

Latinx Therapy Pro Bono List



Pro Bono Therapy for Los Angeles Latinx Survivors by Latinx Therapy

Children & Teen Therapists

To be matched with a provider, please call (818) 239-5974 or see the list below. Please schedule a free consultation & let them know you are a survivor of the LA Wildfires. **Note:** Each provider practices independently.

If you have insurance, please select the therapist below that accepts the insurance. Let your therapist know if you need assistance with your co-pay.

Provider Name/Nombre	Number	Email/Correo Electrónico	Specialties	Insurances Accepted	How many free sessions per person	Appointment Days *Please contact for appointment times	Language
Jamie Lesser, PSY27041	(310) 695-5953	hello@unfilteredtherapy.com	Ages 5 and up; Anxiety, depression, trauma		5 per client	Thursday, Wednesday	English
Irene Nunez, Licensed Clinical Social Worker 100048	(657) 888-4243	irene_nunez@flowwiththerapy.com	Aged: 10+, EMDR	Aetna, Modern Health, Optum, Spring Health	6 per client	Friday, Wednesday	English
Eliana Ruelas-Perez, LCSW, Licensed Clinical Social Worker #85469	(626) 765-4145	eruelas.msw@gmail.com	Ages 6+, Offices in El Monte (9am-5pm)	Medi-Cal, Medicare, and most other private Insurances.	6 per client	Friday, Saturday, Sunday	Hablo Español
Leslie Sigala LMFT, Licensed Marriage and Family Therapist 93663	(657) 229-2973	leslie.l.sigala@gmail.com	Ages 6+. PTSD, Child Trauma	Aetna, Carelon, Cigna, Grow (Anthem, Medi-cal, Medicare, Optum)	10-20 per client	Friday, Saturday, Sunday	Hablo Español
Sheryl Huezo-Meshack, Licensed Clinical Social Worker 88015	(213) 509-6334	shuezo_98@hotmail.com	Ages 3-12 and 13-17, parent/child therapy		6-8 per client	Friday, Saturday, Sunday, Tuesday	Hablo Español
Andrea Vargas,, Licensed Marriage and Family Therapist: 120168	(323) 470-6047	avargaslmft@gmail.com	Open. Office in Pico Rivera, CA		10 per client	Thursday, Tuesday, Wednesday	Hablo Español
Erika Luque, ASW124521	(213) 640-6007	Eluque21@gmail.com	School social worker, experienced with all ages		Unlimited	Friday, Monday, Saturday, Sunday, Thursday, Tuesday, Wednesday	Hablo Español
Jovanna Borquez, Licensed Marriage and Family Therapist 116480	(310) 409-5854	jovannalmft@healingsolcounseling.org	Children 9-17; Brainspotting	Optum, UHC	6 per client	Thursday, Tuesday	Hablo Español
Itzel Lopez, Licensed Marriage and Family Therapist 94348	(415) 360-1210	lizzylopezlmft@gmail.com	Children & teens. Only only.		10 per client	Monday, Thursday, Tuesday, Wednesday	Hablo Español
Cassandra Sanchez, Licensed Clinical Psychologist, PSY33090	(650) 294-9977	DrSanchez@train.clinic	Birth through 16, specialized in autism & special needs. Online only.		10 per client	Friday, Monday, Thursday, Tuesday, Wednesday	Hablo Español
Juliana Merced Gómez-Campa, Licensed Clinical Social Worker 127290	(424) 558-0884	Julianagomezcompa@icloud.com	Child, adolescents, extensive experience in CBT and crisis intervention		5-10 per client	Friday, Monday, Saturday, Thursday, Tuesday, Wednesday	Hablo Español
Rosalba Gama-Hernandez, Licensed Marriage and Family Therapist 146370	(562) 568-9554	rosalba.lmft@gmail.com	Children ages 5+	Cigna, Evernorth, Oscar, UHC, United Medical Resources	6-8 per client	Friday, Monday, Saturday, Thursday, Tuesday, Wednesday	Hablo Español



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Angela Castellanos, Licensed Marriage and Family Therapist 121240	(909) 833-1157	Angelacastellanoslmft@gmail.com	Ages 4-18, EMDR, Offices in Claremont, CA	Aetna, Carelon, Kaiser, Optum, Oxford, UHC	6 per client	Tuesday, Wednesday	Hablo
Carla M. Romero, Licensed Clinical Social Worker 98925	(831)237-7276	Carlaromerolcsw@gmail.com	Children to young adult		5 per client	Saturday, Thursday	Hablo
Luisa Rodriguez, Licensed Clinical Social Worker 99955	(714) 494-9209	Lisa1rodriguez@gmail.com	Ages 4+		4 per client	Friday, Monday	Hablo
Stephanie Hernandez Enciso, Licensed Clinical Social Worker 123318	(562) 273-2124	Encisostephanie6@gmail.com	Ages 5+		4 session per client	Friday, Sunday	Hablo
Wendy Llamas, Licensed Clinical Social Worker 85521	(657) 217-4986	wendy@growingglimmers.com	Ages 10+, EMDR Office in Brea, CA		8 per client	Friday, Monday, Thursday, Tuesday, Wednesday	Hablo
Luisa Lancaster, Licensed Marriage and Family Therapist 126158	(510) 846-2448	lancastertherapy4@gmail.com	Ages 5+			Friday	Hablo
María José Lewis, PSY33435	N/a	Drmariajoselewis@gmail.com	Ages 3-15yo		7 per client	Monday, Thursday, Tuesday, Wednesday	Hablo
Veronica Munguia, Licensed Marriage and Family Therapist 148535	(323) 784-9986	Veronica@cultivotherapy.com	Any age, specialties: narrative therapy and TF-CBT		6 per client	Saturday, Thursday, Wednesday	Hablo
Genesis Espinoza, Licensed Marriage and Family Therapist 110254	(818) 351-6717	Gespinoza@healingandgrowth.org	EMDR therapy, Brainspotting, Children.	Kaiser	3 per client	Monday, Tuesday	Hablo
Eveline Garbin, Licensed Marriage and Family Therapist 100611	(818) 451-3089	Therapybyeveline@gmail.com	Children, CBT, grief/loss	Optum, UHC	8 per client	Wednesday	Hablo
Stephanie Salgado, Licensed Marriage and Family Therapist 149436	(760) 269-9059	stephaniesalgadolemus@gmail.com	Ages 7+		5 per client	Friday, Saturday, Tuesday, Wednesday	Hablo
Mariela Duran-Troncoso, Licensed Marriage and Family Therapist 109669	(626) 671-2713	Durantmariela@icloud.com	Ages 12-17, Females		4 sessions per	Friday, Monday	Hablo
Yvonne Mendoza, Licensed Clinical Social Worker 87352	(626) 494-3473	ymdoza@yahoo.com	Ages 13-17	Cigna Evernorth, Health Net, Managed Health Network (MHN), Optum, Oscar, UBH, UHC	6 sessions per	Friday, Saturday, Thursday	Hablo
Brenda Carrasco Haro, Licensed Clinical Social Worker 120062	(650) 740-1953	undiaalavezservices@gmail.com	12+, Spanish Speaking, immigrants		3 sessions per	Monday, Tuesday, Wednesday	Hablo
Diana Díaz Madera , License Clinical Social Worker 102859	(213) 512-9415	Info@corazon-norte.com	Immigrants, Teens, Adults		18 sessions per	Tuesday, Wednesday, Thursday, Saturday, Sunday	Hablo
Eva Sofia Mendoza LCSW, Licensed Clinical Social Worker 28884	(323) 351-1741	info@sofiamendozalcsww.com	teens, adults . BIPOC	Lyra	8 sessions per	Monday, Saturday	Hablo
Daniela Palma-Saracho, Licensed Marriage and Family Therapist 100635	(626) 765-1068	dpalmalmft@axolotcenter.com	Teens, depression, anxiety, life adjustments, and the effects of different forms of		5 sessions per	Wednesday	Hablo



