Ariely, D. (2009). *The persuasive appeal of stigma*. Poster presented at the Society for Consumer Psychology, San Diego, CA.
- *Ruby, M. B., **Dunn**, E. W., Perrino, A. L., & **Gillis, R. (2009). *The invisible benefits of exercise.* Poster presented at the Society for Personality and Social Psychology, Tampa, FL.
- *Aknin, L. B., **Dunn**, E. W., & Norton, M. I. (2008). *Can money buy happiness?* Poster presented at the Society of Personality and Social Psychology, Albuquerque, NM.
- Anik, L., Norton, M. I., *Aknin, L. B., & **Dunn**, E. W. (2008). *Life really is nasty, brutish, and short – and no one is happy about it.* Poster presented at the Society of Personality and Social Psychology, Albuquerque, NM.
- *Aknin, L. B., **Dunn**, E. W., & Norton, M. I. (2007). *From wealth to well-being: How money can increase happiness*. Poster presented at the Judgment and Decision-making Pre-conference at the annual meeting of the Society for Personality and Social Psychology, Memphis, TN.
- *Aknin, L. B., *Forrin, N. D., **Dunn**, E. W., & Biesanz, J. C. (2007). *Maybe mother does know best: When others predict our future happiness better than we can*. Poster presented at the Society for Personality and Social Psychology Conference, Memphis, TN.
- *Chin, J. C., & **Dunn**, E. W. (2007). *Focalism as a source of temporal discounting effects*. Poster presented at the Judgment and Decision-making

Preconference at the annual meeting of the Society for Personality and Social Psychology, Memphis, TN.
    - Received $300 Student Travel Award (funded by NSF).
- *Falk, C. F., **Dunn**, E.W., & Norenzayan, A. (2007). *Affective forecasting and the value of predicted enjoyment: Decision making in east asian and eestern cultures.* Poster presented at the SPSP Annual Cultural Psychology Preconference, Memphis, TN.
- *Forrin, N. D. & **Dunn**, E. W. (2007). *In defense of having dessert first: The importance of startpoints.* Poster presented at the annual meeting of the Society for Personality and Social Psychology, Palm Springs, CA.
- **Human, L. J., **Dunn**, E. W., & Biesanz, J. C. (2007). *The hidden benefits of valentine's: How impressing your partner can improve your mood.* Poster presented at the Emotion Pre-conference at the annual meeting of the Society for Personality and Social Psychology, Memphis, TN.
- *Rawn, C. D. & **Dunn**, E. W. (2007, January). *Affective forecasting when emotions conflict: The utility of measuring gut reactions in addition to thoughtful forecasts.* Poster session presented at the annual meeting of the Society for Personality and Social Psychology, Memphis, TN.
- *Forrin, N. A., **Dunn**, E. W., & Biesanz, J. C. (2006). *Sunny disposition or rainy weather: Using dispositional and situational information to make affective forecasts.* Poster presented at the Judgment and Decision-making Preconference at the annual meeting of the Society for Personality and Social Psychology, Palm Springs, CA.
    - Received $300 Student Travel Award (funded by NSF).
- **Dunn**, E. W., Sinclair, S., & Lowery, B. (2003). *The relationship between parental racial attitudes and children's implicit prejudice*. Poster presented at the 4th annual meeting of the Society for Personality and Social Psychology, Los Angeles, CA.
    - Received SPSP Student Poster Award.
- **Dunn**, E. W., Wilson, T. D., & Hale, J. H. (2001). *Finding happiness in bricks, sticks, or straw: A longitudinal field study of the durability bias*. Poster presented at the 2nd annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- **Dunn**, E. W., & Spellman, B. A. (2000). *Remembering to forget: Stereotype inhibition through the rehearsal of another aspect of identity*. Poster presented at the 12th annual meeting of the American Psychological Society, Miami, FL.

