

# Improv Worksop

By [David Awad](#)

## The basics

Improv is a creative process of developing a scene where the creative process itself is the product. It's a very unique art form and is very difficult to do well.

### *Improv Game: Warmup*

The first thing you need to do is find your voice. To do this first we need to get you out of your comfort zone.

Select a gesture, and a couple of words or an emotion that you can say along with your name.

For example, "joyful jocelyn" with a hair flip and said with an emotional inflection.

**Make a strong character choice!** In this case the character is you!

### *Improv Game: Four sentence Scenes*

Now you are ready to try to find a 'who', 'what' and 'where'. This should be established very early.

Once you have a character, which you pretty much have to build a worldview from that.

Don't be afraid to make strong character choices!

BUT don't try to be funny out of nowhere. Find the weird thing naturally and build it into a pattern that can be funny.

Who are you to each other? What are you doing? Why is your character doing and how do those choices reflect how your character feels about the world?

*“Establish base reality, the who, what, and where.”*

### *Improv Game: Two Person Scenes*

Conversations between characters should be rooted in a philosophy that your character *actually* believes.

There's two things a character can be; **banana** or **solid**. The banana character is the one who essentially does something weird to make the scene fun. The solid character sort of represents the audience and speaks for them in reacting to that thing. If each character can be one of two things, there's four possibilities in a typical two person scene.

	Banana	Solid
Banana	Things get Weird	Sweet Spot
Solid	Sweet Spot	Normal scene

*“Find the first unusual thing, develop the context and make it into a pattern.”*

# More Resources

Podcasts:

- [Alchemy This Podcast \(@AlchemyThis\)](#)
- Improvised Musical Podcast Off Book:  
<https://www.earwolf.com/show/off-book/>

Theaters for this art form:

- [UCB \(where I study improv\)](#)
- [The Second City](#) in Chicago

If you enjoyed this workshop you should buy my book which has nothing to do with this: [bit.ly/lifeprotips](http://bit.ly/lifeprotips)

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