MADHYA KAMRUP COLLEGE

Subha, Barpeta, Assam

REPORT ON AWARENESS ACTIVITY REGARDING SAFE AND RESPONSIBLE SOCIAL MEDIA USE

Date of Activity: 15 October 2026
Venue: Madhya Kamrup College, Subha, Barpeta, Assam

1. Introduction

Madhya Kamrup College, Subha, Barpeta, Assam, conducted a meeting and awareness activity on 15 October 2026 concerning the safe and responsible use of social media. The activity was undertaken in connection with the recommendations of the National Human Rights Commission (NHRC) on "Access to Social Media by Children", communicated through the Directorate of Higher Education, Assam.

2. Objectives

The activity aimed to:

- Create awareness of the safe and responsible use of social media.
- Promote online privacy and protection of personal information.
- Educate students about cyberbullying and online harassment.
- Encourage balanced screen time and responsible digital habits.
- Promote the use of digital platforms for educational purposes.
- Encourage students to seek help when confronted with harmful online experiences.

3. Proceedings

The meeting and awareness activity addressed the opportunities and challenges associated with social media use. Participants were sensitised to the importance of responsible online behaviour, protection of personal information, prevention of cyberbullying and avoidance of excessive social media use.

The discussion also highlighted the educational benefits of digital platforms and the need to maintain a healthy balance between online engagement, academic responsibilities and offline social interaction.

Students were encouraged to exercise caution when sharing personal information online and to seek assistance from teachers or appropriate authorities in cases of online harassment or other harmful digital experiences.

4. Outcome

The activity supported the college's efforts to promote awareness of digital safety, responsible social media use and student well-being. It also contributed to institutional awareness of the NHRC recommendations on access to social media by children.

5. Documentation

Photographs of the meeting and awareness activity are maintained as supporting documentation for institutional records and the Action Taken Report.

6. Conclusion

Madhya Kamrup College remains committed to promoting responsible digital behaviour, online safety and the appropriate use of digital resources for educational purposes. The institution will continue to observe applicable government instructions and undertake appropriate awareness initiatives as required.

Nikunjit Das
IQAC Coordinator
Madhya Kamrup College
Barpeta, Assam

Dr. Gopesh Kumar Sarma
Principal
Madhya Kamrup College, Subha
Barpeta, Assam

Photographic Evidence





MADHYA KAMRUP COLLEGE
Subha, Barpeta, Assam

NOTICE

Date: 14/10/26

Subject: Awareness Programme on Safe and Responsible Use of Social Media

All concerned are hereby informed that an awareness programme on the safe and responsible use of social media will be held at Madhya Kamrup College, Subha, Barpeta, Assam, on 15 October 2026, in connection with the recommendations of the National Human Rights Commission (NHRC) on "Access to Social Media by Children".

The programme will focus on digital safety, online privacy, cyberbullying prevention, responsible social media use, screen-time management and the appropriate use of digital platforms for educational purposes.

All are requested to be present.

Nikunjit Das
IQAC Coordinator
Madhya Kamrup College
Barpeta, Assam

Dr. Gopesh Kumar Sarma
Principal
Madhya Kamrup College, Subha
Barpeta, Assam

MADHYA KAMRUP COLLEGE
Subha, Barpeta, Assam

Minutes Of The Meeting on Safe and Responsible Social Media Use

Date: 15 October 2026
Venue: Madhya Kamrup College, Subha, Barpeta, Assam
Chairperson: Dr. Gopesh Kumar Sarma, Principal
Coordinator: Nikunjit Das, IQAC Coordinator

Subject: Awareness regarding the NHRC recommendations on "Access to Social Media by Children".

1. Objectives of the Meeting

A meeting was held on 15 October 2026 at Madhya Kamrup College, Subha, Barpeta, Assam, in connection with the recommendations of the National Human Rights Commission (NHRC) concerning access to social media by children.

The meeting aimed to promote awareness among students regarding responsible social media use, digital safety, online privacy, cyberbullying prevention and the importance of maintaining a healthy balance between online and offline activities.

2. Proceedings of the Meeting

The meeting discussed the importance of safe and responsible use of social media among students. The participants were made aware of the opportunities and potential risks associated with digital platforms.

The following points were discussed:

1. The importance of responsible and balanced social media use.
2. Protection of personal information, passwords and online privacy.
3. Prevention of cyberbullying, online harassment and the sharing of harmful content.
4. Avoidance of excessive screen time and promotion of healthy offline activities.
5. Appropriate use of digital platforms for educational purposes.
6. The importance of seeking assistance from teachers and appropriate authorities when facing online threats or harassment.
7. The need to promote digital awareness and inclusive access to educational resources.

3. Resolutions

After discussion, the meeting resolved to:

1. Encourage students to use social media responsibly and safely.
2. Promote awareness of online privacy, cyberbullying prevention and digital well-being.
3. Encourage a balanced approach to screen time and academic activities.
4. Promote the appropriate use of digital resources for educational purposes.
5. Encourage students to report online harassment and other harmful digital experiences to the appropriate authorities.
6. Continue promoting awareness of digital safety and responsible online behaviour through suitable institutional activities.