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			trauma.				
Luis Fernando Cardozo , Licenced Clinical Social Worker 123147	(408) 444-5795	luis@channelinggrowth.com	Individual, Adolescents, Young Men	Aetna, Optum, UHC	5 sessions per	Friday, Monday, Thursday, Tuesday, Wednesday	Hablo
Leticia Gutierrez-Lopez, Licensed Clinical Psychologist PSY17604	(909) 443-2170	Drietilopez@gmail.com	Teens; trauma, anxiety, depression	Aetna, Anthem Blue Cross, Cigna, Magellan, Medicare, United HealthCare	3 sessions per	Friday, Monday, Tuesday	Hablo
Maritza Mikolich , Licensed Marriage & Family Therapist 51723	(619) 500-2644	Therapy@drmikolich.com	Adolescents, Adults, EMDR Cert, CBT, DBT	Lyra, Spring Health	6 sessions per	Friday, Monday, Saturday	Hablo
Mercedes Fernandez Oromendia, Psychologist 31820	Email only	mercedes.oromendia.phd@gmail.com	Ages 14+, trauma and family work.		3 sessions per	Saturday, Sunday, Thursday, Tuesday	Hablo
Damaris Perez, licensed marriage and family therapist #145987	(949) 922-6647	Dpereztherapy@gmail.com	Individuals 16+, attachment based therapy, and grief certified educator. Specialties: extreme loss or grief. Office in Irvine, CA		8 sessions per	Friday, Saturday, Wednesday	Hablo
Iviana Jimenez , Licensed Clinical Social Worker 116571	562 682 0522	Ivianaj@gmail.com	Children, Seniors, Young Adults, Any Adult over 18, Teens, Any . Mothers, señoras, LGBTQ		4 sessions per client	Monday, Tuesday, Wednesday, Thursday, Friday	Hablo
Ana Lilia Frias-Bravo, Licensed Marriage and Family Therapist 131938	(415) 968-2580	ana@casacolibrihealing.com	Adults and adolescents. Immigrant/Undocumented Status Community. First Gen college students. Specialties: Strength-based, psychodynamic, narrative practices.	Aetna, Cigna, Optum	6 sessions per	Wednesday	Hablo
Claudia Candelas-Prado, Licensed clinical social worker 88807	Email only	Claudia.v.candelasprado@gmail.com	Teens and young adults. Specialty is depression and anxiety	Lyra, NorCal Kaiser	10 sessions per	Monday, Tuesday	Hablo
Priscilla S Amezcua, LCSW, Licensed Clinical Social Worker 85338	(562) 546-2168	Pamez562@outlook.com	Ages 12-65, trauma, grief, stress-related disorders. Telehealth.	Blue Cross Blue Shield, Carelon, Cigna, NorCal Kaiser, UHC	Depends.	Saturday, Sunday	Hablo
Marlene Blanco, Licensed Marriage and Family Therapist 109105	(213) 220-0194	Marblanco8@gmail.com	Teens and Adults. English and spanish speaking . Anyone impacted by recent fires	Aetna, Blue Shield, Cigna, Kaiser	10 sessions per	Friday, Sunday, Wednesday	Hablo
Ricardo Jonathan Mejia, Associate Clinical Social Worker	(213) 709-5627	Rmejiamsw@gmail.com	Veterans, High Functioning Teens and Adults . Telehealth		5 sessions per	Monday, Saturday, Tuesday	Englis
Gabriela S. Pineda,	(323) 412-0080	gabriela@luzdelunatherapy.c	Teens, young		6-10 sessions	Monday, Sunday, Thursday	Hablo



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Licensed Marriage and Family Therapist #136876		om	adults, adults 30+ . BIPOC-identifying		per		
Maria Guadalupe Ornelas Ruvalcaba , Associate marriage and family therapist #144161	(805) 971-0085	Conexiontherapy@outlook.com	Immigrant Population, teens- older adults . Spanish speaking adults or teenagers		8-10 sessions per	Friday, Monday, Tuesday	Hablo
Angelica Paola Cruz, Associate Marriage and Family Therapist #142984	(424) 261-8427	angelica@wholehumanwellnesstherapy.org	Teens, adults and couples with grief, depression, trauma. f I am also a Certified Grief Informed professional. Gottman Level 1 trained and CBT, DBT Trained.		5-7 sessions per	Friday, Thursday, Wednesday	Hablo
Theresita Gonzalez , License Clinical Social Worker 110098	(951) 344-5031	Theresitagonzalez1@gmail.com	14 and up	Aetna	12 sessions per	Saturday	Hablo
Octavio Hernandez, Licensed Clinical Social Worker 85206	(909) 907-9745	ohernandezlcsww@gmail.com	12-64 . TF-CBT, EMDR	Aetna, Anthem Blue Cross, Blue Shield of California, Cigna, Oxford (Optum), United Healthcare (Optum)	6 sessions per	Saturday, Thursday, Tuesday, Wednesday	Hablo
Jesus O. Barreto Abrams, Psychologist - 33388	(213) 521-0768	Admin@drbaps.com	14 and up (individual therapy) . LGBTQ+ communities (specialty), adolescents, adults, or geriatric communities. Telehealth appointments only		6 sessions per	Monday	Hablo
Talissa Arleen Camacho-Sepulveda , Licensed Marriage and Family Therapist 106031	(619) 975-0593	Tcamacholmft@gmail.com	Teens and up, trauma, grief, life adjustments . Spanish Speaking people	Aetna, Cigna, Optum	6 sessions per	Wednesday	Hablo
Alexandra Venegas, Licensed Clinical Psychologist 35479	(310) 893-3594	avenegas@balancecbt.hush.com	Adolescents and adults; anxiety disorders, depression, substance use disorders, trauma		12 sessions per	Friday, Monday	Englis
Jaime Aceves Equihua, Associate Professional Clinical Counselor 12095	(619) 376-6813	Xaime@alba.center	Teens & adults LGBTQ+ and BIPOC Trans, non-binary and queer individuals who need support processing their anxiety, depression and or grief.	Aetna, Anthem, Cigna, Optum, UBH, UMR	6 sessions per	Monday, Thursday, Tuesday, Wednesday	Hablo



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Katherine Mancera , Associate Marriage and Family Therapist 122960	(510) 726-0211	katherinemanceratherapy@gmail.com	Ages 14 - 80. Offices in Oakland, CA		6 sessions per	Monday, Thursday, Tuesday, Wednesday	Hablo
Lauren Rodarte, Licensed Marriage and Family Therapist 99570	(626) 552-9257	Lauren@RodarteLMFT.com	12-Adult	Aetna	6-8 sessions per	Monday,Tuesday,Wednesday	Yes
Rocio Ocampo Giancola, LMFT 50607	619-838-0866	rogiancola@gmail.com	Children, teens and families		As needed	Monday,Saturday,Thursday,Tuesday	Yes
Claudia Sison, Licensed Clinical Social Worker: 97171	818.672.6970	claudiasisonlcs@gmail.com	13 to 100+	Kaiser, United Health/Optum, Aetna	5 sessions per	Wednesday	Yes
Jonathan Meza, Licensed Professional Clinical Counselor 5916	3232078511	jmezalpc@axolotcenter.com	Ages 11 and above	Aetna, Cigna, United Healthcare	6 sessions per	Wednesday	Si, hablo español
Cynthia Alonzo, Licensed Clinical Social Worker 29856	563-477-1786	cynalonzo@gmail.com	Teenagers, college students, men dealing with the legacy burden of machismo, mothers and grandmothers, young adults	no insurance	up to 4 sessions and follow up sessions as needed	Friday,Saturday,Sunday	Si, hablo español
Miracles Counseling Center, LMFT 94038	310-819-1055	info@miraclescc.org	Adolescents,Ages 8+,and adults	Clients will not be asked.	16 sessions per	Friday,Monday,Thursday,Tuesday,W ednesday	Si, hablo español
Lizette Canales, LMFT 99398	424-209-4120	Canaleslmft@gmail.com	5-18 specialize working with children and adolescents; I'm a registered play therapist		8-10 sessions per	Saturday,Tuesday,Wednesday	Si, hablo
Jesus Solorio, LMFT 111784	510-200-8364	Jesus@ollintherapy.com	Teens and adults	Anthem, Blue Shield, Cigna, Lyra, Optus, United, Aetna	6 sessions per	Monday,Thursday	Si, hablo español
Leslie Ruelas, License clinical social worker 107564	5599604994	Lesliejruelas@gmail.com	14-70+ age,BIPOC,Depression,Latino/hispanic,grief		6 sessions per	Friday,Saturday,Sunday	Si, hablo
Meliza Gandara, Licensed Clinical Social Worker 126259	714-696-1993	mgandara@montesinc.org	All ages, anxiety, depression, and Trauma	Caloptima	6	Friday, Saturday, Sunday	Si, hablo español
Laurie Recinos Gomez, AMFT141019	(805) 364-3091	lauriesmhcp@gmail.com	Anyone affected by the fires. First gen, children of immigrants, BIPOC, religious trauma.	N/A	Open	Thursday	Si, hablo español
Lisette Medina, Associate Marriage and Family Therapist 137261	424-465-1053	lisetteamedinatherapy@gmail.com	Jóvenes, adultos, y ancianos afectados por incendios en LA. Apoyo en crisis y manejo de transiciones, ansiedad, depresión.		4 each client	Wednesday, Saturday	Si, hablo



