



Simmons Hall

The Fall 2024 Guide

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Emergency Contacts & Important Information

Emergency/MIT Police: (617) 253-1212 or dial 100 on campus

MIT Medical (24-hour urgent care): (617) 253-4481

MIT Mental Health:

- Weekdays: (617) 253-2916
- Nights/Weekends: (617) 253-4481

Facilities Emergency: (617) 253-4948

If you need the assistance of a MedLink, then email out to simmons-medlinks@mit.edu. The Medlinks are also shown in the poster here.

Name	Room	Email
The Silliest Goose Bella Aparicio	341	beap@mit.edu
Sarah Cao	553	syxcao@mit.edu
Eric Chen	938	chene731@mit.edu
Jia Yi Huang	643	jhuang10@mit.edu
Erick Liang	633	ekliang@mit.edu
Alison Soong	322B	soong@mit.edu
Katherine Xie	527C	kxie22@mit.edu

Access the Student Guide to MIT Medical [here](#). It is filled with answers and resources that can help you with a number of concerns/questions.

Navigating Simmons

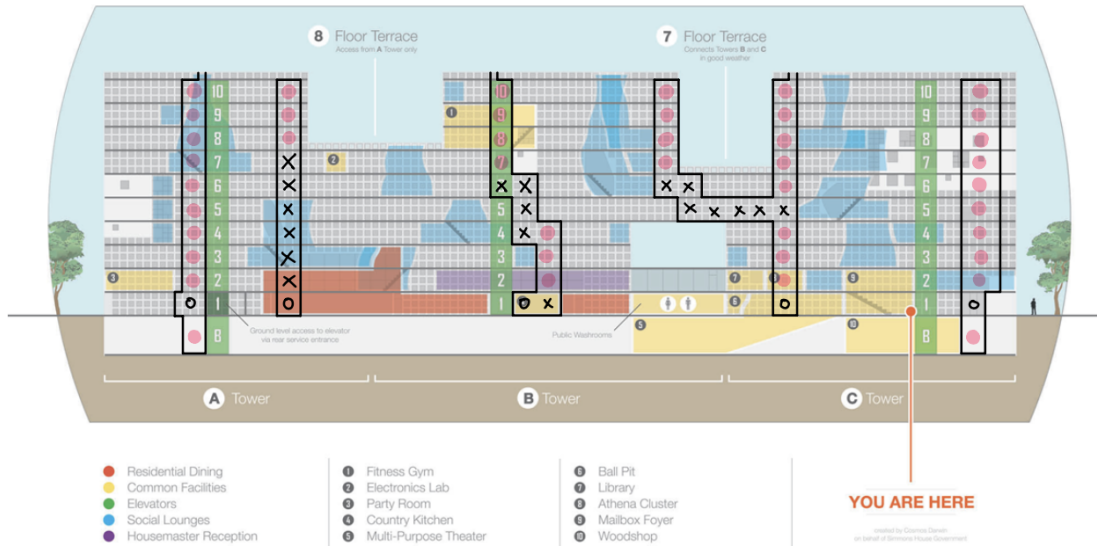
STAIRWELLS

Key

- open to hallway
- X no exit
- emergency exit to outside only

Notes

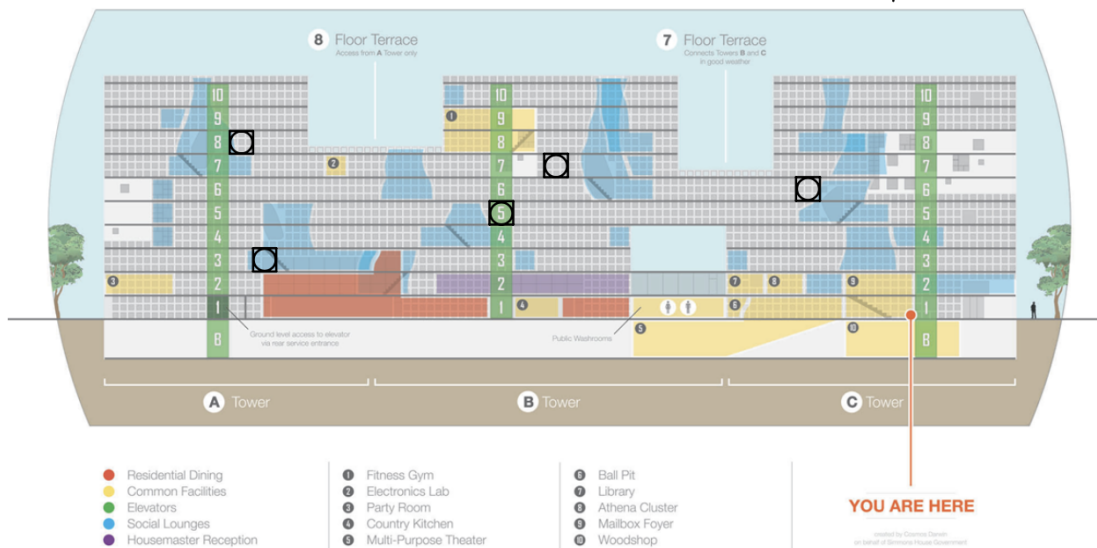
- all stairwells are on the North (back) side of the building



LAUNDRY ROOMS

Notes

- each laundry room has 2 washers + 2 dryers



The Basics

- Simmons is sectioned into 3 towers (A, B, and C). You enter the dorm from the C side (which is on the east side / closer to campus).
- Each tower has a corresponding elevator.
- The 5th and 6th floors connect all the way across, so if you get lost, go there.
- There are maps in the elevators, which you can study at your leisure.

General Rules

Quiet Hours

- Weekdays: 11PM-7AM
- Weekends: 12AM-7AM

Substances

- No smoking or weed allowed in Simmons
- Consumption of alcohol by students 21 or older is only allowed within a student's room and, then, only with the door closed.

Fire Alarms

If a fire alarm goes off in Simmons, you will have to use the stairs to get out of the building. Follow the EXIT signs and go all the way down. The emergency gathering point (please social distance) is the lawn outside the front entrance to the building. Please wait there until the fire department comes and gives the OK for people to go back inside.

