



Continuing Education

As a dog behavior consultant, I'm committed to staying current with the latest research and best practices in canine behavior, welfare, and training. Below is a list of my ongoing professional development, including certifications, conferences, memberships, and specialized courses. This education ensures I can provide you and your dog with science-based, humane, and effective support.

500+ hours of continuing education completed since 2019

Key Focus Areas:

- Fear, anxiety, and stress in dogs
- Pain and its impact on behavior
- Canine neuroscience and how dogs learn
- Enrichment for behavioral wellness
- Science-based, humane training methods
- Canine body language and communication

Certifications

[Fear Free Animal Trainer Certification Program](#), certified 2025

Professional Memberships

[International Association of Animal Behavior Consultants](#), 2023–present

[Research Bites](#), Kristina Spaulding, PhD, CAAB – Monthly webinars on the latest dog behavior research, 2021–present

[Canine Arthritis Management Professionals](#), 2022–present – Webinars from leading canine arthritis researchers, DVMs and other experts; includes topics on pain's impact on behavior, behavioral signs of pain, sleep and pain, development of chronic osteoarthritis pain, relationship between pain and fear, identifying early arthritis through postural changes, and canine gut microbiome

[Pro Campus/PETPro](#), Pet Harmony, 2021–2024 – Professional development program addressing behavioral wellness in companion animals (instructors: Allie Bender, CDBC; Emily Strong, CDBC; Ellen Yoakum, Cert. SA Pro Trainer, KPA-CTP)

[Animal Behavior Management Alliance \(ABMA\)](#), 2022–2023 – Professional organization focused on enhancing animal care through training and enrichment

Professional Conferences & Seminars

[Chronic Pain Symposium](#), 2023 and 2024 – Included seminars on: Emotions and Chronic Pain; Pain, Behavior and Resilience; Behavioral Presentations of Pain; Behavior and Neuropathic Pain; Early Identification of Canine Osteoarthritis; Exercise and Pain Management; Pain Perception and Environmental Influences; Chronic Pain and Frustration; Sleep As Part of the Pain Toolkit; Pain and Discomfort: a discussion between a veterinary behaviorist and a physical therapist; Management of Osteoarthritis; Pain and Fear; The Gut Microbiome and Pain

[ClickerExpo LIVE](#), Multiple Speakers, 2022

[Purina Institute Canine Microbiome Forum](#), 2022

[Lemonade Conference](#), Multiple Speakers, International Association of Animal Behavior Consultants, [FDSA](#), 2020 and 2021

Professional Courses

[The Science of Fear](#), Kristina Spaulding, PhD, CAAB, 2022

How Behavior Works: Living and Learning with Animals Course [LLA], Susan Friedman, PhD, 2021

Enrichment Master Class, Allie Bender, CDBC, Emily Strong, CDBC, Ellen Yoakum, Cert. SA Pro Trainer, KPA-CTP, **Pet Harmony**, 2022 and 2023

Advanced Animal Training, Karolina Westlund, PhD, 2020

Movement of the Canine Foundation course, **Galen Myotherapy**, 2022

Introduction to Canine Massage & Visual Assessment, **Galen Myotherapy**, 2022

Dealing with the Bogeyman - Helping Fearful, Reactive and Stressed Dogs Amy Cook, PhD, [FDSA](#), 2020

Success With Sensitive Dogs, Hélène Lawler, [FDSA](#), 2020

Feelings Change – Desensitization and Counter-conditioning, Nancy Tucker, CDBC, [FDSA](#), 2020

Continuing Education Courses & Webinars

Behavior Vets

Anxiety: The Whole Story, (Parts 1–2), Jessica Hekman, DVM, PhD & Kathy Murphy, BVet Med, DPhil, 2023