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Tatiana R Itosu, Associate Marriage & Family Therapist # 136707 CA	(909) 385-2549	TatianaRocio.Itosu@calbaptist.edu	Mental health first aid: Targeted case management, psychosocial rehab, linkages to community resources, support, psychoeducation			Monday, Tuesday, Wednesday, Thursday, Friday, Saturday, Sunday	Si, hablo español
Dr. Nicole Asencio, Licensed Marriage & Family Therapy 99795 (CA)	619-356-0185	a.stronger.self@gmail.com	Individuals - depression, anxiety, parenting, Couples	Tricare West	5	Tuesday, Wednesday, Thursday	Si, hablo español
Lizette Ruiz, Licensed Marriage and Family Therapist LMFT 148346	(562) 287-4140	therapiawithliz@gmail.com	No specialties per se, I'm trained in TF-CBT, MAP, Mental Health First Aid, and 0-5	Aetna, Anthem, Blue Cross And Blue Shield Of Ma, Caelon, Cigna, Decent, Kaiser Permanente (Southern CA), MHN, Optum, Tricare West	6	Monday, Tuesday	Si, hablo español
Renovo Counseling Services, Licensed Clinical Social Worker 120517; Licensed Clinical Social Worker 127681	951-602-3373	Info@renovocounseling.org	Trauma, acute stress, grief and loss, anxiety, depression	Cigna, Aetna, Anthem Blue Cross California, Blue Shield of California, United Healthcare, Oxford, Magellan, Caelon Behavioral Health, Quest Behavioral Health	5	Monday, Tuesday, Wednesday, Thursday, Friday	Si, hablo español
Yvonne Castillo Urbina, 345189	(818) 470-1745	yvonnecastillourbinalcsw@gmail.com	Somatic work, DBT, CBT, humanistic, psychodynamic		6-8	Thursday, Friday	Si, hablo español
Brightful Therapy, ASW98917	949-414-4728	info@brightfultherapy.com	Solution Focused Therapy, Children, Adults		3	Friday	No, Hablo Español
Heidi Mendez LMFT146338	619-649-7879	hmpeaceandtranquilitywithin@gmail.com	adults and teens	I use Mentaya that runs their out of network insurance benefits	4-5	Monday, Thursday, Friday	Si, hablo español
Dina Cuervo, PhD Licensed Clinical Psychologist PSY24914	626-317-7610	drdina@synergytherapy.com	Trauma (including racial trauma), anxiety, ADHD, depression , Teens, Adults, Seniors	Aetna and Cigna	6	Monday, Tuesday, Wednesday, Thursday, Friday (telehealth)	Si, hablo español
Kayleen Ramirez-Garcia Licensed Marriage and Family Therapist 141883	209-317-8440	Kayleen@icmft.com	Anxiety, depression, life transitions , Teens, Adults, Seniors		10	Monday, Tuesday, Wednesday	Si, hablo español



Pro Bono Therapy for Los Angeles Latinx Survivors by Latinx Therapy

Therapists for Adults

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If you have insurance, please select the therapist below that accepts the insurance. Let your therapist know if you need assistance with your co-pay.

Provider Name/Nombre	Number	Email/Correo Electrónico	Specialties	Insurances Accepted	How many free sessions per person	Appointment Days *Please contact for appointment times
Vanessa Lopez Asaah, Licensed Clinical Social Worker 109057	(209) 408-6172	LopezAsaahLCSW@gmail.com	Ages 18-64	Blue Cross, Kaiser, Medi-cal, Medicare, Optum, United Healthcare	7 sessions per	Monday, Saturday, Sunday, Wednesday
Roxana V Alas, Licensed Clinical Social Worker 82202	Email only	Roxanaalascsww@gmail.com	PTSD. Crisis management.	Rula	6 sessions per	Saturday, Tuesday, Wednesday
Maritza Placencia, Licensed Marriage and Family Therapist #91210	(949)243-0624	Maritza@mindfulquestrc.com	EMDR Therapy	Aetna, Cigna	12 sessions per	Friday, Monday, Thursday, Tuesday, Wednesday
Jamie Lesser, PSY27041	(310) 695-5953	hello@unfilteredtherapy.com	Anxiety, depression, trauma		5 sessions per	Thursday, Wednesday
Edith Arias, License clinical social worker 72813	(323) 538-0230	contact@growwellnesspractice.com	Ages 18-50	Alma, Grow, Headway, Rula	8 sessions per	Monday, Thursday, Tuesday, Wednesday
Jennifer Sanchez-Ronquillo, Licensed Marriage and Family Therapist 128330	(424) 625-2513	Sanchezronquillotherapy@gmail.com	Age:18+ specialties: Anxiety, depression, trauma focused, experience in community mental health and treating undocumented families	Aetna, Cigna, UHC	5 sessions per	Thursday
Irene Nunez, Licensed Clinical Social Worker 100048	(657) 888-4243	irene_nunez@flowwithittherapy.com	Ages: 18-50, perinatal/postpartum, EMDR, college students	Aetna, Modern Health, Optum, Spring Health	6 sessions per	Friday, Wednesday
Eliana Ruelas-Perez, Licensed Clinical Social Worker 85469	(626) 765-4145	eruelas.msw@gmail.com	6-99 . Children, teen, adult		6 sessions per	Friday, Saturday, Sunday
Claudia Candelas-Prado, Licensed clinical social worker 88807	Email only	Claudia.v.candelasprado@gmail.com	Teens and young adults. Specialty is depression and anxiety	Lyra, NorCal Kaiser	10 sessions per	Monday, Tuesday
Karen Plascencia, Licensed Marriage and Family Therapist #126092	(323) 419-2929	Karen@kplmft.com	18-65 . Adults who have never been to therapy, Adults that are Spanish only speakers.	Aetna, Blue Cross Blue Shield, Cigna, Optum, So Cal Kaiser, UHC	6 -10 sessions per	Monday, Thursday, Wednesday
Leslie Sigala LMFT, Licensed Marriage and Family Therapist 93663	(657) 229-2973	leslie.l.sigala@gmail.com	0-6, 6-12, 12-18, 18+, PTSD, Child Trauma, Seniors	Aetna, Caelon, Cigna, Grow (Anthem, Medi-cal, Medicare, Optum)	10-20 sessions per	Friday, Saturday, Sunday
Ana Luiza Nogueira, Licensed Clinical Social Worker 114386	(805) 666-1797	Ana.N.LCSW@GMAIL.COM	Adults 18+ . Brazilian/portuguese speaker clients.	Aetna, Medi-cal Careleon(ventura county), Quest	4 sessions per	Friday, Thursday, Wednesday



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			Office in Ventura, CA	Behavioral Health, United/Optum		
Nancy Acevedo, Licensed Marriage & Family Therapist 117819	(619) 404-6886	admin@risingwithresiliencetherap y.com	Certified in Brainspotting- focus with adults, anxiety, trauma, first gen, BIPOC. BIPOC, first responders, first gen	Aetna, Optum, Oxford, UHC	3 sessions per	Friday, Thursday
Cynthia Lemus, Licensed Clinical Social Worker 107059	Email only	Therapywithdrc@gmail.com	adults over the age of 18, individual therapy, anxiety, depression and trauma	Aetna, Carelon., Cigna, Optum	8 sessions per	Friday, Monday, Thursd Wednesday
Norma Garcia, Licensed Clinical Social Worker 75616	(818) 326-8764	therapywithnorma@gmail.com	transitional age youth (16-24 yrs) and adults; trauma and grief speciality	Aetna, Anthem, Blue Shield, Cigna	4-5 sessions per	Friday, Thursday
Octavio Hernandez, Licensed Clinical Social Worker 85206	(909) 907-9745	ohernandezlcswh@gmail.com	12-64 . TF-CBT, EMDR	Aetna, Anthem Blue Cross, Blue Shield of California, Cigna, Oxford (Optum), United Healthcare (Optum)	6 sessions per	Saturday, Thursday, Tuesday, Wednesday
Eva Sofia Mendoza LCSW, Licensed Clinical Social Worker 28884	(323) 351-1741	info@sofiamendozalcswh.com	teens, adults . BIPOC, EMDR	Lyra	8 sessions per	Monday, Saturday
Mariel Alejandra Ross, Licensed Clinical Social Worker 119328	(818) 533-1092	mariel.ross@gmail.com	Adults, trauma focus, brainspotting, somatic, EMDR . Seniors/Elders	Aetna, Anthem, Magellan, Optum, UHC	5 sessions per	Friday, Sunday
Leticia Gutierrez-Lopez, Licensed Clinical Psychologist PSY17604	(909) 443-2170	Drletilopez@gmail.com	Teens and adults; trauma work, anxiety, depression	Aetna, Anthem Blue Cross, Cigna, Magellan, Medicare, United HealthCare	3 sessions per	Friday, Monday, Tuesda
Albania Alegria , Licensed Marriage and Family Therapist 94169	(510) 859-8726	info@holistikaembodiment.com	Adults (30 +), who are open to healing trauma through a holistic and body-led (somatic experiencing) and slow processing. trauma and grief.	Kaiser	5 sessions per	Tuesday, Wednesday
Celina Ivania Gonzalez, Licensed Marriage and Family Therapist 84915	(415) 574-0259	Celina@EnConfianzaTherapy.co m	18+ . Spanish speaking adults	Lyra	10-12 sessions per	Saturday, Thursday
Claudia Lorena Sanchez, Licensed Marriage and Family Therapist 120836	(925) 690-7502	Quantumleap-psychology@proton .me	Adults 18+, trauma, anxiety depression, brainspotting.		10-15 sessions per	Friday, Monday, Thursd Tuesday, Wednesday
Emma Reyes-Ramirez, Licensed Clinical Social Worker 25544	(408) 313-1102	errlcswh@gmail.com	Families, ages 18+, trauma, immigration, limited support. Spanish speakers. Offices in San Jose, CA.	Lyra	5 sessions per	Monday, Tuesday, Wednesday
Emilia Ortega-Jara , Licensed Clinical Social Worker	Email only	Therapy@corazoncounseling.com	Mothers. Office in Riverside, CA	IEHP	6 sessions per	Wednesday
Talissa Arleen Camacho-Sepulveda , Licensed Marriage and Family Therapist 106031	(619) 975-0593	Tcamacholmft@gmail.com	Teens and up, trauma, grief, life adjustments . Spanish Speaking people	Aetna, Cigna, Optum	6 sessions per	Wednesday
Maritza Mikolich , Licensed Marriage & Family Therapist 51723	(619) 500-2644	Therapy@drmikolich.com	individuals and couples therapy, EMDR certified .CBT and DBT	Lyra, Spring Health	6 sessions per	Friday, Monday, Saturda



