Duplicate Contacts in Gmail or Android Device? Try This……

These steps pre-suppose that you use one Gmail account for your contacts. If you have one account for personal and a separate one for work you can use a similar method but not this one.

Good luck…...

1. Open "Contacts" in your Android Device and
   a. click the menu button
   b. then click Import/Export
   c. choose export to SD card (assuming you have a SD card)
   d. Once you've done this you have to locate that file, **"contacts.vcf"** and get it on your computer. This would be a great use of DropBox. If you don't have one, you can create a [free Dropbox account here.](#) There are other ways to get the file from your phone to the computer. Find a way that works for you and get the file "contacts.vcf" on to your computer desktop
2. Open your Google Contacts [(contacts.google.com)](#)
3. From the Gmail Contacts screen, click "Import Contacts"
   a. Choose File - Point to the "contacts.vcf" file you saved on your desktop
   b. Finish the import
4. If all the contacts imported properly you'll have a ton of duplicate contacts and your contact list will be an absolute mess. If this is the case then you did it correctly :)
5. Go back to your phone and wipe out your contact list in its entirety.
   a. This is accomplished by Menu-settings-select all-delete
6. Go back to Google contacts and click "More"
   a. then Find & Merge Duplicates
   b. This is a good opportunity to check everything over and delete all the ex boyfriends/girlfriends (we don't judge here). You'll probably also see a bunch of garbage numbers and emails from those miscellaneous Craigslist transactions you've participated in. Delete those too. I find it's much easier to manage this process on the PC side than from the phone. Here's a great opportunity to do some contact cleansing and get rid of any numbers you don't recognize or use anymore
7. Re-Sync to your phone and life should be good
8. From here on out make a habit of saving any new contacts you create in your phone as a "Google" contact, not a phone contact.

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Don't have Dropbox? You should! It's free and you can earn both of us free space by signing up here: https://db.tt/YbKacxM