

## **ELIZABETH W. DUNN**

2136 West Mall  
Vancouver, B.C.  
Canada, V6T 1Z4  
edunn@psych.ubc.ca

### **EDUCATION**

- University of Virginia, Psychology, Ph.D., May 2004
- Summer Institute in Social Psychology, Boulder, CO, Summer 2003
- University of Virginia, Psychology, M.A., 2002
- Harvard University, Psychology, B.A., *summa cum laude*, 1999
  - Graduated in top 1% of Harvard class; junior year *Phi Beta Kappa*

### **EMPLOYMENT**

- University of British Columbia
  - Professor, July 2015 onward
  - Associate Professor, July 2010-June 2015
  - Assistant Professor, July 2005-June 2010
- University of New South Wales, Post-doctoral Fellow, July 2004-June 2005

### **AWARDS & HONORS**

- **Research Grants**
  - Social Sciences and Humanities Research Council of Canada, Standard Research Grant, 2024-2027
  - Robert Wood Johnson Foundation, 2020-2021
  - Social Sciences and Humanities Research Council of Canada, Standard Research Grant, 2019-2023
  - Social Sciences and Humanities Research Council of Canada, Standard Research Grant, 2018-2019
  - Social Sciences and Humanities Research Council of Canada, Standard Research Grant, 2016-2017
  - UBC Faculty of Arts, Small Research Grant, 2016-2017
  - Social Sciences and Humanities Research Council of Canada Standard Research Grant, 2015-2019
  - John Templeton Foundation New Paths to Purpose Grant, 2013-2015
  - Canadian Institutes of Health Research Operating Grant, 2010-2014
  - Social Sciences and Humanities Research Council of Canada Standard Research Grant, 2011-2014
  - Social Sciences and Humanities Research Council of Canada Standard Research Grant, 2008-2011
  - Hampton Fund Research Grant, 2007-2009
  - Social Sciences and Humanities Research Council of Canada Standard Research Grant, 2005-2008
  - American Psychological Association Dissertation Award, 2003
  - National Science Foundation Graduate Research Fellowship, 2000-2003
  - Department of Education Jacob K. Javits Fellowship, 2000

- o Applied Social Issues Internship Grant, Society for the Psychological Study of Social Issues, Summer 2002
- **Research Prizes & Honors**
  - o SESP 2024 Career Trajectory Awards, Society of Experimental Psychology, 2024
  - o Royal Society of Canada, College of New Scholars, Artists and Scientists, 2015
  - o Fellow of the Society for Personality and Social Psychology, 2014
  - o Featured in book “How to Publish High Quality Research”, American Psychological Association, 2014
  - o The Izaak Walton Killam Memorial Fund Faculty Research Prize, 2011 (\$5000)
  - o BC’s Year of Science – Featured Scientist 2011
  - o Canadian Institutes of Health Research New Investigator Salary Prize, 2010-2017
  - o Honoree, Mind Gym Academic Prize for pioneering work in positive psychology (~\$4000), 2007
  - o Early Career Scholar, Peter Wall Institute of Advanced Studies, University of British Columbia (\$10,000). 2007-2008
  - o Selected as one of the “Rising Stars” in academia by the *Chronicle of Higher Education*, 2004
  - o Graduate Student Poster Award, Society for Personality and Social Psychology, 2003
  - o Thomas Temple Hoopes Prize for outstanding thesis research, Harvard University, 1999
  - o Gordon W. Allport Prize for outstanding psychology research, Harvard University, 1999
- **Teaching Honors**
  - o Social Psychology Network Teaching Award: Honorable Mention, 2013
  - o Robert E. Knox Master Teaching Award, 2010, University of British Columbia
  - o Honoree, Seven Society Graduate Fellowship for Superb Teaching, 2003, University of Virginia (\$1000)
  - o Distinguished Teaching Fellowship, 2002, University of Virginia
- **Student Awards (Selected)**
  - o Top 2 Psychology Undergraduate Research Conference (PURC) Oral Presentation, 2023 – student Charul Maheshka
  - o Top 3 Psychology Undergraduate Research Conference (PURC) Oral Presentation, 2021 – student Sophie Wensel
  - o CAGS/ProQuest Dissertation Award for Best PhD Thesis in Canada across the fine arts, social sciences, and humanities (\$1500) – student Ashley Whillans
  - o Best Master’s Thesis in Psychology, CPA Certificate of Academic Excellence, 2018 – student Ryan Dwyer
  - o Stan Coren Prize for Top Psychology Master’s Thesis, 2015 – student Ashley Whillans
  - o UBC Arts Graduate Research Award to Aaron Weidman, University of British Columbia, 2014
  - o Suedfeld Scholar Award to Ashley Whillans, Psi Chi, UBC Chapter, 2014

- o Graduate Student Travel Award to Kostadin Kushlev, Society of Personality and Social Psychology, 2013
- o Arts Graduate Research Award to Ashley Whillans, University of British Columbia, 2013
- o Morris Belkin Prize for Best Doctoral Dissertation to Lara Aknin, University of British Columbia, 2012
- o Certificate of Academic Excellence to Lara Aknin, Canadian Psychological Association, 2012
- o Certificate of Academic Excellence to Kostadin Kushlev, Canadian Psychological Association, 2012
- o Honorable Mention, Outstanding Research Award to Lara Aknin, Society for Personality and Social Psychology, 2012
- o Arts Undergraduate Research Award (AURA) to Ashley Whillans, University of British Columbia, 2011

### **DOCTORAL STUDENTS**

- Ruoning Li, PhD Current (primary supervisor)
- Zerevan Bindal, PhD 2026 (committee member)
- Kevin Chow, PhD 2026 (committee member)
- Dunigan Folk, PhD 2025 (primary supervisor)
- Iris Lok, PhD 2023 (primary supervisor)
- Ryan Dwyer, PhD 2022 (primary supervisor)
- Ashley Whillans, PhD 2017 (primary supervisor)
  - o Assistant Professor, Harvard Business School (US)
- Kosta Kushlev, PhD 2016 (primary supervisor)
  - o Assistant Professor, University of Virginia (US)
- Aaron Weidman, PhD 2017 (secondary supervisor)
- Alyssa Croft, PhD 2016 (secondary supervisor)
  - o Assistant Professor, University of Arizona (US)
- Gillian Sandstrom, PhD 2013 (primary supervisor)
  - o Assistant Professor, University of Essex (UK)
- Lauren Human, PhD 2013 (secondary supervisor)
  - o Assistant Professor, McGill University (Canada)
- Lara Aknin, PhD 2012 (primary supervisor)
  - o Assistant Professor, Simon Fraser University (Canada)
- Matthew Ruby, PhD 2012 (secondary supervisor)
  - o Postdoctoral fellow, University of Pennsylvania (US)
- Carl Falk, PhD 2012 (secondary supervisor)
  - o Assistant Professor, McGill University (Canada)
- Jordi Quoidbach, Visiting PhD student 2008-2010
  - o Associate Professor, ESADE Business School, Barcelona (Spain)

## PUBLICATIONS

(\* = current/former graduate student supervisee; \*\* = undergraduate student supervisee)

- \*Maheshka, C., Folk, D. & **Dunn**, E. (in press). Harnessing artificial intelligence to facilitate difficult conversations. *Social Psychological and Personality Science*.
- \*Folk, D., & **Dunn**, E. (2026). How does turning to AI for companionship predict loneliness and vice versa? *Psychological Science*, <https://doi.org/10.1177/09567976261427747>
- \*Folk, D., Henninger, M., & **Dunn**, E. (2026). What does a good day look like?: An interpretable machine learning approach to the American Time Use Survey. *PNAS Nexus*, 5(3), pgag014. <https://doi.org/10.1093/pnasnexus/pgag014>
- \*Li, RN., \*Folk, D., Singh, A., Ungar, L., **Dunn**, E. (2026). Is a random human peer better than a highly supportive chatbot in reducing loneliness over time? *Journal of Experimental Social Psychology*, 125, 104911. <https://doi.org/10.1016/j.jesp.2026.104911>
- \*Radke, J., Guan, S., **Dunn**, E., & Zhao, J. (2026). How do-more-good frames influence climate action likelihood and anticipated happiness. *Frontiers in Communication*, 11, 1693311. <https://doi.org/10.3389/fcomm.2026.1693311>
- \*Folk, D., Heine, S. J. & **Dunn**, E. (2025). Individual differences in anthropomorphism help explain social connection to AI companions. *Scientific Reports*.
- \*Folk, D., & **Dunn**, E. (2025). Everything is better together: Analyzing the relationship between socializing and happiness in the American Time Use Survey. *Social Psychological and Personality Science*.
  - Named on Greater Good Centre's list of the top 10 meaningful life research insights of 2025
- \*Li, RN., Lok, I., Stenlund, S., & **Dunn**, E. (2025). Explicit Signals Enhance Social Engagement Between Strangers. *Social Psychological and Personality Science*.
- \*Radke, J., Argentopoulos, S., **Dunn**, E. W., & Zhao, J. (2024). Probabilistic refunds increase beverage container recycling behaviour. *Waste Management*, 204(1), 1-9.
- \*Folk, D., \*Yu, S. & **Dunn**, E. W. (2024). Can chatbots ever provide more social connection than humans?. *Collabra: Psychology*, 10(1), 1-17.
- \*Stenlund, S., Guo, Y., Rights, J., Dwyer, R., **Dunn** E. W. (2024). How spending decisions shape happiness in everyday life. *Communications Psychology*, 2(1), 124.
- \*Folk, D., & **Dunn**, E. W. (2024). Strength of evidence for five happiness strategies. *Nature Human Behavior*.
- \*Folk, D., & **Dunn**, E. W. (2024). How can people become happier? A systematic review of preregistered experiments. *Annual Review of Psychology*, 75(1).
  - Named on Greater Good Centre's list of the top 10 meaningful life research insights of 2023
  - A top trending article across experimental psychology for the month of January via Altmetric (2024)
- Dwyer, R. J., Zhuo, A. X., **Dunn**, E. W. (2023). Why do people turn to smartphones during social interactions?. *Journal of Experimental Social Psychology*, 109.
- \*Folk, D., & **Dunn**, E. W. (2023). A systematic review of the strength of evidence for the most commonly recommended happiness strategies in mainstream media. *Nature Human Behavior*.

- A top trending article across experimental psychology for the month of July via Altmetric (2023)
- Named on Greater Good Centre's list of the top 10 meaningful life research insights of 2023
- \*Lok, I., & **Dunn**, E. W., (2023). The UBC state social connection scale: factor structure, reliability, and validity. *Social Psychological and Personality Science*.
- \*Dwyer, R. J., Brady, W. J., Anderson, C., & **Dunn**, E. W. (2023). Are people generous when the financial stakes are high? *Psychological Science*.
- \*Dwyer, R. J., & **Dunn**, E. W. (2022). Wealth redistribution promotes happiness. *Proceedings of the National Academy of Sciences*, 119(46), e2211123119.
- \*Lok, I., & **Dunn**, E. W. (2022). Are the benefits of prosocial spending and buying time moderated by age, gender, or income?. *Plos one*, 17(6), e0269636.
- Aknin, L. B., **Dunn**, E. W., & Whillans, A. V. (2022). The emotional rewards of prosocial spending are robust and replicable in large samples. *Current Directions in Psychological Science*.
- Aknin, L. B., Andretti, B. A., Goldszmidt, R., Helliwell, J., Petherick, A., De Neve, J. E., **Dunn**, E. W., Fancourt, D. E., Goldberg, E., Jones, S. P., Karadag, O., Karam, E., Layard, R., Saxena, S., Thornton, E. M., \*Whillans, A. V., & Zaki, J. (2022). Policy stringency and mental health during the COVID-19 pandemic: A longitudinal analysis of psychological distress and life evaluations in 15 countries. *Lancet Public Health*, 7(5), e417-e426.
- Aknin, L. B., De Neve, J. E., **Dunn**, E. W., Fancourt, D. E., Goldberg, E., Helliwell, J. F., Jones, S. P., Karam, E., Layard, R., Lyubomirsky, S., Rzepa, A., Saxena, S., Thornton, E. M., VanderWeele, T. J.,\*Whillans, A. V., Zaki, J., Karadag, O., & Ben Amor, Y. (2022). Mental health during the first year of the COVID-19 pandemic: A review and recommendations for moving forward. *Perspectives on Psychological Science*, 17(4), 915-936.
- Aknin, L. B., De Neve, J. E., **Dunn**, E. W., Fancourt, D. E., Goldberg, E., Helliwell, J. F., Jones, S. P., Karam, E., Layard, R., Lyubomirsky, S., Rzepa, A., Saxena, S., Thornton, E. M., VanderWeele, T. J., Whillans, A. V., Zaki, J., Karadag Caman, O., Ben Amor, Y. (2021). The neurological consequences of contracting COVID-19. *Acta Neuropsychologica*, 19(3), 301-305.
- Okabe-Miyamoto, K., \*Folk, D., Lyubomirsky, S., & **Dunn**, E. W. (2021). Changes in social connection during COVID-19 social distancing: It's not (household) size that matters, it's who you're with. *PLoS ONE*, 16(1), e0245009.
- \*Folk, D., Okabe-Miyamoto, K., **Dunn**, E. W., & Lyubomirsky, S. (2020). Did social connection decline during the first wave of COVID-19?: The role of extraversion. *Collabra: Psychology*, 6(1), 37.
- **Dunn**, E. W., Chen, L., Proulx, J. D. E., Ehrlinger, J., & Savalei, V. (2020). Can researchers' personal characteristics shape their statistical inferences? *Personality and Social Psychology Bulletin*.
- \*Whillans, A. V., Lee-Yoon, A.J., **Dunn**, E. W. (2020). Service provider salience: When guilt undermines consumer willingness to buy time. *Collabra: Psychology*, 6(1), 28.
- **Dunn**, E. W., \*Whillans, A. V., Norton, M. I., & \*Aknin, L. B. (2020). Prosocial spending and buying time: Money as a tool for increasing subjective well-being. In B.