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Mercedes Fernandez Oromendia, Psychologist 31820	Email only	mercedes.oromendia.phd@gmail.com	Adolescents and adults impacted by the LA fire . Spanish speaking adolescents or adults (14+). I specialize in trauma and family work.		3 sessions per	Saturday, Sunday, Thursday, Tuesday
Grace Wakim, Psychologist license 29666	(415) 758-0052	gracewakim.psyd@gmail.com	Ages 18+	Aetna, BCBS, Oxford, United	50 sessions per	Friday, Monday
Angelica Cano, LCSW 122252	(626) 885-0087	acanolcsw@axolotcenter.com	Ages 18-80		5 sessions per	Saturday, Sunday
Bedelcia Franco, Licensed Marriage and Family Therapist 82958	(747) 316-2311	Therapy@bedelcia.com	Trauma Therapy	Aetna, Anthem Blue Cross, Blue Shield of California, Cigna, Quest Behavioral Health, UHC	8 sessions per	Monday, Wednesday
Cynthia Funes, Licensed Clinical Psychologist: 35613	(678) 907-6943	cfunesphd@gmail.com	Adults 18+		5 sessions per	Monday, Thursday, Tuesday
Sheryl Huezo-Meshack, Licensed Clinical Social Worker 88015	(213) 509-6334	shuezo_98@hotmail.com	Individual adults, parent/child		6-8 sessions per	Friday, Saturday, Sunday, Tuesday
Yazmin Maldonado Aviles, Licensed Marriage and Family Therapist 124203	(323) 484-6054	Yazmin@manifestingmewellness.com	Ages 18-75; EMDR Therapy		3-4 sessions per	Monday, Saturday, Sunday, Tuesday
Estrella Fichter, Licensed Clinical Social Worker 73512	(510) 255-1935	Estrella@colibritherapyandwellness.com			Open.	Friday, Monday, Thursday, Tuesday, Wednesday
Guadalupe Araceli Cesar Nunez, Licensed Marriage and Family Therapist 111446	(818) 296-7393	guadalupe@enjoyingthepresent.com	EMDR Therapy. Offices in Pasadena and La Cañada	Aetna, Caelon, Healthnet, LA Care, Optum, Tricare	3 sessions per	Saturday, Sunday, Tuesday, Wednesday
Andrea Vargas,, Licensed Marriage and Family Therapist: 120168	(323) 470-6047	avargaslmft@gmail.com	Open		10 sessions per	Thursday, Tuesday, Wednesday
Mara Sammartino, Licensed Clinical Social Worker 70176	(707) 229-1377	Info@first-gentherapy.com	Trauma		10 sessions per	Thursday, Tuesday, Wednesday
Erika Luque, ASW124521	(213) 640-6007	Eluque21@gmail.com	School social worker, experienced with all ages		Unlimited.	Friday, Monday, Saturday, Sunday, Thursday, Tuesday, Wednesday
Patricia Hernandez , Licensed Clinical Social Worker 89758	(310) 961-0158	pmhlcsw@pmhlcsw.com	Ages 18 to 50	Aetna, Lyra, Magellan, Modern Health, Optum, So Cal Kaiser, United Healthcare	20 sessions per	Tuesday
Cynthia L. Viera, PhD, LPCC, Licensed Prof Clinical Counselor CA7259	(480) 459-1838	cynlet1007@gmail.com	Ages 18+, Elders, Trauma, grief and loss, depression, anxiety		10 sessions per	Thursday, Tuesday, Wednesday
Georgina Mendoza Gutierrez, Licensed Clinical Social Worker, #120951	(818) 231-9992	Gina@therapywithgeorgina.com	women, perinatal populations; IFS/EMDR trained, CPTSD and trauma. Office in Pasadena, CA		5 sessions per	Thursday
Jenny Lopez , Licensed Clinical Social Worker 95091	(818) 913-4171	jenny@rootedinnaturetherapy.com	In-Home Therapy & Offices in Burbank, CA. Caregivers (prenatal and postpartum)& with children ages 0-3 years old; Specialities: anxiety, depression, PTSD, holistic support to include		12 sessions per	Friday, Monday, Thursday



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			case management assistance . Body, mind and heart support.			
Stephanie Sorady-Iverson, Licensed Clinical Social Worker 116391	(323) 393-3429	Hello@luztraumatherapy.com	Neurodivergent folks, LGBTQ+ with specialties in trauma and anxiety. Telehealth only.		12 sessions per	Friday, Monday, Thursday, Tuesday, Wednesday
Jovanna Borquez, Licensed Marriage and Family Therapist 116480	(310) 409-5854	jovannalmft@healingsolcounseling.org	Ages 18-65, Brainspotting	Optum, UHC	6 sessions per	Thursday, Tuesday
Damaris Perez, licensed marriage and family therapist #145987	(949) 922-6647	Dpereztherapy@gmail.com	Individuals 16+, I'm an attachment based therapist and grief, certified educator. Specialties: extreme loss or grief Office in Irvine, CA		8 sessions per	Friday, Saturday, Wednesday
Ana Lilia Frias-Bravo, Licensed Marriage and Family Therapist 131938	(415) 968-2580	ana@casacolibrihealing.com	Adults and adolescents. Immigrant/Undocumented Status Community. First Gen college students. Specialties: Strength-based, psychodynamic, narrative practices.	Aetna, Cigna, Optum	6 sessions per	Wednesday
Itzel Lopez, Licensed marriage and family therapist 94348	(415) 360-1210	lizzylopezlmft@gmail.com	Couples/family therapy, Families or couples/		10 sessions per	Monday, Thursday, Tuesday, Wednesday
Brenda Carrasco Haro, Licensed Clinical Social Worker 120062	(650) 740-1953	undiaalavezservices@gmail.com	Ages 18+, immigrants		3 sessions per	Monday, Tuesday, Wednesday
Nayeli Ordóñez , Licensed clinical social worker- 107567	(951) 297-2469	naordonez17@yahoo.com	Adults struggling with depression, anxiety , trauma, postpartum depression/anxiety and life transitions	Accept insurance	4 sessions per	Friday, Monday, Thursday, Tuesday, Wednesday
Yasmin Lopez, Licensed Marriage and Family Therapist 118420	(562) 325-6854	yasminl@yasminlopeztherapy.com	Adults and Couples, Trauma, CBT	Aetna, Cigna, Optum	5 sessions per	Friday, Monday
Priscilla S Amezcua, LCSW, Licensed Clinical Social Worker 85338	(562) 546-2168	Pamez562@outlook.com	Ages 12-65, trauma, grief, stress-related disorders. Telehealth.	Blue Cross Blue Shield, Caredon, Cigna, NorCal Kaiser, UHC	Depends.	Saturday, Sunday
Aimee Monterrosa , Licensed Clinical Social Worker 89252	(562) 294-1557	Aimeelcsw.la@gmail.com	18+ adults, grief, trauma, grounding practices . Women, mothers, caregivers experiencing grief, shock and needed a safe place to ground		6 sessions per	Friday, Monday, Thursday
Juliana Merced Gómez-Campa, Licensed Clinical Social Worker 127290	(424) 558-0884	Julianagomezcompa@icloud.com	Child, adolescents, adults, extensive experience in CBT and crisis intervention		5-10 sessions per	Friday, Monday, Saturday, Thursday, Tuesday, Wednesday
Liset Salcedo, Licensed clinical social worker 86352	Email only	Lsalcedomsw@gmail.com	Adults		6 sessions per	Friday, Monday, Thursday, Tuesday, Wednesday
Marlene Blanco, Licensed Marriage and Family Therapist 109105	(213) 220-0194	Marblanco8@gmail.com	Teens and Adults. English and spanish speaking . Anyone impacted by recent fires	Aetna, Blue Shield, Cigna, Kaiser	10 sessions per	Friday, Sunday, Wednesday
Rosalba Gama-Hernandez,	(562) 568-9554	rosalba.lmft@gmail.com	children ages 5 and up, adolescents, adults	Cigna, Evernorth, Oscar, UHC, United	6-8 sessions per	Friday, Monday, Saturday, Thursday, Tuesday,



