

Coaching Agreement

I am so looking forward to working with you or your child. These are the terms required to make our coaching relationship successful. By booking this service through my website you hereby declare that you agree to the following terms.

SERVICES

I understand that **Gill Featherstone** of **Your Neurodiversity Coach** will provide me **or my child** with **holistic life coaching and mind-body education sessions**, which will take place at a nominated and agreed upon time, via Zoom.

Each adult session will last **1 hour** and under 18 sessions, **45 minutes.**

SCOPE OF PRACTICE

I understand that coaching is not therapy, counselling, or consulting and that my coach may suggest a referral where my needs are beyond their scope of practice as a coach.

I understand that my coach is not a physician and therefore does not diagnose or treat disease, and that my sessions are not a substitute for diagnosis or treatment from a qualified health practitioner for illnesses, injuries, or other medical conditions.

Except in the case of gross negligence or malpractice, I or my representative(s) agree to fully release and hold harmless **Gill Featherstone of Your Neurodiversity Coach** from and against any and all claims, or liability of whatsoever kind, or nature arising out of or in connection with, my session(s).

CONFIDENTIALITY/CLIENT RIGHTS

I understand that anything said or revealed in the sessions between coach and client is privileged information and will not be disclosed to any outside party. The exception is if the information revealed includes disclosure of illegal, unethical, or criminal activities.

I understand that my coach may release information if subpoenaed or otherwise legally obligated, or reasonably allowed to do so. (Including circumstances where there is clear and imminent danger to myself or another person).

I understand that my confidential personal file is kept in a secure location and is retained for 1 years after my coaching services cease, after which time all information will be destroyed in a proper manner.

I understand that I may instruct my coach to release information to other health care practitioners in writing if necessary.

COMMITMENT

I understand that the role of a holistic coach is to act as a supportive guide during the coaching process. The results that will stem from each session will depend on the responsibility of me taking action on our agreed steps forward to create the changes I desire.

If at any time I have a concern about the coaching experience, I agree to raise it with my coach in the first instance, either verbally or in writing. I understand that my coach requires healthy communication in order to provide me with a speedy resolution.

CANCELLATION/RESCHEDULING

I understand I must give a minimum of **1** hours' notice if I need to reschedule our session by rescheduling via the website. Ideally, please do give 24 hours notice where possible.

I understand that to completely cancel a session I must give 24 hours notice.

I understand that if I fail to notify my coach and completely miss our scheduled session, that I will **forfeit that session.**

SESSIONS/PACKAGE

I understand that where I book a package, that this is non-refundable.

I understand that sessions will not be bookable on public holidays and my usual slot may not always be available due to coach leave (I understand that I will be given advance notification where this is the case).

PAYMENTS

I agree that bookings and payment must be made at least 2 days prior to a session through the website.

I understand my sessions may cease until I am paid up to-date.