



FRES Spirit Days

*All but one of these days is on a Friday in an effort to make things easier to remember.
On the Fridays that we don't have a spirit day, we encourage everyone to show their FRES spirit!*

DATE	SPIRIT DAY THEME
9/26/25	International Day - Wear clothing to represent any country you love!
10/22/25	Unity Day - Wear orange and encourage kindness, acceptance & unity.
Spirit Week	
10/27/25	Animal Print & Camo Day - Wear anything that has an animal print or camo print on it.
10/28/25	Superhero Day - Dress up as your favorite superhero or wear something with superheroes on it.
10/29/25	Mismatch Day - Mix up everything that doesn't match and wear it to school!
10/30/25	Favorite Cartoon Character Day - Pick your favorite!
10/31/25	FRES Spirit Day - Wear FRES spiritwear or wear blue and yellow to show your Eagle pride!
11/21/25	Storybook Character Day - Celebrate the Book Fair by dressing up like your favorite book character!
12/19/25	Ugly Holiday/Shirt Day - Wear your favorite crazy holiday sweater/shirt to school!
1/30/26	When I Grow Up - Dress up today like a career you hope to have one day!
2/13/26	Be My Valentine - Wear red or pink today!
2/27/26	Pajama/Cozy Winter Day - It is Friday and it is time to be comfy!
3/13/26	MD Colors Day - Wear red, black and yellow OR anything with the MD flag or symbols.
3/27/26	Storybook Character Day - Celebrate reading month by dressing up like your favorite book character!
4/24/26	Team Spirit - Dress head to toe in your grade level color: Preschool/PreK - Rainbow Colors 3rd Grade - Yellow Kindergarten - Purple 4th Grade - Green 1st Grade - Red 5th Grade - Blue 2nd Grade - Orange
5/1/26	Polka Dot Day - Wear anything with polka dots on it!
5/29/26	Tacky Tourist Day - Dress up like silly over-the-top tourists - don't forget accessories!