

[TITLE HERE, UP TO 12 WORDS, ON ONE TO TWO LINES, UPPERCASE]

[1st Author Name, First M. Last, Omit Titles and Degrees]

[Institutional Affiliation(s)]

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[Email]

Author/s Postal Address & Phone Number

[Author/s postal address & phone number including international dialing code]

Author Note

[Include any grant/funding information]

[Title Here, up to 12 words, on One to Two Lines, Centered, Lower Cases]

ABSTRACT

[ENGLISH TITLE (IF MANUSCRIPT IS WRITTEN IN BAHASA MELAYU)]

[The abstract should be in one paragraph of about 100 words. It is not indented and the texts should be justified. Note: Articles in Malay should include both Malay and English versions of the title and the abstract. No abstract needed for book review]

Keywords: [five keywords]

[INTRODUCTION]

[The title and content for all headings must be written in Times New Roman, font size 12. All texts should be justified. Paragraphs in the texts use a half-inch first line indent except for the first paragraph and the paragraphs after tables, figure and etcetera. Author needs to ensure the submitted research article meets the word count requirement of 7000 to 8000 words (incl. references, tables and figures) while book review approximately 3000-5000 words.

Tables and figures must follow the appropriate style (refer to pp.3-4). In-text citation should follow the Author-Date System (Last Name, Year). If including page numbers please type as follows (Last Name, Year, p. _) or (Year, p. _)]

[LITERATURE REVIEW]

[Texts]

[CONTEXT AND BACKGROUND OF STUDY]

[Texts]

[METHODOLOGY]

[Texts]

[FINDINGS AND DISCUSSION]

[Any direct quote must be indented once (left and right); justified in the middle of paragraph and properly labelled. Please see example: As most of them will inherit the low socio-economic status of the family, the rural youths here do not wish to continue living in poverty like their parents.

“At present, our parents’ lives are difficult (and poor) and so, one day, when we have become successful, like getting a degree, we will have a steady job, then we will be able to help our family.” (M1, 19-year old, SMK Kemabong, Tenom)]

[CONCLUSION]

[Texts]

[REFERENCES]

[The references should follow the American Psychological Association (APA) format. The list of references must be arranged in alphabetical order.]

Manuscript Preparation Guidelines

- Language : English (US or UK spelling) or Bahasa Melayu (Malay)
- Font : Times New Roman
- Font Size : 12 point
- Spacing : double spacing
- Word count : 7,000-8,000 words (incl. references, tables and figures.)
- Citation & References : APA Style

Manuscript Submission Rules

- Articles should be accompanied by a cover page with the paper title and author/s details (institutional affiliation, email address, postal address).
- **Author name and other identification information must not appear anywhere else in the manuscript, except the cover page.**
- All articles should be accompanied by an **abstract of about 100 words and five keywords in English**. Articles in Malay should include English versions of the Malay abstract, keywords and full title.
- Full papers should be sent in **Microsoft Word**
- Paper filenames should follow the following conventions:
 - (Short title)_(Author's Name)
 - Examples
 - Elder media use _John Doe
 - New journalism ethics _Adam Ishak
- Authors are requested to submit their papers electronically by using the JPMM online submission system (<https://jpmm.um.edu.my/index.php/JPMM/login>).