Gawronski (Ed.), *Advances in Experimental Social Psychology* (Vol. 61, pp. 67-126). Cambridge, MA: Elsevier.

- Lok, I., & Dunn, E. W. (2020). Under What Conditions Does Prosocial Spending Promote Happiness?. *Collabra: Psychology*, 6, 5.
- Lok, I., Eschelmuller, E., Haukaas, T., Ventura, C., Bebamzadeh, A., Slovic, P., & Dunn, E. (2019). Can we apply the psychology of risk perception to increase earthquake preparation?. *Collabra: Psychology*, 5(1), 47.
- \*Kushlev, K., \*Dwyer, R. & **Dunn**, E. W. (2019). The Social Price of Constant Connectivity: Smartphones Impose Subtle Costs on Well-Being. *Current Directions in Psychological Science*.
- \*Aknin, L., \*Whillans, A. V., Norton, M. I. & **Dunn**, E. W. (2019). Happiness and prosocial behavior: An evaluation of the evidence. In J. Helliwell, R. Layard & J. Sachs Eds. *World Happiness Report 2019*, New York: Sustainable Development Solutions Network.
- \*Kushlev, K., Hunter, J. F., \*\*Proulx, J., Pressman, S. D. & **Dunn**, E. W. (2019). Smartphones reduce smiles between strangers. *Computers in Human Behavior*, 91, 12-16.
- \*Weidman, A. C., Sun, J., Vazire, S., \*Quoidbach, J., Ungar, L. H. & **Dunn**, E. W. (2019). (Not) hearing happiness: Predicting fluctuations in happy mood from acoustic cues using machine learning. *Emotion*. doi: 10.1037/emo0000571
- \*Kushlev, K. & **Dunn**, E. W. (2018). Smartphones distract parents from cultivating feelings of connection when spending time with their children. *Journal of Social and Personal Relationships*. doi: 10.1177/0265407518769387
- \*Whillans, A. V. & **Dunn**, E. W. (2018). Valuing time over money is associated with greater social connection. *Journal of Social and Personal Relationships*. doi: 10.1177/0265407518791322
- \*Whillans, A. V. & **Dunn**, E. W. (2018). Agentic appeals increase charitable giving in an affluent sample of donors. *PLoS ONE*. doi: 10.1371/journal.pone.0208392
- Dwyer, R., \*Kushlev, K. & **Dunn**, E. W. (2018). Smartphone use undermines the enjoyment of face-to-face interactions. *Journal of Experimental Social Psychology*, 78: 233-239. doi: 10.1016/j.jesp.2017.10.007.
- \*Whillans, A. V., **Dunn**, E. W. & Norton, M. I. (2018). Overcoming barriers to time-saving: Reminders of future busyness encourage consumers to buy time. *Social Influence*, 13, 117-124.
- **Dunn**, E. W. & \*Dwyer, R. (2018). Technology and the Future of Happiness. In Forgas, J. P. & Baumeister, R. F. (Eds.), *The Social Psychology of Living Well* (pp.66-85).. New York: Psychology Press.
- \*Dwyer, R., **Dunn**, E. W. & Hershfield, H. (2017) Cousins or conjoined twins: How different are meaning and happiness in everyday life?. *Comprehensive Results in Social Psychology*, doi: 10.1080/23743603.2017.1376580.
- Forgas, J. P. & Baumeister, R. F. (Eds.) (in press). *The Social Psychology of Living Well*. New York: Psychology Press
- \*Kushlev, K., \*\*Proulx, J. D. E. & **Dunn**, E. W. (2017). Digitally connected, socially disconnected: The effects of relying on technology rather than other people. *Computers in Human Behaviour*, 76, 68-74.
- \*Whillans, A.V., **Dunn**, E. W., Smeets, P., Bekkers, R. & Norton, M. I. (2017). Buying time promotes happiness. *PNAS*, 114, 8523-8527. doi: 10.1073/pnas.1706541114.

- o Ranked in 100 most talked about articles across science in 2016 (Altmetric)
- \*Whillans, A.V., Seider, S.C., \*Dwyer, R., Chen, L., Novick, S., Graminga, K.J., Mitchell, B.A., Savalei, V., Dickerson, S.S., & **Dunn**, E.W. (2017). Does volunteering improve well-being and physical health? *Comprehensive Results in Social Psychology, 1*, 35-50.
- \*Whillans, A. V., Caruso, E. M. & **Dunn**, E. W. (2017). Both selfishness and selflessness start with the self: How wealth shapes responses to charitable appeals. *Journal of Experimental Social Psychology, 70*, 242-250.
- \*Kushlev, K., \*\*Proulx, J. & **Dunn**, E. W. (2016). “Silence your phones”: Smartphone notifications increase inattention and hyperactivity symptoms. *CHI '16 Proceedings of the 2016 CHI Conference on Human Factors in Computing Systems*. 1011-1020.
- \*Whillans, A. V., \*\*Wispiński, N. J. & **Dunn**, E. W. (2016). Seeing wealth as a responsibility improves attitudes towards taxation. *Journal of Economic Behaviour and Organization, 127*, 146-154.
- \*Whillans, A. V., **Dunn**, E. W., Sandstrom, G. M., Dickerson, S. S. & Madden K. M. (2016). Is spending money on others good for your heart?. *Health Psychology, 35*, 574-583.
- \*Whillans, A. V., \*Weidman, A. C. & **Dunn**, E. W. (2016). Valuing time over money is associated with greater happiness. *Social Psychology and Personality Science, 7*, 213-222
- \*Weidman, A. C. & **Dunn**, E. W. (2015). The unsung benefits of material things: Materials purchases provide more frequent monetary happiness than experiential purchases. *Social Psychological and Personality Psychology, 7*, 390-399.
- Open Science Collaboration. (2015). Estimating the reproducibility of psychological science. *Science, 349*.
- Human, L. J., \*Whillans, A. V., Hoppmann, C. A., Klumb, P. L., Dickerson, S. S & **Dunn**, E. W. (2015) Finding the middle ground: Curvilinear associations between positive affect variability and daily cortisol profiles. *Emotion, 15*, 705-720.
- \*Kushlev, K., **Dunn**, E. W., & Lucas, R. E., (2015). Higher income is associated with less daily sadness but not more daily happiness. *Social Psychological and Personality Science, 6*, 483-489.
- Savalei, V., & **Dunn**, E. W. (2015). Is the call to abandon *p*-values the red herring of the replicability crisis? *Frontiers in Psychology, 6*, 245. doi: 10.3389/fpsyg.2015.00245
- \*Quoidbach, J., **Dunn**, E. W., Hansenne, M. & Bustin, G. (2015). The price of abundance: How a wealth of experiences impoverishes savoring. *Personality and Social Psychology, 41*(3), 393-404.
- \*Kushlev, K., & **Dunn**, E. W. (2015). Checking email less frequently reduces stress. *Computers in Human Behavior, 43*, 220-228.
  - o One of ten most talked about articles in Social Psychology on Elsevier, June 2015
- **Dunn**, E. W. & \*Weidman, A. C. (2015). Building a science of spending: Lessons from the past and directions for the future. *Journal of Consumer Psychology, 25*(1), 172-178.
- \*Whillans, A.V. & **Dunn**, E. W. (2015). Thinking about time as money decreases environmental behavior. *Organizational Behavior and Human Decision Processes, 127*, 44-52.
- \*Sandstrom, G.M., & **Dunn**, E. W. (2014). Social interactions and well-being: The surprising power of weak ties. *Personality and Social Psychology Bulletin, 40*(7), 910-922.

- \*Croft, A., **Dunn**, E. W., & \*Quoidbach, J. (2014). From tribulations to appreciation: Experiencing adversity in the past predicts greater savoring in the present. *Social Psychological and Personality Science*, 5(5), 511-516.
- Nelson, K. S., \*Kushlev, K., **Dunn**, E. W., & Lyubomirsky, S. (2014). Parents are slightly happier than nonparents, but causality still cannot be inferred: A reply to Bhargava, Kassam, and Loewenstein. *Psychological Science*, 25(1), 303-304.
- **Dunn**, E. W., \*Aknin, L. B., & Norton, M. I. (2014). Prosocial spending and happiness: Using money to benefit others pays off. *Current Directions in Psychological Science*, 13(2), 347-355.
- \*Sandstrom, G. M., & **Dunn**, E. W. (2014). Is efficiency overrated? Minimal social interactions lead to belonging and positive affect. *Social Psychological and Personality Science*, 5(4), 437-442.
- Anik, L., \*Aknin, L. B., Norton, M. I., **Dunn**, E. W., & \*Quoidbach, J. (2013). Prosocial bonuses increase employee satisfaction and team performance. *PLoS ONE*, 8(9), e75509
- \*Aknin, L. B., **Dunn**, E. W., \*Whillans, A. V., Grant, A. M., & Norton, M. I. (2013). Making a difference matters: Impact unlocks the emotional benefits of prosocial spending. *Journal of Economic Behavior & Organization*, 88, 90-95.
- Ashton-James, C. E., \*Kushlev, K., & **Dunn**, E. W. (2013). Parents reap what they sow: Child-centrism and parental well-being. *Social Psychological and Personality Science*, 4(6), 635-642.
- \*Aknin, L. B., **Dunn**, E. W., \*Sandstrom, G. M., & Norton, M. I. (2013). Does social connection turn good deeds into good feelings? On the value of putting the “social” into prosocial spending. *International Journal of Happiness and Development*, 1(2), 155-171.
- \*Quoidbach, J., & **Dunn**, E. W. (2013). Give it up: A strategy for combatting hedonic adaptation. *Social Psychological and Personality Science*, 4(5), 563-568.
- \*Aknin, L. B., Barrington-Leigh, C. P., **Dunn**, E. W., Helliwell, J. F., Burns, J., Biswas-Diener, R., Kemeza, I., Nyende, P., Ashton-James, C. E., & Norton, M. I. (2013). Prosocial spending and well-being: Cross-cultural evidence for a psychological universal. *Journal of Personality and Social Psychology*, 104(4), 635-652.
- \*Human, L. J., \*Sandstrom, G. M., Biesanz, J. C., & **Dunn**, E. W. (2013). Accurate first impressions leave a lasting impression: The long-term effects of distinctive self-other agreement on relationship development. *Social Psychological and Personality Science*, 4(4), 395-402.
- **Dunn**, E. W., & Norton, M. (2013). *Happy Money: The science of happier spending*. New York: Simon & Schuster.
  - Selected by CNBC in 2017 as one of 10 Books that Improve Your Financial Literacy
  - Selected by *ValueWalk* as one of the Summer Reading List of “Best Books” for Financial Advisors
  - Favorably reviewed in *The New York Times*, *The Economist*, & *The New Republic*
  - Selected by the *Washington Post* as one of the “Top 20 Books Every Leader Should Read.”
  - In addition to North America, rights have been sold to publishers in the UK & affiliated territories (e.g., Australia, South Africa), China, Japan, Korea, Thailand, Taiwan, Estonia, Brazil, Romania, as well as worldwide Audiobook rights (Audible).

