



## Continuing Education

As a dog behavior consultant, I'm committed to staying current with the latest research and best practices in canine behavior, welfare, and training. Below is a list of my ongoing professional development, including certifications, conferences, memberships, and specialized courses. This education ensures I can provide you and your dog with science-based, humane, and effective support.

**500+ hours of continuing education completed since 2019**

### Key Focus Areas:

- Fear, anxiety, and stress in dogs
- Pain and its impact on behavior
- Canine neuroscience and how dogs learn
- Enrichment for behavioral wellness
- Science-based, humane training methods
- Canine body language and communication

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## Certifications

[Fear Free Animal Trainer Certification Program](#), certified 2025

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## Professional Memberships

[International Association of Animal Behavior Consultants](#), 2023–present

[Research Bites](#), Kristina Spaulding, PhD, CAAB – Monthly webinars on the latest dog behavior research, 2021–present

[Canine Arthritis Management Professionals](#), 2022–present – Webinars from leading canine arthritis researchers, DVMs and other experts; includes topics on pain's impact on behavior, behavioral signs of pain, sleep and pain, development of chronic osteoarthritis pain, relationship between pain and fear, identifying early arthritis through postural changes, and canine gut microbiome

[Pro Campus/PETPro](#), Pet Harmony, 2021–2024 – Professional development program addressing behavioral wellness in companion animals (instructors: Allie Bender, CDBC; Emily Strong, CDBC; Ellen Yoakum, Cert. SA Pro Trainer, KPA-CTP)

[Animal Behavior Management Alliance \(ABMA\)](#), 2022–2023 – Professional organization focused on enhancing animal care through training and enrichment

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## Professional Conferences & Seminars

[Chronic Pain Symposium](#), 2023 and 2024 – Included seminars on: Emotions and Chronic Pain; Pain, Behavior and Resilience; Behavioral Presentations of Pain; Behavior and Neuropathic Pain; Early Identification of Canine Osteoarthritis; Exercise and Pain Management; Pain Perception and Environmental Influences; Chronic Pain and Frustration; Sleep As Part of the Pain Toolkit; Pain and Discomfort: a discussion between a veterinary behaviorist and a physical therapist; Management of Osteoarthritis; Pain and Fear; The Gut Microbiome and Pain

[ClickerExpo LIVE](#), Multiple Speakers, 2022

[Purina Institute Canine Microbiome Forum](#), 2022

[Lemonade Conference](#), Multiple Speakers, International Association of Animal Behavior Consultants, [FDSA](#), 2020 and 2021

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## Professional Courses

[The Science of Fear](#), Kristina Spaulding, PhD, CAAB, 2022

**How Behavior Works: Living and Learning with Animals Course [LLA]**, Susan Friedman, PhD, 2021

**Enrichment Master Class**, Allie Bender, CDBC, Emily Strong, CDBC, Ellen Yoakum, Cert. SA Pro Trainer, KPA-CTP, **Pet Harmony**, 2022 and 2023

**Advanced Animal Training**, Karolina Westlund, PhD, 2020

**Movement of the Canine Foundation course**, **Galen Myotherapy**, 2022

**Introduction to Canine Massage & Visual Assessment**, **Galen Myotherapy**, 2022

**Dealing with the Bogeyman - Helping Fearful, Reactive and Stressed Dogs** Amy Cook, PhD, [FDSA](#), 2020

**Success With Sensitive Dogs**, Hélène Lawler, [FDSA](#), 2020

**Feelings Change – Desensitization and Counter-conditioning**, Nancy Tucker, CDBC, [FDSA](#), 2020

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## Continuing Education Courses & Webinars