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Licensed Marriage and Family Therapist 146370				Medical Resources		Wednesday
Daniela Palma-Saracho, Licensed Marriage and Family Therapist 100635	(626) 765-1068	dpalmalmft@axolotcenter.com	Young adults, and adult, , depression, anxiety, life adjustments, and the effects of different forms of trauma. Oficinas en Alhambra, CA		5 sessions per	Wednesday
Ricardo Jonathan Mejia, Associate Clinical Social Worker	(213) 709-5627	Rmejiamsw@gmail.com	Veterans, High Functioning Teens and Adults . Telehealth		5 sessions per	Monday, Saturday, Tuesday
Gabriela S. Pineda, Licensed Marriage and Family Therapist #136876	(323) 412-0080	gabriela@luzdelunatherapy.com	Teens, young adults, adults 30+ . BIPOC-identifying		6-10 sessions per	Monday, Sunday, Thursday
Luis Fernando Cardozo , Licenced Clinical Social Worker 123147	(408) 444-5795	luis@channelinggrowth.com	Men. Young Men	Aetna, Optum, UHC	5 sessions per	Friday, Monday, Thursday, Tuesday, Wednesday
Yesenia Teran, Licensed Marriage and Family Therapist 143858	(760)488-1136	yessyteranlmft@icloud.com	Individual adults 18 to 45, chronic illness, trauma, LGBTQ	Aetna, Carelon, Cigna, LA Care, Magellan, Nor Cal Kaiser, Optum, So Cal Kaiser	6 sessions per	Friday, Monday, Sunday
Carla Brizuela, Licensed Clinical Social Worker 75264	(909) 274-0726	thefilipinasocialworker@gmail.com	Ages 18-75 y/o	Aetna, Anthem, Nor Cal Kaiser	6 sessions per	Friday, Tuesday, Wednesday
Maria Guadalupe Ornelas Ruvalcaba , Associate marriage and family therapist #144161	(805) 971-0085	Conexiontherapy@outlook.com	Immigrant Population, teens- older adults . Spanish speaking adults or teenagers		8-10 sessions per	Friday, Monday, Tuesday
Angelica Paola Cruz, Associate Marriage and Family Therapist #142984	(424) 261-8427	angelica@wholehumanwellnesstherapy.org	Teens, adults and couples with grief, depression, trauma. f l am also a Certified Grief Informed professional. Gottman Level 1 trained and CBT, DBT Trained.		5-7 sessions per	Friday, Thursday, Wednesday
Theresita Gonzalez , License Clinical Social Worker 110098	(951) 344-5031	Theresitagonzalez1@gmail.com	14 and up	Aetna	12 sessions per	Saturday
Angela Castellanos, Licensed Marriage and Family Therapist 121240	(909) 833-1157	Angelacastellanoslmft@gmail.com	Offering EMDR to most ages up to 50 years old. Children/Teens 4-18, and adults up to 50 years old. Offices in Claremont, CA	Aetna, Carelon, Kaiser, Optum, Oxford, UHC	6 sessions per	Tuesday, Wednesday
Carla M. Romero, Licensed Clinical Social Worker 98925	(831)237-7276	Carlaromerolcsw@gmail.com	Children to young adult		5 sessions per	Saturday, Thursday
Isaura Cordova , Licensed Clinical Social Worker 80462	(818) 915-5831	lcordovaicsw@gmail.com	Adults only	Anthem, Blue Shield, Cigna, Health Net, Kaiser	3 sessions per	Monday, Thursday, Tuesday, Wednesday
Luisa Rodriguez, Licensed Clinical Social Worker 99955	(714) 494-9209	Lisa1rodriguez@gmail.com	4 and up . Children and families		4 sessions per	Friday, Monday
Corina Lopez Ramos, Licensed Clinical Social Worker #107669	(213) 444-4905	clopez.ip@soulenders.com	Individuals, Adults 18+, telehealth . Specialize in anxiety, depression, trauma- EMDR	Aetna, Anthem, Cigna, Health Net, So Cal Kaiser	5-6 sessions per	Friday
Jacqueline Angeles, Licensed Marriage and Family Therapist 93466	(213) 214-2069	Jangeleslmft@gmail.com	18+ Adults. Virtual Therapy. Open for couples	Aetna, Anthem, Blue Cross, Blue Shield, Cigna, MHN, Optum, So	6 sessions per	Monday, Saturday, Thursday



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				Cal Kaiser		
Flor Chaidez , Licensed Clinical Social Worker 24582	(323) 546-8547	Florchaidez789@gmail.com	Parenting, CBT, youth, anxiety, dep depression, grief		8 sessions per	Friday, Monday, Thursd
Sabrina Viramontes, Licensed Clinical Social Worker 106066	(213) 342-1094	Sabrina@conscioushealingla.com	Ages 18-50. Young adults/young professionals		8 sessions per	Thursday, Tuesday, Wednesday
Stephanie Hernandez Enciso, Licensed Clinical Social Worker 123318	(562)273-2124	Encisostephanie6@gmail.com	Ages 5 to 40 . Children, adolescents, young adults		4 sessions per	Friday, Sunday
Candace Lili Rosales, Associate marriage and family therapist, #127488	Email only.	Info@healingtrailstherapy.com	Adults of any age, English & Spanish, training in grief counseling. Offices in Long Beach, CA	Health Net Medi-Cal HMO and PPO.	10 sessions per	Friday, Monday, Thursd Tuesday, Wednesday
Bryan Castilla , Associate Marriage and Family Therapy, #150012	Email only.	Info@healingtrailstherapy.com	Adults	HealthNet Medi-Cal HMO and PPO	10 sessions per	Friday, Monday, Saturda Sunday, Thursday, Tuesday, Wednesday
Nancy Sandoval-Morton, Licensed Clinical Social Worker	(925) 529-4978	nancy@roseecenter.com	18+ yrs old; Trauma, maternal mental health, perinatal, Panic, PTSD, Generalized anxiety . Any adult struggling with grief, loss, trauma, stress,	Aetna, AllSavers UHC, Carelton Behavioral Health, Inc., Optum Live & Work Well (EAP), Oscar, Oxford Health Plans, Providence Health Plan, UHC, UHC Student Resources, UMR	8 sessions per	Monday, Thursday, Tuesday, Wednesday
Jesus O. Barreto Abrams, Psychologist - 33388	(213) 521-0768	Admin@drbaps.com	14 and up (individual therapy) . LGBTQ+ communities (specialty), adolescents, adults, or geriatric communities. Telehealth appointments only		6 sessions per	Monday
Ana Grajeda, Licensed Marriage and Family Therapist 96593	Email only.	Ana.grajedaLMFT@gmail.com	Adults	Aetna, Cigna, Optus, UnitedHealthCare	10 sessions per	Monday, Thursday, Wednesday
Veronica Landeros, Licensed Clinical Social Worker 77395	(760) 455-2569	vclanderos.lcsw@gmail.com	Anxiety, Depression, and lifestyle changes. Elders included. LGBTQ+. Grief therapy, CBT, solution focused, and person centered therapy.	Aetna, BCBS, UHC	3 sessions per	Friday, Saturday, Thursd
Wendy Llamas, Licensed Clinical Social Worker 85521	(657) 217-4986	wendy@growingglimmers.com	Ages 18+, EMDR therapy.		8 sessions per	Friday, Monday, Thursd Tuesday, Wednesday
Julisa Morales, Licensed Clinical Social Worker 72335	(424) 361-9573	Julisamoraleslcsw@gmail.com	Women ages 21+ experiencing trauma, anxiety, panic attacks.		8 sessions per	Monday
Juriana Hernandez , Licensed Marriage and Family Therapist 92409	(661) 230-6762	jurianalmft@amor-therapy.com	Ages 18-50	Aetna, Health Net, Lyra, UHC	4 sessions per	Tuesday
Alexandra Venegas, Licensed Clinical Psychologist 35479	(310) 893-3594	avenegas@balancecbt.hush.com	Adolescents and adults; anxiety disorders, depression, substance use disorders, trauma		12 sessions per	Friday, Monday
Valentina Helo Villegas, Licensed	Email only.	Valentinalmft@gmail.com	Trauma		12 sessions per	Friday, Monday, Thursd Tuesday, Wednesday