Pro tips: leave your door unlocked, or remember to take your key; the doors at the bottom of the stairs produce a loud sound when you open them, so cover your ears.

The Stairs

As an alternative to using the elevators, the stairs can be used. Familiarity with the stairwells will be helpful to you!

- Lounge stairs, stairs found in the lounges that connect different floors, are very helpful, and it's much harder to get lost if you take these.
- If you're trying to get to the 5th or 6th floors, use the stairwells at the very ends of the building.
 - Other stairwells (except lounge stairs) usually skip the 5th or 6th floors.

- Some stairwells move sideways in the building; you may end up in a different tower than you started in. Be careful!

Dining

During Fall 2023, meals will be available from Simmons during the following hours:

- Breakfast: 8:00 am to 10:00 am, Monday-Friday
- Dinner: 5:00 pm to 8:00 pm, seven days a week
- Late Night: 9:00PM-1:00AM, Sunday-Thursday
- Brunch: 10:00 am to 1:00 pm, Saturday and Sunday and Institute Holidays (not Student Holidays)

*Tip: If you ever miss breakfast or don't wake up early enough to get breakfast at Simmons, brunch is served at New Vassar every day of the week from 9:30AM-2:30PM and it's also on the way to campus!

Other vending options:

- Dunkin', BibimBox, Carolicious, Tawakal Halal Cafe, TeaDo (W20)
- Forbes Family Cafe (Building 32: Stata Center)
- Hayden Courtyard Cafe (Building 14: Hayden Library)
- Pacific Street Cafe (Building NW86)

MIT Dining is extremely accommodating to dietary restrictions and is more than happy to talk to you about any concerns you have about allergies or dietary restrictions. Please reach out to Chef Amanda Alleyne (amanda.alleyne@cafebonappetit.com) or Shateria Offutt (shateria.offutt@cafebonappetit.com) and they'll assist you.

If you have any general feedback about the meals or your experience with dining, then fill out this [survey](#)! Dining is very responsive to feedback and will work with you to better your experience with dining.