What Can Animals Remember? The Neuroscience of Memory, Paula Croxson, PhD, 2023

The Neuroscience of Frustration in Dogs, Daniel Shaw, CDBC, 2023

The Neuroscience of Predation vs Prey Animals, Daniel Shaw, CDBC, 2023

Fear Memory Generalization: When the Protective Mechanism Goes Wrong, Kathy Murphy, BVet Med, DPhil, 2023

Pain Rewires the Brain: Aggression, Arousal, Anxiety, & Reactivity, Kathy Murphy, BVet Med, DPhil, 2023

Skin Sensitivities and Behavior, Kathy Murphy, BVet Med, DPhil, 2023

Tired Minds—How Sleep Impacts Learning and Behavior, Kathy Murphy, BVet Med, DPhil, 2023

The Effect of Nutrition on Inflammation & Inflammatory Conditions that Impact Behavior, Kathy Murphy, BVet Med, DPhil, 2023

Does Punishment-based Training Cause Mental Illness?, Kathy Murphy, BVet Med, DPhil, 2023

Using Social Interaction as a Reinforcer: What the Data Tells us About How and When to Use it, Erica Feuerbacher, PhD, BCBA-D, CAAB, 2023

The Brain and Behavior Through Life Stages: Puppyhood, Adolescence, and Senior, Kathy Murphy, BVet Med, DPhil, 2022

Resilience in Dogs, Kathy Murphy, BVet Med, DPhil, 2022

When is a Reward Actually Rewarding?, Kathy Murphy, BVet Med, DPhil, 2022

Doc Talks: Behavior Cases with Dr. Chris Pachel, DVM, DACVB, CABC (IAABC)

Compulsive Disorders in Pets: Understanding and Intervening, 2025

Pain and Behavior: Unmasking Silent Influencers, 2025

Gut Instincts: GI Issues and Impact on Behavior, 2025

FDSA

Selected courses and webinars include:

When Details Really Matter: Re-examining Counter Conditioning & Desensitization, Irith Bloom, 2025

Heck No, I Won't Go [dogs that balk], Kathy Sdao, 2025

Addressing Fearful Behavior, Irith Bloom, 2024

Hoover Dogs: Food Avoidance Training for Dogs that Love to Scavenge, Simone Mueller, 2023

Better Vet Visits Through Chemistry: Pre-Visit Meds for Anxious Dogs, Jennifer Summerfield, DVM, 2023

Small Dogs in a Big World, Amy Cook, PhD, 2023

Everyday Sniffing as Slow Thinking and Social Problem Solving, Laura Donaldson, PhD, 2023

Coping with Canine Cognitive Dysfunction, Eileen Anderson, MS, 2022

The Ins and Outs of Canine Pancreatitis, Jennifer Summerfield, DVM, 2022

Improving Canine Lives by Increasing Agency, Kristina Spaulding, PhD, CAAB and Irith Bloom, CDBC, 2022

Adolescent Behavior and Development, Chris Pachel, DVM, DACVB, CABC, 2022

Ethological Contributions to Behavior Problems in Dogs, Kim Brophrey, CDBC, 2021

Train the Person in Front of You: Make Your Training Accessible with Jennifer Kolar and Atlas Assistance Dogs, 2021

Strategies for Training Atypical Dogs, Sharon Carroll, CDBC, 2021

The Science of Counter Conditioning, Kristina Spaulding, PhD, CAAB, 2021

From Cue to Conversation: Deep Dive into the Look at That game and its baby sister, LATTE, Leslie McDevitt, CDBC, 2021

Getting to Know You: Understanding Dog-Dog Greetings, Jennifer Summerfield, DVM, 2021

The Importance of Agency, Kristina Spaulding, PhD, CAAB, 2021

Behavior Modification: Practical Solutions for Behavior Issues, Sharon Carroll, CDBC, 2021

Real Resolution: A Systematic Approach to Solving Behavior Problems, Sarah Stremming, CDBC, 2021

