

Subject Overview for PE

INTENT

Bewick Bridge pupils will have the motivation, resilience, confidence, physical competence, knowledge, and skills to value and take responsibility for engagement in physical activity - in both curricular and extracurricular activities.

IMPLEMENTATION

The whole school overview ensures that there is progression throughout the school and that children are building upon knowledge learnt in previous years. The units are designed so that pupils develop the physical, cognitive and social skills that will enable them to take part in a range of activities and sports. We recognise that within classes, there is a wide variety of abilities and teachers provide suitable learning opportunities that are matched to the needs of all children. This year, we will be implementing an additional PE lesson. During these sessions, pupils will explore a range of activities such as yoga, pilates and circuits.

Teaching will be supplemented with weekly lunch clubs in which all children will be taking part in addition to optional after school clubs. In the Early Years Foundation Stage (EYFS), PE is linked to the Early Learning Goals as physical development (gross and fine motor skills).

IMPACT

PE is assessed using end of unit core tasks that will allow children to show all skills learnt throughout the unit. Teachers will use a skills success criteria and tracking grids with an average created from each unit for a termly assessment to aid their assessments. They will also record a part of the core practice in every unit to ensure accuracy of the assessments. Children's attainment will be recorded on a spreadsheet for every unit in order to track progression and provide intervention where appropriate.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Preschool	Introduction to PE	Gymnastics	Dance	Fundamentals	Games	Ball skills
Reception	Introduction to PE	Gymnastics	Dance	Fundamentals	Games	Ball skills
					Balance bike training	

Year 1	Invasion	Gymnastics	Dance	Net and wall	Striking and fielding	Athletics
	Bootcamp	Mighty movers - Running	Step to the beat!	Gymfit circuits	Cool core - Strength	Fitness frenzy
	OAA					
Year 2	Invasion	Gymnastics	Dance	Net and wall	Striking and fielding	Athletics
	Bootcamp	Mighty movers - Running	Step to the beat!	Gymfit circuits	Cool core - Strength	Fitness frenzy
		OAA				Learn to Ride training
Year 3	Invaders - Hockey	Gymnastics	Dance	Tennis	Striking and fielding - Rounders	Athletics
	Bootcamp	Mighty movers - Running	Step to the beat!	Gymfit circuits	Cool core - Strength	Fitness frenzy
	Swimming	Swimming	OAA			
Year 4	Invaders - Basketball	Gymnastics	Dance	Tennis	Striking and fielding - Cricket	Athletics
	Bootcamp	Mighty movers - Boxercise	Step to the beat!	Gymfit circuits	Cool core - Pilates	Fitness frenzy
			Swimming	Swimming OAA	L1 Bikeability training	
Year 5	Invaders - Netball	Gymnastics	Dance	Tennis	Striking and fielding - Rounders	Athletics
	Bootcamp	Mighty movers - Boxercise	Step to the beat!	Gymfit circuits	Cool core - Pilates	Fitness frenzy

				L2 Bikeability training	Swimming OAA	Swimming
Year 6	Invaders - Tag Rugby	Gymnastics	Dance	Tennis	Striking and fielding - Cricket	Athletics
	Bootcamp	Mighty movers - Boxercise	Step to the beat!	Gymfit circuits	Cool core - Pilates	Fitness frenzy
						OAA Swimming*