Transportation

Tech Shuttle: Mon-Fri, 6:15AM-7:45PM

Trader Joe's/Whole Foods: Wed & Sun, 11:30AM-4:30PM

Simmons Pickup: 11:52, 12:35, 1:18, 2:01, 2:44, 3:27, 4:10

Costco/Target: Sun, 11:00AM-3:05PM

Simmons Pickup: 11:05, 12:20, 1:35. Last return from Everett at 2:15

SafeRide: OnDemand service every day, 6:00PM-2:30AM

(617) 253-2997. Arrange pickup: <https://ondemand.transloc.com/>

More info: <https://web.mit.edu/facilities/transportation/shuttles/grocery.html>

Keep Simmons Healthy!

The Basics

- Masking is optional but we have masks at desk and in (free) vending machines around campus
- Spaces available
 - Lounges
 - Country Kitchen
 - Library
 - EE Lab (training needed to gain access)
 - Woodshop (training needed to gain access)
 - Craft Room
 - Gymmons
 - Music Room (check out key from desk)
 - MPR*
 - Party Room (check out key from desk)*
 - 7th and 8th Floor Terraces*

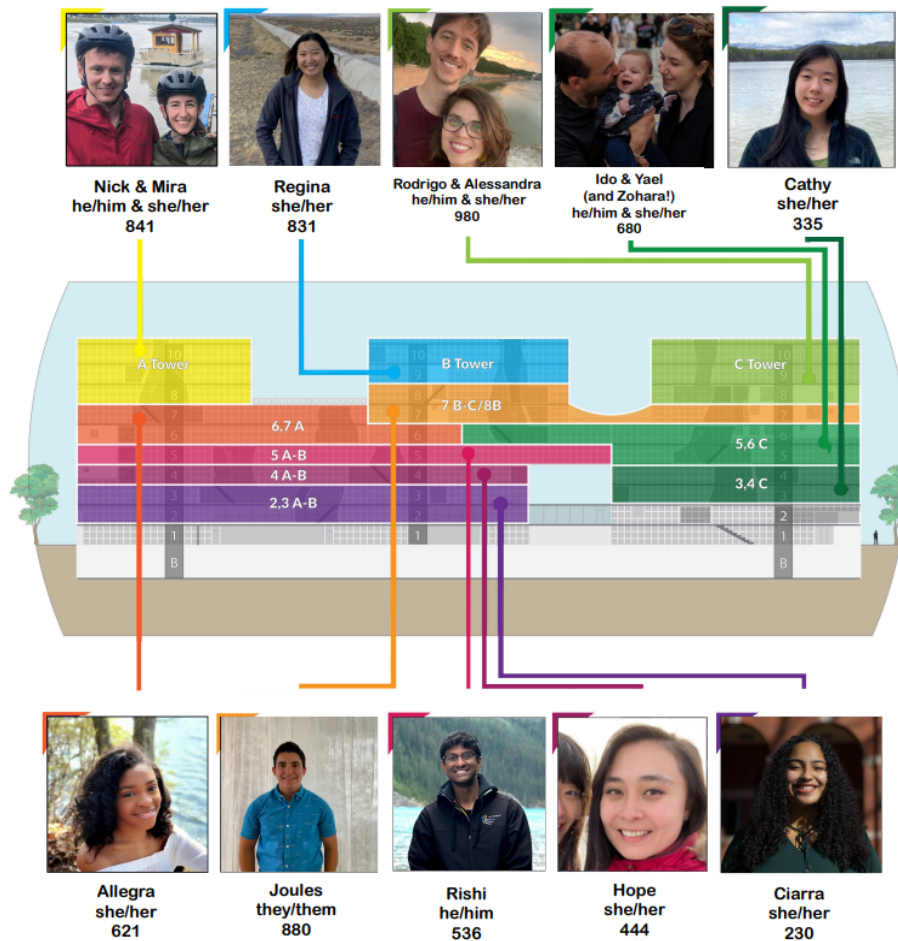
*These spaces can be reserved if you are looking to hold an event at a particular day or time. Otherwise, the MPR and Party Room are available on a first come basis.