- Selected by MoneySense as one of the “Top 25 timeless personal finance books”
- **Dunn**, E. W. (2013). Why we feel pressed for time. In J. Brockman (Eds.), *This explains everything: Deep, beautiful, and elegant theories of how the world works* (pp. 193-196). New York, NY: HarperCollins.
- Nelson, S. K., \*Kushlev, K., English, T., Carstensen, L. L., **Dunn**, E. W., & Lyubomirsky, S. (2013). In defense of parenthood: Children are associated with more joy than misery. *Psychological Science*, 24(1), 3-10.
  - #1 Most Read Psychological Science Article via Sage Publications, December 2012; #1 Most Popular TWiPS Article via APS, December 2012.
- \*Quoidbach, J., & **Dunn**, E. W. (2013). Affective forecasting. In H. Pashler (Eds.), *Encyclopedia of the mind* (Vol. 1, pp. 12-14). Thousand Oaks; CA: SAGE Publications, Inc.
- \*Aknin, L. B., **Dunn**, E. W. (2013). Wealth and subjective well-being: Spending money on others leads to higher happiness than spending on yourself. In J. Froh & A. Parks (Eds.), *Activities for teaching positive psychology: A guide for instructors* (pp. xiv, 173). Washington, DC: American Psychological Association.
- \*Kushlev, K., & **Dunn**, E. W. (2012). Affective forecasting: Knowing how we will feel in the future. In S. Vazire & T. Wilson (Eds.), *Handbook of self-knowledge* (pp. xiii, 462). New York, NY: Guilford Press.
- \*Aknin, L. B., Hamlin, J.K. & **Dunn**, E. W. (2012). Giving leads to happiness in young children. *PLoS ONE*, 7(6), e39211.
- \*Kushlev, K., **Dunn**, E. W., & Ashton-James, C. (2012). Does affluence impoverish the experience of parenting? *Journal of Experimental Social Psychology*, 48(6), 1381-1384.
- Norton, M. I., **Dunn**, E. W., Carney, D. R., & Ariely, D. (2012). The persuasive “power” of stigma? *Organizational Behavior and Human Decision Processes*, 117(2), 261-268.
- \*Aknin, L. B., **Dunn**, E. W., Norton, M. I. (2012). Happiness runs in a circular motion: Evidence for a positive feedback loop between prosocial spending and happiness. *Journal of Happiness Studies*, 13(2), 347-355.
- \*Human, L. J., Biesanz, J. C., Parisotto, K. L., & **Dunn**, E. W. (2012). Your best self helps reveal your true self: Positive self-presentation leads to more accurate personality impressions. *Social Psychological and Personality Science*, 3(1), 23-30.
- McConnell, A. R., **Dunn**, E. W., Austin, S. N., & \*Rawn, C. D. (2011). Blind spots in the search for happiness: Implicit attitudes and nonverbal leakage predict affective forecasting errors. *Journal of Experimental Social Psychology*, 47(3), 628-634.
- \*Ruby, M. B., **Dunn**, E. W., Perrino, A. L., \*\*Gillis, R., & \*\*Viel, S. (2011). The invisible benefits of exercise. *Health Psychology*, 30(1), 67-74.
- **Dunn**, E. W., Gilbert, D. T., & Wilson, T. D. (2011). If money doesn’t make you happy, then you probably aren’t spending it right. *Journal of Consumer Psychology*, 21(2), 115-125.
- \*Aknin, L. B., \*Sandstrom, G. M., **Dunn**, E. W., & Norton, M. I. (2011). Investing in others: Prosocial spending for (pro)social change. In R. Biswas-Diener (Eds.), *Positive psychology as social change* (pp. 219-234). Springer Science + Business Media.
- \*Aknin, L. B., \*Sandstrom, G. M., **Dunn**, E. W., & Norton, M. I. (2011). It’s the recipient that counts: Spending money on strong social ties leads to greater happiness than spending on weak social ties. *PLoS ONE*, 6, e17018. doi:10.1371/journal.pone.0017018.

- Anik, L., \*Aknin, L. B., Norton, M. I. & **Dunn**, E. W. (2011). Is life nasty, brutish, and short? Philosophies of life and well-being. *Social Psychological and Personality Science*, 2, 1-6.
- Sandstrom, G. M. & **Dunn**, E. W. (2011) The virtue blind spot: Do affective forecasting errors undermine virtuous behavior? *Social and Personality Psychology Compass*. 5(10), 720-733.
- **Dunn**, E. W., \*Buchtel, E. & \*Aknin, L. B. (2011). Consensus at the heart of division: Comment on Norton & Ariely. *Perspectives in Psychological Science*, 6, 13-14.
- **Dunn**, E. W. (2010). How money aids—and—impedes the pursuit of happiness. *Official Newsletter of the International Society for Research on Emotion*, 26, 4-5.
- \*Quoidbach, J., & **Dunn**, E. W. (2010). Personality neglect: The unforeseen impact of personal dispositions on emotional life. *Psychological Science*, 21, 1783-1786.
- \*Quoidbach, J., **Dunn**, E. W., Petrides, K. V., & Mikolajczak, M. (2010). Money giveth, money taketh away: The dual effect of wealth on happiness. *Psychological Science*, 21, 759-763.
- \*Falk, C. F., **Dunn**, E. W., & Norenzayan, A. (2010). Cultural variation in the importance of expected enjoyment for decision making. *Social Cognition*, 28, 604-629.
- **Dunn**, E. W., Ashton-James, C., \*Hanson, M. D., & \*Aknin, L. B. (2010). On the costs of self-interested economic behavior: How does stinginess get under the skin? *Journal of Health Psychology*, 15, 627-633.
- Huntsinger, J., Sinclair, S., **Dunn**, E. W., & Clore, G. (2010). Affective regulation of automatic stereotype activation: It's the (accessible) thought that counts. *Personality and Social Psychology Bulletin*, 36, 564-577.
- Anik, L., \*Aknin, L. B., Norton, M. I. & **Dunn**, E. W. (2010). Feeling good about giving: The benefits (and costs) of self-interested charitable behavior. In D.M. Oppenheimer & C.Y. Olivola (Eds.), *The Science of Giving: Experimental Approaches to the Study of Charity* (pp. 3-13). New York, NY: Taylor and Francis Group.
  - Listed on SSRN's Top Ten download list for: Behavioral & Experimental Finance (Editor's Choice) eJournal
- \*Aknin, L. B., Norton, M. I., & **Dunn**, E. W. (2009). From wealth to well-being? Money matters, but less than people think. *Journal of Positive Psychology*, 4, 523-527.
- Kawakami, K., **Dunn**, E. W., Karmali, F., & Dovidio, J. F. (2009). Mispredicting affective and behavioral responses to racism. *Science*, 323, 276-278.
- **Dunn**, E. W., \*Aknin, L. B., & Norton, M. I. (2008). Spending money on others promotes happiness. *Science*, 319, 1687-1688.
  - Featured in over 300 media outlets worldwide.
- Norton, M. I., & **Dunn**, E. W. (2008). Help employees give away some of that bonus. *Harvard Business Review*, 86, 27.
- **Dunn**, E. W., \*Forrin, N. D., & Ashton-James, C. E. (2008). On the excessive rationality of the emotional imagination: A two systems account of affective forecasts and experiences. In K. D. Markman, W. M. P. Klein, & J. A. Suhr (Eds.) *The handbook of imagination and mental simulation* (pp. xix, 476). New York: Psychology Press.
- **Dunn**, E. W., & Ashton-James, C. E. (2008). On emotional innumeracy: Predicted and actual affective responses to grand-scale tragedies. *Journal of Experimental Social Psychology*, 44, 692-698.

- Forgas, J. P., **Dunn**, E. W., & Granland, S. (2008). Are you being served...? An unobtrusive experiment of affective influences on helping in a department store. *European Journal of Social Psychology*, 38, 333-342.
- **Dunn**, E. W., Huntsinger, J., Lun, J., Sinclair, S. (2008). The gift of similarity: How good and bad gifts influence relationships. *Social Cognition*, 26, 469-481.
- **Dunn**, E. W., Biesanz, J. C., \*\*Human, L. J., & \*\*Finn, S. (2007). Misunderstanding the affective consequences of everyday social interactions: The hidden benefits of putting one's best face forward. *Journal of Personality and Social Psychology*, 92, 990-1005.
  - Honoree for the international Mind Gym Academic Prize for pioneering work in positive psychology.
- **Dunn**, E. W., Brackett, M. A., Ashton-James, C. E., Schneiderman, E., & Salovey, P. (2007). On emotionally intelligent time travel: Individual differences in affective forecasting ability. *Personality and Social Psychology Bulletin*, 33, 85-93.
- **Dunn**, E. W., & \*Forrin, N. (2007). Impression management. In R. Baumeister & K. Vohs (Eds.), *Encyclopedia of social psychology* (pp. 468-469). New York, NY: Sage.
- **Dunn**, E. W., & Laham, S. A. (2006). Affective forecasting: A user's guide to emotional time travel. In J. Forgas (Eds.), *Affect in social thinking and behavior* (pp. 177- 193). New York, NY: Psychology Press.
- **Dunn**, E. W., \*\*Moore, M., & Nosek, B. A. (2005). The war of the words: How linguistic differences in reporting shape perceptions of terrorism. *Analyses of Social Issues and Public Policy*, 5, 67-86.
- Sinclair, S., **Dunn**, E. W., & Lowery, B. (2005). The relationship between parental racial attitudes and children's implicit prejudice. *Journal of Experimental Social Psychology*, 41, 283-289.
  - Received SPSP Student Poster Award.
  - #1 Most Frequently Downloaded Article from *JESP* (via ScienceDirect), April-June, 2005.
- Wilson, T. D., & **Dunn**, E. W. (2004). Self-knowledge: Its limits, value, and potential for improvement. *Annual Review of Psychology*, 54, 493-518.
- Wilson, T. D., Wheatley, T. Kurtz, J., **Dunn**, E. W., & Gilbert, D. T. (2004). When to fire: Anticipatory versus post-event reconstrual of uncontrollable events. *Personality and Social Psychology Bulletin*. 30, 340-351.
- **Dunn**, E. W., Wilson, T. D., & Gilbert, D. T. (2003). Location, location, location: The misprediction of satisfaction in housing lotteries. *Personality and Social Psychology Bulletin*, 29, 1421-1432.
- **Dunn**, E. W., & Spellman, B. A. (2003). Forgetting by remembering: Stereotype inhibition through rehearsal of alternative aspects of identity. *Journal of Experimental Social Psychology*, 39(5), 420-433.
- Willingham, D. T., & **Dunn**, E. W. (2003). What neuroimaging and brain localization can do, cannot do, and should not do for social psychology. *Journal of Personality and Social Psychology*, 85, 662-671.

**BOOKS (\*= current/former graduate student supervisee; \*\*= undergraduate student supervisee)**

- **Authored**

- o **Dunn**, E. W., & Norton, M. (2013). *Happy Money: The science of happier spending*. New York: Simon & Schuster.
  - Selected by *ValueWalk* as one of the Summer Reading List “Best Books” for Financial Advisors
  - Favorably reviewed in *The New York Times*, *The Economist*, & *The New Republic*
  - Selected by the *Washington Post* as one of the “Top 20 Books Every Leader Should Read.”
  - In addition to North America, rights have been sold to publishers in the UK & affiliated territories (e.g., Australia, South Africa), China, Japan, Korea, Thailand, Taiwan, Estonia, Brazil, Romania, as well as worldwide Audiobook rights (Audible).
- **Chapters**
  - o \*Lok, I., & **Dunn**, E. W. (2022). Can sociability be increased? In J. P. Forgas, W. Crano, & K. Fiedler (Eds.) *The Psychology of Sociability* (1st ed.). London, UK: Routledge.
  - o **Dunn**, E. W., \*Whillans, A. V., Norton, M. I., & \*Aknin, L. B. (2020). Prosocial spending and buying time: Money as a tool for increasing subjective well-being. In B. Gawronski (Ed.), *Advances in Experimental Social Psychology* (Vol. 61, pp. 67-126). Cambridge, MA: Elsevier.
    - Impact factor: 6.6
  - o \*Aknin, L., \*Whillans, A. V., Norton, M. I. & **Dunn**, E. W. (2019). Happiness and prosocial behavior: An evaluation of the evidence. In J. Helliwell, R. Layard & J. Sachs Eds. *World Happiness Report 2019*, New York, NY: Sustainable Development Solutions Network.
  - o **Dunn**, E. W. & \*Dwyer, R. (2018). Technology and the Future of Happiness. In Forgas, J. P. & Baumeister, R. F. (Eds.), *The Social Psychology of Living Well* (pp.66-85). New York: Psychology Press.
  - o \*Aknin, L. B., **Dunn**, E. W. (2013). Wealth and subjective well-being: Spending money on others leads to higher happiness than spending on yourself. In J. Froh & A. Parks (Eds.), *Activities for teaching positive psychology: A guide for instructors* (pp. xiv, 173). Washington, DC: American Psychological Association.
  - o **Dunn**, E. W. (2013). Why we feel pressed for time. In J. Brockman (Eds.), *This explains everything: Deep, beautiful, and elegant theories of how the world works* (pp. 193-196). New York, NY: Harper Collins.
  - o \*Kushlev, K., & **Dunn**, E. W. (2012). Affective forecasting: Knowing how we will feel in the future. In S. Vazire & T. Wilson (Eds.), *Handbook of self-knowledge* (pp. xiii, 462). New York, NY: Guilford Press.
  - o \*Aknin, L. B., \*Sandstrom, G. M., **Dunn**, E. W., & Norton, M. I. (2011). Investing in others: Prosocial spending for (pro)social change. In R. Biswas-Diener (Eds.), *Positive psychology as social change* (pp. 219-234). Springer Science + Business Media.
  - o Anik, L., \*Aknin, L. B., Norton, M. I. & **Dunn**, E. W. (2010). Feeling good about giving: The benefits (and costs) of self-interested charitable

behavior. In D.M. Oppenheimer & C.Y. Olivola (Eds.), *The Science of Giving: Experimental Approaches to the Study of Charity* (pp. 3-13). New York, NY: Taylor and Francis Group.

- Listed on SSRN's Top Ten download list for: Behavioral & Experimental Finance (Editor's Choice) eJournal
- o **Dunn**, E. W., \*Forrin, N. D., & Ashton-James, C. E. (2008). On the excessive rationality of the emotional imagination: A two systems account of affective forecasts and experiences. In K. D. Markman, W. M. P. Klein, & J. A. Suhr (Eds.) *The handbook of imagination and mental simulation* (pp. xix, 476). New York: Psychology Press.
- o **Dunn**, E. W., & Laham, S. A. (2006). Affective forecasting: A user's guide to emotional time travel. In J. Forgas (Eds.), *Affect in social thinking and behavior* (pp. 177- 193). New York, NY: Psychology Press.