PROFESSIONAL AND DEPARTMENTAL SERVICE

- Associate Editor
    - *Perspectives on Psychological Science*, 2011-2013
- Editorial Boards
    - *Psychological Inquiry,* 2017-2018
    - *Psychological Science*, 2017-2019
    - *Journal of Behavioral Decision Making* 2010-2014
    - *International Journal of Happiness & Development*, 2011 – present
    - *Perspectives on Psychological Science*, 2010-2011

- Grant Panels
    - *Social Sciences and Humanities Research Council,* 2014 – present
    - *Canadian Institutes of Health Research*, 2014 – present
- Ad Hoc Reviewer
    - *Social Sciences and Humanities Research Council of Canada (Grant Panel Member)*
    - *Canadian Institute of Health Research (Fellowships Committee Member)*
    - *International Journal of Research in Marketing*
    - *PLoS ONE*
    - *Proceedings of the National Academy of Sciences*
    - *Nature Human Behavior*
    - *Journal of Economic Psychology*
    - *International Journal of Happiness and Development*
    - *Frontiers in Human Neuroscience*
    - *National Science Foundation*
    - *Social Psychological and Personality Science*
    - *Current Directions in Psychological Science*
    - *Psychological Science*
    - *Cognition and Emotion*
    - *Emotion*
    - *Basic and Applied Social Psychology*
    - *European Journal of Social Psychology*
    - *Group Processes and Intergroup Relations*
    - *Journal of Experimental Social Psychology*
    - *Journal of Personality and Social Psychology*
    - *Organizational Behavior and Human Decision Processes*
    - *Personality and Social Psychology Bulletin*
    - *Self and Identity*
    - *Journal of Positive Psychology*
    - *Consciousness and Cognition*
    - *American Psychological Association (books)*
    - *Social Sciences and Humanities Research Council of Canada*
    - *Journal of Experimental Psychology: General*
    - *Personality and Social Psychology Review*
    - *Oxford University Press*
    - *Perspectives on Psychological Science*
- Memberships on Committees
    - Duck Advisory Council (planning committee for Duck Conference on Social Cognition, 2021-2024)
    - Served on 2015 SPSP Book Prize and Media Prize Committee
    - Social/Personality Area Coordinator, 2015-2016
    - Faculty Recognition Committee, 2014-2015
    - Human Participants & Research Policy, 2013-2014
    - Graduate Admissions Committee, 2010-2011
    - Fellowships & Scholarships committee, UBC, 2008-2009
    - Course coordinator, Psychology 308, UBC, 2008-2010

- Curriculum committee, UBC, 2006-2009
- Colloquium committee, UBC, 2005-2007, 2010-2011
  - Chair, 2010-2011
- Subject pool committee, UBC, 2005-2009
  - Chair, 2007-2009, 2008-2009
- Founder and Organizer, Grad Student Journal Club, University of Virginia, 2000-2004
- Student Member, Social Area Search Committee, University of Virginia, 2002-2003

SELECTED MEDIA MENTIONS

- *Marie Claire.* October 20, 2026. *"*Can You Even Feel Anything Anymore? Unpacking Our Endless Pursuit of Pleasure"
- *BBC Science Focus.* October 6, 2026. "8 small, surprising habits that build lasting happiness, according to world-leading experts"
- *Vancouver Magazine.* August 19, 2026. "22 Ways to Be Happier in Vancouver"
- *Canada's National Observer.* August 13, 2026. "History can teach us how to use joy to motivate climate action"
- *Yahoo!life.* July 31, 2026. "A study that had people log every daily interaction found the ones who chatted with baristas, neighbors, and near-strangers were measurably happier, and it held true for introverts too"
- *Vancouver Magazine.* July 30, 2026. "A Perfect Richmond Staycation Guide: What to Eat, Drink and Do"
- *QUARTZ.* July 29, 2026. "20 things science has discovered about why humans are so bad at predicting their own happiness"
- *The Washington Post.* July 24, 2026. "How to have a happier vacation"
- *Association For Psychological Science.* June 26, 2026. "Chatbots Are Like Potato Chips: Understanding Loneliness in the Digital Age"
- *Forbes.* May 13, 2026. "The Truth About Those Misleading Headlines Proclaiming That Humans Outdo AI When It Comes To Combatting Human Loneliness"
- *Associated Press News*. April 22, 2026. "Climate doom and gloom? Try laughing instead. Activists embrace joy in the fight to save Earth"
- *CNN*. April 21, 2026. "Shopping sustainably feels good, but does it have the impact you think it does?"
- *The British Psychological Society*. March 23, 2026. "Chatbot Vs. Random Human: Which is better at tackling loneliness?"
- *404 Media*. March 16, 2026. "Texting a Random Stranger Better for Loneliness Than Talking to a Chatbot, Study Shows"
- *BBC Science Focus*. March 8, 2026. "5 science-backed rules for turning money into long-term happiness"
- *The Globe and Mail.* January 2, 2026. "Mortgage-free and silent: Why are Canadians not celebrating this big financial milestone?"
- *Today's Parent.* November 27, 2025. "Why I Let My Kids Talk To Strangers (Sometimes)"
- *NPR*. November 13, 2025. "The rumors are true: Everything is better when we share it together, new study finds"

