

# Find It!

This activity provides hands-on practice in locating relevant research within the [NWACC Library databases](#). It's designed to reinforce concepts from our search tool demonstration, including the strategic use of keywords and subject headings. This will help you become comfortable with different search interfaces and how to efficiently grab citations for your research!

## Instructions

1. **Claim Your Row:** Enter your name in an available row on the table below to claim your workspace.
  2. **Choose Your Topic:** Select one of these topics for your search:
    - a. *Assignment Topics:* Consider using one your current assignment topic: **pediatric physical therapy** or **orthopedic physical therapy** s.
    - b. Telehealth in Physical Therapy
    - c. Physical Therapy for Chronic Low Back Pain
    - d. Rehabilitation after Total Knee Arthroplasty
    - e. Exercise Interventions for Falls Prevention in Older Adults
    - f. *Your Curiosity Here:* Or choose a topic you're curious about related to physical therapy.
  3. **Search Each Database:** For each of the following databases, find one relevant research article on your chosen topic. Do not look anything up outside the databases. Rely on your own knowledge and what's been covered in class.
    - CINAHL Ultimate
    - Physical Therapy and Sports Medicine (Gale OneFile)
    - PubMed
  4. **Refine Your Search:** Make sure the article was **published in the last 5 years**. Use date filters within the database to apply this criteria.
  5. **Cite Your Article:** Once you find a suitable article in a database, locate its suggested APA citation using the tool's citation generator. Paste this full citation into the table provided in your row.
    - ★ **Important Note on DOIs:** The DOI (Digital Object Identifier) link in the citation will often take you directly to the publisher's website, which might have a paywall. To ensure easy access later, also add the direct link to the article within the database at the end of your pasted citation *by adding a comma & a space after the DOI before pasting in the database link*.
  6. **Search Process Reflection:** Briefly consider your search process for each database. What keywords or subject headings did you use? What challenges did you encounter, and how did you overcome them? What did you learn about searching in this specific database?
    - **Decide:** Which of these tools would you recommend to another student and why?
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