## WRITING AND SPEAKING: POPULAR MEDIA

- Nunan, T. (2025, August 21). August 21, 2025. *Tom Nunan with Early Breakfast* [Audio Podcast]. *Times Radio*. The Times
- Li, RN., Lok, I., & **Dunn**, E. W. (2025, July 30) A simple signal makes it easier to talk to strangers. *Character & Context* (Blog of the Society for Personality and Social Psychology).
- Sample, I. (Host), Cox, J. (Sound Designer), Bury E. (Producer), & **Dunn**, E. W. (Guest Speaker). (2024, November 14). *Secrets of happiness: The happiness hacks backed up by science* [Audio Podcast]. *Science Weekly*. The Guardian
- Gupta, S. (Host and Producer) & **Dunn**, E. W. (Guest Speaker). (2024, July 23). *Does Money Buy Happiness?* [Audio Podcast]. *Chasing Life*. CNN
- Santos, L. (Host) & **Dunn**, E. W. (Guest Speaker). (2024 - present). *Being green doesn't mean sacrificing fun... or cutting out meat* [Audio Podcast]. The Happiness Lab with Dr. Laurie Santos.
- Luttrell, A. (Host and Producer) & **Dunn**, E. W. (Guest Speaker). (2023 - present). *Studying happiness with Liz Dunn* [Audio Podcast]. Opinion Science.
- Harris, D. (Host) & **Dunn**, E. W. (Guest Speaker). (2023 - present). *What science says about money and happiness | Dr. Elizabeth Dunn* [Audio Podcast]. Ten Percent Happier.
- McKay, B. (Host), McKay, K. (Producer and Editor), & **Dunn**, E. W. (Guest Speaker). (2023 - present). *Can you trust happiness studies?* [Audio Podcast]. Art of Manliness.
- **Dunn**, W. E., (organizer) & Leong, C. (Producer). (2023). *DUCKCAST: The duck conference on social cognition podcast* [Audio podcast]. Spotify. <https://open.spotify.com/show/4TwUCGFqCpMcKleSUs041x>
- Aknin, L., Zaki, J., & **Dunn**, E. W. (2021, July 4). The pandemic did not affect mental health the way you think. *The Atlantic*.
- **Dunn**, E. W. (2021, April 30). Celebrate your 'V Day' by helping vaccinate people in poorer countries. *The Globe and Mail*.
- **Dunn**, E. W. & Courtney, C. (2020, September 14). Does more money really make us more happy? *Harvard Business Review*.
- **Dunn**, E. W. & Lyubomirsky, S. (2020, May 5). Extroverts are faring surprisingly well in lockdown. *The Washington Post*.

- **Dunn**, E. W. & Zhao, J. (2019, December 26). How to cut carbon — and get happier. *The Boston Globe*
- Whillans, A. V. & Norton, M. I. (2017, September 10). If you want to feel better, spend money on saving time. *The Wall Street Journal*.
- Whillans, A. V. & **Dunn**, E. W. (2017, July 26). Want to be happier? Buy yourself free time. *The LA Times*.
- Whillans, A. V., **Dunn**, E. W. & Caruso, E. M. (2017, May 12). How to Get the Wealthy to Donate. *The New York Times*.
- **Dunn**, E. W. (2015). Columnist for summer series "Pursuit of Happiness". *CBC*.
- **Dunn**, E. W., Whillans, A. V. (2015, December 24). Give, if you know what's good for you. *The New York Times*.
- **Dunn**, E. W. (2015, February). The gentle art of turning money into happiness. *Good Housekeeping*.
- Kushlev, K., & **Dunn**, E. W. (2015, January 9). Stop checking email so often. *New York Times*.
- **Dunn**, E. W., Norton, M. I. (2014, April 25). Hello, Stranger. *New York Times*.
- **Dunn**, E. W., Norton, M. I. (2014, February 9). Can money buy happiness. *The Boston Globe*.
- **Dunn**, E. W., & Norton, M. I. (2013, December 15). Three myths about gift giving. *CNN*.
- **Dunn**, E. W., & Norton, M. I. (2013, August 8). Parents, you don't need to buy more stuff. *CNN Opinion*.
- **Dunn**, E. W., & Norton, M. I. (2013, June 22). Happier spending. *The New York Times*.
- **Dunn**, E. W., & Norton, M. I. (2013, May 22). What's one way money *can* make you happier? *Parade Magazine*.
- **Dunn**, E. W., & Norton, M. I. (2013, May 20). Use your money to buy happier time. *CNN Opinion*.
- **Dunn**, E. W., & Norton, M. I. (2013, May 19). Buying happiness. *The Los Angeles Times*.
- **Dunn**, E. W., & Norton, M. I. (2013, May 15). When paying more stops paying off. *The Washington Post*.
- **Dunn**, E. W., & Norton, M. I. (2013, April 13). Heavens, not havens. *The New York Times*.
- **Dunn**, E. W., & Norton, M. I. (2012, July 7). Don't indulge. Be happy. *The New York Times*.

## SELECTED PRESENTATIONS

(\* = graduate student supervisee; \*\* = undergraduate student supervisee)

- **Invited Colloquia**
  - Princeton University, December 2023
  - University of Texas at Austin, October, 2022
  - Cornell University, March 2022
  - University of Toronto, Rotman School, March 2022
  - University of Michigan, April 2018
  - Thompson Rivers University, March 2017
  - University of Toronto, April 2016

- o University of Chicago, April 2016
  - o Kwantlen Polytechnic University, April 2015
  - o UBC-Okanagan, April 2015
  - o University of California, San Diego, January 2015
  - o New York University, April 2014
  - o University of Virginia, October 2011
  - o University of Oregon, May 2011
  - o Sauder School of Business, UBC, May 2010
  - o Wharton School, University of Pennsylvania, March 2010
  - o Cornell University, Johnson School of Management, September 2008
  - o Harvard Business School, September 2007
  - o Simon Fraser University, 2006
  - o University of Otago, New Zealand, October 2004
  - o University of New South Wales, Australia, August 2004
  - o University of British Columbia, January 2004
  - o University of California-Davis, January 2004
  - o Ohio State University, December 2003
  - o University of Arizona, November 2003
- **Invited/Public Talks**
    - o **Dunn, E. W.** (2026, June). *Artificial Intimacy: What Happens When Machines Become Companions?* Invited speaker at Aspen Ideas Festival. Aspen, Colorado (international)
    - o **Dunn, E. W.** (2026, June). *The Serious Case for Fun.* Invited speaker at Aspen Ideas Festival. Aspen, Colorado (international)
    - o **Dunn, E. W.** (2026, March). *Igniting happiness and connection in the workplace and beyond.* Invited speaker at PepsiCo Mexico (WSB). Xochitepec, Mexico (international)
    - o **Dunn, E. W.** (2026, January). *Leave the Lights On: How Joyful Decisions Can Save Our Species.* Invited speaker at SAGE Center for the Study of the Mind. Santa Barbara, CA (international)
    - o **Dunn, E. W.** (2025, November). *AI Companion Safety Controls & User Wellbeing.* Invited speaker at Microsoft Corporate, External, and Legal Affairs (CELA) Panel. Online (international)
    - o **Dunn, E. W.** (2025, November). *Unlocking happiness and connection in the workplace.* Invited keynote talk at World Business Forum. Mexico City, Mexico (international)
    - o **Dunn, E. W.** (2025, October). *Unlocking happiness and connection in the workplace.* Invited keynote talk at World Business Forum. Bogota, Colombia (international)
    - o **Dunn, E. W.** (2025, September). *Unlocking well-being: The scientific pursuit of happiness.* EY Elevate talks. Online (international)
    - o **Dunn, E. W.** (2025, May). *Happy money.* First West Credit Union, Whistler, BC (national)

- o **Dunn, E. W., Meyer, P., & Wright, J. (2025, April).** *Spotlight Conversation: The essence of human connection.* Invited speaker at TED Conference Panel. Moderated by E. Chhabra. Vancouver, BC (local)
- o **Dunn, E. W. (2024, November).** *Unlocking happiness and connection in the workplace.* Invited Keynote talk at World Business Forum. Milan, Italy (international)
- o **Dunn, E. W. (2024, October).** *Unlocking consumer well-being: The scientific pursuit of happiness.* Deloitte New Partners Summit. Vancouver, BC (local)
- o **Dunn, E. W. (2024, October).** *Fireside chat on happiness.* Invited discussion at Frontier Summit. Vancouver, BC (local)
- o **Dunn, E. W. (2024, October).** *Unlocking happiness and connection in the workplace.* Invited Keynote talk at World Business Forum. Madrid, Spain (international)
- o **Dunn, E. W. (2024, October).** *Supersizing the Science of Happiness.* The Society of Experimental Social Psychology 2024. Santa Fe, NM (international)
- o **Dunn, E. W. (2024, September).** *Building social connections to create an enduring resource.* Invited Keynote talk at Alberta Municipalities Convention. Red Deer, AB (national)
- o **Dunn, E. W., & Jay, J. (2024, June).** *Climate Policy Today.* Invited talk at Harvard Class of 1999 25th Reunion. Cambridge, MA (international).
- o **Dunn, E. W. (2024, March).** *Build social connections at work to create an enduring resource.* Invited Keynote talk at Business Execution Summit. Kananskis, AB (national).
- o **Dunn, E. W. (2024, March).** *Unlocking well-being: The scientific pursuit of happiness.* EY Partner talks. Online (international).
- o **Dunn, E. W., & Folk, D. (2023, November).** *When and Why do Chatbots Satisfy the Human Need for Social Connection?.* Invited talk at Psychology of Technology Conference. Los Angeles, CA (international).
- o **Dunn, E. W. (2023, September).** *Happy Money.* Invited talk at Ibox Investors. Aspen, CO (international)
- o **Dunn, E. W. (2023, July).** *Supersizing the science of happiness.* Invited talk at the International Positive Psychology Association World Congress. Vancouver, BC (national)
- o **Dunn, E. W., & Zhao, J. (2023, May)** *The joy of climate change.* Invited talk at the Annual Duck Conference in Social Cognition, North Carolina, United States.
- o **Dunn, E. W. (2023, May).** Promoting Well-being. Panel Discussion at the Behavioral Science & Policy Association. Online. (international)
- o **Dunn, E. W., Kubzansky, L. D. & De Neve, J-E. (2023, May).** *Promoting Well-being.* Invited Panelist for the Behavioral Science & Policy Association online conference
- o **Dunn, E.W. (2022, September).** *FLUID sociability.* Brand Battle for Good. Vancouver, BC.
- o **Dunn, E. W. (2022, August).** *The science of love and trust.* Happy Money IRL. Los Angeles, CA.
- o **Dunn, E. W. (2022, July).** *Happy money.* Renaissance Weekend. Banff, AL.

- o **Dunn, E. W.** (2022, July). *What really makes kids happy*. Renaissance Weekend. Banff, AB.
- o **Dunn, E. W.** (2022, June). *Happiness 101*. Fairfield Residential. Las Vegas, NV.
- o **Dunn, E. W.** (2022, June). *Happy money*. National Bank Financial. Calgary, AB & Toronto, ON.
- o **Dunn, E. W.** (2022, February). *Supersizing the science of happiness*. Invited keynote at the Society for Personality and Social Psychology Annual Convention (Happiness preconference), San Francisco, United States. (international)
- o **Dunn, E. W.** (2021, June). *Happiness 101: A whirlwind tour of the science of happiness*. National Association of College Auxiliary Services. Vancouver, BC. (national)
- o **Dunn, E. W.** (2021, October). *Happy money*. Canvas Credit Union. Denver, CO. (international)
- o **Dunn, E. W.** (2021, March). *Happiness 101: A whirlwind tour of the science of happiness*. BCNET. Vancouver, BC (local).
- o **Dunn, E. W.** (2021, March). *How can the United Nations promote world happiness?* Invited panelist for The UN International Day of Happiness.
- o **Dunn, E. W., & Zhao, J.** (2020, December). *Decrease carbon and increase happiness*. Invited speaker at TED Staff Retreat. (international)
- o **Dunn, E. W., & Zhao, J.** (2020, October). *Happy climate*. Invited speaker at The Great Wave Business Festival. (international)
- o **Dunn, E. W.** (2020, July). *Happiness 101*. Invited speaker at Givvly webinar. (international)
- o **Dunn, E. W., & Zhao, J.** (2020, May). *Decrease carbon and increase happiness*. Invited speaker at TED2020 Community Day. (international)
- o **Dunn, E. W.** (2019, October). *Happy money*. Commonwealth national conference. Denver, CO.
- o **Dunn, E. W. & Brian, C. J.** (2019, July). *Catalyzing charitable giving through teachable moments*. TEDSummit, Edinburgh, Scotland.
- o **Dunn, E. W.** (2019, June). *Happy money: The science of happier spending*. Advanced Personal Financial Planning Conference, Las Vegas, NA.
- o **Dunn, E. W.** (2019, June). *Can we spend our way to happiness?* Aspen Ideas Festival, Aspen, CO.
- o **Dunn, E. W.** (2019, June). *Emotions & tech: What happens when we code our inner lives?* Aspen Ideas Festival, Aspen, CO.
- o **Dunn, E. W.** (2019, May). *Harnessing technology to increase social connection & well-being*. Uber Behavioral Science Symposium, San Francisco, CA.
- o **Dunn, E. W.** (2019, April). *Helping others makes us happier - but it matters how we do it*. TED, Invited speaker, Vancouver, BC.
- o **Dunn, E. W.** (2018, September). *Technology & happiness: The consequences of being constantly connected*. Agora Conference, Invited speaker, Tucson, AZ.
- o **Dunn, E. W., \*Dwyer, R., \*Lok, I & \*Kushlev, K.** (2018, August). *How smartphone use spreads and undermines enjoyment in face-to-face social interactions*. APA Annual Conference, San Francisco, CA.
- o **Dunn, E. W.** (2018, June). *Happy Money*. How To Conference by CU Water Cooler, Madison, WI.