- *The Washington Post.* October 5, 2025. “Doing almost anything is better with friends, research finds”
- *The Times.* October 3, 2025. “The science of spending, or how to buy more joy with your cash”
- *Psychology Today.* September 3, 2025. "Better Together: Friendly Companionship Increases Happiness"
- *New York Times.* August 21, 2025. "Here’s What Happened When I Made My College Students Put Away Their Phones"
- *The Guardian*. December 29, 2024. “Global happiness study aims to solve mystery of what gives us a boost”
- *The New York Times*. December 17, 2024. “How to get a party buzz even when you’re not drinking”
- *The Washington Post*. November 28, 2024. “Doing good is good for you, research shows”
- *The Washington Post.* September 24, 2024. “Why not give others presents on your birthday”
- *Marketplace*. September 20, 2024. “This is why you deserve a treat: Five lessons for happier spending”
- *MoneySense*. August 16, 2024. “Top 25 timeless personal finance books”
- *The New York Times.* August 8, 2024. “Are we happy yet?”
- *CNN.* July 28, 2024. “Can money buy happiness? 5 tips to turn bucks into bliss”
- *The Globe and Mail.* April 25, 2024. "How to build a friendly building"
- *Forbes.* March 8. 2024. "Renewing corporate gifting: The impact of AI on personalization"
- *bnn.* March 3. 2024. "Redefining happiness: Preregistered studies illuminate new paths to well-being."
- *Inverse. March 3. 2024.* "Scientists debunk the idea that smiling makes you happy."
- *Nasdaq. February 16. 2024.* "Financial advisors: What’s your money philosophy?"
- *NPR.* February 4, 2024. "Are you happy? New film follows a Bhutan bureaucrat who asks 148 questions to find out."
- *CBC. January 18, 2024. "How to feng shui your fridge — and why it might help to curb climate change."*
- *The Shillong Times. January 14, 2024. "Talking…talking."*
- *TIME.* December 29, 2023. “Why I aspire to be an effective hedonist”
- *Greater Good.* December 14, 2023. “The top 10 insights from the “science of a meaningful life” in 2023”
- *WSJ.* November *19, 2023.* “The pay raise people say they need to be happy”
- *CBC.* September 23, 2023. “Climate news is often depressing. But as a behavioural scientist, I know I can't wallow”
- *The New York Times*. August 31, 2023. "People are more Generous than you may think"
- *WSJ.* August 24, 2023. "The instinct to share our good fortune"
- *NPR.* August 9, 2023. "The science of happiness sounds great. But is the research solid?"
- *Forbes*. July 30, 2023. "Research fails to tell you how to be happy, but this idea might help"
- *CNET. July 20, 2023.* "'How to be happy' strategies need stronger evidence, scientists say"