House Team

The House Team is made up of the Heads of House, House Manager, GRAs, and Area Director. All of these people are “real adults”, who are here to help and support you throughout the year. Images, names, and locations of all the members of the House Team are shown in the image below.

SIMMONS HALL HOUSE TEAM

GRAs & SECTION MAP



Bosco
he/him
House Manager



Dave & Heidi
he/him & she/her
Heads of House



Kevin & Bryan
he/him & he/him
Assoc. Heads of House



Amanda
she/her
Area Director

Heads of House

Our Heads of House are David Perrault and Heidi Nakajima. They live in Room 365 of 3AB, and can be contacted at dipperrea@mit.edu and heidi_nakajima@meei.harvard.edu. The Associate Heads of House are Bryan Bryson and Kevin Leiby. They live on the 7th floor and can be contacted at bryand@mit.edu and leiby@mit.edu.

GRAs

Name	Room	Email
Ciarra Ortiz	230	ciarra@mit.edu
Cathy Wang	335	catwang@mit.edu
Hope Kean	444	hopekean@mit.edu
Rishi Kommalapati	536	rtk@mit.edu
Ido Benbaji Yael Elhadad	680	ibenbaji@mit.edu yelhadad@mit.edu
Allegra Danae Farrar	621	adfarrar@mit.edu
Regina Lee	831	relee@mit.edu
Joules Provenzano	880	jpro@mit.edu
Mira Vale Nick Allen	841	miravale@mit.edu nballen@mit.edu
Alessandra Jungs de Almeida Rodrigo Cavalcanti Alvarez	980	jungsdea@mit.edu rcaval@mit.edu

Area Director

Our Area Director is Amanda Putnam, who lives in Room 580 (at the C-end of the 5th floor hallway) with her snake Zuko. She can be contacted at apputnam@mit.edu. She is here to get you connected with any of the support offices in DSL. Any issue you might have, she will be able to direct you to the proper folks.

House Manager

Our House Manager is Bosco Da Silva. His office is on the left side of the Mailbox Lounge, and he can be contacted at dasilvaj@mit.edu. Please talk to him about any concerns you have regarding furniture, room temperature, keys, repairs, and other building-related issues.

Front Desk (Security Worker)

The Front Desk has two workers; the person on the right is responsible for dorm security and is hired by MIT. Say hello! They're all really friendly and nice. :)

Lost ID

If you lost your ID, you can provide your ID number to the security worker in order to be let in.

Lockout Keys

If you have been locked out of your room, you can request a lockout key from the security worker.

Front Desk (Student Worker)

The Front Desk has two workers. The person on the left is a student, and is responsible for most things that you'll have to do at Desk.

Cleaning Supplies

Swiffers (wet and dry), brooms, dustpans, wet wipes (occasionally) and vacuums (small hand vacuum + longer vacuum with hose) are available for checkout from Desk. Please request the desired item from the Desk worker. When you return the item, fill in the return time in the same binder.

Carts

If you need a cart to help with moving your bags and furniture, please notify the Desk worker. They will require some kind of collateral (such as an ID, but probably not your MIT ID, since you'll need that in order to exit / enter the building).

Other Desk Checkout

IKEA tools, iron and ironing board, are also available for checkout from Desk.

Toilet Paper

Toilet paper is available in a box behind Desk. No checkout process is required; just notify the desk worker that you'd like to take some toilet paper.

Furniture Tools

Simmons furniture is modular, which means that you can take it apart and put it back together in a way that works for you! Read more about furniture [here](#). Most Simmons furniture can be assembled and disassembled using allen keys, which are available behind Desk near the beginning of the year. No checkout process is required; simply notify the Desk worker that you're picking up allen keys.

If you need other furniture tools, IKEA tools are also available for [checkout](#).

Packages

If you receive packages, you will receive an email from myfrontdesk@mit.edu. Packages can be picked up at Desk by letting the Desk worker know.

Non-package mail (and sometimes small packages) will be placed in your mailbox instead.

Mail

The Mailbox Lounge (immediately past the front desk, on your right) contains mailboxes for all residents. Please use your room key to pick up your mail.

