

**Anorexia:** Eating disorder in which women starve themselves thinking that they weigh too much despite being underweight. It can be fatal, and even if it isn't, it often causes other serious health problems.

**Bulimia:** Eating disorder in which women frequently induce vomiting after eating to avoid weight gain. It has many negative psychological and health effects including tooth erosion that leads to way more intensive dental work than anyone would want to face because it erodes tooth enamel

**Platonic Ideal:** Plato believed that everything had a perfect form that existed in what he called "the world of Being," which can be interpreted as the mind. One sensible way of understanding his theory is that things can only be perfect as idea but not in real life.

**Anthropology:** The study of humans, particularly human culture.

**Polygamy:** Marriage with more than one partner.

**Monogamy:** Sticking to one partner.

**Daguerrotypes, tintypes, rotogravures:** Early (19th century) photos.

**Nora:** The main (feminist) character in Ibsen's play The Doll's House.

**Sorbonne:** Top French university.

**Inns Of Court:** Ancient law firms/schools of London.

**The Hague:** The site of the World Court

**The Bourse:** The French stock exchange.

**Die Zeit:** German newspaper

**Virginia Woolf:** British modernist and feminist author.

**Emetic:** something that induces vomiting

**hypothermia:** exposure, freezing

**edema:** abnormal collection of liquid in connective tissue

**electrolyte:** non-metallic electrical conductor helpful to nervous system

**hiatal:** broken, split

**osteoporosis:** brittle bones due to lack of calcium common in older women

**fetish:** an object that is worshipped, desperately desired

**fulcrum:** balancing point, center

**Bergen-Belsen:** Nazi concentration camp in Germany

**Banal:** commonplace, trite, not special

**Talisman:** Good luck charm, charm to ward off evil

**Betty Friedan:** Author of The Feminine Mystique and a founder of the National Organization For Women (NOW).

Name \_\_\_\_\_ Trials VI Due May 13

The Beauty Myth Naomi Wolf: Sheet 1 Introduction and Hunger

Answer the following questions completely **with page numbers**:

1. What does Naomi Wolf say women accomplished in the early '70s?
2. How does Wolf say images of female beauty affect women?
3. How has the beauty myth has been used since the Women's Movement began?
4. What is the story of the beauty myth, and how true is it?
5. How widespread was anorexia in the US in the late '80s?
6. What are the medical effects of anorexia, bulimia and both together?

7. How do American women feel about their bodies? When did this start?

8. What does Wolf say women's weight obsession is about, and what is its effect?

9. What traditions lie behind women's dieting?

10. What psychological effects do dieting and semi-starvation have?

11. Who/what does Wolf blame for eating disorders? Why?

12. Why does Wolf ultimately feel modern girls starve themselves?