- *TIME.* July 20, 2023. “The data don't really support the most popular happiness strategies”
- *NewScientist*. July 20, 2023. “No clear evidence that meditation or mindfulness makes you happy”
- *The Wall Street Journal*. July 20, 2023. “Sadly, many happiness studies are flawed”
- *ScienceNews.* July 20, 2023. “Time in nature or exercise is touted for happiness. But evidence is lacking”
- *Science Media Center*. July 20, 2023. “Expert reaction to systematic review of happiness-increasing strategies in mentally healthy people”
- *RollingStone.* May 23, 2023. “GRAZIE: The New Rules of Gratitude”
- *CNET.* May 17, 2023. “5 Ways To Increase Your Happiness, According to Science”
- *Reader’s Digest.* March 13, 2023. “Can Money Buy Happiness? Here’s What to Know If You’re on a Tight Budget”
- *The Salt Lake Tribune.* March 14, 2023. “Letter: People are happier when they can see the impact of their giving. The LDS Church should learn from that.”
- *Hidden Brain.* Feb. 23, 2023. “Happiness 2.0: Surprising Sources of Joy”.
- *Imparker.* February 1, 2023. “Talking to Strangers Makes Us Happier — Science Shows.”
- *Canada Foundation for Innovation.* January 10, 2023. “Changing human behaviour to avert the climate crisis.”
- *Psychology Today.* December 22, 2022. “Money Does Buy Happiness: You’ll be happier if you spend your money on others.”
- *Today.* December 20, 2022. “Your brain on gift giving: Why it feels so darn good to get it right.”
- *Marketing Week.* December 14, 2022. “Three wise lessons on gifting from behavioural science.”
- *Wealth Management Canada.* December 8, 2022. “Can money buy you happiness?”
- *The Wall Street Journal.* November 23, 2022. “How Happy Can a Windfall Make You?”
- *Market Watch.* November 14, 2022. “Mystery couple spent $2 million dishing out money to people around the world — here’s what happened to the recipients.”
- *NBC News.* November 10, 2022. “Small study suggests money can buy happiness — for households earning up to $123,000.”
- *BBC Future.* October 27, 2022. “Why talking to strangers can make us smarter.”
- *Right Sizing Magazine.* September 21, 2022. “Small homes, happy lives.”
- *US. News.* September 20, 2022. “Does Money Make You Happy? The Latest Research Might Surprise You.”
- *U.S. News.* August 9, 2022. “Inside the Psychology of Overspending and How to Stop.”
- *CBC News.* June 19, 2022. “Campaign to curb clothing waste reaches Metro Vancouver residents, review shows, but recycling will get harder”.

- *Scrubbi.* June 8, 2022. “Is a housecleaning service worth it?”
- *CNN health.* May 28, 2022. “It turns out money may buy some happiness.”
- *Eat Move Think Podcast.* April 4, 2022. “Why is Finland so happy? (And what can we learn from it?).”
- *Behavioral Grooves Podcast.* April 3, 2022. “Why talking to strangers is actually good for your wellbeing.”
- *Her Money.* March 31, 2022. “How to get more comfortable talking about your finances.”
- *Newsweek.* March 28, 2022. “Husband’s ‘lazy and thoughtless’ Mother’s Day gift sparks fury online.”
- *MENAFN.* March 17, 2022. “Happy retirement living requires these 5 traits.”
- *Grist.* March 4, 2022. “For mental health, landmark climate report spells disaster.”
- *The Province.* February 8, 2022. “Software aims to tweak building design to encourage social interaction among residents.”
- *CNN Audio.* May 24, 2022. “Cashing in on Happiness”.
- *Vancouver Sun.* February 8, 2022. “Software aims to tweak building design to encourage social interaction among residents.”
- *The Economic Times.* February 6, 2022. “Like it or not, to be rich is to be gloriously happy.”
- *Newsmax Health.* February 2, 2022. “Money can bring you happiness, if you buy this.”
- *Christian Post.* February 1, 2022. “3 studies showing God designed us for generosity.”
- *News18.* December 20, 2021. “Surprised gifts to gestures, here’s how you keep newness in married life.”
- *Good Men Project.* December 8, 2021. “Money and happiness: An enriching relationship?”
- *The Toronto Star.* November 23, 2021. “More than half of Canadians will only invite fully vaccinated guests for the holidays, new survey finds.”
- *CBC.* November 13, 2021. “There’s a link between being kind to others and happiness, UBC researcher says.”
- *CNBC.* October 29, 2021. “Do you want a happy retirement? These 4 strategies can be the keys.”
- *Everyday Health.* October 5, 2021. “Why giving to causes you care about is good for your health.”
- *CNBC.* September 24, 2021. “Want a happy retirement? Here’s what experts say you need to do.”
- *Mamamia.* September 24, 2021. “’Treat your inbox like a dryer.’ 5 work productivity hacks that actually… work.”
- *US News.* September 23, 2021. “Inside the psychology of overspending and how to stop.”
- *Adventist Review.* September 18, 2021. “5 ways to experience joy.”
- *The Atlantic.* August 22, 2021. “All these simultaneous disasters are messing with our brains.”
- *Well + Good.* August 2, 2021. “Why it’s a problem if you don’t know your partner’s salary.”
- *The Conversation.* July 11, 2021. “At the tipping point: It’s time to include tips in menu prices as restaurants reopen from COVID lockdowns.”
- *CNBC.* June 28, 2021. “Here are 5 ways to spend money that can actually make you happier.”