Packages will be available for pickup at Desk.

Room Features and Furniture

Request for Room Switch

If you are unhappy with your rooming assignment, contact at simmons-rooming@mit.edu . This will contact the Area Director, the House Manager, the Rooming Chairs, and everyone else who needs to know about the situation to make the necessary changes and negotiations. DO NOT USE ANY OF THEIR PERSONAL EMAILS.

Too Much / Too Little Furniture

If you are unhappy with the furniture in your room or want to request a change (black cubes, drawers, wings for the bed, ladders for lofted beds), please [notify Bosco](#).

Heating

Heat comes from white panels on the walls. To adjust the heat, turn the knob at the bottom. Please make sure you do not block the heating panels with your furniture.

If your room is too cold, please [notify Bosco](#).

Door Locking

The doors have two buttons. With one of the settings, the door will lock from the outside every time it is closed (a key will be required to turn the handle). With the other, the door will open freely. Please keep in mind that if you unlock your door and leave your space, theft may occur. Please keep your door locked when you are not in your room to reduce the risk of theft.

Fire Inspection

Please make sure that your rooms obey [MIT fire code](#). One item that applies to Simmons furniture, that doesn't seem to be on the website above, is that you must have 18 inches between your bed and the ceiling.

Bosco may come by your room for a fire inspection. He will send an email to the residents before beginning fire inspections.

Cleaning Information

You are responsible for cleaning your own room; however, Simmons staff will clean bathrooms connected to a hallway and inside a suite on a weekly basis. If you have a bathroom inside your room, then you will have to clean it yourself.

Which Spaces Can I Use?

Craft Room

The Craft Room (formerly the Athena Cluster), on the second floor on your right with the glass door. We have all sorts of craft items, even including a sewing machine and cricut! Feel free to use everything at your disposal to make whatever crafts your heart desires.

This is where you'll find our printers: a color printer and scanner, and black-and-white printers (please make sure you're on MIT Secure!). To print, upload your document to print.mit.edu and print to the black and white printer (simmons-p) or the color printer (simmons-color).

Lounges

Simmons has many lounges throughout the dorm. Many of which have stairways and/or kitchenettes. These small kitchenettes have a stovetop, microwave, fridge, and sink available for use. Keep the sink clean and empty for the next person to use, so don't leave your dirty dishes!

Laundry

Rooms 346, 529, 676, 765, and 845 are laundry rooms. To do laundry, download the CSCgo app on your phone. If tapping your phone against the machine does not work, then manually put in the number of the machine. If you come across any other issues, then send a complaint or report it through the CSCgo app.

Terraces

Simmons has terraces, which are accessible from the 7th floor (either the AB side or the C side) and 8th floor (A side only).

These may be reserved, although events reserving the 8th floor terrace must end before 11PM.

The terraces are often locked during the winter. Before going out, please test the handle from the outside and make sure you can get back in.

MPR

The multi-purpose room has a projector (setup instructions can be found [here](#)), a stage, and a grand piano.

Country Kitchen

The Country Kitchen has a number of supplies to use for cooking/baking. Please clean up after use and do not leave things a mess!

Library

The library, located on the second floor across from the craft room, is always open and available for use. Check out books and make sure to return them in a timely manner.

Gymmons

The gym, lovingly named Gymmons by Simmons residents, is located on the 8th and the 9th floor. This two floor gym has a variety of equipment for use. Please practice gym etiquette (e.g. DO NOT DROP WEIGHTS) and put everything back where it originally was. Additionally, the gym is also inaccessible from 12AM-8AM everyday due to noise complaints.

EE Lab

The EE Lab contains various tools and equipment (3D printer, laser cutter, etc). Our EE Lab chair will be setting up training for you all to be able to use the lab, so be on the lookout for that!

Woodshop

The Woodshop contains wood and tools for dealing with wood. The Woodshop chair will send out training sessions soon.

Music Room

Ya like jazz? Come on down to the music room, located on the first floor across the hall from the ball pit and opposite the vending machine. Borrow the music room key from a front desk worker to play with the Sponge's own instruments, mics, and amps, including a drum kit and even a theremin. And if you have your own instrument, it makes for a great quiet nook to practice or jam with others.