Behavioral Wellness, Sarah Stremming, CDBC, 2021

Is it Fear, Anxiety or Something Else?, Sharon Carroll, CDBC, 2020

Separation Anxiety: Breakthrough Research, Ellen Lindell, VMD, DACVB, 2020

Separation Anxiety, Nancy Tucker, CDBC, 2020

The 10-Minute Training Session: 5 Skill Sets You Can Teach From the Couch, Deb Jones, PhD, 2020

Probiotics for Behavioral Health, Jessica Hekman, DVM, PhD, 2020

How to Quiet a Barking Dog, Amy Cook, PhD, 2020

Walking with Reactive Dogs, Amy Cook PhD, 2019

Thresholds, Transitions, & Tincture of Time, Suzanne Clothier, 2019

Nailed It: Nail Trimming, Deb Jones, PhD, 2019

Grisha Stewart Academy

Let's Talk About Intact Dogs, Sara McLoudrey, CDBC, CPDT-KSA, 2023

Supporting Clients With Empathy: Logistics & Communication Tools That Empower, Marissa Martino, 2022

Why Animals Need Trainers Who Adhere to the Least Intrusive Principle, Susan Friedman, PhD, 2021

Husbandry & Handling Case Consults, Terrie Hayward, 2021

Walk With Me! BAT Empowerment, Grisha Stewart, MA, CPDT-KA, 2021

MicroSigns Dog Body Language Webinar: Would You Have Noticed?, Katrien Lismont, IDBTS, CBATI, 2021

Aggressive Dog Training (Michael Shikashio, CDBC)

Too Close For Comfort! Aggression Directed at Family and Friends, Mike Shikashio, CDBC, 2026

Don't Bite the Hand That Feeds You: Human-Directed Resource Guarding, Chris Pachel, DVM, DACVB, CABC (IAABC), 2025

You Don't Know Jack Troubleshooting Complex Cases with a Veterinary Behaviorist, Chris Pachel, DVM, DACVB, CABC (IAABC), 2024

Eating is Essential: Food Motivation Issues in Dogs, Kathy Sdao, MA, applied animal behaviorist, 2024

The Angry Gut: Links Between Digestive Health and Aggression with a Veterinary Behaviorist, Amber Batson, DVM, animal behaviorist, 2024

Functional Assessment Tracking, Suzanne Clothier, 2024

Fear Free™

Gut Reactions: Impacts of Stress on the Gut Microbiome in Canine & Feline Health, Dr. Julia Albright, MA, DVM, DACVB, 2023

Integrating Supplements Into Your Training Plan, Dr. Julia Albright, MA, DVM, DACVB, 2023

Animal Behavior Society (ABS)

Stressing Out: Preventing and Managing Stress in Animals, Kristina Spaulding PhD, CAAB, 2022

Additional Professional Development

The Reflective Relationship Program, [Marissa Martino](#), 2022-23

Errorless Learning, Susan Friedman, PhD, [NEI TEC Talks](#), 2021

Using Enrichment to Treat Aggression, Allie Bender, CDBC and Emily Strong, CDBC, 2021

Let's Talk Consulting, [Karen Pryor Academy](#), 2021

Building Better Behavior and Relationships, [Marissa Martino](#), 2020

What Size World: Assessing Temperament and Functional Behavior, [Suzanne Clothier](#), 2021

See the Dog: Improving Observation Skills, [Suzanne Clothier](#), 2020

Training vs. Management, [Suzanne Clothier](#), 2020

Introduction to CARAT, [Suzanne Clothier](#), 2020

Introduction to Relationship Centered Training, [Suzanne Clothier](#), 2020

What's the Problem? Unraveling the Puzzle of Behavior, Training & Performance, [Suzanne Clothier](#), 2020

Canine Bonding & Play, [Canine Principles](#), 2020

Dog Emotion and Cognition, [Brian Hare, PhD](#), 2020

While my education is extensive, my goal in sessions is always to translate this knowledge into practical, compassionate guidance that fits your real life and your dog.

If you'd like more information about any of these courses or how they inform my work with dogs like yours, I'm happy to share.