

May 2026						
◀ Apr 2026						Jun 2026 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 12 pm Global (Hope for Ataxia) Support Group Meeting- 1st Session 3 pm Global Support Group (Hope for Ataxia) – 2nd Session	2
3	4 4pm INAC	5 Cinco de Mayo 10 am Pursuing Healthy Intimate Relationships 4 pm Rare Chronic Illness Support Group	6 10:30 am Ataxia Resources and Discussion Support 11 am Inclusive Talent Acquisition to Unlock Workforce Potential 11:30 am Let's Move Exercise Program	7	8 11 am All About DRPLA 11 am Cooking with Troy 12 pm Global (Hope for Ataxia) Support Group Meeting- 1st Session 3 pm Global Support Group (Hope for Ataxia) – 2nd Session	9
10 Mother's Day (USA)	11	12 10 am Johns Hopkins Support Group Meeting 11 am Fair Housing Act Requirement 7: Specification B Bathrooms	13 10:30 am Ataxia Resources and Discussion Support 11:30 am Let's Move Exercise Program 2 pm ABLE Qualified Disability Expenses	14 10 am Chair Yoga & Mobility for Ataxia 5 pm Disability Comedy: Live From Your Living Room	15 12 pm Global (Hope for Ataxia) Support Group Meeting- 1st Session 3 pm Global Support Group (Hope for Ataxia) – 2nd Session	16
17	18	19 10 am Maintaining Healthy Intimate Relationships	20 10:30 am Ataxia Resources and Discussion Support 11 am Inclusive Influence: Social Media Accessibility Best Practices 11:30 am Let's Move Exercise Program	21 Global Accessibility Awareness Day (GAAD) 8 am Research and Treatment Development for DRPLA 10 am AI for Accessibility	22 12 pm Global (Hope for Ataxia) Support Group Meeting- 1st Session 3 pm Global Support Group (Hope for Ataxia) – 2nd Session	23
24	25 Memorial and Queen Victoria Day	26 11 am Fair Housing Act Requirement 7: Kitchens 11 am All About C-BIG: A Canadian Open Science Repository	27 10:30 am Ataxia Resources and Discussion Support 11:30 am Let's Move Exercise Program	28	29 12 pm Global (Hope for Ataxia) Support Group Meeting- 1st Session 3 pm Global Support Group (Hope for Ataxia) – 2nd Session	30
31						

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 11 am Fair Housing Act Requirement 7: Approaches to Appliances in Kitchens 4 pm Rare Chronic Illness Support Group	3 10:30 am Ataxia Resources and Discussion Support 11:30 am Let's Move Exercise Program	4	5	6
7	8 <i>Best Friends Day</i>	9	10 10:30 am Ataxia Resources and Discussion Support 11:30 am Let's Move Exercise Program 12 pm Well-Being Webinar: Accessible Yoga for All	11	12	13
14	15	16 11 am Fair Housing Accessibility Guidelines: Supplemental Notice and Special Topics	17 10:30 am Ataxia Resources and Discussion Support 11:30 am Let's Move Exercise Program	18	19 <i>Juneteenth</i>	20
21 <i>Father's Day</i>	22	23	24 10:30 am Ataxia Resources and Discussion Support 11 am Neuroinclusive Design: Beyond Compliance Toward Sensory-Responsive Accessibility 11:30 am Let's Move Exercise Program	25	26	27
28	29	30 <i>International Day of Friendship</i> 11 am Fair Housing Joint Statement: Accessible Multifamily Dwellings				

July 2026 (Disability Pride Month)						
◀ Jun 2026						Aug 2026 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 10:30 am Ataxia Resources and Discussion Support 11:30 am Let's Move Exercise Program	2	3 Many in the USA have off	4 Independence Day
5	6	7 11 am Accessible Areas: Parking 4 pm Rare Chronic Illness Support Group	8 10:30 am Ataxia Resources and Discussion Support 11:30 am Let's Move Exercise Program	9	10	11
12	13	14	15 10:30 am Ataxia Resources and Discussion Support 11:30 am Let's Move Exercise Program	16	17	18
19	20	21 11 am Fair Housing Act: The Most Common Accessibility Questions	22 10:30 am Ataxia Resources and Discussion Support 11:30 am Let's Move Exercise Program	23	24	25
26 Americans with Disabilities Act (ADA) Anniversary & National Disability Independence Day	27	28	29 10:30 am Ataxia Resources and Discussion Support 11:30 am Let's Move Exercise Program	30	31	

August 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4 4 pm Rare Chronic Illness Support Group	5 10:30 am Ataxia Resources and Discussion Support 11:30 am Let's Move Exercise Program	6	7	8
9	10	11 11 am Fair Housing Act: Common Violations and Solutions	12 10:30 am Ataxia Resources and Discussion Support 11:30 am Let's Move Exercise Program	13	14	15
16	17	18	19 10:30 am Ataxia Resources and Discussion Support 11:30 am Let's Move Exercise Program	20	21	22
23	24	25 11 am Fair Housing Act: Access to Recreational Facilities	26 10:30 am Ataxia Resources and Discussion Support 11:30 am Let's Move Exercise Program	27	28	29
30	31					

◀ Aug 2026

September 2026

Oct 2026 ▶

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 11 am Fair Housing Act: Multistory Units and Townhouses 4 pm Rare Chronic Illness Support Group	2	3	4	5
6	7 Labor Day	8	9	10	11 Rosh Hashanah	12
13 Grandparents Day	14	15	16	17	18	19 8 am The Basics of Genetic Testing & Why It Matters
20 Yom Kippur	21	22	23	24	25 International Ataxia Awareness Day	26 National Public Lands Day (Free National Parks Entrance)
27	28	29	30			

October 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6 4 pm Rare Chronic Illness Support Group	7	8	9	10
11	12 Columbus Day/ Indigenous Peoples' Day & Canadian Thanksgiving	13	14	15	16	17
18 Invisible Disabilities Week	19 Invisible Disabilities Week	20 Invisible Disabilities Week	21 Invisible Disabilities Week	22 Invisible Disabilities Week	23 Invisible Disabilities Week	24 Invisible Disabilities Week
25	26	27	28	29	30	31 Halloween

◀ Oct 2026

November 2026

Dec 2026 ▶

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Dia de los Muertos	2	3 4 pm Rare Chronic Illness Support Group	4	5 Diwali	6	7
8	9	10	11 Veteran's Day	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26 Thanksgiving	27	28
29	30					

December 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 4 pm Rare Chronic Illness Support Group	2	3 International Day of Persons with Disabilities (UN)	4 Hanukkan Starts	5 8 am Navigating Resources with an Ataxia Diagnosis
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25 Christmas Day	26 Boxing Day & Kwanza Starts
27	28	29	30	31		