- *The Atlantic.* June 27, 2021. “We’re learning the wrong lessons from the world’s happiest countries.”
- *National Post.* June 25, 2021. “Has giving gratuities reached a tipping point in restaurants? New report shows shifting attitudes.”
- *Forbes.* June 21, 2021. “Why small talk is anything but small.”
- *CNBC.* June 8, 2021. “Here’s how to resist the urge to splurge in a post-pandemic spending spree.”
- *The New York Times.* June 5, 2021. “The best investment of all: The people you love the most.”
- *Bloomberg.* May 18, 2021. “How to buy happiness (in a pandemic).”
- *The New York Times.* May 8, 2021. “How to buy happiness (responsibly).”
- *Mashable.* April 25, 2021. “8 things I learned from Yale’s free happiness class.”
- *CNBC.* April 6, 2021. “Spending tips to get even more joy out of your third stimulus check, from a social psychologist”
- *Banking CIO Outlook.* April 2, 2021. “Happy Money offers tips on effective financial literacy”
- *PR Newswire.* March 31, 2021. “Happy Money shares the secret to effective financial literacy”
- *MoneyWise.* March 25, 2021. “Best use for your stimulus check? See what Mark Cuban and other experts say”
- *Vox.* March 19, 2021. “This actually might be the best summer ever”
- *Psychology Today.* March 18, 2021. “To boost your own happiness, buy your dog a gift”
- *The Washington Post.* March 18, 2021. “Be well: The value of self-care”
- *CBC The Current.* March 12, 2021. “It's been a difficult year. But we're coping better than you might think, says expert”
- *Healthline.* February 18, 2021. “How raising the minimum wage can be a win for mental health”
- *University of California.* February 17, 2021. “Partners help us feel more connected during the pandemic”
- *Science Daily.* February 16, 2021. “Partners' company helps us stay connected during pandemic”
- *Harvard Business Review.* February 12, 2021. “Research: We’re losing touch with our networks”
- *The New York Times*. February 5, 2021. “Travel and the art of anticipation”
- *The Standard.* January 31, 2021. “Finding happiness: Money is great, but there’s more to life”
- *Forbes.* December 31, 2020. “The #1 New Year’s resolution to try for 2021: determine your enough”
- *Maclean’s*. December 29, 2020. “This awful year may have reset our ability to appreciate happiness”
- *CBC World.* December 27, 2020. “Casual social contacts can help combat loneliness and improve well-being during pandemic, psychologists say”
- *Popular Science.* December 21, 2020. “How to spend your money for maximum happiness”
- *Bloomberg Opinion.* December 18, 2020. “It always pays to take sabbaticals and vacations”