- o **Dunn, E. W.** (2018, May). *My d is bigger than your d*. Duck Conference on Social Cognition, Duck, NC.
- o **Dunn, E. W.** (2018, March). *Psychological scientist? Yes! Author for the general public? Huh ... maybe?* Invited panelist at the Society for Personality and Social Psychology Conference. Atlanta, GA.
- o **Dunn, E. W.** (2017). *Happy Money*. Talk to Utah Young Presidents Organization, Gold. Salt Lake City, UT.
- o **Dunn, E. W.** (2017). *Happy Money: The science of happier spending*. Invited keynote for the Impact 100 Giving Circle. New Orleans, LA.
- o **Dunn, E. W.** (2017). *Reward: What is it good for?* Invited panelist for the 2017 Neuroleadership Summer Session. New York, NY.
- o **Dunn, E. W.** (2017). *The future of happiness*. Talk at the 18<sup>th</sup> Sydney Symposium of Social Psychology. Sydney, AU.
- o **Dunn, E. W.** (2017). *What is pre-registration really like? The perspective of a sceptical convert*. Talk at the Society for Personality and Social Psychology Conference. San Antonio, TX.
- o **Dunn, E. W.** (2016). *Forget happiness, let's talk disaster*. Talk at the Duck Conference on Social Cognition. Duck, NC.
- o **Dunn, E. W.** (2016). *Happy Money*. Invited keynote at the Wealth Wisdom: The Essence of Wealth Conference. Jakarta, ID.
- o **Dunn, E. W.** (2016). *Happy Money*. Invited keynote at the CARA Annual Conference. Vancouver, BC.
- o **Dunn, E. W.** (2016). *Happy Money*. Invited keynote at the Apartment Internet Marketing Conference. Los Angeles, CA.
- o **Dunn, E. W.** (2016). *From technology to time use: how daily decisions shape well being*. Invited talk at the Invitational Choice Symposium. Lake Louise, AB.
- o \*Whillans, A. V., Sandstrom, G., Dickerson, S., Ken Madden, **Dunn, E. W.** (2016). *Is spending money on others good for your heart?* Talk at the Society for Personality and Social Psychology Conference. San Diego, CA.
- o **Dunn, E. W.** (2015). *Happy Money*. Invited keynote at the National Association of Personal Financial Advisors. Indianapolis, IN.
- o **Dunn, E. W.** (2015). *Happy Money*. Invited keynote at the Financial Management Institute of Canada. Ottawa, ON.
- o **Dunn, E. W.** (2015). *In search of happiness: Is there a secret to feeling content?* Talk at the UBC Alumni Dialogues 2015. Vancouver, BC.
- o **Dunn, E. W.** (2015). *Happy Money*. Invited keynote at the Nebraska Wealth Management Conference. Nebraska, USA.
- o **Dunn, E. W.** (2015). *Spending money on others promotes happiness and a healthier heart*. Invited talk at the International Behavioural Insights Conference. London, UK.
- o **Dunn, E. W.** (2015) *The problem with valuing your time*. Invited talk at the TEDx Colorado Springs Conference, Colorado.
- o \*Whillans, A.V., & **Dunn, E. W.** (2014). *Thinking about time as money decreases environmental behavior*. Invited talk presented at Sustainability Speaker Series at the University of British Columbia.

- o **Dunn**, E. W. (2014). *Flipping the philanthropy switch: can situational attributions for financial success increase prosocial spending?* Invited talk at the New Paths to Purpose Meeting, University of Chicago.
- o **Dunn**, E. W. (2014). *Happy money*. Uniquely UBC alumni event.
- o **Dunn**, E. W. (2014). *Happy money*. Invited talk to the Wood River Women's Charitable Foundation, Sun Valley, Idaho.
- o **Dunn**, E. W. (2014). *Work/life balance*. UBC Dialogues alumni event.
- o **Dunn**, E. W., & \*Quoidbach, J. (2014). *The price of awesomeness: How a wealth of experiences impoverishes savoring*. Talk presented at the Happiness Preconference at the meeting of the Society for Personality and Social Psychology, Austin, TX.
- o \*Whillans, A.V., \*Aknin L. B., **Dunn**, E. W., Norton, M I., & Grant, A. M. (2013). *Making a difference matters: Impact unlocks the emotional benefits of charitable giving*. Invited talk at the CAGE Generosity & Well-being Conference, Warwick University, UK.
- o **Dunn**, E. W. (2013). *Happy money, happy customers*. Invited talk at INBOUND Marketing Conference, Boston, MA.
- o **Dunn**, E. W. McConnell, A. R., Austin, S. N., \*Rawn, C. D. (2011). *Blind spots in the pursuit of happiness*. Talk presented at the Judgment and Decision Making Preconference at the meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- o **Dunn**, E. W. (2010). *How money aids and impedes the pursuit of happiness*. Pop!Tech, Camden, ME.
- o **Dunn**, E. W. (2010). *Money, generosity, and happiness*. Invited public talk at the Dalai Lama Centre. Vancouver, BC.
- o \*Aknin, L. B., & **Dunn**, E. W. (2009). *Does spending money on others promote sustainable well-being?* Invited talk at the Symposium on Well-Being and Sustainability, Vancouver, BC.
- o **Dunn**, E. W. (2009). *The invisible power of prejudice*. Invited talk for UBC's Access and Diversity Office, Vancouver, BC.
- o Norton, M. I., **Dunn**, E. W., & \*Aknin, L. B. (2009). *From wealth to well-being: Spending money on others promotes happiness*. Invited talk at the Society for Personality and Social Psychology, Tampa, FL.
- o **Dunn**, E. W. (2008). *What makes people happy?* Invited talk for UBC's Learning Exchange, Vancouver, BC.
- o **Dunn**, E. W., \*Aknin, L., & Norton, M. I. (2008). *Turning wealth into well-being: Can money buy happiness if you spend it right?* Invited talk at Duck Conference on Social Cognition, Duck, NC.
- o **Dunn**, E. W., Biesanz, J. C., \*\*Human, L., & \*\*Finn, S. (2007). *The hidden benefits of putting one's best face forward*. Invited talk at the Mind Gym Academic Prize gala dinner, London, England.
- o **Dunn**, E. W., \*Aknin, L., & Norton, M. I. (2007). *Translating wealth into well-being: Can money buy happiness if you spend it right?* Invited talk at the Harvard Conference on Hedonic Adaptation and Prediction, Cambridge, MA.

- o **Dunn, E. W., \*Falk, C., & Norenzayan, A. (2007).** *Cultural differences in decision-making: Do affective forecasts matter less (universally) than we thought?* Invited talk at the Duck Conference on Social Cognition, Duck, NC.
  - o **Dunn, E. W., \*Forrin, N. A., Biesanz, J. C. (2006).** *My rainy weather, your sunny disposition: The role of situational vs. dispositional information in affective forecasts for self and other.* Invited talk at the Duck Conference on Social Cognition, Duck, NC.
  - o **Dunn, E. W. (2005).** *A user's guide to emotional time travel: Progress on key issues in affective forecasting.* Talk presented at the Sydney Symposium, Sydney, Australia.
  - o **Spellman, B. A., & Dunn, E. W. (August 2001).** *Inhibitory mechanisms in the use of stereotypes.* Presented in a symposium entitled *Inhibitory Processes in Memory* at the International Conference on Memory, Valencia, Spain.
  - o **Spellman, B. A., & Dunn, E. W. (April 2001).** *From word lists to stereotypes: Inhibition in higher-order cognition.* Presented in a symposium entitled *Inhibitory Processes in Human Memory* at the (British) Experimental Psychology Society, Bristol, UK.
- **Refereed Conference Talks**
    - o **Dunn, E. W. (2024, February).** *How strong is the evidence for the happiness strategies most commonly recommended to the public?.* Society for Personality and Social Psychology 2024. , San Diego, United States (international).
    - o **Dunn, E. W. & Zhao, J. (2023, October).** *Can we harness happiness research to fight climate change?.* Society of Experimental Social Psychology 2023. Madison, WI (international)
    - o **\*\*Li, RN., \*Lok, I., & Dunn, E. W. (2023, July).** *A scalable approach to designing sociable spaces.* International Positive Psychology Association World Congress. Vancouver, Canada (national)
    - o **\*\*Maheshka, C., & Dunn, E. W. (2023, July).** *Does gratitude lead to more prosocial spending in the real world.* International Positive Psychology Association World Congress, Vancouver, Canada. (national)
    - o **Dunn, E. W. (2023).** *Tips for starting and sustaining fruitful collaborations.* Professional development symposium at the Society for Personality and Social Psychology Annual Convention. Atlanta, GA.
    - o **\*Folk, D., \*\*Yu, S., & Dunn, E. W. (2022).** *Is a good bot better than a mediocre human?: Chatbots as alternative sources of social connection.* Society for Personality and Social Psychology Annual Convention, San Francisco, United States
    - o **\*Lok, I., & Dunn, E. W. (2020)** *Using explicit social signals to increase social interactions between strangers.* Talk at the annual meeting of the Society for Personality and Social Psychology Conference, New Orleans, LA.
    - o **Dunn, E. W. & \*Kushlev, K. (2019).** *Smartphones distract parents from cultivating feelings of connection when spending time with their children.* Talk presented at the Social for Personality and Social Psychology Conference, Portland, OR.

- o \*Dwyer, R., **Dunn**, E. W. & \*Kushlev, K. (2018). *Smartphone use undermines enjoyment of face-to-face social interactions*. Talk presented at the Social for Experimental Social Psychology Conference, Seattle, WA.
- o **Dunn**, E. W. (2018). *Smartphone use undermines enjoyment of face-to-face social interactions*. Institute of Psychology and Technology Conference, Stanford, CA.
- o **Dunn**, E. W., \*Dwyer, R. & \*Kushlev, K. (2018). *Phones at the dinner table: Does smartphone use undermine enjoyment of face-to-face social interactions?* Talk Presented at the Society for Personality and Social Psychology Conference. Atlanta, GA.
- o \*Weidman, A. & **Dunn**, E. W. (2018). *Hearing happiness: Predicting momentary happiness from acoustic analysis of the voice*. Talk Presented at the Society for Personality and Social Psychology Conference. Atlanta, GA.
- o \*Kushlev, K. & **Dunn**, E. (2016). *Do smartphones complement or compromise the benefits of face-to-face interactions?* Presented at the Annual Convention at the Society for Personality and Social Psychology Conference. San Antonio, TX.
- o \*Dwyer, R., Hershfield, H. E., & **Dunn**, E.W. (2017). *Cousins or conjoined twins: How different are meaning and happiness in everyday life?* Happiness and Well-being Preconference, Society for Personality and Social Psychology Conference. San Antonio, TX.
- o \*Whillans, A.V., **Dunn**, E.W. & Norton, M.I. (2017). *Using money to buy time promotes happiness*. Paper presented at the Society for Personality and Social Psychology Conference. San Antonio, TX.
- o **Dunn**, E. W., \*Whillans, A. V., Sandstrom, G., Dickerson, S. & Madden, K. (2016). *Is spending money on others good for your heart?* Talk at the Society for Personality and Social Psychology Conference. San Diego, CA.
- o **Dunn**, E.W. & \*Whillans, A.V. (2015). *Thinking about time as money decreases environmental behavior*. Talk presented at the Annual Meeting of the Society for Personality and Social Psychology in Los Angeles, CA.
- o \*Whillans, A.V. & **Dunn**, E.W. (2014). *Thinking about time as money decreases environmental behavior*. Talk presented at the annual meeting of the Association for Psychological Science (APS) in San Francisco, CA.
- o \*Whillans, A.V. & **Dunn**, E.W. (2014). *Thinking about time as money decreases environmental behavior*. Talk presented at the Canadian Psychological Association in Vancouver, BC.
- o Norton, M. I., Anik, L., \*Aknin, L. B., **Dunn**, E. W., & \*Quoidbach, J. D. (September, 2013). *Prosocial bonuses increase employee satisfaction and team performance*. Talk presented at the Society of Experimental Social Psychology, Berkeley, CA.
- o Norton, M.I., \*Aknin, L.B., Barrington-Leigh, C.P., **Dunn**, E.W., Helliwell, J.F., Biswas-Diener, R., Kemeza, I., Nyende, P., & Ashton-James, C. (July, 2013). *Prosocial spending and well-being: Cross-cultural evidence for a psychological universal*. Paper presented at the European Association for Consumer Research, Barcelona, Spain.
- o Aknin, L.B., Barrington-Leigh, C.P., **Dunn**, E.W., Helliwell, J.F., Burns, J., & Norton, M.I. (May, 2013). *Prosocial spending and well-being: Cross-cultural*