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Marriage and Family Therapist 95109						
Michelle Gutierrez , Licensed Marriage Family Therapist 120309	(510) 871-4051	almaycorazontherapy@gmail.com	EMDR and Brainspotting for trauma	Blue Shield, Grow, Nor Cal Kaiser	Depends.	Tuesday
Denise A Alba, License Marriage and Family Therapist 104417	(619) 361-7839	Denise@denisealba.com	Adults interested in a more holistic therapy approach.		6 sessions per	Wednesday
Jaime Aceves Equihua, Associate Professional Clinical Counselor 12095	(619) 376-6813	Xaime@alba.center	LGBTQ+ and BIPOC Trans, non-binary and queer individuals who need support processing their anxiety, depression and or grief.	Aetna, Anthem, Cigna, Optum, UBH, UMR	6 sessions per	Monday, Thursday, Tuesday, Wednesday
Yvonne Mendoza, Licensed Clinical Social Worker 87352	(626) 494-3473	ymdoza@yahoo.com	Ages 18+	Cigna Evernorth, Health Net, Managed Health Network (MHN), Optum, Oscar, UBH, UHC	6 sessions per	Friday, Saturday, Thurs
Luisa Lancaster, Licensed Marriage and Family Therapist 126158	(510) 846-2448	lancastertherapy4@gmail.com	Ages 18-65, Emotional support, crisis intervention , stress management			Friday
Tricia Kayiatos-Smith, Licensed Clinical Social Worker 89568	(323) 250-5330	tricia@tksttherapy.com	Ages 18+		Unlimited	Monday, Sunday, Thurs Tuesday
Massiel Torres , Licensed Clinical Social Worker #101090	(408) 203-7195	massiellcsw@gmail.com	Ages 18-62		8 sessions per	Thursday, Wednesday
Katherine Mancera , Associate Marriage and Family Therapist 122960	(510) 726-0211	katherinemancera@therapy@gmail.com	Ages 14 - 80. Offices in Oakland, CA		6 sessions per	Monday, Thursday, Tuesday, Wednesday
Mariela Duran-Troncoso, Licensed Marriage and Family Therapist 109669	(626) 671-2713	Durantmariela@icloud.com	Ages 18-50, Females		4 sessions per	Friday, Monday
Brooke Clavesilla , Licensed Clinical Social Worker 89317	(562) 270-2174	hello@brookeclavesilla.com	Adults 18+	Aetna, Cigna Evernorth	6 sessions	Monday
Jessica Cerda, LMFT, Licensed Marriage and Family Therapist #146925	(619) 764-2108	jessicacerdalmft@gmail.com	Teens, young adults, adults	Aetna, Anthem, Blue Shield, Cigna, Optum, United	4 sessions per	Friday, Monday, Thursd Tuesday, Wednesday
Melissa Rodriguez , Licensed Clinical Social Worker: 68012	(213) 290-3323	Melissarodriguezlscw@gmail.com	Adults- 18-65 yrs old/trauma/depression/an xiety		8 sessions per	Friday, Tuesday
Tori Becerra, Licensed Clinical Social Worker:90147	(661) 441-6144	tori@manifestingmewellness.com	ADHD & Autism, Caregiving Stress, Family systems, Health conditions and impairment communities, Hormone replacement decision making & anxiety (testosterone), Immigrant populations (1st & 2nd Generations), Race & cultural identities, Grief & Loss, Trauma informed		10 sessions per	Friday, Saturday, Sunda Tuesday



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Veronica Munguia, Licensed Marriage and Family Therapist 148535	(323) 784-9986	Veronica@cultivotherapy.com	Narrative therapy and TF-CBT		6 sessions per	Saturday, Thursday, Wednesday
Genesis Espinoza, Licensed Marriage and Family Therapist 110254	(818) 351-6717	Gespinoza@healingandgrowth.org	EMDR therapy, Brainspotting. Office in San Fernando, CA	Kaiser	3 sessions per	Monday, Tuesday
Eveline Garbin, Licensed Marriage and Family Therapist 100611	(818) 451-3089	Therapybyeveline@gmail.com	Children, families, adults. CBT, grief/loss	Optum, UHC	8 sessions per	Wednesday
Jacqueline Ochoa, Licensed Marriage and Family Therapist: 133435	(657) 214-1214	jochoatherapy@gmail.com	trauma, depression, anxiety		6-8 sessions per	Monday, Wednesday
Eveline Garbin, Licensed Marriage and Family Therapist 100611	(818) 451-3089	Therapybyeveline@gmail.com	CBT, grief/loss	Optum, UHC	8 sessions per	Wednesday
Raquel Ferrer, Licensed Marriage & Family Therapist #151520	(858) 737-4674	rferrer@bravewellnessstudio.com	Teens, Adults and Couples		6 sessions per	Friday, Wednesday
Stephanie Salgado, Licensed Marriage and Family Therapist 149436	(760) 269-9059	stephaniesalgadolemus@gmail.com	7yrs- 70yrs, Children, Families, Adults, Elderly		5 sessions per	Friday, Saturday, Tuesday, Wednesday
Marcela Araujo, Associate Professional Clinical Counselor 16202	(415) 323-0701	Marcelawellness@gmail.com	18-100+y/o, trauma, burn victims, LGBTQ+, immigrants etc. relationship, self image, self esteem, and attachment. Autism /neurodivergent, ADHD, MDD, GAD, PTSD, AND veterans.		4-12 sessions per	Monday, Tuesday
Jeanette Villanueva , Licensed Clinical Social Worker 76636	(626) 606-2907	Jvillanueva.ip@soulenders.com	EMDR therapy		12 sessions per	Friday, Monday, Thursday, Tuesday, Wednesday
Dayana Chaves, Licensed Clinical Social Worker 27843	(415) 609-3901	dayanachaves1@gmail.com	Adults		4 sessions per	Friday, Monday, Thursday, Tuesday, Wednesday
Cynthia Flores , Licensed Marriage and Family Therapist 133322	(415) 484-5613	Healandmanifestconcyntia@gmail.com	Adults	Aetna, Blue Anthem, Cigna, So Cal Kaiser	3 sessions per	Wednesday
Diana Díaz Madera , License Clinical Social Worker 102859	(213) 512-9415	Info@corazon-norte.com	Immigrants, Teens, Adults		15 sessions per	Tuesday, Wednesday, Thursday, Saturday, Sunday
Veronica Yunven Ibarra, 131939 4447-R	(951) 451-8993	Veronica@youfirstcounseling.org	18-60 . trauma of losing their home, survivors guilt, those struggling with anxiety and depression.	Aetna, Blue Cross, Blue Shield, Cigna, United Healthcare	25 sessions per	Friday, Saturday, Thursday
Vanessa Lizette Melchor, LCSW 101399	(323) 475-0062	Vanessa.melchor.lcsw@gmail.com	18+years old (no minors).	Aetna, Anthem Blue Cross, Blue Cross Blue Shield of MA, Cigna,	3 sessions per	Monday, Thursday, Tuesday