- *The List.* December 18, 2020. “Science reveals how to choose the perfect gift”
- *The Japan Times.* December 5, 2020. “All the happiness money can buy in the winter of COVID- 19”
- *Vancouver Sun.* December 4, 2020. “Powering up ‘pleasures’ over pandemic: Christmas lights, decorations out early to counter COVID gloom”
- *The Print.* December 3, 2020. “Money can’t buy happiness. But this is how you can still feel happy in the winter of Covid”
- *The Kit.* December 1, 2020. “How to actually be happy”
- *CNET.* November 25, 2020. “How to be happy, according to science”
- *Study Break.* October 25, 2020. “Quarantine can help us outrun the hedonic treadmill”
- *BBC Future.* August 26, 2020. “Why predicting our future feelings is so difficult”
- *PR Newswire.* August 24, 2020. “Happy money offers 'peace' - A free, 6-week wellness course”
- *Telangana Today.* August 17, 2020. “When money can buy happiness”
- *MD Linx.* June 1, 2020. “How ‘buying’ time can make you a happier doctor”
- *NPR Short Wave.* May 7, 2020. “What we’re missing, by missing strangers now”
- *Forbes*. April 13, 2020. “4 behavioral economists weigh in on one important question: What should people do with their coming stimulus checks?”
- *The Kingston Whig Standard*. March 23, 2020. “Happiness in the time of COVID? Maybe not, but we can try”
- *CBC Life*. January 28, 2020. “How to be happier by consuming less”
- *Business Insider*. January 23, 2020. “4 times money can actually buy you happiness according to research”
- *Inc*. January 23, 2020. “You need to listen to these top 5 TED talks”
- *RNZ*. January 14, 2020. “The link between helping and happiness”
- *elemental*. December 23, 2019. “If we didn’t give gifts, we wouldn’t survive as a species”
- *BBC*. December 9, 2019. “The science behind giving good gifts”
- *Burnaby Now*. December 4, 2019. “This photo shows how quakes devastate schools”
- *The Tyee*. December 4, 2019. “Gaze and Tremble”
- *Vancouver Courier*. December 4, 2019. “This image shows how an earthquake could devastate a Vancouver elementary school”
- *CBC On the Island with Gregor Craigie*. December 3, 2019. “A picture of destruction – find out how a doctored picture of a BC public school is being used to promote earthquake awareness”
- *Daily Hive*. December 3, 2019. “Artist creates rendering of Vancouver elementary school post- earthquake (PHOTO)”
- *Ming Pao*. December 3, 2019. “卑大研究發現圖像勝過數字看完模擬災後圖片 公眾更關注防震”
- *Vancouver Sun*. December 3, 2019. “Artist rendering of how quake could damage actual Vancouver school conveys seriousness of risk”
- *CTV News*. December 2, 2019. “Artists shows what a Vancouver school could look like after an earthquake”
- *Global News*. December 2, 2019. “UBC team releases picture of Vancouver school ‘damaged’ by earthquake”
- *Global News*. December 2, 2019. “UBC study finds vivid images can help harness ‘gut feelings’ for disaster preparedness”

- *Toronto Star*. December 2, 2019. "This image can change your mind about earthquakes, Vancouver researchers say"
- *UBC News*. December 2, 2019. "Earthquake risk perception: A picture is worth a thousand stats"
- *Big Think*. November 1, 2019. "8 principles that will make you smarter about money"
- *NPR*. July 26, 2019. "Want to feel happier today? Try talking to a stranger"
- *The Atlantic*. July 21, 2019. " Who actually feels satisfied about money?"
- *NBC News*. June 5, 2019. "How to have better conversations with people you've just met, according to science"
- *The Globe and Mail*. May 23, 2019. "Why some restaurants are being designed specifically so patrons put their phones away"
- *CBC*. May 19, 2019. "Want to be happier? Focus on time, not money, says Harvard researcher"
- *CNBC*. May 13, 2019. "I took Yale's 'most popular class ever' – and it completely changed how I spend my money"
- *Thrive Global*. April 29, 2019. "A happiness expert says generosity brings us joy, but there's a catch"
- *CBS News*. April 26, 2019. "How to get an 'emotional boost' by giving to others"
- *Business Insider*. April 25, 2019. "I watched over 100 TED Talks, and these insights have stuck with me most"
- *Vancouver Sun*. April 17, 2019. "Hometown Ted-talker highlights path to happiness through giving"
- *NPR*. April 15, 2019. "How to buy a house, in 7 steps"
- *The Wall Street Journal*. March 27, 2019. "My five favorite books to help you build wealth"
- *The Street*. February 19, 2019. "Money really can buy you happiness – if you know how to spend it"
- *Forbes*. January 30, 2019. "The five principles of happy money"
- *NPR*. November 5, 2018. "Can't stop worrying? Try Tetris to ease your mind"
- *CBC*. October 7, 2018. "Sitting down to Thanksgiving dinner? UBC study suggests putting smartphones away"
- *The Atlantic*. September 2018. "How to make friends, according to science"
- *NPR*. June 27, 2018. "Researcher who studies giving on flood of donations for migrant family reunification"
- *Daily Mail*. March 3, 2018. "Using your cell phone at the table makes you unhappy and feel less engaged, study finds"
- *US News and World Report*. March 1, 2018. "Socializing is more fun without this distraction"
- *The Guardian*. March 1, 2018. "A distraction? Far from it – your smartphone is your best friend"
- *Time Magazine*. February 28, 2018. "Using your phone at dinner isn't just ride. It also makes you unhappy"
- *Vice*. February 28, 2018. "Study confirms that you're making everyone miserable by using your phone at dinner"
- *The Times UK*. February 28, 2018. "Smartphones are ruining the dining out experience, study finds"