### Behavior Vets

**Anxiety: The Whole Story**, (Parts 1–2), Jessica Hekman, DVM, PhD & Kathy Murphy, BVet Med, DPhil, 2023

**What Can Animals Remember? The Neuroscience of Memory**, Paula Croxson, PhD, 2023

**The Neuroscience of Frustration in Dogs**, Daniel Shaw, CDBC, 2023

**The Neuroscience of Predation vs Prey Animals**, Daniel Shaw, CDBC, 2023

**Fear Memory Generalization: When the Protective Mechanism Goes Wrong**, Kathy Murphy, BVet Med, DPhil, 2023

**Pain Rewires the Brain: Aggression, Arousal, Anxiety, & Reactivity**, Kathy Murphy, BVet Med, DPhil, 2023

**Skin Sensitivities and Behavior**, Kathy Murphy, BVet Med, DPhil, 2023

**Tired Minds—How Sleep Impacts Learning and Behavior**, Kathy Murphy, BVet Med, DPhil, 2023

**The Effect of Nutrition on Inflammation & Inflammatory Conditions that Impact Behavior**, Kathy Murphy, BVet Med, DPhil, 2023

**Does Punishment-based Training Cause Mental Illness?**, Kathy Murphy, BVet Med, DPhil, 2023

**Using Social Interaction as a Reinforcer: What the Data Tells us About How and When to Use it**, Erica Feuerbacher, PhD, BCBA-D, CAAB, 2023

**The Brain and Behavior Through Life Stages: Puppyhood, Adolescence, and Senior**, Kathy Murphy, BVet Med, DPhil, 2022

**Resilience in Dogs**, Kathy Murphy, BVet Med, DPhil, 2022

**When is a Reward Actually Rewarding?**, Kathy Murphy, BVet Med, DPhil, 2022

**Doc Talks: Behavior Cases** with Dr. Chris Pachel, DVM, DACVB, CABC (IAABC)

**Compulsive Disorders in Pets: Understanding and Intervening**, 2025

**Pain and Behavior: Unmasking Silent Influencers**, 2025

**Gut Instincts: GI Issues and Impact on Behavior**, 2025

## **FDSA**

Selected courses and webinars include:

**When Details Really Matter: Re-examining Counter Conditioning & Desensitization**, Irith Bloom, 2025

**Heck No, I Won't Go** [dogs that balk], Kathy Sdao, 2025

**Addressing Fearful Behavior**, Irith Bloom, 2024

**Hoover Dogs: Food Avoidance Training for Dogs that Love to Scavenge**, Simone Mueller, 2023

**Better Vet Visits Through Chemistry: Pre-Visit Meds for Anxious Dogs**, Jennifer Summerfield, DVM, 2023

**Small Dogs in a Big World**, Amy Cook, PhD, 2023

**Everyday Sniffing as Slow Thinking and Social Problem Solving**, Laura Donaldson, PhD, 2023

**Coping with Canine Cognitive Dysfunction**, Eileen Anderson, MS, 2022

**The Ins and Outs of Canine Pancreatitis**, Jennifer Summerfield, DVM, 2022

**Improving Canine Lives by Increasing Agency**, Kristina Spaulding, PhD, CAAB and Irith Bloom, CDBC, 2022

**Adolescent Behavior and Development**, Chris Pachel, DVM, DACVB, CABC, 2022

**Ethological Contributions to Behavior Problems in Dogs**, Kim Brophrey, CDBC, 2021

**Train the Person in Front of You: Make Your Training Accessible with Jennifer Kolar and Atlas Assistance Dogs**, 2021

**Strategies for Training Atypical Dogs**, Sharon Carroll, CDBC, 2021

**The Science of Counter Conditioning**, Kristina Spaulding, PhD, CAAB, 2021

**From Cue to Conversation: Deep Dive into the Look at That game and its baby sister, LATTE**, Leslie McDevitt, CDBC, 2021