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				Evernorth, Kaiser, Oxford, Quest Behavioral Health, UBH, UHC		
Iviana Jimenez , Licensed Clinical Social Worker 116571	562 682 0522	Ivianaj@gmail.com	Children, Seniors, Young Adults, Any Adult over 18, Teens, Any . Mothers, señoras, LGBTQ		4 sessions per client	Monday, Tuesday, Wednesday, Thursday, Friday
Cassandra Sanchez, Licensed Clinical Psychologist, PSY33090	(650) 294-9977	DrSanchez@train.clinic	Parenting Topics related to children ages 0-5 yrs. Specialized in Autism.		10 per client	Friday, Monday, Thursday, Tuesday, Wednesday
Jose J Macias, LCSW 112421	(562) 368-9005	Maciaslcsww@gmail.com		Cigna Evernorth, Health Net, Manedad Health Network (MHN), Optum, Oscar, UBH, UHC		Viernes, Lunes, Jueves, Miércoles
Inez Parra, Licensed Clinical Social Worker 92508	(323) 786-3737	Inez.parra@calilcsw.net	Adolescents, adults and elders. Specialties include LGBTQ+ issues, grief and loss and trauma.	Aetna, Anthem, Blue Shield, Caelon Behavioral Health, Cigna and Evernorth, Magellan, Quest Behavioral Health	Three 1 hr sessions and support with resource linkage, referrals as needed.	Monday, Thursday
Jonathan Centeno, Licensed Marriage and Family Therapist: 132126	(909) 254-6025	jcenteno@centenocarecounseling.com	18+ Adults	Caelon Behavioral Health, Blue Shield of CA, Aetna, Anthem Blue Cross California, Cigna, Blue Cross of MA, Optum, Magellan, Kaiser	6	Thursday, Tuesday
Rebecca Kathleen Jarrell, CA - Licensed Professional Clinical Counselor 16283 NM - Licensed Professional Clinical Counselor CCMH 0218861 TX - Licensed Professional Counselor 17788	(832) 020-4407	rjarrell@jarrellcounseling.net	Adults 18+, grief and loss work, trauma	Aetna, BCBS, Cigna, UHC, Oxford	5-6	Saturday, Sunday
Lauren Rodarte, Licensed Marriage and Family Therapist 99570	(626) 552-9257	Lauren@RodarteLMFT.com	12-Adult	Aetna	6-8	Monday, Tuesday, Wednesday
Jose Pinal, Lmft 113308	(209) 425-2778	Jose.pinal@liberateviatherapy.com	Adults (18- 45)	None	10	Thursday, Tuesday
Blanca Bradley, Licensed Clinical Social Worker 93353	(818) 208-7566	hello@blancabradleytherapy.com	Adults (first responders and victims of the fire) EMDR Therapy	United Healthcare & Blue Shield PPO	6 Pro Bono Sessions	Monday, Thursday, Tuesday, Wednesday
Dr. Cristina Gomez, Licensed Clinical Psychologist 31857	(909) 788-4492	admin@compassionate-therapy.com	Age 19 and up	N/A	4	Wednesday
Eva Kuncewicki, MFT 105613	(714) 494-9393	eva@evakuncewickilmft.com	Adults - age 22 and over	Anthem, Aetna, Cigna, Kaiser, UHC, Optum	10	Monday, Thursday, Tuesday, Wednesday
Mishka Kimball, Licensed Marriage and Family therapist 112986	(818) 253-9404	Mishka@sensibilidadcounseling.com	Adults 18+, Couples, Families	Aetna, Optum, United Healthcare	5	Thursday, Tuesday, Wednesday
Rubí Vásquez, LMFT		rubi@changingcyclescounseling.com	Adults - anxiety and	United Healthcare,	14	Saturday



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143214		om	depression	Oxford, and Aetna		
Claudia Sison, Licensed Clinical Social Worker: 97171	(818)672.6970	claudiasisonlcsww@gmail.com	13 to 100+	Kaiser, United Health/Optum, Aetna	5	Wednesday
Triny A Rios, Licensed Professional Clinical Counselor #9919	(323) 591-9739	hello@unwindingcounseling.com	Adults,Anxiety,Depression	Aetna	10	Monday,Wednesday
Alicia Gilliam, 65466	(916) 238-6009	alicia@aliciagilliamlcsww.com	Ages: Adults,Anxiety,Teens: Depression,trauma	Aetna, Optum, United Medical Resources, United Healthcare UHC/UBH, Cigna,	8-12	Friday,Monday,Thursdays,Wednesday
Veronica Zacarias Sanchez, LCSW, Licensed Clinical Social Worker 84534	(650) 554-9821	veronica@zacarias counseling.com	18+,Anxiety,Depression,EMDR,Somatic,bilingual Spanish/English; Crisis Response		12-16	Friday,Tuesday,Wednesday
Nansi Rivas, 75220	(619) 800-2757	rivas.nansi@gmail.com	18 and older,Anxiety,Depression, grief	no	12, and Varies depending on needs.	Sunday
Jonathan Meza, Licensed Professional Clinical Counselor 5916	(323) 207-8511	jmezalpc@axolotcenter.com	Ages 11 and above	Aetna, Cigna, United Healthcare	6	Wednesday
Lydiana Garcia, PSY24888	(310) 592-5333	Info@drydianagarcia.com	Adults,Families,Mothers	Optum, Oscar, Aetna, United Healthcare	As needed	Wednesday
Angelica Curiel-Torres, License Clinical Social Worker 106787	(951) 472-2321	angieclcsww@gmail.com	Young adults and adults (18+)		6-8	Monday,Saturday,Sundays,Tuesday,Wednesday
Emmanuel Garcia, LPCC 16451	(213) 222-8532	Egarcia@radiatehopetherapy.com	Those navigating recovery from substance abuse/addiction and navigating mental health. Adolescents (13-17),young adults (18-25) & Adults (26-40)		Offering 3 slots for short term (6) free individual sessions focused on stabilization, coping strategies, and connecting clients to long-term resources.	Friday,Saturday
Cynthia Alonzo, Licensed Clinical Social Worker 29856	(563) 477-1786	cynalonzo@gmail.com	Teenagers,college students,men dealing with the legacy burden of machismo,mothers and grandmothers,young adults	no insurance	up to 4 sessions and follow up sessions as needed	Friday,Saturday,Sunday
Miracles Counseling Center, LMFT 94038	(310) 819-1055	info@miraclescc.org	Adolescents,Ages 8+,and adults	Clients will not be asked.	16 sessions	Friday,Monday,Thursdays,Wednesday
Edith Castellon, LCSW 116220	Email is preferred	ecastellonlcsww@gmail.com	Adults ages 25 - 35	Kaiser	4	Monday
Judith A Verduzco (Monarchs Therapy), LCSW 100483	(818) 741-1221	info@monarchstherapy.com	Adults and Elders	Blue Cross, Blue Shield, Aetna, Optum, Health Net, Cigna, Medical, Medicare, Magellan	Up to 12 sessions each	Monday,Thursdays,Tuesdays,Wednesday
Jesus Solorio, LMFT 111784	(510) 200-8364	Jesus@ollintherapy.com	Teens and adults	Anthem, Blue Shield, Cigna, Lyra, Optus, United, Aetna	6	Monday,Thursdays



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Lupita Martínez, LMFT 100188	(310) 400-2754	Lupitamartinezmft@gmail.com	18 years +			8	Tuesday
Ashley Basualdo, 117964	(510) 423-3578	ashleybasualdolcsw@gmail.com	Young adults and adults	United Healthcare		4	Monday
Leslie Ruelas, License clinical social worker 107564	(559) 960-4994	Lesliejruelas@gmail.com	14-70+ age,BIPOC,Depression,La tino/hispanic,grief			6	Friday,Saturday,Sunday
Meliza Gandara, Licensed Clinical Social Worker 126259	714-696-1993	mgandara@montesinc.org	All ages, anxiety, depression, and Trauma	Caloptima		6	Friday, Saturday, Sunday
Lisette Medina, Associate Marriage and Family Therapist 137261	424-465-1053	lisettemedinatherapy@gmail.com	Jóvenes, adultos, y ancianos afectados por incendios en LA. Apoyo en crisis y manejo de transiciones, ansiedad, depresión.		4 each client		Wednesday, Saturday
Yvette Flores, 103555	510-200-8799	Yvette.Flores@baytherapyandwellness.com	Queer, BIPGM, children of immigrants	Aetna, UnitedHealthcare		30	Monday, Tuesday, Wednesday, Thursday
Lauren Steffel, License # NY: 021345 / CA: 30891 / VA: 0810008541 / FL: TPPY1954	347-508-1999	info@dr Laurensteffel.com	Specialist in PTSD, complex trauma from CBT, DBT, ACT & mindfulness perspective, trained in Psychological First Aid	no	depends on financial need, at min 4-6 for temporary support, stabilization, and longer term treatment planning		Monday, Tuesday, Wednesday, Thursday, Friday
Tatiana R Itosu, Associate Marriage & Family Therapist # 136707 CA	(909) 385-2549	TatianaRocio.Itosu@calbaptist.edu	Mental health first aid: Targeted case management, psychosocial rehab, linkages to community resources, support, psychoeducation			3	Monday, Tuesday, Wednesday, Thursday, Friday, Saturday, Sunday
Dr. Nicole Asencio, Licensed Marriage & Family Therapy 99795 (CA)	619-356-0185	a.stronger.self@gmail.com	Individuals - depression, anxiety, parenting, Couples	Tricare West		5	Tuesday, Wednesday, Thursday
Lizette Ruiz, Licensed Marriage and Family Therapist LMFT 148346	(562) 287-4140	therapiawithliz@gmail.com	No specialties per se, I'm trained in TF-CBT, MAP, Mental Health First Aid, and 0-5	Aetna, Anthem, Blue Cross And Blue Shield Of Ma, Carelton, Cigna, Decent, Kaiser Permanente (Southern CA), MHN, Optum, Tricare West		1-5	Monday, Tuesday
Renovo Counseling Services, Licensed Clinical Social Worker 120517; Licensed Clinical Social Worker 127681	951-602-3373	Admin@renovocounseling.org	Trauma, acute stress, grief and loss, anxiety, depression	Cigna, Aetna, Anthem Blue Cross California, Blue Shield of California, United Healthcare, Oxford, Magellan, Carelton Behavioral Health, Quest Behavioral Health		5	Monday, Tuesday, Wednesday, Thursday, Friday
Yvonne Castillo Urbina, 345189	(818) 470-1745	yvonnecastillourbinalcsw@gmail.com	Somatic work, DBT, CBT, humanistic, psychodynamic			6-8	Thursday, Friday
Rebecca Arevalo ,	1 619 363 7775	Rarevalomft@gmail.com	EMDR Recent Trauma			5-6	Mornings (6 am to 12 p