- *The Sun UK*. February 28, 2018. “Using your phone at the dinner table? You’d be having more fun if you weren’t”
- *National Post.* February 28, 2018. “How taking your phone out at a restaurant ruins dinner and makes you bored”
- *Tech Times.* February 28, 2018. “Study reveals why you should put your smartphones away while dining with family and friends”
- *Hindustan Times.* February 28, 2018. “Switch off: Keep the phone away while dining with loved ones to enjoy your experience more”
- *Business Standard.* February 27, 2018. “Ignore your phone while dining with loved ones”
- *Peace Arch News.* February 27, 2018. “Put your phones away to enjoy dinner: UBC study”
- *The Free Press*. February 27, 2018. “Put your phones away to enjoy dinner: UBC study”
- *Maple Ridge News.* February 27, 2018. “Put your phones away to enjoy dinner: UBC study”
- *CKNW.* February 26, 2018. “Not enjoying your dinner out? Try putting the phone away”
- *Roundhouse Radio.* February 26, 2018. “Your smartphone may be the reason you’re not ‘enjoying dinner’ – UBC”
- *CNET.* February 26, 2018. “Your distracting smartphone might be ruining your night out”
- *The Wall Street Journal.* December 8, 2017. "How to Suppress Your Inner Scrooge"
- *The Globe and Mail*. September 8, 2017. "Money can buy happiness – or at least a good story to tell later"
- *The New York Times*. July 27, 2017. "Want to be Happy? Buy More Takeout and Hire a Maid, Study Suggests"
- *Scientific American*. July 26, 2017. "To buy happiness, spend money on saving time"
- *Global News*. July 25, 2017. "You can buy happiness, if you spend your money right: Study”
- *The Times UK*. July 25, 2017. "Happiness is...paying others to do all the boring stuff"
- *Vancouver Courier*. July 24, 2017. "Outsourcing chores makes us happier. So why aren't we doing it?"
- *CTV News*. July 24, 2017. "Researchers find buying time makes people happier than they may realize"
- *Yahoo News*. July 24, 2017. "Money can buy you happiness, claim researchers"
- *Mic*. July 24, 2017. "This is the best, most underrated way to make your money feel worth more, according to science"
- *ABC News*. July 24, 2017. "Spending money to save time may increase life satisfaction, study says"
- *Today*. July 24, 2017. "Can you buy happiness? New study says yes"
- *Calgary Herald*. July 24, 2017. "Yes, You Can Buy Happiness - if You Spend it to Save Time"
- *Vancouver Metro News*. July 24, 2017. "Yes, You Can Buy Happiness - if You Spend it to Save Time"
- *National Post.* July 24, 2017. "Yes, You Can Buy Happiness - if You Spend it to Save Time"
- *The New York Times.* July 24, 2017. "Yes, You Can Buy Happiness - if You Spend it to Save Time"