**Getting to Know You: Understanding Dog-Dog Greetings**, Jennifer Summerfield, DVM, 2021

**The Importance of Agency**, Kristina Spaulding, PhD, CAAB, 2021

**Behavior Modification: Practical Solutions for Behavior Issues**, Sharon Carroll, CDBC, 2021

**Real Resolution: A Systematic Approach to Solving Behavior Problems**, Sarah Stremming, CDBC, 2021

**Behavioral Wellness**, Sarah Stremming, CDBC, 2021

**Is it Fear, Anxiety or Something Else?**, Sharon Carroll, CDBC, 2020

**Separation Anxiety: Breakthrough Research**, Ellen Lindell, VMD, DACVB, 2020

**Separation Anxiety**, Nancy Tucker, CDBC, 2020

**The 10-Minute Training Session: 5 Skill Sets You Can Teach From the Couch**, Deb Jones, PhD, 2020

**Probiotics for Behavioral Health**, Jessica Hekman, DVM, PhD, 2020

**How to Quiet a Barking Dog**, Amy Cook, PhD, 2020

**Walking with Reactive Dogs**, Amy Cook PhD, 2019

**Thresholds, Transitions, & Tincture of Time**, Suzanne Clothier, 2019

**Nailed It: Nail Trimming**, Deb Jones, PhD, 2019

## **Grisha Stewart Academy**

**Let's Talk About Intact Dogs**, Sara McLoudrey, CDBC, CPDT-KSA, 2023

**Supporting Clients With Empathy: Logistics & Communication Tools That Empower**, Marissa Martino, 2022

**Why Animals Need Trainers Who Adhere to the Least Intrusive Principle**, Susan Friedman, PhD, 2021

**Husbandry & Handling Case Consults**, Terrie Hayward, 2021

**Walk With Me! BAT Empowerment**, Grisha Stewart, MA, CPDT-KA, 2021

**MicroSigns Dog Body Language Webinar: Would You Have Noticed?**, Katrien Lismont, IDBTS, CBATI, 2021

## **Aggressive Dog Training** (Michael Shikashio, CDBC)

**Too Close For Comfort! Aggression Directed at Family and Friends**, Mike Shikashio, CDBC, 2026

**Don't Bite the Hand That Feeds You: Human-Directed Resource Guarding**, Chris Pachel, DVM, DACVB, CABC (IAABC), 2025

**You Don't Know Jack Troubleshooting Complex Cases with a Veterinary Behaviorist**, Chris Pachel, DVM, DACVB, CABC (IAABC), 2024

**Eating is Essential: Food Motivation Issues in Dogs**, Kathy Sdao, MA, applied animal behaviorist, 2024

**The Angry Gut: Links Between Digestive Health and Aggression with a Veterinary Behaviorist**, Amber Batson, DVM, animal behaviorist, 2024

**Functional Assessment Tracking**, Suzanne Clothier, 2024

## **Fear Free™**

**Cooperative Care in Practice: Reducing Fear, Anxiety and Stress Through Partnership**, 2026

**Gut Reactions: Impacts of Stress on the Gut Microbiome in Canine & Feline Health**, Dr. Julia Albright, MA, DVM, DACVB, 2023

**Integrating Supplements Into Your Training Plan**, Dr. Julia Albright, MA, DVM, DACVB, 2023

## **Animal Behavior Society (ABS)**

**Stressing Out: Preventing and Managing Stress in Animals**, Kristina Spaulding PhD, CAAB, 2022

## **Additional Professional Development**

**Understanding Chronic Gut Disease in Dogs: New Molecular and Microbiome Findings**, Albert. E. Jergens, DVM, PhD, DACVIM, Iowa State University, 2026

**The Reflective Relationship Program**, [Marissa Martino](#), 2022-23

**Errorless Learning**, Susan Friedman, PhD, [NEI TEC Talks](#), 2021

**Using Enrichment to Treat Aggression**, Allie Bender, CDBC and Emily Strong, CDBC, 2021

**Let's Talk Consulting**, [Karen Pryor Academy](#), 2021

**Building Better Behavior and Relationships**, [Marissa Martino](#), 2020

**What Size World: Assessing Temperament and Functional Behavior**, [Suzanne Clothier](#), 2021

**See the Dog: Improving Observation Skills**, [Suzanne Clothier](#), 2020

**Training vs. Management**, [Suzanne Clothier](#), 2020

**Introduction to CARAT**, [Suzanne Clothier](#), 2020

**Introduction to Relationship Centered Training**, [Suzanne Clothier](#), 2020

**What's the Problem? Unraveling the Puzzle of Behavior, Training & Performance**, [Suzanne Clothier](#), 2020

**Canine Bonding & Play**, [Canine Principles](#), 2020

**Dog Emotion and Cognition**, [Brian Hare, PhD](#), 2020

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While my education is extensive, my goal in sessions is always to translate this knowledge into practical, compassionate guidance that fits your real life and your dog.

If you'd like more information about any of these courses or how they inform my work with dogs like yours, I'm happy to share.

