



Mental Health (MH) Choice Boards for Students (per grade)

- Students with Complex/Special Needs: [MH Choice Board-Students with Complex Needs](#)
- Kindergarten to Grade 1 Students: [MH ChoiceBoard-Elementary K-1](#)
- Grade 2-5 Students: [MH ChoiceBoard-Grades 2-5](#)
- Middle School Students: [MH ChoiceBoard-Middle School](#)
- Secondary Students: [MH ChoiceBoard-Secondary](#)

Mental Health (MH) Choice Boards for Educators

- TDSB Teaching Staff: [MH ChoiceBoard - Teaching Staff](#)

Mental Health (MH) Choice Boards for Staff

TDSB Staff: [MH ChoiceBoard-Staff](#)

Mental Health (MH) Choice Boards for Parents/Caregivers

- Parents/Caregivers: [MH ChoiceBoard-Parents/Caregivers](#)

Shameen Sandhu
System Leader, Mental Health and Professional Support Services
416-459-1843