- evidence for a psychological universal*. Paper presented at the Association for Psychological Science, Washington, DC.
- o Aknin, L.B., Barrington-Leigh, C.P., **Dunn**, E.W., Helliwell, J.F., Biswas-Diener, R., Kemeza, I., Nyende, P., Ashton-James, C., & Norton, M.I. (April, 2013). *Prosocial spending and well-being: Cross-cultural evidence for a psychological universal*. Paper presented at the Generosity and Well-Being Conference, Warwick, United Kingdom.
  - o \*Kushlev, K., & **Dunn**, E. W. (January, 2013). *Checking email less often reduces stress leading to increased well-being*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, New Orleans, LA.
  - o Norton, M.I., \*Aknin, L.B., Barrington-Leigh, C.P., **Dunn**, E.W., Helliwell, J.F., Biswas-Diener, R., Kemeza, I., Nyende, P., & Ashton-James, C. (October, 2012). *Prosocial spending and well-being: Cross-cultural evidence for a psychological universal*. Paper presented at the Association for Consumer Research, Vancouver, Canada.
  - o **Dunn**, E. W., \*Aknin, L. B., Norton, M. I. (2012). *Around the world and under the skin: How financial decision making shapes well-being*. Talk presented at the Society for Personality and Social Psychology, San Diego, CA.
  - o \*Aknin, L. B., Norton, M. I., Anik, L., **Dunn**, E. W., Quoidbach, J. (2012). *Prosocial spending pays: The benefits of prosocial incentives on team performance*. Talk presented at the Society for Personality and Social Psychology, San Diego, CA.
  - o Norton, M. I., **Dunn**, E. W., \*Aknin, L. B., Anik, L., & \*Quoidbach, J. (2012). *How prosocial spending improves your own happiness – at the office and at home*. Talk presented at the Association for Psychological Science, Chicago, IL.
  - o **Dunn**, E. W., \*Quoidbach, J., Petrides, K. V., & Mikolajczak, M. (2010). *Money giveth, money taketh away: Wealth undermines savoring ability*. Talk presented at the meeting of the Society for Personality and Social Psychology, Las Vegas, NV.
  - o \*Aknin, L.B., Norton, M. I., Ashton-James, C. E., Nyende, P., Kemeza, I., **Dunn**, E. W., & Biswas-Diener, R. (2010). *Is there a feedback loop between prosocial spending and happiness? Evidence from Canada and Uganda*. Talk presented at the meeting of the Society for Personality and Social Psychology, Las Vegas, NV.
  - o McConnell, A. R., **Dunn**, E. W., Austin, S. N., & \*Rawn, C. D. (2010). *It's written all over your face (and IAT): Affective forecasting errors*. Paper presented at the Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
  - o **Dunn**, E. W., \*Falk, C.F., & Norenzayan, A. (2008). *Culture and the importance of expected emotions for decision making*. Talk presented at the meeting of the Society for Personality and Social Psychology, Albuquerque, NM.
  - o **Dunn**, E. W., \*Aknin, L. B., & Norton, M. I. (2007). *Then again, if you spend it right, money can buy happiness*. Talk presented at the meeting of the Society of Experimental Social Psychology, Chicago, IL.
  - o **Dunn**, E. W., & Ashton-James, C. E. (2007). *On emotional innumeracy: Predicted and actual affective responses to grand scale tragedies*. Talk presented at the meeting of the Society for Judgment and Decision-Making, Long Beach, CA.

- o **Dunn, E. W., & Ashton-James, C. E. (2007).** *On emotional innumeracy: Predicted and actual affective responses to grand scale tragedies.* Talk presented at the meeting of the Society for Personality and Social Psychology, Memphis, TN.
  - o **Dunn, E. W. (2006).** *Individual differences in emotional time travel.* Talk presented at the meeting of the Society for Personality and Social Psychology, Palm Springs, CA.
  - o **Dunn, E. W. (2005).** *Emotional innumeracy: Forecasted and experienced responses to small versus large scale disasters.* Talk presented at the annual meeting of the Person Memory Interest Group at the Society of Experimental Social Psychology conference, San Diego, CA.
  - o **Dunn, E. W., & Clore, J. (2004).** *New light on mood and stereotyping.* Talk presented at the annual meeting of the Society of Experimental Social Psychology, Fort Worth, TX.
  - o **Dunn, E. W., & Wilson, T. D. (2004).** *Are strangers as good as lovers? Misunderstanding the emotional consequences of everyday social interactions.* Talk presented at the 5<sup>th</sup> annual meeting of the Society for Personality and Social Psychology, Austin, TX.
  - o **Dunn, E. W., Sinclair, S., & Lowery, B. (2003).** *The relationship between parental racial attitudes and children's implicit prejudice.* Talk presented at the 15<sup>th</sup> annual meeting of the American Psychological Society, Atlanta, GA.
- **Other Refereed Conference Presentations**
    - o \*Li, RN., \*Folk, D. P., Singh, A. P., Ungar, L. H., & **Dunn, E. W.** (February, 2026). *A random human peer is better than a highly supportive chatbot in reducing loneliness over time.* [Main Conference Early Career Data Blitz]. Society for Personality and Social Psychology Annual Convention 2026, Chicago, IL, United States.
    - o \*Folk, D., & **Dunn, E. W.** (2026, February). *Everything is Better Together.* [Happiness Pre-Conference Data Blitz]. Society for Personality and Social Psychology Annual Convention 2026, Chicago, IL, United States.
    - o \*Folk, D. & **Dunn, E. W.** (February, 2025). *Turning to AI for companionship predicts decreased social connection 4 months later.* Psychology of Media and Technology Preconference, Society for Personality and Social Psychology, Denver, CO, United States.
    - o \*Folk, D. & **Dunn, E. W.** (February, 2025). *Anthropomorphism promotes social connection with conversational AI.* Society for Personality and Social Psychology, Denver, CO, United States.
    - o \*Folk, D., & **Dunn, E. W.** (February, 2025) *What makes a good day?: A random forest analysis of the American Time Use Survey.* Happiness Preconference, Society for Personality and Social Psychology, Denver, CO, United States.
    - o \*Li, RN., \*Lok, I., Stenlund, S., **Dunn, E. W.** (February, 2025). *Explicit signals enhance social engagement between strangers.* Society for Personality and Social Psychology, Denver, CO, United States.

- o \*Folk, D., \*\*Yu, S., & **Dunn**, E. W. (2023). *Why do people turn to chatbots as a source of social connection?* Poster presented at the Society for Personality and Social Psychology Annual Convention.
- o \*\* Li, RN., \*Lok, I., & **Dunn**, E. W. (2023). *A scalable solution to designing physical spaces that promote social interactions.* Poster presented at Happiness and Well-being Preconference of Society for Personality and Social Psychology Annual Convention.
- o \*\* Maheshka, C., & **Dunn**, E. W. (2023). *Does gratitude lead to more prosocial spending in the real world?* Poster presented at Happiness and Well-being Preconference of Society for Personality and Social Psychology Annual Convention.
- o \*\* Zettelmeyer, E., \*Folk, D., & **Dunn**, E. W. (2022). *Chatbots as alternative sources for social benefits: Effect of conversation type.* UBC Psychology Undergraduate Research Conference, Poster Presentation. \*\*Maheshka, C., \*Lok, I., & **Dunn**, E. W. (2022). *Connecting with strangers.* UBC Undergraduate 3MT, University of British Columbia, Virtual Competition.
  - Selected as a competition finalist.
- o \*\*Yu, S., \*Folk, D., & **Dunn**, E. W. (2022). *Conversing with chatbots: The surprising power of positive chatbots over negative humans.* Society for Personality and Social Psychology Annual Convention, Virtual Presentation.
- o \*\*O’Kane, , K. M. K., \*Lok, I., & **Dunn**, E. W. (2022, February). *To Zoom or not to Zoom: When is video communication better than voice communication?* Society for Personality and Social Psychology Annual Convention, Virtual Presentation.
- o \*\*Zhuo, A. X., \*Dwyer, R. J., & **Dunn**, E. W. (2020). *Virtual interconnection, social disconnection: The impact of phones on enjoyment over time (pilot study).* Poster Presented at the National Collegiate Research Conference. Cambridge, MA.
- o \*\*Zhuo, A. X., \*Dwyer, R. J., & **Dunn**, E. W. (2020). *Virtual interconnection, social disconnection: The impact of phones on enjoyment over time (pilot study).* Poster Presented at the Society for Personality and Social Psychology Conference. New Orleans, LA.
  - Finalist for undergraduate student poster award.
- o \*Kushlev, K., \*\*Proulx, J., **Dunn**, E. W., Hunter, J. & Pressman, S. (2018). *The effect of smartphones on face-to-face interaction.* Poster Presented at the Society for Personality and Social Psychology Conference. Atlanta, GA.
- o \*Lok, I., \*Dwyer, R. J., & **Dunn**, E. W. (2018). *The smartphone contagion: Collective phone use in groups.* Poster Presented at the Society for Personality and Social Psychology Conference. Atlanta, GA.
- o \*\*Camporeale, T., \*Whillans, A. V., **Dunn**, E. W. & Bryan, C. J. (2017). *Can turning charitable giving into a “teachable moment” increase prosocial spending among parents?* Poster Presented at the Society for Personality and Social Psychology Conference. San Antonio, TX.
- o \*Weidman, A. C. & **Dunn**, E. W. (2016). *The unsung benefits of material things: Material purchases provide more frequent monetary happiness than experiential*

- purchases. Paper presented at the Society for Psychology Happiness and Well-Being Preconference. San Diego, CA.
- o Proulx, J., \*Kostadin, K. & **Dunn**, E. W. (2016). The smartphone paradox: Relying on our digitally connected devices for information compromises social connectedness. Poster session presented at the 17<sup>th</sup> Annual Convention for the Society for the Personality and Social Psychology. San Diego, CA.
  - o \*Dwyer, R., \*Whillans, A. V., Seider, S. C., Chen, B., Savalei, V., Novik, S., Graminga, K. J., Mitchell, B. A., Dickerson, S. S. & **Dunn**, E. W. (2016). Volunteering, health and happiness. Poster presented at the Happiness and Well-Being Preconference at the Society for Personality and Social Psychology. San Diego, CA.
  - o \*Whillans, A. V., \*Weidman, A. C. & **Dunn**, E. W. (2016). Valuing time over money is associated with greater happiness. Data blitz talk presented at the Happiness Preconference at the Society for Personality and Social Psychology. San Diego, CA.
  - o \*Whillans, A. V., **Dunn**, E. W. & Norton, M. I. (2016). The benefits and barriers of buying happier time. Data blitz talk presented at the Judgement and Decision Making Preconference at the Society for Personality and Social Psychology. San Diego, CA.
  - o \*Whillans, A. V., \*Weidman, A. C. & **Dunn**, E. W. (2016). Valuing time over money is associated with greater happiness. Research talk presented at the Society for Consumer Psychology Division of the American Psychological Association. Denver, CO.
  - o Human, L.J., \*Whillans, A.V., Hoppmann, C., Klumb, P., Dickerson, S. S & **Dunn**, E.W. (2014). *Finding the middle ground: Positive affect variability and daily cortisol profiles*. Poster presented at the Society for Affective Science in Washington, DC.
  - o \*Whillans, A.V., & **Dunn**, E.W. (2014). *Thinking about time as money decreases environmental behavior*. Poster presented at the Judgment & Decision Making Pre-Conference at the Annual Meeting of the Society for Personality and Social Psychology in Austin, Texas.
    - Winner of \$200 Poster Award.
  - o Caruso, E.M., \*Whillans, A.V., **Dunn**, E.W. (2014). *Situational attributions increase charitable giving*. Invited talk presented at the Russell Sage Conference on The Meaning of Money in New York, US.
  - o \*Whillans, A.V., \*Kushlev, K. & **Dunn**, E.W. (2013). *Harnessing situational attributions to increase social responsibility*. Poster presented at the Judgment & Decision Making Pre-Conference at the Annual Meeting of the Society for Personality and Social Psychology in New Orleans.
  - o \*Whillans, A., \*Kushlev, K., & **Dunn**, E. W. (2012). *Harnessing situational attributions to increase feelings of social responsibility*. Poster presented at the Judgment & Decision Making Pre-Conference at the Annual Meeting of the Society for Personality and Social Psychology in San Diego, CA.
  - o \*Kushlev, K., **Dunn**, E. W., & Ashton-James, C. E. (2012). *Does affluence impoverish the experience of parenting?* Poster presented at the Emotion

Preconference at the Society for Personality and Social Psychology, San Diego, CA.

- o \*Whillans, A. V., Aknin, L. B., **Dunn**, E. W., Norton, M. I & Grant, A. M. (2012). *When does spending on others increase happiness?* Poster presented at the Judgment and Decision Making Preconference at the Society for Personality and Social Psychology, San Diego, CA.
- o \*Sandstrom, G. M. & **Dunn**, E. W. (2011). *Social interactions and well-being: The surprising power of weak ties.* Poster presented at the Emotion Preconference at the Society for Personality and Social Psychology, San Antonio, TX.
- o Norton, M., Anik, L., \*Aknin, L. B., & **Dunn**, E. W. (2010). *The prosocial workplace: Prosocial spending increases employee satisfaction and job performance.* Poster presented at the Behavioral Decision Research in Management Conference, Pittsburgh, PA.
- o \*Aknin, L. B., Norton, M.I., & **Dunn**, E. W. (2010). *From wealth to well-being? Money matters, but less than people think.* Poster presented at the Society for Consumer Psychology, St. Pete Beach, FL.
- o Norton, M. I., **Dunn**, E. W., Carney, D. R., & Ariely, D. (2010). *The persuasive appeal of stigma.* Poster presented at the Academy of Management, Montreal, Canada.
- o Norton, M. I., Anik, L., **Dunn**, E. W., & \*Aknin, L. B. (2010). *The benefits of prosocial spending for individuals and organizations.* Poster presented at the Society for Consumer Psychology, St. Pete Beach, FL.
- o \*Quoidbach, J., & **Dunn**, E. W. (2010). *The price of awesomeness: Evidence for an experience stretching process.* Poster presented at the Society for Personality and Social Psychology, Las Vegas, NV.
- o \*Kushlev, K., **Dunn**, E. W., Ashton-James, C. E, & \*Trudeau, R. (2010). *Can parenting make people happy...or at least give them meaning?* Poster presented at the Judgment and Decision Making Preconference at the Society for Personality and Social Psychology, Las Vegas, NV.
- o \*Sandstrom, G. M., \*Aknin, L. B., **Dunn**, E. W., Norton, M. I. (2010). *Spending money, spending time: Social interaction during interpersonal giving boosts happiness.* Poster presented at the Judgment and Decision Making Preconference at the Society for Personality and Social Psychology, Las Vegas, NV.
- o Norton, M. I., \*Aknin, L. B., & **Dunn**, E. W. (2009). *Putting the "social" in prosocial spending: Interpersonal giving promotes happiness.* Paper presented at the Association for Consumer Research, Pittsburgh, PA.
- o \*Aknin, L. B., **Dunn**, E. W., & Norton, M. I. (2009). *From wealth to well-being: Spending money on others promotes happiness.* Paper presented at the Interdisciplinary Nineteenth Century Studies Conference, Saratoga Springs, NY.
- o Norton, M. I., **Dunn**, E.W., & \*Aknin, L. B. (2009). *From wealth to well-being: Spending money on others promotes happiness.* Paper presented at the Society for Consumer Psychology, San Diego, CA.
- o Norton, M. I., **Dunn**, E. W., Carney, D. R., & Ariely, D. (2009). *The persuasive appeal of stigma.* Paper presented at the Society for Consumer Psychology, San Diego, CA.