Ball Pit

The ball pit is located on the first floor of Simmons. It is free to use at any time by students, but please follow the following guidelines:

- 1) No shoes
- 2) No food
- 3) Try leaving your stuff outside to avoid it getting lost in the balls
- 4) Be safe!

Reservations

The MPR, terraces, party room, and other spaces (for larger events) can be reserved.

To make a reservation for a space, ensure that no bookings are made for the space on this [Google Calendar](#), and then submit your reservation through this [form](#). There are a few things to keep in mind when making the reservation.

- 1.) Reservations cannot be more than 4 hours long. If you'd like to reserve a space for longer than this, then please get approval from the Simmons Reservations Chair at simmons-reservations@mit.edu.
- 2.) Ensure that all the spaces you use are clean after using it.
- 3.) Be mindful of quiet hours.
- 4.) Any non-Simmons residents must be tapped in at desk or be on someone's guest list.

Money for Simmons Residents

Simmons has money that can be allocated in order to hold events, buy supplies for communal use, and purchase other things that will help to improve the building.

If you are interested in holding an event or require funds to improve some aspect of Simmons, then please submit a proposal through the Simmons DB. Funds are allocated through House Meetings after proposals are voted on. If you require assistance in submitting a proposal, then please reach out to our House Chairs, Summer and Mario, at simmons-chair@mit.edu.

Social Connection with Other Simmons Residents

Discord

There is also a Simmons discord that you can join by following [this link here](#). This is meant to be a way for residents to socialize and get to know each other through various interests!

Instagram

Simmons has an Instagram that's used to showcase some of the things that happen in our dorm. Give your favorite dorm a follow @thesponge.mit.

Mailing Lists

We have several dorm mailing lists. residents@simmons.mit.edu will reach everyone who lives in the building (including house team), and ug@simmons.mit.edu will reach all of the undergrads living in the dorm! All internal mailing lists can be viewed [on the Simmons DB](#). You may use those to communicate anything from messages about lost items to impromptu study sessions.

There is also our social mailing list (that also receives “dormspam”), sponge-talk@mit.edu. For more information on dormspam, you can review how-to-dormspam.mit.edu for information on what dormspam is, how to send emails to it, and how to filter it. For information on joining dormspam, you can go to join-dormspam.mit.edu, or for Simmons specifically, sign up [on Mailman](#). If you have any questions, please email simmons-tech@mit.edu or ask an upperclassman!

House Government

Simmons has officers, whose jobs are to take care of us and the building, to facilitate communication between us and MIT administration, and much more. If you have any questions or concerns, then feel free to reach out to simmons-officers@mit.edu.

House Meetings

House Meetings will be held every other week (schedule to be determined) in order to allocate funding for the residents' use and for members of the House Team to disperse any information or announcements they have. These meetings are a great way for Simmons residents to stay connected and involved in proposals submitted by their peers.

Lounge Groups

Groups of 5 or more people can create a lounge group (separate from physical lounge spaces). Lounges receive \$30 per member to use as the lounge sees fit (this may include purchasing physical items or running events, for instance). Lounges can be founded for any reason, anything from interest groups to friend groups.

Every semester, social chairs organize a lounge rush, where every lounge is given \$100 to all run events at the same time and advertise themselves to residents around the dorm. Every lounge is given \$100 for lounge rush, regardless of size.

For more information on how lounges function, please review the [Lounge Bylaws](#) or email the social chairs at simmons-social-chair@mit.edu.

Simmons Tech/Simmons DB

Submitting Proposals

Any Simmons resident(s) can submit a proposal by using the form located under the 'Govtracker' section of the DB menu. Submit a proposal if you want to request funds for a House expenditure, seek an amendment to the Simmons Constitution, are seeking an official House opinion or policy, or wish to make an announcement. Proposals will be addressed at House Meetings.

Directory

You can find a list of the House Team members, as well as Simmons Officers, Medlinks, and Associate Advisors living in Simmons, on the DB.