

# CHSAA LEGISLATIVE COUNCIL COMMITTEE REPORT

February 7, 2024

## SPORTS MEDICINE ADVISORY COMMITTEE (SMAC)

**Kevin Clark, Thompson School District**

**CR 8**

**Chair**

**I. MAJOR CHANGES:**

A. Pre-Participation Exam (PPE) form requirement for all schools beginning the 2025-2026 school year, with 2024-2025 being a pilot year.

**II. RATIONALE:**

A. The pre-participation exam is a standardized form documenting an individual's physical health. By using this form the standard of care and consistency across the state will be greater. Schools would only collect page 4 (MEDICAL ELIGIBILITY EVALUATION) of the 4 page document and no HIPPA documentation would be turned into the school.

**III. FINANCIAL IMPACT:**

A. None

**IV. INFORMATIONAL ITEMS:**

- A. The Sports Medicine Committee met on February 8, 2023.
- B. The committee recommends the addition of girls' flag football as a CHSAA sanctioned event.
- C. Schools need to ensure they have Venue Specific Emergency Action Plans (VEAP's) for all their athletic and activity programs for all practices and competitions – including marching bands. These should be reviewed and practiced at minimum once a year. See CHSAA policy for details.
- D. All schools should have an AED that is easily accessible on all sidelines, courts and auditoriums, with a 3-minute response time.
- E. The SMAC will undergo a review of the "Sudden Cardiac Arrest (SCA)/Sudden Cardiac Death (SCD) Protocol"
- F. The SMAC will review Children's Rights & Sports driven by Project Play and look into ways to become involved in the initiative.
- G. Committee will work together to update online educational videos. (Head, Heart, Heat & VEAP)

**V. COMMITTEE MEMBERS:**

**Kevin Clark** (Chair), Thompson School District; **Jim Keller**, CATA Liaison; **Chad Smidt**, MA, ATC, Orthopaedic & Spine Center of the Rockies; **K. Brooke Pengel**, M.D., Rocky Mountain Hospital for Children; **Jay Albright**, M.D., Children's Hospital Colorado; **Jack Spittler**, M.D., UC Health; **Dominic DiManna**, ATC Advisor; **Justin T. Newman**, M.D., Advanced Orthopedic; **Sue Kirelik**, M.D., CarePoint Health; **Deb Jacobson**, M.D., SCL Health; **Alex J. Reed**, PsyD, MPH, UC Health; **Adam Baumgartner**, Rye High School (2024); **Erica Elzey**, M.D., Kaiser Permanente; **Kristina Wilson**, M.D., Children's Hospital Colorado; **Jeb Davis**, CATA President; **Harry Waterman**, Boulder Valley Schools; **Mike Felice**, Mesa Ridge High School; **Jordan Jennings**, Berthoud High School