- o Norton, M. I., \*Aknin, L. B., & **Dunn**, E. W. (2009). *Putting the “social” in prosocial spending: Interpersonal giving promotes happiness*. Poster presented at the Association for Consumer Research, Pittsburgh, PA.
- o \*Aknin, L. B., **Dunn**, E. W., & Norton, M. I. (2009). *Happiness runs in a circular motion: Evidence for an upward spiral between happiness and prosocial spending*. Poster presented at the Society for Personality and Social Psychology, Tampa, FL.
- o Kawakami, K., Karmali, F., Dovidio, J. F., & **Dunn**, E. W. (2009). *Faulty forecasts: Mispredicting affective and behavioral responses to racism*. Poster presented at the meeting of the Society for Personality and Social Psychology, Tampa, FL.
- o Norton, M. I., **Dunn**, E. W., & \*Aknin, L. B. (2009). *From wealth to well-being: Spending money on others promotes happiness*. Poster presented at the Society for Consumer Psychology, San Diego, CA.
- o Norton, M. I., **Dunn**, E. W., Carney, D. R., & Ariely, D. (2009). *The persuasive appeal of stigma*. Poster presented at the Society for Consumer Psychology, San Diego, CA.
- o \*Ruby, M. B., **Dunn**, E. W., Perrino, A. L., & \*\*Gillis, R. (2009). *The invisible benefits of exercise*. Poster presented at the Society for Personality and Social Psychology, Tampa, FL.
- o \*Aknin, L. B., **Dunn**, E. W., & Norton, M. I. (2008). *Can money buy happiness?* Poster presented at the Society of Personality and Social Psychology, Albuquerque, NM.
- o Anik, L., Norton, M. I., \*Aknin, L. B., & **Dunn**, E. W. (2008). *Life really is nasty, brutish, and short – and no one is happy about it*. Poster presented at the Society of Personality and Social Psychology, Albuquerque, NM.
- o \*Aknin, L. B., **Dunn**, E. W., & Norton, M. I. (2007). *From wealth to well-being: How money can increase happiness*. Poster presented at the Judgment and Decision-making Pre-conference at the annual meeting of the Society for Personality and Social Psychology, Memphis, TN.
- o \*Aknin, L. B., \*Forrin, N. D., **Dunn**, E. W., & Biesanz, J. C. (2007). *Maybe mother does know best: When others predict our future happiness better than we can*. Poster presented at the Society for Personality and Social Psychology Conference, Memphis, TN.
- o \*Chin, J. C., & **Dunn**, E. W. (2007). *Focalism as a source of temporal discounting effects*. Poster presented at the Judgment and Decision-making Preconference at the annual meeting of the Society for Personality and Social Psychology, Memphis, TN.
  - Received \$300 Student Travel Award (funded by NSF).
- o \*Falk, C. F., **Dunn**, E. W., & Norenzayan, A. (2007). *Affective forecasting and the value of predicted enjoyment: Decision making in east asian and eestern cultures*. Poster presented at the SPSP Annual Cultural Psychology Preconference, Memphis, TN.
- o \*Forrin, N. D. & **Dunn**, E. W. (2007). *In defense of having dessert first: The importance of startpoints*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Palm Springs, CA.

- o \*\*Human, L. J., **Dunn**, E. W., & Biesanz, J. C. (2007). *The hidden benefits of valentine's: How impressing your partner can improve your mood*. Poster presented at the Emotion Pre-conference at the annual meeting of the Society for Personality and Social Psychology, Memphis, TN.
- o \*Rawn, C. D. & **Dunn**, E. W. (2007, January). *Affective forecasting when emotions conflict: The utility of measuring gut reactions in addition to thoughtful forecasts*. Poster session presented at the annual meeting of the Society for Personality and Social Psychology, Memphis, TN.
- o \*Forrin, N. A., **Dunn**, E. W., & Biesanz, J. C. (2006). *Sunny disposition or rainy weather: Using dispositional and situational information to make affective forecasts*. Poster presented at the Judgment and Decision-making Preconference at the annual meeting of the Society for Personality and Social Psychology, Palm Springs, CA.
  - Received \$300 Student Travel Award (funded by NSF).
- o **Dunn**, E. W., Sinclair, S., & Lowery, B. (2003). *The relationship between parental racial attitudes and children's implicit prejudice*. Poster presented at the 4<sup>th</sup> annual meeting of the Society for Personality and Social Psychology, Los Angeles, CA.
  - Received SPSP Student Poster Award.
- o **Dunn**, E. W., Wilson, T. D., & Hale, J. H. (2001). *Finding happiness in bricks, sticks, or straw: A longitudinal field study of the durability bias*. Poster presented at the 2<sup>nd</sup> annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- o **Dunn**, E. W., & Spellman, B. A. (2000). *Remembering to forget: Stereotype inhibition through the rehearsal of another aspect of identity*. Poster presented at the 12<sup>th</sup> annual meeting of the American Psychological Society, Miami, FL.

## PROFESSIONAL AND DEPARTMENTAL SERVICE

- Associate Editor
  - o *Perspectives on Psychological Science*, 2011-2013
- Editorial Boards
  - o *Psychological Inquiry*, 2017-2018
  - o *Psychological Science*, 2017-2019
  - o *Journal of Behavioral Decision Making* 2010-2014
  - o *International Journal of Happiness & Development*, 2011 – present
  - o *Perspectives on Psychological Science*, 2010-2011
- Grant Panels
  - o *Social Sciences and Humanities Research Council*, 2014 – present
  - o *Canadian Institutes of Health Research*, 2014 – present
- Ad Hoc Reviewer
  - o *Social Sciences and Humanities Research Council of Canada (Grant Panel Member)*
  - o *Canadian Institute of Health Research (Fellowships Committee Member)*
  - o *International Journal of Research in Marketing*
  - o *PLoS ONE*
  - o *Proceedings of the National Academy of Sciences*

- o *Nature Human Behavior*
- o *Journal of Economic Psychology*
- o *International Journal of Happiness and Development*
- o *Frontiers in Human Neuroscience*
- o *National Science Foundation*
- o *Social Psychological and Personality Science*
- o *Current Directions in Psychological Science*
- o *Psychological Science*
- o *Cognition and Emotion*
- o *Emotion*
- o *Basic and Applied Social Psychology*
- o *European Journal of Social Psychology*
- o *Group Processes and Intergroup Relations*
- o *Journal of Experimental Social Psychology*
- o *Journal of Personality and Social Psychology*
- o *Organizational Behavior and Human Decision Processes*
- o *Personality and Social Psychology Bulletin*
- o *Self and Identity*
- o *Journal of Positive Psychology*
- o *Consciousness and Cognition*
- o *American Psychological Association (books)*
- o *Social Sciences and Humanities Research Council of Canada*
- o *Journal of Experimental Psychology: General*
- o *Personality and Social Psychology Review*
- o *Oxford University Press*
- o *Perspectives on Psychological Science*
- Memberships on Committees
  - o Duck Advisory Council (planning committee for Duck Conference on Social Cognition, 2021-2024)
  - o Served on 2015 SPSP Book Prize and Media Prize Committee
  - o Social/Personality Area Coordinator, 2015-2016
  - o Faculty Recognition Committee, 2014-2015
  - o Human Participants & Research Policy, 2013-2014
  - o Graduate Admissions Committee, 2010-2011
  - o Fellowships & Scholarships committee, UBC, 2008-2009
  - o Course coordinator, Psychology 308, UBC, 2008-2010
  - o Curriculum committee, UBC, 2006-2009
  - o Colloquium committee, UBC, 2005-2007, 2010-2011
    - Chair, 2010-2011
  - o Subject pool committee, UBC, 2005-2009
    - Chair, 2007-2009, 2008-2009
  - o Founder and Organizer, Grad Student Journal Club, University of Virginia, 2000-2004
  - o Student Member, Social Area Search Committee, University of Virginia, 2002-2003

## SELECTED MEDIA MENTIONS

- *Forbes*. May 13, 2026. "The Truth About Those Misleading Headlines Proclaiming That Humans Outdo AI When It Comes To Combatting Human Loneliness"
- *Associated Press News*. April 22, 2026. "Climate doom and gloom? Try laughing instead. Activists embrace joy in the fight to save Earth"
- *CNN*. April 21, 2026. "Shopping sustainably feels good, but does it have the impact you think it does?"
- *The British Psychological Society*. March 23, 2026. "Chatbot Vs. Random Human: Which is better at tackling loneliness?"
- *404 Media*. March 16, 2026. "Texting a Random Stranger Better for Loneliness Than Talking to a Chatbot, Study Shows"
- *BBC Science Focus*. March 8, 2026. "5 science-backed rules for turning money into long-term happiness"
- *The Globe and Mail*. January 2, 2026. "Mortgage-free and silent: Why are Canadians not celebrating this big financial milestone?"
- *Today's Parent*. November 27, 2025. "Why I Let My Kids Talk To Strangers (Sometimes)"
- *NPR*. November 13, 2025. "The rumors are true: Everything is better when we share it together, new study finds"
- *The Washington Post*. October 5, 2025. "Doing almost anything is better with friends, research finds"
- *The Times*. October 3, 2025. "The science of spending, or how to buy more joy with your cash"
- *Psychology Today*. September 3, 2025. "Better Together: Friendly Companionship Increases Happiness"
- *New York Times*. August 21, 2025. "Here's What Happened When I Made My College Students Put Away Their Phones"
- *The Guardian*. December 29, 2024. "Global happiness study aims to solve mystery of what gives us a boost"
- *The New York Times*. December 17, 2024. "How to get a party buzz even when you're not drinking"
- *The Washington Post*. November 28, 2024. "Doing good is good for you, research shows"
- *The Washington Post*. September 24, 2024. "Why not give others presents on your birthday"
- *Marketplace*. September 20, 2024. "This is why you deserve a treat: Five lessons for happier spending"
- *MoneySense*. August 16, 2024. "Top 25 timeless personal finance books"
- *The New York Times*. August 8, 2024. "Are we happy yet?"
- *CNN*. July 28, 2024. "Can money buy happiness? 5 tips to turn bucks into bliss"
- *The Globe and Mail*. April 25, 2024. "How to build a friendly building"
- *Forbes*. March 8, 2024. "Renewing corporate gifting: The impact of AI on personalization"
- *bnn*. March 3, 2024. "Redefining happiness: Preregistered studies illuminate new paths to well-being."
- *Inverse*. March 3, 2024. "Scientists debunk the idea that smiling makes you happy."
- *Nasdaq*. February 16, 2024. "Financial advisors: What's your money philosophy?"

- *NPR*. February 4, 2024. "Are you happy? New film follows a Bhutan bureaucrat who asks 148 questions to find out."
- *CBC*. January 18, 2024. "How to feng shui your fridge — and why it might help to curb climate change."
- *The Shillong Times*. January 14, 2024. "Talking...talking."
- *TIME*. December 29, 2023. "Why I aspire to be an effective hedonist"
- *Greater Good*. December 14, 2023. "The top 10 insights from the "science of a meaningful life" in 2023"
- *WSJ*. November 19, 2023. "The pay raise people say they need to be happy"
- *CBC*. September 23, 2023. "Climate news is often depressing. But as a behavioural scientist, I know I can't wallow"
- *The New York Times*. August 31, 2023. "People are more Generous than you may think"
- *WSJ*. August 24, 2023. "The instinct to share our good fortune"
- *NPR*. August 9, 2023. "The science of happiness sounds great. But is the research solid?"
- *Forbes*. July 30, 2023. "Research fails to tell you how to be happy, but this idea might help"
- *CNET*. July 20, 2023. "'How to be happy' strategies need stronger evidence, scientists say"
- *TIME*. July 20, 2023. "The data don't really support the most popular happiness strategies"
- *NewScientist*. July 20, 2023. "No clear evidence that meditation or mindfulness makes you happy"
- *The Wall Street Journal*. July 20, 2023. "Sadly, many happiness studies are flawed"
- *ScienceNews*. July 20, 2023. "Time in nature or exercise is touted for happiness. But evidence is lacking"
- *Science Media Center*. July 20, 2023. "Expert reaction to systematic review of happiness-increasing strategies in mentally healthy people"
- *RollingStone*. May 23, 2023. "GRAZIE: The New Rules of Gratitude"
- *CNET*. May 17, 2023. "5 Ways To Increase Your Happiness, According to Science"
- *Reader's Digest*. March 13, 2023. "Can Money Buy Happiness? Here's What to Know If You're on a Tight Budget"
- *The Salt Lake Tribune*. March 14, 2023. "Letter: People are happier when they can see the impact of their giving. The LDS Church should learn from that."
- *Hidden Brain*. Feb. 23, 2023. "Happiness 2.0: Surprising Sources of Joy".
- *Imparker*. February 1, 2023. "Talking to Strangers Makes Us Happier — Science Shows."
- *Canada Foundation for Innovation*. January 10, 2023. "Changing human behaviour to avert the climate crisis."
- *Psychology Today*. December 22, 2022. "Money Does Buy Happiness: You'll be happier if you spend your money on others."
- *Today*. December 20, 2022. "Your brain on gift giving: Why it feels so darn good to get it right."
- *Marketing Week*. December 14, 2022. "Three wise lessons on gifting from behavioural science."

