November 2026

Dec 2026 ►

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Dia de los Muertos	**2** Dia de los Muertos 4 pm Indianapolis National Ataxia Community (I-NAC) Support Group Meeting	**3** Election Day (USA) 4 pm Rare Chronic Illness Support Group	**4** 10:30 am Ataxia Resources and Discussion Support 11 am Understanding CalABLE and Medi-Cal 11:30 am Let's Move Exercise Program	**5** Diwali 10 am Remembrance Event: Supporting Each Other Through Grief and Loss as the Holiday Season Approaches	**6** 12 pm Global (Hope for Ataxia) Support Group Meeting- 1st Session 3 pm Global Support Group (Hope for Ataxia)	**7**
8	**9**	**10** 7 am Next Steps Towards the Global Action Plan on Rare Diseases 7:30 am Coffee Club- *Movement for Health – Brain & Body Benefits* 10 am Johns Hopkins Support Group Meeting	**11** Veteran's Day 10:30 am Ataxia Resources and Discussion Support 11:30 am Let's Move Exercise Program	**12** 3 pm Let the Wall Come Down: The Unlikely Alliance Behind the ADA	**13** 12 pm Global (Hope for Ataxia) Support Group Meeting- 1st Session 3 pm Global Support Group (Hope for Ataxia)	**14**
15	**16** 4 pm Indianapolis National Ataxia Community (I-NAC) Support Group Meeting	**17** 7:30 Coffee Club - Dating with a Disability: Navigating Relationships, Veronica R. Mixon, UAB Ph.D. Student 11 am Ask the Ataxia Expert	**18** 9 am All About Gathering Family Health History 10:30 am Ataxia Resources and Discussion Support 11:30 am Let's Move Exercise Program 1 pm Countdown to Rare Disease Day 2027 3 pm Let's Talk: Pursuing Intimate Relationships	**19** 10 am Chair Yoga & Mobility for Ataxia (NAF) 12:30 pm Family Conversations Around Advanced-Care Planning	**20** 12 pm Global (Hope for Ataxia) Support Group Meeting- 1st Session 3 pm Global Support Group (Hope for Ataxia)	**21**
22 PFAF	**23** 7 am All About SCA21	**24**	**25** 10:30 am Ataxia Resources and Discussion Support 11:30 am Let's Move Exercise Program	**26** Thanksgiving 1 pm NORD Volunteer Meeting	**27** 12 pm Global (Hope for Ataxia) Support Group Meeting- 1st Session 3 pm Global Support Group (Hope for Ataxia)	**28**
29	**30**					

◄ Nov 2026

December 2026

Jan 2027 ►

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 11 am CEO Office Hours: Disability & Intersectionality (NOD) 4 pm Rare Chronic Illness Support Group	**2** 10:30 am Ataxia Resources and Discussion Support 11:30 am Let's Move Exercise Program	**3** International Day of Persons with Disabilities (UN) 7:30 am Coffee Club- *Get Moving, Life is Meant to Be Lived* pm Bimonthly Intro to EveryLife Session	**4** Hanukkan Starts 12 pm Global (Hope for Ataxia) Support Group Meeting- 1st Session 3 pm Global Support Group (Hope for Ataxia)	**5** 8 am Navigating Resources with an Ataxia Diagnosis
6	**7** 4 pm Indianapolis National Ataxia Community (I-NAC) Support Group Meeting	**8** 7:30 am Coffee Club- *Navigating Movement Challenges: Insights into Ataxia, Spasticity, Tremor, HHT and Hypertrophic Olivary Degeneration* 10 am Johns Hopkins Support Group Meeting	**9** 10:30 am Ataxia Resources and Discussion Support 11:30 am Let's Move Exercise Program	**10**	**11** 12 pm Global (Hope for Ataxia) Support Group Meeting- 1st Session 3 pm Global Support Group (Hope for Ataxia)	**12**
13	**14**	**15** 7:30 am Coffee Club- *How did you rediscover your purpose in life?*	**16** 10:30 am Ataxia Resources and Discussion Support 11:30 am Let's Move Exercise Program	**17**	**18** 12 pm Global (Hope for Ataxia) Support Group Meeting- 1st Session 3 pm Global Support Group (Hope for Ataxia)	**19**
20	**21** 4 pm Indianapolis National Ataxia Community (I-NAC) Support Group Meeting	**22**	**23** 10:30 am Ataxia Resources and Discussion Support 11:30 am Let's Move Exercise Program	**24**	**25** **Christmas Day**	**26** Boxing Day & Kwanza Starts
27 PFAF	**28**	**29**	**30** 10:30 am Ataxia Resources and Discussion Support 11:30 am Let's Move Exercise Program	**31** 1 pm NORD Volunteer Meeting		

◄ December

January 2027

February ►

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 New Year's Day	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18 Martin Luther King Jr.	19 12 pm Lunch and Learn Webinar Series: Accessible Events	20	21	22	23
24	25 Ed Roberts Day	26	27	28	29	30
31						

◄ January

February 2027

March ►

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Groundhog Day	3	4	5	6
7	8	9 Mardi Gras/Carnaval 7:30 am The Benefits of Adaptive Tai Chi Chuan with Dr. Zibin Guo	10 Ash Wednesday	11	12	13
14 Valentine's Day	15 Presidents Day	16	17	18	19	20
21	22 Washington's Birthday	23	24	25	26	27
28 Rare Disease Day						

◄ February

March 2027

April ►

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 International Wheelchair Day	2	3	4	5	6
7	8	9	10	11	12 "Capital Crawl" Anniversary	13
14	15	16	17 St Patrick's Day	18	19	20
21	22 Holi	23	24	25	26 Good Friday	27
28 Easter	29	30	31			

◄ March

April 2027

May ►

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 Annual Ataxia Conf in Las Vegas, NV	3 Annual Ataxia Conf in Las Vegas, NV
4	5	6	7	8	9	10
11	12	13	14	15 Tax Day (Taxes Due in USA)	16	17
18	19	20	21	22 Earth Day	23	24
25	26	27	28	29	30 Arbor Day	

◄ April

May 2027

June ►

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5 Cinco De Mayo	6	7	8
9 Mother's Day (USA)	10	11	12	13	14	15
16 FA Awareness Day	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31 Memorial Day					

◄ May

June 2027

July ►

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14 Flag Day	15	16	17	18	19 Juneteenth
20 Father's Day	21	22	23	24	25	26
27	28	29	30			

◄ June

July 2027

August ►

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4 Indep. Day	5	6	7	8	9	10 Chronic Disease Awareness Day
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26 National Disability Independence Day (ADA signed)	27	28	29	30	31

◄ July

August 2027

September ►

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

◄ August

September 2027

October ►

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6 Labor Day	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25 International Ataxia Awareness Day (IAAD)
26	27	28	29	30		

October 2027- National Disability Employment Awareness Month (NDEAM)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 Rosh Hashana	4	5	6	7	8	9
10	11 Indigenous People/Columbus Day	12 Yom Kippur	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29 Diwali	30
31 Halloween						

◄ October

November 2027

December ►

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Election Day	3	4	5	6
7	8	9	10	11 Veterans Day	12	13
14	15	16	17	18	19	20
21	22	23	24	25 Thanksgiving Day	26	27
28	29	30				

◄ November

December 2027

January ►

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12 Hanukkah Starts	13	14	15	16	17	18
19	20	21	22	23	24	25 Christmas
26 Kwanza	27	28	29	30	31 New Years Eve	