Pro Bono Therapy for Los Angeles Latinx Survivors by Latinx Therapy

#82926 licensed marriage and family therapist			Protocol - Adults			Afternoon (12 pm to 5 p Evenings (After 5 pm, Before 8pm)
Olga Amador, LMFT: 114497	(909) 276-7592	Olga@oatherapy.org	Adults who were impacted by the LA fires. Pro bono will be prioritized to low income	United healthcare, Aetna, Lyra		Mornings (6 am to 12 p 3 Afternoon (12 pm to 5 p
Carmen Montenegro-Sis, LMFT 107277	(909)236-9646	carmen@revivelifecounseling.com	Helping professionals and those seeking to work through trauma, burnout, and anxiety.	Healthnet (Commercial plan only)		Evenings (After 5 pm, 4-5 Before 8pm)
Heidi Mendez, LMFT146338	619-649-7879	hmpeaceandtranquilitywithin@gmail.com	adults and teens	I use Mentaya that runs their out of network insurance benefits		6 Mornings (6 am to 12 p
Magda Herrera, Licensed Marriage and Family Therapist 146899	(657) 215-1941	magdaherreratherapy@gmail.com	Adults	Aetna		Mornings (6 am to 12 p Afternoon (12 pm to 5 p telehealth only. (if they l 6 to 9 in Marin County in perso
Veronica Cervantes Wefers, LMFT, Licensed Marriage & Family Therapist: 119658	415/806.3565	veronica@veronicacervantes.com	trauma, grieving, anxiety and depression			6 8am -2pm
Brightful Therapy, ASW98917	949-414-4728	info@brightfultherapy.com	Solution Focused Therapy			10 Mornings (6 am to 12 p
Kayleen Ramirez-Garcia, Licensed Marriage and Family Therapist 141883	209-317-8440	Kayleen@icmft.com	Anxiety, depression, life transitions			9 Afternoon (12 pm to 5 p
Angelica Correa, LPCC 16999	323-207-0737	angelica@angelicacorrea.com	anxiety, depression	Aetna, Aetna - Medicare Advantage, Allied, AmeriBen, Benefits Administrative Systems, Aetna, Employee Benefit Management Services (EBMS), First Health Network, Meritain, Nippon Life Insurance Company, Luminare Health (formerly Trustmark), WebTPA, Anthem, Anthem - Medicare Advantage, Benefit and Risk Management, Blue Cross and/or Blue Shield, Coastal TPA, Pinnacle Claims	2-8 per client	Mornings (6 am to 12 p Afternoon (12 pm to 5 p



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				Management, Anthem, Western Growers Insurance, Blue Cross and Blue Shield of Massachusetts, Carelon Behavioral Health, Carelon Behavioral Health - Medicare Advantage, Providence Health Plan (Carelon Behavioral Health), Allegiance, Centivo, Cigna, Evernorth, Group and Pension Administrators, UPMC Health Plan, Ascension-SmartHealth, Decent, Ochsner Employer Groups, Kaiser Permanente (Southern CA) - Commercial, Cenpatico, Health Net of California, Managed Health Network (MHN), Managed Health Network (MHN), Managed Health Network (MHN), Alignment Health Plan - Medicare Advantage, All Savers, Surest (formerly Bind), GEHA or UnitedHealthcare Shared Services, Optum, Optum - Medicare Advantage, Oscar, Oxford Health Plans, Sierra Health and Life, Sutter Health, United Medical Resources (UMR), UnitedHealthcare (UHC), UnitedHealthcare - Medicare Advantage, UnitedHealthcare Student Resources, Western Health Advantage and TRICARE West		
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Pro Bono Therapy for Los Angeles Latinx Survivors by Latinx Therapy

				(TriWest Healthcare Alliance)		
Tiffany Flint-Ovando, ASW 98917	562-245-9828	info@brightfultherapy.com	Trauma, acute stress, grief and loss, anxiety, depression			
Brightful Therapy, ASW98917	949-414-4728	info@brightfultherapy.com	Solution Focused Therapy, Children, Adults		3	Friday
Heidi Mendez LMFT146338	619-649-7879	hmpeaceandtranquilitywithin@gmail.com	adults and teens	I use Mentaya that runs their out of network insurance benefits	4-5	Monday, Thursday, Friday
Dina Cuervo, PhD Licensed Clinical Psychologist PSY24914	626-317-7610	drdina@synergytherapy.com	Trauma (including racial trauma), anxiety, ADHD, depression , Teens, Adults, Seniors	Aetna and Cigna	6	Monday, Tuesday, Wednesday, Thursday, Friday (telehealth)
Kayleen Ramirez-Garcia Licensed Marriage and Family Therapist 141883	209-317-8440	Kayleen@icmft.com	Anxiety, depression, life transitions , Teens, Adults, Seniors		10	Monday, Tuesday, Wednesday
Olga Amador	9092767592	Olga@oatherapy.org	Adults who were impacted by the LA fires. Pro bono will be prioritized to low income	United healthcare, Aetna, Lyra	5-6	Monday, Thursday, Friday
Carmen Montenegro-Sis	(909)236-9646	carmen@revivelifecounseling.com	Helping professionals and those seeking to work through trauma, burnout, and anxiety.	Healthnet (Commercial plan only)	3	Monday, Tuesday, Wednesday, Thursday
Magda Herrera	(657)215-1941	magdaherreratherapy@gmail.com	Adults	Aetna	6	Monday, Tuesday, Thursday, Friday
Veronica Cervantes Wefers, LMFT	(415)806-3565	veronica@veronicacervantes.com	trauma, grieving, anxiety and depression		6 to 9	Monday, Wednesday
Angelica Correa	323-207-0737	angelica@angelicacorrea.com	anxiety, depression	Aetna, Aetna - Medicare Advantage, Allied, AmeriBen, Benefits Administrative Systems, Aetna, Employee Benefit Management Services (EBMS), First Health Network, Meritain, Nippon Life Insurance Company, Luminare Health (formerly Trustmark), WebTPA, Anthem, Anthem - Medicare Advantage, Benefit and Risk Management, Blue Cross and/or Blue Shield, Coastal TPA,	9	Tuesday, Wednesday, Thursday



Pro Bono Therapy for Los Angeles Latinx Survivors by Latinx Therapy

				<p>Pinnacle Claims Management, Anthem, Western Growers Insurance, Blue Cross and Blue Shield of Massachusetts, Carelon Behavioral Health, Carelon Behavioral Health - Medicare Advantage, Providence Health Plan (Carelon Behavioral Health), Allegiance, Centivo, Cigna, Evernorth, Group and Pension Administrators, UPMC Health Plan, Ascension-Smarthealth, Decent, Ochsner Employer Groups, Kaiser Permanente (Southern CA) - Commercial, Cenpatco, Health Net of California, Managed Health Network (MHN), Managed Health Network (MHN), Managed Health Network (MHN), Alignment Health Plan - Medicare Advantage, All Savers, Surest (formerly Bind), GEHA or UnitedHealthcare Shared Services, Optum, Optum - Medicare Advantage, Oscar, Oxford Health Plans, Sierra Health and Life, Sutter Health, United Medical Resources (UMR), UnitedHealthcare (UHC), UnitedHealthcare - Medicare Advantage, UnitedHealthcare Student Resources, Western Health Advantage and TRICARE West (TriWest Healthcare Alliance)</p>		
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Pro Bono Therapy for Los Angeles Latinx Survivors by Latinx Therapy

Tiffany Flint-Ovando	562-245-9828	info@brightfultherapy.com	Trauma, acute stress, grief and loss, anxiety, depression		2-8 per client	Friday
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