- *Associated Press*. July 24, 2017. "Yes, You Can Buy Happiness - if You Spend it to Save Time"
- *Montreal Gazette*. July 24, 2017. "Money can buy happiness if it's used to free up your time: Study"
- *Edmonton Journal*. July 24, 2017. "Money can buy happiness if it's used to free up your time: Study"
- *The Vancouver Sun*. July 24, 2017. "Money can buy happiness if it's used to free up your time, study finds"
- *Daily Mail*. July 24, 2017. "Money CAN buy you happiness, as long as you spend it on time-saving luxuries: Forget trying to 'do it all' and spend cash on a cleaner or cook as it will give you greater life satisfaction"
- *Independent*. July 24, 2017. "Money can buy you happiness, claim researchers"
- *The LA Times*. July 24. 2017. "Science proves it: Money really can buy happiness"
- *The Telegraph*. July 24, 2017. "Money really can buy happiness, say scientists"
- *The Washington Post*. July 24, 2017. "One surprising way money can buy happiness, according to scientists"
- *CNN*. July 24, 2017. "How to Fight 'Time Famine' and Boost Happiness"
- *CNN*. May 18, 2017. "Can psychology influence the way we recycle?"
- *The Sydney Morning Herald.* March 19, 2017. "Pay now and consume later for happier spending."
- *The New York Times*. February 19, 2017. "How big do you want your nest egg to be?"
- *The Wall Street Journal.* June 12, 2016. "The psychology of buying and selling a house"
- *The Atlantic.* April 18, 2016. "The three types of happiness"
- *Men's Health*. January 11, 2016. "The one purchase that will actually make you happier"
- *The Guardian*. January 11, 2016. "Hobbies make us happier – so ignore the mockery and enjoy"
- *Business Standard*. January 8, 2016. "Valuing your time, not money, will bring happiness"
- *PBS Newshour.* January 7, 2016. "Money can buy happiness, especially when you invest it in others"
- *Today*. January 7, 2016. "A resolution that can make you happier: Focus on free time over money"
- *CBS News*. January 7, 2016. "Valuing time over money linked to happiness, study shows"
- *Daily Mail UK*. December 30, 2015. "Why being generous could save your life: Donating money or buying gifts for others can lower blood pressure 'as much as medication'"
- *Chronicle of Philanthropy*. December 29, 2015. "Opinion: Giving may spur good health along with good feeling"
- *Huffington Post*. December 16, 2015. "Lower blood pressure linked to spending money on others: UBC study"
- *Metro News*. December 15, 2015. "Spending money on others lowers blood pressure: UBC study"
- *Global News*. December 14, 2015. "Spending money on others may improve your cardiovascular wealth"
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- *The New York Times*. March 20, 2008. “Yes, money can buy happiness…”
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- *The Georgia Straight*. May 24, 2007. "Getting off your booty never felt so good."
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- *The London Times*. May 5, 2007. "Needy? Just lean on me."
- *Chronicle of Higher Education*. September 3, 2004. "Rising stars: How to be happy."

QUANTITATIVE EXPERIENCE

- Structural Equation Modeling (PSYC 881), Spring 2003
- Multilevel Modeling (informal tutorial with Jack McArdle), 2002
- Applied Multivariate Methods (PSYC 776), Fall 2000
- Quantitative Methods I & II (PSYC 771 & 772), 1999-2000

SELECTED TEACHING EXPERIENCE

- PSYC 529: Special Topics in Social Psychology: Happiness (graduate), Fall 2008, UBC
    - Overall Instructor Rating, 2008: M = 4.78 (1 = very poor, 5 = very good)
- PSYC 308A: Social Psychology (undergraduate), Spring 2007–2009, 2011, 2013–2014, Fall 2015–2017, UBC
    - Overall Instructor Rating, 2007: M = 4.36 (dept avg = 4.03)
        - 1 = very poor, 5 = very good
    - Overall Instructor Rating, 2008: M = 4.42 (dept avg = 4.03)
    - Overall Instructor Rating, 2009: M = 4.76 (dept avg = 4.03)
- PSYC 308B: Social Psychology (undergraduate), Spring 2006, UBC
    - Overall Instructor Rating: M = 4.31 (dept avg = 4.03)
- PSYC 525: Scientific Perspectives on Self-Knowledge (graduate), Fall 2006.
    - Overall Instructor Rating, 2006: M = 4.83 (1 = very poor, 5 = very good)
- PSYC 590: Social Psychology (graduate), Fall 2005, Fall 2007, Winter 2009, Winter 2017, UBC
    - Overall Instructor Rating, 2005: M = 4.63
    - Overall Instructor Rating, 2007: M = 4.27
    - Overall Instructor Rating, 2009: M = 4.7
    - Overall Instructor Rating, 2010: M = 4.7
- PSYC 3121: Social Psychology, October -November 2004, University of New South Wales
    - "Overall, I was satisfied with the quality of this lecturer's teaching." Mean Agreement = 3.7 (4=Strongly agree, 1=Strongly Disagree)
- PSYC 404: Psychology and Public Policy, Spring 2003, University of Virginia

- Overall Teaching Effectiveness (mean rating) = 1.31 (1=Excellent, 5=Poor)

PROFESSIONAL ASSOCIATIONS

- Fellow in the Association for Psychological Science
- Royal Society of Canada, College of New Scholars, Artists and Scientists
- Society of Experimental Social Psychology
- Society for Personality and Social Psychology
- Society for Judgment and Decision Making

REFERENCES

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  - Phone: (617) 495-3892
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