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- *BBC Future*. October 27, 2022. “Why talking to strangers can make us smarter.”
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- *U.S. News*. August 9, 2022. “Inside the Psychology of Overspending and How to Stop.”
- *CBC News*. June 19, 2022. “Campaign to curb clothing waste reaches Metro Vancouver residents, review shows, but recycling will get harder”.
- *Scrubbi*. June 8, 2022. “Is a housecleaning service worth it?”
- *CNN health*. May 28, 2022. “It turns out money may buy some happiness.”
- *Eat Move Think Podcast*. April 4, 2022. “Why is Finland so happy? (And what can we learn from it?).”
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- *Her Money*. March 31, 2022. “How to get more comfortable talking about your finances.”
- *Newsweek*. March 28, 2022. “Husband’s ‘lazy and thoughtless’ Mother’s Day gift sparks fury online.”
- *MENAFN*. March 17, 2022. “Happy retirement living requires these 5 traits.”
- *Grist*. March 4, 2022. “For mental health, landmark climate report spells disaster.”
- *The Province*. February 8, 2022. “Software aims to tweak building design to encourage social interaction among residents.”
- *CNN Audio*. May 24, 2022. “Cashing in on Happiness”.
- *Vancouver Sun*. February 8, 2022. “Software aims to tweak building design to encourage social interaction among residents.”
- *The Economic Times*. February 6, 2022. “Like it or not, to be rich is to be gloriously happy.”
- *Newsmax Health*. February 2, 2022. “Money can bring you happiness, if you buy this.”
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- *The Toronto Star*. November 23, 2021. “More than half of Canadians will only invite fully vaccinated guests for the holidays, new survey finds.”
- *CBC*. November 13, 2021. “There’s a link between being kind to others and happiness, UBC researcher says.”

- *CNBC*. October 29, 2021. “Do you want a happy retirement? These 4 strategies can be the keys.”
- *Everyday Health*. October 5, 2021. “Why giving to causes you care about is good for your health.”
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- *CNBC*. April 6, 2021. “Spending tips to get even more joy out of your third stimulus check, from a social psychologist”
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- *Vox*. March 19, 2021. “This actually might be the best summer ever”
- *Psychology Today*. March 18, 2021. “To boost your own happiness, buy your dog a gift”
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- *University of California*. February 17, 2021. “Partners help us feel more connected during the pandemic”
- *Science Daily*. February 16, 2021. “Partners' company helps us stay connected during pandemic”
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- *The List*. December 18, 2020. “Science reveals how to choose the perfect gift”
- *The Japan Times*. December 5, 2020. “All the happiness money can buy in the winter of COVID- 19”
- *Vancouver Sun*. December 4, 2020. “Powering up ‘pleasures’ over pandemic: Christmas lights, decorations out early to counter COVID gloom”
- *The Print*. December 3, 2020. “Money can’t buy happiness. But this is how you can still feel happy in the winter of Covid”
- *The Kit*. December 1, 2020. “How to actually be happy”
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- *Telangana Today*. August 17, 2020. “When money can buy happiness”
- *MD Linx*. June 1, 2020. “How ‘buying’ time can make you a happier doctor”
- *NPR Short Wave*. May 7, 2020. “What we’re missing, by missing strangers now”
- *Forbes*. April 13, 2020. “4 behavioral economists weigh in on one important question: What should people do with their coming stimulus checks?”
- *The Kingston Whig Standard*. March 23, 2020. “Happiness in the time of COVID? Maybe not, but we can try”
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- *Business Insider*. January 23, 2020. “4 times money can actually buy you happiness according to research”
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- *RNZ*. January 14, 2020. “The link between helping and happiness”
- *elemental*. December 23, 2019. “If we didn’t give gifts, we wouldn’t survive as a species”
- *BBC*. December 9, 2019. “The science behind giving good gifts”

- *Burnaby Now*. December 4, 2019. “This photo shows how quakes devastate schools”
- *The Tyee*. December 4, 2019. “Gaze and Tremble”
- *Vancouver Courier*. December 4, 2019. “This image shows how an earthquake could devastate a Vancouver elementary school”
- *CBC On the Island with Gregor Craigie*. December 3, 2019. “A picture of destruction – find out how a doctored picture of a BC public school is being used to promote earthquake awareness”
- *Daily Hive*. December 3, 2019. “Artist creates rendering of Vancouver elementary school post- earthquake (PHOTO)”
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- *Toronto Star*. December 2, 2019. “This image can change your mind about earthquakes, Vancouver researchers say”
- *UBC News*. December 2, 2019. “Earthquake risk perception: A picture is worth a thousand stats”
- *Big Think*. November 1, 2019. “8 principles that will make you smarter about money”
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- *The Atlantic*. July 21, 2019. ” Who actually feels satisfied about money?”
- *NBC News*. June 5, 2019. “How to have better conversations with people you’ve just met, according to science”
- *The Globe and Mail*. May 23, 2019. “Why some restaurants are being designed specifically so patrons put their phones away”
- *CBC*. May 19, 2019. “Want to be happier? Focus on time, not money, says Harvard researcher”
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- *Thrive Global*. April 29, 2019. “A happiness expert says generosity brings us joy, but there’s a catch”
- *CBS News*. April 26, 2019. “How to get an ‘emotional boost’ by giving to others”
- *Business Insider*. April 25, 2019. “I watched over 100 TED Talks, and these insights have stuck with me most”
- *Vancouver Sun*. April 17, 2019. “Hometown Ted-talker highlights path to happiness through giving”
- *NPR*. April 15, 2019. “How to buy a house, in 7 steps”
- *The Wall Street Journal*. March 27, 2019. “My five favorite books to help you build wealth”
- *The Street*. February 19, 2019. “Money really can buy you happiness – if you know how to spend it”

- *Forbes*. January 30, 2019. "The five principles of happy money"
- *NPR*. November 5, 2018. "Can't stop worrying? Try Tetris to ease your mind"
- *CBC*. October 7, 2018. "Sitting down to Thanksgiving dinner? UBC study suggests putting smartphones away"
- *The Atlantic*. September 2018. "How to make friends, according to science"
- *NPR*. June 27, 2018. "Researcher who studies giving on flood of donations for migrant family reunification"
- *Daily Mail*. March 3, 2018. "Using your cell phone at the table makes you unhappy and feel less engaged, study finds"
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- *The Guardian*. March 1, 2018. "A distraction? Far from it – your smartphone is your best friend"
- *Time Magazine*. February 28, 2018. "Using your phone at dinner isn't just rude. It also makes you unhappy"
- *Vice*. February 28, 2018. "Study confirms that you're making everyone miserable by using your phone at dinner"
- *The Times UK*. February 28, 2018. "Smartphones are ruining the dining out experience, study finds"
- *The Sun UK*. February 28, 2018. "Using your phone at the dinner table? You'd be having more fun if you weren't"
- *National Post*. February 28, 2018. "How taking your phone out at a restaurant ruins dinner and makes you bored"
- *Tech Times*. February 28, 2018. "Study reveals why you should put your smartphones away while dining with family and friends"
- *Hindustan Times*. February 28, 2018. "Switch off: Keep the phone away while dining with loved ones to enjoy your experience more"
- *Business Standard*. February 27, 2018. "Ignore your phone while dining with loved ones"
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- *CNET*. February 26, 2018. "Your distracting smartphone might be ruining your night out"
- *The Wall Street Journal*. December 8, 2017. "How to Suppress Your Inner Scrooge"
- *The Globe and Mail*. September 8, 2017. "Money can buy happiness – or at least a good story to tell later"
- *The New York Times*. July 27, 2017. "Want to be Happy? Buy More Takeout and Hire a Maid, Study Suggests"
- *Scientific American*. July 26, 2017. "To buy happiness, spend money on saving time"
- *Global News*. July 25, 2017. "You can buy happiness, if you spend your money right: Study"
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- *CTV News*. July 24, 2017. "Researchers find buying time makes people happier than they may realize"
- *Yahoo News*. July 24, 2017. "Money can buy you happiness, claim researchers"
- *Mic*. July 24, 2017. "This is the best, most underrated way to make your money feel worth more, according to science"
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- *Daily Mail*. July 24, 2017. "Money CAN buy you happiness, as long as you spend it on time-saving luxuries: Forget trying to 'do it all' and spend cash on a cleaner or cook as it will give you greater life satisfaction"
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- *The Globe and Mail*. November 15, 2015. “Refugee sponsorship program a chance to turn generosity into happiness”
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- *CNBC*. December 2, 2014. "Cashless society: Will apple pay sabotage your spending budget?"
- *The Wall Street Journal*. November 17, 2014. "Walk this way: Acting happy can make it so"
- *The Wall Street Journal*. November 17, 2014. "Four reasons for why charity is good for you"
- *The Wall Street Journal*. November 10, 2014. "Can money buy you happiness?"
- *Time Magazine*. September 28, 2014. "14 ways to be a happier person"
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- *Dallas News*. August 23, 2014. "The five secretes to happy money"
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- *The New York Times*. May 7, 2014. "What a great trip! And I'm not even there yet"
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- *National Public Radio*. April 04, 2014. "How to buy happiness."
- *The Rotarian*. March 2014. "Culture: What price experience?"
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## **QUANTITATIVE EXPERIENCE**

- Structural Equation Modeling (PSYC 881), Spring 2003
- Multilevel Modeling (informal tutorial with Jack McArdle), 2002
- Applied Multivariate Methods (PSYC 776), Fall 2000
- Quantitative Methods I & II (PSYC 771 & 772), 1999-2000

## **SELECTED TEACHING EXPERIENCE**

- PSYC 529: Special Topics in Social Psychology: Happiness (graduate), Fall 2008, UBC
  - Overall Instructor Rating, 2008: M = 4.78 (1 = very poor, 5 = very good)
- PSYC 308A: Social Psychology (undergraduate), Spring 2007–2009, 2011, 2013–2014, Fall 2015–2017, UBC
  - Overall Instructor Rating, 2007: M = 4.36 (dept avg = 4.03)
    - 1 = very poor, 5 = very good

- o Overall Instructor Rating, 2008: M = 4.42 (dept avg = 4.03)
- o Overall Instructor Rating, 2009: M = 4.76 (dept avg = 4.03)
- PSYC 308B: Social Psychology (undergraduate), Spring 2006, UBC
  - o Overall Instructor Rating: M = 4.31 (dept avg = 4.03)
- PSYC 525: Scientific Perspectives on Self-Knowledge (graduate), Fall 2006.
  - o Overall Instructor Rating, 2006: M = 4.83 (1 = very poor, 5 = very good)
- PSYC 590: Social Psychology (graduate), Fall 2005, Fall 2007, Winter 2009, Winter 2017, UBC
  - o Overall Instructor Rating, 2005: M = 4.63
  - o Overall Instructor Rating, 2007: M = 4.27
  - o Overall Instructor Rating, 2009: M = 4.7
  - o Overall Instructor Rating, 2010: M = 4.7
- PSYC 3121: Social Psychology, October -November 2004, University of New South Wales
  - o “Overall, I was satisfied with the quality of this lecturer’s teaching.” Mean Agreement = 3.7 (4=Strongly agree, 1=Strongly Disagree)
- PSYC 404: Psychology and Public Policy, Spring 2003, University of Virginia
  - o Overall Teaching Effectiveness (mean rating) = 1.31 (1=Excellent, 5=Poor)

### **PROFESSIONAL ASSOCIATIONS**

- Fellow in the Association for Psychological Science
- Royal Society of Canada, College of New Scholars, Artists and Scientists
- Society of Experimental Social Psychology
- Society for Personality and Social Psychology
- Society for Judgment and Decision Making

### **REFERENCES**

- Timothy Wilson, Professor and Chair, Department of Psychology, University of Virginia
  - o Email: [tdw@virginia.edu](mailto:tdw@virginia.edu)
  - o Phone: (434) 924-0674
- Daniel Gilbert, Professor, Department of Psychology, Harvard University
  - o Email: [gilbert@wjh.harvard.edu](mailto:gilbert@wjh.harvard.edu)
  - o Phone: (617) 495-3892
- Barbara Spellman, Associate Professor, Department of Psychology, University of Virginia
  - o Email: [spellman@virginia.edu](mailto:spellman@virginia.edu)
  - o Phone: (434) 982-5591