4. Conclusion

The meeting concluded with a commitment to promoting responsible digital behaviour, student well-being and online safety in accordance with the relevant recommendations of the National Human Rights Commission.

The meeting proceedings and awareness activity were documented for institutional records and submission of the Action Taken Report, as required.

Nikunjit Das
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Dr. Gopesh Kumar Sarma
Principal
Madhya Kamrup College, Subha
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MADHYA KAMRUP COLLEGE
Subha, Barpeta, Assam

ACTION TAKEN REPORT (ATR)

Subject: Action Taken Report on the Recommendations of the National Human Rights Commission (NHRC) on "Access to Social Media by Children".

References:

1. NHRC Letter No. R-32/1/2026-PRPP dated 21 August 2026.
2. Women and Child Development Department, Government of Assam, Letter No. E.269291/490 dated September 2026.
3. Higher Education Department, Government of Assam, Letter No. E-844705/2026/5 dated 15 September 2026.
4. Directorate of Higher Education, Assam, e-CF No. 850722/2026/1, dated 8 October 2026.

1. Introduction

In compliance with the directions issued by the Directorate of Higher Education, Assam, regarding the recommendations of the National Human Rights Commission (NHRC) on "Access to Social Media by Children", Madhya Kamrup College, Subha, Barpeta, Assam, has undertaken an awareness activity on 15 October 2026 to promote safe and responsible social media use.

The activity focused on digital safety, online privacy, cyberbullying prevention, responsible online behaviour and the importance of maintaining a healthy balance between digital engagement and offline activities. The college recognises the importance of creating a safe, inclusive and responsible digital environment for students.

The action taken by the institution in relation to the seven recommendations is detailed below.

2. Action Taken on the NHRC Recommendations

Recommendation I: Coordinated Approach to Child Safety and Platform Regulation

Action Taken: The college has taken note of the recommendations communicated by the Government of Assam and the Directorate of Higher Education. The institution will continue to follow applicable government instructions and cooperate with the concerned authorities in matters relating to digital safety and child protection.

Recommendation II: Awareness and Capacity Building

Action Taken: The college conducted a meeting and awareness activity on 15 October 2026 on the theme of safe and responsible social media use. The activity addressed online privacy, cyberbullying prevention, responsible digital behaviour and the appropriate use of social media for educational purposes. Photographs and relevant activity records are maintained as supporting documentation.

Recommendation III: Balanced Digital Use and Offline Engagement

Action Taken: During the awareness activity, the importance of balanced screen time, responsible social media use and maintaining a healthy balance between academic responsibilities, physical activities and face-to-face social interaction was highlighted. Students were encouraged to develop healthy digital habits.

Recommendation IV: Device-Use Policies, Counselling and Responsible Digital Learning

Action Taken: The awareness activity highlighted the appropriate use of digital devices and online resources for educational purposes. The importance of seeking guidance from teachers and appropriate institutional authorities in cases of online harassment or other harmful digital experiences was also emphasised. Existing institutional arrangements may be reviewed further, wherever necessary, in accordance with applicable guidelines.

Recommendation V: Preventing the Digital Divide and Promoting Inclusion

Action Taken: The college acknowledges the importance of equitable access to digital learning resources, particularly for students from rural and economically disadvantaged backgrounds. The institution recognises the need to consider differences in access to digital devices and internet connectivity while promoting digital education and awareness.

Recommendation VI: Research on Children's Digital Usage and Its Long-Term Effects

Action Taken: The college recognises the importance of research and academic discussion on social media usage, digital well-being and the educational and social effects of online

platforms. These issues may be considered in relevant academic discussions and future institutional awareness initiatives, as appropriate.

Recommendation VII: Children's Participation and Integration of Online Safety into Child Protection

Action Taken: The awareness activity highlighted the importance of online safety and responsible digital behaviour. Students were encouraged to seek assistance from teachers and appropriate authorities in cases of cyberbullying, online harassment or other harmful digital experiences. The college will continue to observe applicable child-protection and digital-safety guidelines and consider students' concerns in relevant awareness initiatives.

3. Supporting Documents

The following documents are maintained or attached in support of this Action Taken Report:

1. Minutes of the meeting and awareness activity held on 15 October 2026.
2. Report on the awareness activity.
3. Photographs of the meeting and awareness activity.

4. Conclusion

Madhya Kamrup College, Subha, Barpeta, Assam, has undertaken an awareness activity on 15 October 2026 in connection with the NHRC recommendations on “Access to Social Media by Children”. The activity contributed to promoting awareness of responsible social media use, online safety, digital well-being and the appropriate use of digital platforms for educational purposes.

The institution remains committed to following applicable directions issued by the Government of Assam and the Directorate of Higher Education and to undertaking appropriate measures for promoting a safe, inclusive and responsible digital environment.

The Action Taken Report is submitted for information and necessary action.

Nikunjit Das
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Barpeta, Assam

Dr. Gopesh Kumar Sarma
Principal
Madhya Kamrup College, Subha
Barpeta, Assam