



## Myrrh Essential Oil

While Myrrh is technically a shrub, it grows to impressive heights of up to 30 feet, yielding precious reddish-brown 'tears' that hold its natural essence. Local collectors expertly incise the trunks to optimize yield, making Myrrh, also known as "mo yao" in China, a valuable commodity for centuries. This time-tested botanical wonder finds its roots in ancient Egypt, where it was employed for embalming and fumigation. Today, Myrrh Essential Oil continues to captivate formulators worldwide as a cherished ingredient in incense and perfume, offering a touch of timeless luxury and sophistication to personal care products.

Botanical Name: *Commiphora myrrha*

Plant Part: Resin

Main Constituents: Furanoeudesma 1,3 Diene: 44.25%

Origin: Egypt / France

Processing Method: Steam Distillation

Color / Consistency: A medium to viscous, amber to dark amber liquid.

Aromatic Summary / Note / Strength of Aroma: A middle note with a medium aroma, Myrrh Essential Oil has a warm, rich, spicy balsamic odor.

Blends With: Frankincense, Lavender, Palmarosa, Patchouli, Rose, Rosewood, Sandalwood, Tea Tree, and Thyme.

### **BENEFITS**

**Aromatic Elegance:** Myrrh's deep, earthy aroma with subtle hints of balsamic and smoky notes adds a touch of sophistication to your daily rituals and aromatherapy sessions.

**Antioxidant Shield:** Myrrh's antioxidant properties protect your skin from free radicals and environmental damage, leaving you with a radiant, healthy-looking glow.

Revitalizes Hair: When used in hair care, Myrrh Essential Oil is believed to promote healthy hair growth and support root health. Its anti-inflammatory properties may also soothe irritated scalps.

### **DIRECTIONS AND USES**

- Comforting Massage: Blend Myrrh Essential Oil with a carrier oil and apply to areas of discomfort or tension.
- Enhance Your Meditation Practice: Myrrh's grounding properties may aid in mindfulness and spiritual connection when diffused during meditation and mindfulness routines.
- Skin Rejuvenation: Add 2-3 drops of Myrrh Essential Oil to your daily moisturizer or serum to promote a youthful glow.
- Soothing Scalp Treatment: Mix 2-3 drops of Myrrh Essential Oil with a carrier oil and massage it into your scalp. Leave it on for 30 minutes before shampooing for a calming and balancing effect.

**Size & Price:** Contact Us